

**FREE**

By DVBC Editor, Rollin' Rich Patterson

DON'T MISS A SINGLE ISSUE.

Dues are due



Board of Directors

President
Ted Kowalski 622-1923

Vice President
Tom Keenan 525-1763

Treasurer
Norman Griffiths 356-5538

Secretary
Frank Havnoonian 449-6154

Legal Adviser
John Kusturiss, Esq. . (H) 853-3045
(W) 622-4817

Publicity
Karl Voigt 459-9129

Members at Large

Jim Cunningham 565-0190
Harry Havnoonian 789-4422
Earl Johnson 649-2561
Doug Kennedy 543-4664
Rich Patterson 622-2954

Ride Coordinators

A/B Rides: Mike Keating
104 E. State St.
Media, PA 19063
891-9098

C/D Rides: Ira Josephs
10 Applebough La.
Rose Valley, PA 19065
565-4058

*Please contact the Ride Coordinators
before the 7th of each month.*

DVBC Newsletter Staff

Editor Rich Patterson
Asst. Editor Mike Keating
Racing Editors Stephen Kelly
Rich Patterson
Special Events Ed. Rich Patterson
Triathlon Editor vacant
Advertising Norm Griffiths
Mailing Labels John Wehmiller
Mt. Bike Editor Steve Horn
A/B Rides Mike Keating
C/D Rides Ira Josephs
Assembly Frank Havnoonian
Typesetting Mike Keating

Club Addresses

Club Box:

DVBC
P.O. Box 497
Media, PA 19063

Membership:

DVBC
C/O John Wehmiller
201 Harvard Ave.
Swarthmore, PA 19081

Newsletter:

DVBC
C/O Rich Patterson
527 Gainsboro Rd.
Drexel Hill, PA 19026



Special Events:

DVBC
C/O Rich Patterson
527 Gainsboro Rd.
Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.

Club Merchandise

Club T-Shirts (lg. only) . . .	\$6.00
Club Caps	5.00
Club Car Decals50
Club Bike Decal25
Club Water Bottle	2.50
Club Patches	1.25

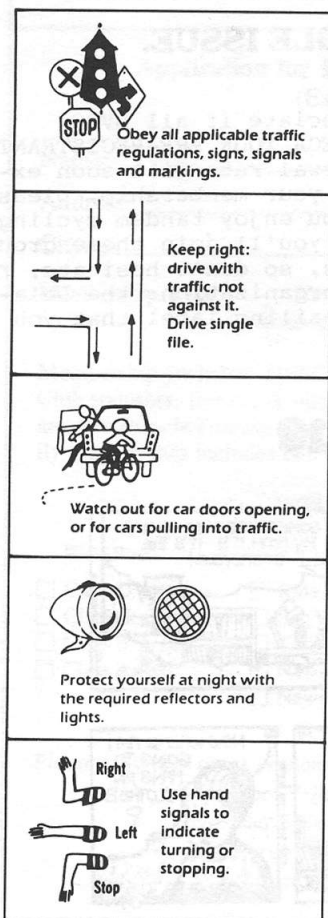
DVBC Meeting Place

*Media Main Line Federal S & L
Front & Orange Sts. (near courthouse).
First Tuesday of month. Doors open at
7:00 P.M. Public is welcome.*

Ride Guidelines

1. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
2. Make sure your bike is in proper working order **BEFORE** you arrive.
3. Carry a spare tube, patch kit, pump and water bottle.
4. Practice safety and obey *all* traffic laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all time trials and some Class A rides.)
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
 - CLASS D:** For new, inexperienced riders or families: speed 5 – 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
 - CLASS C –:** For average riders: 7 – 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 – 30 miles.
 - CLASS C +:** Also average riders: 9 – 10 mph, rest stops every 45 – 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
 - CLASS B –:** For more experienced riders: 11 – 12 mph, stops every 15 – 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS B +:** For strong riders: 13 – 15 mph, stops every 20 – 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS A:** For very strong riders: 16 – 20 mph, stops every 30 – 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials *and* touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

NOTE: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, *try out a ride one class below the one you're not sure about and then work your way up.* The general public is invited to *all* events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of *all* ages, *all* abilities, and *all* interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are *free* to the general public. The general public is *welcome!!!*



RIDE CALENDAR

If below 32° F call the ride leader

-
- | | |
|--|---|
| February 1 • 11:00 A.M.
Miles: 5 • Class: All
<i>Goshen Time Trial</i> | Meet at Providence Rd. just north of Goshen Rd. near the Radnor Hunt Club. This is a good regular event for anyone wishing to improve their bike handling skills. For more information call Rollin' Rich Patterson at 622-2954. |
|--|---|
-
- | | |
|---|--|
| February 3 • 7:30 P.M.
<i>DVBC Meeting</i> | Doors open at 7:00, business begins around 7:30. SPECIAL TOPIC: Frank Havnoonian will talk about his recent bike trip in California. |
|---|--|
-
- | | |
|--|--|
| February 7 • 9:30 A.M.
Miles: 23 • Class C—
<i>Bike Shop Special</i> | Leave from Drexel Line Shopping Center at State Road and Township Line (Rt. 1). Pedal through Lower Merion, Narbeth and Ardmore, stopping in local bike shops to distribute the DVBC Newsletter. Everyone is welcome, especially new members. Leader: Rich Patterson, 622-2954 |
|--|--|
-
- | | |
|--|---|
| February 8 • 1:00 P.M.
Miles: 21 • Class C
<i>Delaware Chateau Country</i> | Meet behind the Sheraton Hotel on Rt. 202, next to the Concord Mall in Wilmington, DE for this combined ride with White Clay and Brandywine Bike Clubs. This will be an easy paced ride with hills through beautiful Delaware Chateau country. Call Roz or Dave Chasin for more info, (302) 478-1610. |
|--|---|
-
- | | |
|---|--|
| February 22 • 11:00 A.M.
Miles: 5 - 10 • Class D
<i>Winter Riding Rerun</i> | Had a beautiful day last time but no one showed up — let's try it again. Meet at the Moylan/Rose Valley train station on Rose Valley Road (Manchester Rd.). Come out for this short loop to stretch your legs and get some fresh winter air. Call Ira Josephs (565-4058) for more details. |
|---|--|
-
- | | |
|--------------------------------|---|
| February 22 • <i>Goshen TT</i> | The Goshen Time Trial originally scheduled for today has been cancelled |
|--------------------------------|---|
-
- | | |
|--|---|
| February 28 • 1:00 P.M.
Miles: 13 • Class C—
<i>Springfield to Media</i> | Leave from the lower parking lot of the Clover Store on Baltimore Pike on "Springfield's Famous Golden Mile." Enjoy this easy-paced ride through Springfield and Marple on the way to Media. For more information call ride leader Walter Linton at 543-2608. |
|--|---|
-
- | | |
|--|--|
| March 3 • 7:30 P.M.
<i>DVBC Meeting</i> | Doors open at 7:00, business begins around 7:30. SPECIAL TOPIC: Check the March issue to find out what the special topic is — or, better yet, come to the February meeting. A great way to meet new friends. |
|--|--|
-
- | | |
|---|--|
| March 7 • 9:30 A.M.
Miles: 23 • Class C—
<i>Bike Shop Special</i> | Leave from Drexel Line Shopping Center at State Road and Township Line (Rt. 1). Pedal through Lower Merion, Narbeth and Ardmore, stopping in local bike shops to distribute the DVBC Newsletter. Everyone is welcome, especially new members. Leader: Rich Patterson, 622-2954 |
|---|--|
-
- | | |
|--|--|
| March 8 • 1:30 P.M.
Miles: 25 - 30 • Class C+
<i>March Out to Westtown</i> | Meet at the Media Courthouse (corner of Front St. & Veterans Square). Go out with Don to Westtown and see the beautiful countryside of that area. A very scenic ride without a long drive to the starting point! Call Don Ashbrook (566-9142) for more info. |
|--|--|
-
- | | |
|--|---|
| March 15 • 11:00 A.M.
Miles: 5 • Class: All
<i>Goshen Time Trial</i> | Meet at Providence Rd. just north of Goshen Rd. near the Radnor Hunt Club. This is a good regular event for anyone wishing to improve their bike handling skills. For more information call Rollin' Rich Patterson at 622-2954. |
|--|---|
-

Ride, Ride, Ride, Would You Lead a Ride?

As you can see, the ride schedule for February is a bit sparse. It is the hope of the club to have a choice of rides for each class every weekend. Without enough ride leaders this won't happen. Being a ride leader is not difficult. As a ride leader you determine all the arrangements: route, starting location, date and time, distance and pace. Besides having a ride that suits you perfectly, you get to meet a lot of new friends!

We sometimes hear complaints that the club doesn't offer enough for women. Well, ladies, here is the chance to do something about that. Women are welcome as ride leaders — perhaps you might consider leading a ride for women only.

Call Rich Patterson (622-2954) or Ira Josephs (565-4058).

Freedom Tour Approaching!

Although there is a foot of snow on the ground as this is being written, the Freedom Tour is not that far away — Sunday, May 3rd. Start training now. Don't let yourself get too out of shape. We expect another record breaking attendance at this year's tour. Some of the proceeds will be used to help support the planned Blue Route Bikeway/Walkway.

Four great routes are offered: 65 mi., 35 mi., 18 mi., and 8 mi. — mostly on lightly travelled roads through scenic areas. Other features of the ride include sag wagon, food stop, marked routes, map or cue sheet and award patch. A great chance to ride at your own pace and meet new friends. With 1,000 riders you're sure to meet a fellow rider for your pace. See you there!

UPCOMING SPECIAL EVENTS

ICICLE QUARTER/HALF/FULL CENTURY on Sunday, March 29. Starts in Newark, DE. Contact: WCBC-Virginia Maier, 2414 Colonial Drive East, Boothwyn, PA. 19061. (25, 50, 100 miles!)

TAXING METRIC HALF/FULL CENTURY: (33 or 66 miles) Rolling to hilly terrain. Brandywine Bicycle Club sponsors this event on April 12, 1987 at 8:30 AM at Warwick County Park, Knauertown, PA. Write to: BBC, 927 Parkview Dr. F-301, King of Prussia, PA. 19406.

1987 SPRING FLING on April 25. 50-66 miles; mostly rolling hills with 2 major climbs. Sponsored by the Williamsport Bicycle Club, 327 Adams St., Williamsport, PA. 17701 (717) 322-7959.

PINELANDS METRIC CENTURY: (66 mi.) Held in late April by the Shore Cycle Club. Very flat ride thru the NJ Pine Barrens. Write to SCC, 2425 Washington Ave., Vineland, NJ 08360 or call (609) 692-7849.

N.J. FARMLANDS FLAT TOUR: 62 or 100 miles out of Bordentown on back roads of Burlington Co.. Sponsored by the Central Jersey Bicycle Club, P.O. Box 2202, Edison, NJ 08818.

12th ANNUAL FREEDOM MEGA TOUR on Sunday, May 3, 1987. Should once again attract over 1000 bicyclists! Rolling terrain with some hills. This event is the most popular bicycling event that is sponsored by a bicycle club in Southeastern Pennsylvania! Distances last year were: 8, 18, 35, 65 mi.; this year some of the routes will be improved and possibly a few more distances will be added for more selection by participants. Starts at Ridley Creek State Parks Picnic Area #15. "65" milers at 8-9 AM, "35" milers at 9-10 AM, "18" milers at 10-11 AM, "8" milers at 11-12 AM. There is some flexibility in the starting times. For info, write to DVBC FREEDOM MEGA TOUR, P.O. Box 497, Media, PA 19063 or call 215-622-2954. A "not miss" event!

PHILADELPHIA-OCEAN CITY, NJ TOUR, 9th Annual, will be held on May 16-17. Sponsored by the Delaware Valley Council AYH, 35 S. Third St., Phila., PA. 19106.

HORSE FARM TOUR, usually the 3rd weekend in May, includes 2 days of 25 & 50 mile rides on flat to moderately hilly terrain. Sponsored by the Hanover Cyclers, 129 Baltimore St., Hanover, PA. 17331.

WAG '87 on June 5-7 at Slippery Rock Univ.. Sponsored by the Western Pa. Wheelmen, P.O. Box 6952, Pittsburgh, PA 15212. (10-100 miles)

Get Ready Metric Centuries on June 13 is sponsored by the South Jersey Wheelmen, P.O. Box 2705, South Vineland, NJ 08360-2705.

AGVITHH, Annual Graet Valley Interstate Tour from Harrisburg (PA) to Harrisonburg (VA). Sponsored by the Harrisburg Bicycle Club, 345 Old York Rd., New Cumberland, PA 17070.

DELAWARE DOUBLE, a double century or double metric century (100 or 125 mi.) Starts in Newark, DE on June 20th. Sponsored by WCBC, English Village Apts., Martin #7, Newark, DE 19711

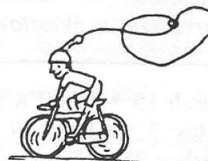
PITTSBURGH GREAT RIDE attracts 2600 riders! To be held on June 21st. Write to: Pittsburgh City Parks, City Hall.

BLUE AND GREY RALLY at Gettysburg College on June 26-28. Sponsored by the Bicycling Federation of Pennsylvania, 413 Appletree Rd., Camp Hill, PA 17011.

RARITAN VALLEY ROUND-UP, 500+ riders, is held on Sunday, June 28. 25, 50, 100 miles or 100 km. in New Jersey. Sponsored by the Central Jersey Bicycle Club, P.O. Box 2202, Edison, NJ 08818.



SAVE GAS!



YOU'RE INVITED

pig-out

DVBC BANQUET ADVANCE NEWS

Ted Kawalski and John Kusturiss are making plans for a DVBC Banquet that will be publicized in the next issue of the DVBC Newsletter/Magazine. Right now it looks like it'll be in late March for this DVBC "PIG-OUT"!



**JOIN
DVBC**



OVERNITE BIKE TRIP TO BE PLANNED!

Interested in bicycling to the Jersey Shore? Currently, there is a very good possibility that there may be a DVBC Bike Trip to the Jersey Shore in either May or September. If you are interested in this type of bike adventure, call Mr. Overniter, Earl Johnson at 215-649-2561. Earl needs to know which DVBC members might be interested and which members might help with the organization of the bike adventure. Call today!

Board Meeting Minutes



JOIN
DVBC

DVBC DECEMBER 8th BOARD MEETING MINUTES

Attendance: Ted Kawalski, Pres., Tom Keenan, VP, Norm Griffiths, Tres., Frank Havnoonian, Sec., Rich Patterson, Ed., Karl Voigt, John Kusturiss, Earl Johnson, Jim Cunningham, Jim Castellan, Jeff Bleam.

Absentees: Doug Kennedy, Harry Havnoonian

1. Discussion was made that the DVBC Board of Directors needs to present to the total club a general outline to focus our attention as to where DVBC now stands, and what we want to do or be as a club.
2. A motion was made to lend financial support to the "Blue Route Bikeway/Walkway" as proposed by a committee organized by Joy Clauss and represented by Jim Castellan.

Voting to support the Bikeway/Walkway were: 6 votes, Karl Voigt, Norm Griffiths, Earl Johnson, Tom Keenan, Ted Kawalski, and Rich Patterson.

Voting to not support the Bikeway/Walkway were: 2 votes, Frank Havnoonian and Jim Cunningham.

Abstaining: 1 vote, John Kusturiss

3. The following requirements/regulations were passed concerning the DVBC teams/divisions and were proposed by John Kusturiss:
 - A. All DVBC Teams/Divisions must display in a prominent manner either "Delaware Valley Bicycle Club" or "DVBC" on team jerseys/clothing. The DVBC Board of Directors reserves the right to define "prominent" on a team to team basis.
 - B. All team/division members must also be members of the Delaware Valley Bicycle Club also. Any entries in competitions must be official members.
 - C. All teams/divisions must stress the use of helmets and appropriate safety gear. It is understood that DVBC does not have the power or ability to enforce the use, although the use of such equipment is strongly urged.
 - D. The proposal to wear only club colors was not passed.
 - E. Fair team/division coverage in the newsletter will be left to the discretion of the DVBC Editor. It was recommended and agreed upon to currently allow one page per team/division.
 - F. It was proposed and unanimously passed that the teams/divisions should have separate bank accounts from the main DVBC account. Memberships to teams/divisions and the club will first pass through John Wehmiller, then Norm Griffiths, then to the team/division's treasurer.
 - G. The DVBC will continue to encourage all forms of bicycling, and the board encourages and welcomes any potential sponsors especially local bike shops in our community.
 - H. All teams/divisions, problems, and issues will be treated individually as circumstances dictate.
 - I. Team/Division members, not the club or any sponsors, will determine their own "official name". All pages submitted to the DVBC Newsletter/Magazine must use that team/division's "official name". Likewise, any flyers or any other literature promoting that team/division's activities must bear the team/division's "official name". No exceptions are permitted.

RIDING ON THE BACK
OF YOUR MOTHER'S
BICYCLE IN THE WINTER
CAN BE AN EXPERIENCE



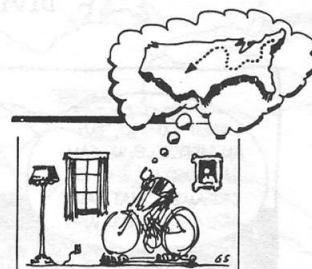
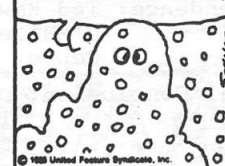
WE CAN'T SEE WHERE
WE'RE GOING, AND WE
SLIDE ALL OVER...



BUT WE FINALLY ARRIVE
AT THE SUPERMARKET
WHERE SHE BUMPS INTO
AN OLD FRIEND...



COMPLETELY FORGETTING
ABOUT YOU KNOW WHO!



FOR SALE

Rollers

TRACK BIKES FOR SALE!

A 58 cm. Fuji Frame in excellent Condition.

A 52 cm. Miyata Pro.

Must sacrifice!

Call John Warda, DVBC's Track Star, evenings at 215-352-6444.



FOR SALE IMMEDIATELY

FOR SALE

TRAX ROLLERS WITH REAR "BRAKERS".
1-YEAR OLD. PRICE NEGOTIABLE.
NO REASONABLE OFFER REFUSED.
(ORIGINALLY SOLD FOR \$150)

To buy these rollers which are just the thing for wintertime training, call Earl Johnson at 215-649-2561.

YOU COULD BE
IN THIS SPACE

Board Meeting Minutes



RETURN TO THE CLUB



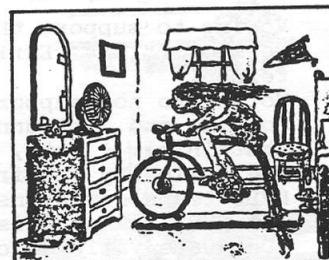
"He wants to buy an exercise bicycle with a motor on it."

DVBC NOVEMBER 25th BOARD MEETING MINUTES

Attendance: Ted Kawalski, Pres., Tom Keenan, VP, Frank Havnoonian, Sec., Rich Patterson, Editor, Doug Kennedy, Karl Voigt, Harry Havnoonian, John Kusturiss, and John Wehmiller.

Absentees: Norm Griffiths, Jim Cunningham, Earl Johnson.

1. Unanimous vote to make Mike Keating the DVBC Assistant Editor.
2. Unanimous vote to designate Doug Kennedy as the club's official route marker for DVBC's Freedom Mega Tour and Brandywine Tour.
3. Karl Voigt was asked to become DVBC's official publicity officer. The position was accepted by Karl Voigt.
4. Tom Keenan volunteered to organize DVBC's 50/50 Fundraiser.
5. The January Meeting topic was discussed. Decision was made to invite DVBC member and avid x-c skier Monty Harris as our guest speaker. Monty Harris was invited to discuss all aspects of x-c skiing.
6. Doug Rutter attempted to organize a DVBC x-c ski trip for February. However, plans fell due to a problem of getting the info in the DVBC Newsletter.
7. December's Meeting was to be Jim Heller, chiropractor. (Jim Heller failed to show up. Instead we had an in-depth presentation concerning the Nether Providence "Blue Route" Walkway/Bikeway. Jim Castellan and Joy Clauss spoke on this subject.)
8. John Kusturiss suggested having a meeting concerning DVBC's 1987 Fiscal Budget.
9. DVBC members volunteering to help collate the DVBC Newsletter/Magazine: Don Ashbrook, Bill Mulloy, Doug Rutter, and Avrum Kantor.
10. A motion was passed unanimously to carry the 1987 membership cards as part address label on the club's newsletter. See your address label on this issue of the DVBC Newsletter/Magazine.
11. The expiration of club dues was tabled for discussion at a later meeting.

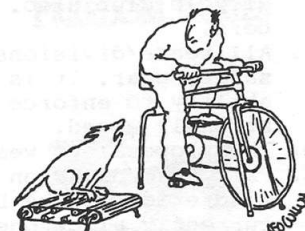


FANTASTIC!

DVBC NOVEMBER 18th MEETING WITH TEAM/DIVISION SPONSORS/FUTURE SPONSORS

Attendance: Ted Kawalski, John Kusturiss, Rich Patterson, Steve Horn, Tom O'Malley, Jeff Bleam, Frank Havnoonian, Pete Bradley, Tom Cepis, Bob McDonnell, and Harry Havnoonian.

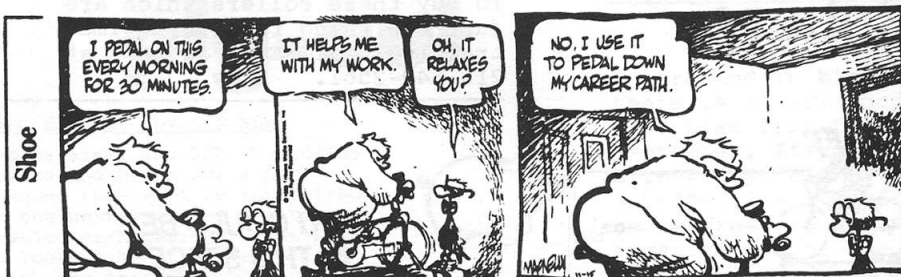
Final Conclusion: DVBC will be open and receptive to any local bike shop interested on sponsoring a DVBC Team/Division. Folsom Cycles/Liberty Bike Shop expressed interest in sponsoring DVBC's Triathlon Division. PJ's Cycle Center expressed interest in sponsoring DVBC's Mountain Bike Division.



Didn't you know?
Dogs stay fit in
the winter, too!



Thumbs Up!



"Dinner's almost ready. How close are you to home?"

THE TEMPERATURE'S RISING!

BIKE-FEVER by Joel Perlsh, DVBC's Poet Laureate

(With apologies to John Masefield's Sea-Fever)

I must get out on the roads again, to the lonely road and sky,
And all I ask is my 10-speed, and a map to steer her by;
And the wheels' kick, and the chain's song, and the pedals turning,
And a white haze on the sun's face, and my legs all a-churning.

I must get out on the roads again, for the call of a touring ride
Is a noble call, and a strong call, and one I must abide;
And all I ask is a tailwind to make me feel like flying,
And a bright sun, white clouds, and the birds with their plaintive crying.

I must get out on the roads again, to those wonderful biking days,
To the fresh air, and the warm breeze, and the moon's twinkling rays;
And all I ask is a new-found friend and sleep that is wonderfully deep,
And the memory of miles under my wheel, and memories of smiles to keep.

Joel Perlsh, a longtime DVBC member, completed another long distance bicycle touring trip this past summer. Joel rode from Canada to Mexico, and his wife, Ann, pedaled from San Francisco to Los Angeles. 39-year-old Joel is a dedicated elementary school teacher when he is not on the bike.

FROM THE EDITOR: I personally thank Joel for submitting his poem. My mailbox for articles from DVBC members for the DVBC Newsletter seems to be very empty. Let's see more feedback from other members: ride reports, likes and dislikes of the club, stories, poems, "for sale items", etc., etc. THANKS AGAIN, Joel!

NEW MEMBERS

Sarah Allphin.....Westtown, PA
Alfred Altman.....Penn Wynne, PA
Joe DiGiovanni.....Maspeth, NY
Jeff Hollenbach...Aston, PA
Florence Hubbard..Philadelphia
James McLaughlin..Haverford, PA
Keith Richards....Media, PA
Scott Wexlin.....Gladwyne, PA
Munson Family.....Swarthmore, PA

John Wehmiller, DVBC's Membership Chairman, reports that DVBC now has a grand total of 483 paid memberships, of which 52 are family memberships. (Counting family memberships as 2, we have a membership of 535.) We are the largest bicycle organization in Southeastern Pennsylvania! JOIN DVBC! What are you waiting for?

WHERE'S MY DVBC NEWSLETTER/MAGAZINE?

If you do not receive your DVBC copy by at least the 7th of the month give me, Rich Patterson, a call at 215-622-2954. I can send one out to you and investigate as to why you did not receive one.

483!

**JOIN
DVBC**



ADVANCE PATCH DESIGN CONTEST ANNOUNCEMENT!

As you know the DVBC Freedom Mega Tour will be here in only 3 months, so all you DVBC artists, get your pens going, it's contest time again!

Deadline for entries is April 15, 1987. All entries will be judged by the DVBC Board of Directors. Send your entry to:
"FREEDOM MEGATOUR PATCH ENTRY"
527 Gainsboro Road
Drexel Hill, PA 19026

To assure fairness, write your name on the back of your design with phone #.

BONES.

Which Bone Are You?

Someone once said the membership of an organization is made up of four bones:

WISHBONES, who spend all their time wishing somebody else would do the work.

JAWBONES, who do all the talking, but very little else.

KNUCKLE BONES, who knock everything that everybody else does.

And finally BACK BONES, who get the load and do the work.

..Quality Circle Digest

PATCH DESIGNS NEEDED

REQUIREMENTS:

1. Patch must contain the following: the words "Freedom Tour '87" and "Delaware Valley Bicycle Club" or "DVBC".
2. All patch designs must not exceed 3-1/2" in diameter or 12" circumference.
3. Colors: Any, limit is 4, including patch background color.
4. All entries must include a finished patch in full color (not fabric), and a duplicate black & white copy.
5. Contest is open to all DVBC members.

RIDES RE-RIDDEN

The Burn 'em up Bernhard Tandem Team attracted 9 riders to their January 1st Hangover Ride. There supposedly were no drunken riders.

Dandy Don Ashbrook's Dead of Winter Ride attracted John Wehmiller and Sarah Allphin. Due to high winds, Don arranged for a tailwind to blow everyone back to the finish.

Don Ashbrook's Dec. 9th ride included Doug Ruttelle for a 21 mile ride to Cheyney. Don reports that everyone, yes everyone, stayed warm!

Special Thanks from the DVBC Editor to Don Ashbrook, DVBC's only Ride Leader who is constantly turning in ride reports. Thanks Don!

NOVEMBER JERSEY RIDE

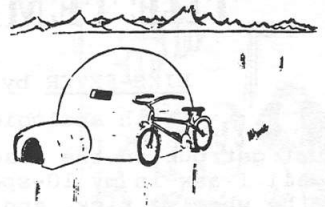
Leader: Rich Patterson
Pete Sorge (SJW)
Bob Basich (SJW)
Gene Schleberlen (SJW)
Doug Kennedy
Rus Redcay
Marilyn Cornell



"You can ALWAYS count on Rich Bernhard for the New Year's Day Ride!"

Winter Snow and Skiing Fun

JOIN
DVAC



X-C SKIING

Stay fit during the winter, X-C skiing uses the same muscle groups as cycling. For information, contact the Buck Ridge Ski Club. BRSC meets on the 3rd Tuesday of the month (8:00 pm) at Masonic Hall, Rt 420, Springfield, Del. Co., PA

BRSC membership info, write to:
Jack Sadler
321 Pomona Ave
Glassboro, NJ 08028
or call 609-881-1863.

For a complimentary newsletter write to:
BRSC
1411 Delmont Ave.
Havertown, PA 19083

HAVE A SAFE WINTER



Ski Touring — 1987 —

Ski Touring trips are for any experienced Nordic skiers. Expect to tour 5-12 miles of varying terrain. EPSC is not responsible for skier's safety. Proper clothing, equipment and food are required. The trips are subject to change, depending on snow conditions. Meet at Howard Johnson's restaurant in King of Prussia at 8:00 a.m. For further information contact trip leaders.

1987 SCHEDULE

February 1 — Pocono Manor

Leaders: Joan Strachota 872-6459
Omar Bailey 647-5760

February 8 — Pocono Manor -

Cross Country Race
Leaders: Monty Harris 248-0478
Dave & Kathy Johnson 933-0614

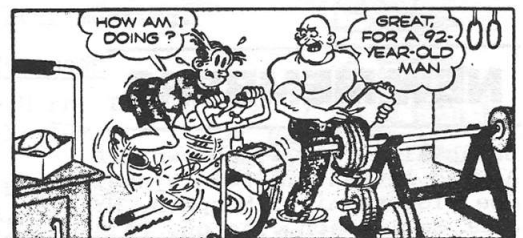
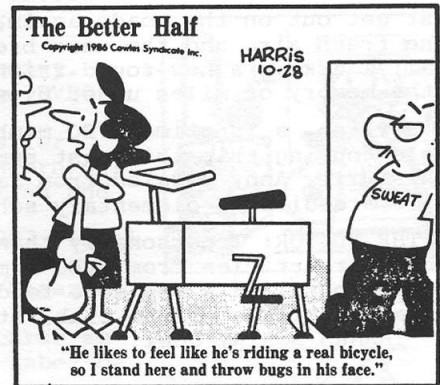
February 22 — Promised Land State Park

Leaders: Bruce Evans 483-2335
Jack & Ann Burnard 844-8126

March 1 — Hawk Mountain

Leaders: Craig Rial 565-8632
Monty Harris 248-0478

"YOU TRADED OUR SLED-DOGS FOR A WHAT?"



Freedom "Mega" Tour Sunday, May 3, 1987

The BICYCLE CLOTHING STORE

NOW EVEN LARGER! WE NOW FEATURE

A FULL LADIES DEPARTMENT AND 2 DRESSING ROOMS!!

SEE OVER 1400 SHORTS & JERSEYS • 5 MODELS HELMETS

• 7 STYLES SHOES

CHECK US OUT SOON!

REGIONAL DISTRIBUTOR OF TERRY BIKES FOR WOMEN

"a unique store within a store"

Located in Penny-Farthing Bicycles, 26 South Sproul Road, Broomall, PA 19008 353-6393

SmithKline Beckman

Paul L. Rust, Vice President
Corporate Accounts
(215) 962-6250

December 4, 1986

Mr. Alexander Hoskins
Fairmount Park Commission
Memorial Hall, West Park
42nd St. & Parkside
Philadelphia, PA 19131

Subject: Ban on Bicycles

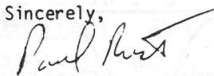
Dear Mr. Hoskins:

I was very disappointed by the action taken by the commission. By caving in to the demands of motorists the commission has established a precedent which is regrettable. What's next? Pave over the park to provide parking for commuting suburbanites who can't find space in town?

To retain the value of the park--one of the real assets of Philadelphia, it would be far better to ban cars during rush hour.

I truly hope the commission will review its position now that the Schuylkill Expressway is essentially reopened until spring. Let's put the cars on the highways. Delays getting to work promote the use of public transportation. Let's not let the Vine Street construction become the next excuse.

Sincerely,



Paul L. Rust

cc: Delaware Valley Bicycle Club
P. O. Box 497
Media, PA 19063

\$COSTS\$

DVBC BUMPER STICKER COSTS

As you know from the last issue of the DVBC Newsletter/Magazine, we're attempting to print 1000-2500 copies of Molly Brown's "Share the Road with Bicyclists!" Bumper Sticker Design. For vinyl, 3 color, 3-3/4 x 15, the following prices were obtained:

1000 copies: 36¢ each
1500 copies: 30¢ each
2500 copies: 25¢ each

(if 1 color, about 5¢ less)
There is a \$30-\$40 setup charge. There is a possibility that the Freedom Valley Bikeathon Committee may want to order an additional 1000 copies. These prices were obtained from The Safety Store at 8 North Black Horse Pike, Blackwood, NJ 08012. Contact: Mike Morrissey 609-227-1888.

Well, as you can see, if we order 1500 copies, we'll need about \$500. Therefore, we need more DVBC Safety Foundation Donations. Please join with me, Rich Patterson, and contribute to the DVBC Safety Foundation.

Let's make certain that everyone SHARES THE ROAD WITH BICYCLISTS!

LETTER RECEIVED

Bikes in the park

To the Editor:

The issue of banning bicycles from parts of Fairmount Park is very interesting to me. Having been born and raised years ago near the Strawberry Mansion portion of Fairmount Park I was of course very familiar with the bicycle era and the first automobiles.

I recall clearly, as the Nov. 7 article stated, the tremendous opposition by Philadelphia leaders to permitting automobiles to use the Fairmount Park roadways. I remember also that many of the roadways in the park, especially in West Park, which were unpaved for horse and carriage use, had flat brick edges laid for smoother travel by the many cyclists. The Park Commission might consider this type of installation along some of the drives today. I also recall watching harness drivers, amateurs of course, race over the one-mile-long "speedway" in the park. It had a bridge built over Ford Road. Tennis courts now use parts of this "speedway."

Readers may be interested in knowing that to accommodate the hundreds of bicycle commuters between Pasadena and Los Angeles a company was organized and even started to build an elevated bike roadway between these two cities. The coming of the automobile caused that project to be abandoned.

Carl L. Fromuth

Springhouse.

Agree?
Disagree?
Let us hear from you

DVBC NEWSLETTER
EDITOR
527 GAINSBORO ROAD
DREXEL HILL PA 19026



JOIN
DVBC

PLEASE DONATE TO RAISE FUNDS FOR BUMPER STICKERS!

DVBC SAFETY FOUNDATION DONATION FORM

I, _____,
(Print Name)
do hereby wish to donate the following

(\$1,\$2,\$3,\$5,
\$10,\$15,\$20)

to the DVBC Safety Foundation!

Mail to: DVBC,
P.O. Box 497,
Media, PA 19063

THANK YOU!

SAFETY

Member urges diversity for city park commission

By Vernon Loeb
Inquirer Staff Writer

Fairmount Park Commissioner James R. Lloyd Jr. has asked the city Board of Judges to open up its process for appointing the park commission members, calling the past selection process "an appalling insider's game."

The judges are responsible for filling 10 of the park commission's 16 seats, and all of the 10 are up for appointment next June.

Lloyd said yesterday in an interview that the park commission should not be made up of "multimillionaires, former state senators, judges' sons."

"I don't think that the judges receive a wide range of nominations," he said, "because they don't have a fan-mailing-out process" for soliciting applications from the community at large.

In addition to Lloyd, Nix and Lord, the judges' other appointees, and their initial dates of appointment, are Fredric R. Mann (1981), founder and head of the Mann Music Center; Frank G. Biswanger Sr. (1971), civic leader and founder of the Biscayne Management Corp.; Isadore A. Strager (1972), a lawyer and long-time Democratic ward leader; Herbert S. Levin (1976), a lawyer and former Common Pleas Court judge; June H. Brown, a former public school principal; Dixon (1977), the commission's president, a millionaire philanthropist and civic activist who owns part of the Philadelphia Phillies; and Ernesta Ballard (1981), former president of the Pennsylvania Horticultural Society.

Probably not."

Lloyd first raised the issue Wednesday at the park commission's monthly meeting, proposing that the commission contact the Board of Judges about adopting a public selection process.

Commission President Fitz Eugene Dixon Jr. curtly vetoed the suggestion, saying that it would be "highly out of order" for the commission "to tell the members of the Court of Common Pleas how to select commissioners."

"You may bring this up as an individual," Dixon told Lloyd, "but I, as president, will have no part in it."

Lloyd then called Common Pleas Court President Judge Edward J. Bradley and Judge Bernard J. Goodheart to the commission's meeting.

"I would not have appointed were I not a former state senator?"

and said later that he was encouraged by those conversations.

After speaking with Lloyd, Bradley said he wanted to see how the committee of five judges had developed a process for notifying the public of coming appointments and soliciting applications.

Although the judges used a "modified form" of that process in interviewing candidates for the three most recent appointments, Bradley said next year would be the first in which all 10 seats would be used for filling all 10 seats.

The Board of Judges made up of all 82 members of the city's Common Pleas Court, most recently appointed lawyer G. Craig Lord to the commission last month.

Lord is the son of Common Pleas

Court Judge Charles A. Lord and the son-in-law of Commonwealth Court President Judge James C. Crumlish Jr., whose park commission seat Lord filled.

Last year the board appointed Robert N.C. Nix Jr., the son of state Supreme Court Chief Justice Robert N.C. Nix Jr., and Lloyd to fill vacancies.

The appointed park commissioners serve five-year terms. The judges have traditionally reappointed commissioners for as long as they are interested in serving.

In 10 of the judges' 10 appointees are six commissioners who serve by virtue of their offices: the City Council president, the mayor and four other members of the city administration.

Bradley yesterday referred questions about the specifics of the new selection process to Goodheart, who heads the five-member nominating committee. Goodheart, however, was not available yesterday for comment.

Bradley, however, disputed Lloyd's contention that the park commission was dominated by political insiders and those with political influence.

But Common Pleas Court Judge Lisa A. Richtel, a strong Fairmount Park advocate, said she agreed with Lloyd that the current appointees were not "very representative of the people who use the parks."

"I don't think that the judges receive a wide range of nominations," Richtel said, "because they don't have a fan-mailing-out process" for soliciting applications from the community at large.

DONORS

DVBC SAFETY FOUNDATION DONORS

Rich Patterson, \$53
Frank Havnoonian, \$20
Jim Castellan, \$10
Paul Glassman
M.B. Leroy
Norm Griffiths
Anthony Petlochli

Total Donations: exceeds \$150!

Friday, Dec. 12, 1986 The Philadelphia Inquirer

WAYNE PHILLIPS

For anyone who loves cycling, the worst nightmare must be something which would prevent us from doing it- maybe permanently. Oh, not the sort of thing we think about all the time, but something that we have to think about when we hear of something tragic happening to someone else.

The story of Wayne Phillips is such a case. Wayne is a Canadian ultramarathon cyclist- or was until he was run off the road and severely injured by an unknown motorist while competing in the 1985 "Race Across America". Unable to find enough sponsorship to pay for a support crew, he had gamely tried to go it alone- with tragic results.

Another well-known ultramarathon cyclist, Lon Haldeman (editor's note: Cycling's best representative is Lon Haldeman!), puts an interesting background to the story. When he was a boy, travelling in western Canada with his family, he looked out the car window one day and saw a cyclist who was engaged in setting a cross-Canada record. Something about this sparked the boy's imagination, and the next day he rode his first century, meeting his family at their next destination. This led onto greater distances, and bigger dreams and accomplishments, and Lon was to become one of the greats of ultramarathon cycling. The cyclist he saw that day was Wayne Phillips.

In April of last year, Lon and his wife Susan Notorangelo set a new trans-America tandem record, arriving in Virginia Beach after 9 days, 20 hours, and 7 minutes! I quote here from Bicycling Magazine:

"The endurance duo dedicated the ride to Wayne Phillips, their fellow ultradistance cyclist who was paralyzed in a hit-and-run accident during the '85 Race Across America. A donation of \$20 or more to help pay Phillips's medical expenses (insurance will not) also buys a signed poster commemorating the Haldeman-Notorangelo tandem record. Write to: Friends of Wayne Phillips, Box 34233, Station D, Vancouver, BC V6J4N8."

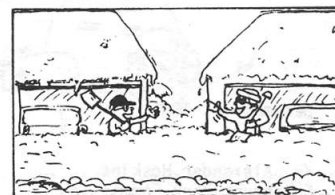
I don't think anyone who loves cycling can fail to be moved by this terrible story, and I thought perhaps we could do something to help. Please join with me in making a donation to help a brave man in difficulty.

Thank you. Neil Peart, Western Jersey Wheelmen. (from the WJW Newsletter)

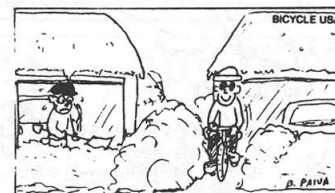
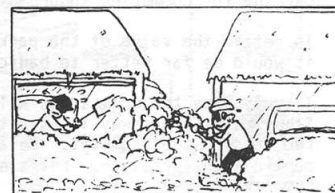
From the DVBC Editor, Rich Patterson: Do consider making a donation to the "Friends of Wayne Phillips". I have my poster signed by Lon, Sue, and Wayne proudly displayed in my office at work, as well as the Thank You Note from Wayne. Please help Wayne Phillips TODAY!



JOIN
DVBC



Bob Paiva—Narragansett Bay Wheelmen



THE PREZ SAYS ...

FROM THE OVAL OFFICE IN DREXEL HILL

I'd like to take a minute to congratulate Molly Brown and John Wehmiller, our 1st and 2nd place prize winners in our DVBC Bumper Sticker Contest. Both of our winners did very professional and extensive work towards this contest. Hopefully, the stickers will be produced soon and on our cars by summer!

A big "thanks" for a job well done goes out to Monty Harris, who was our guest speaker at our January meeting. Monty is an experienced and rather knowledgeable cross-country skier who introduced us bikers to an alternate winter aerobic activity.

At our February meeting our past president and good friend Frank Havnoonian will be our guest speaker with a slide presentation of his January 1987 Tour of California. Let's have a big turnout; and support your club!

For March 1987 we have a proposed DVBC Dinner Banquet. More information is to follow in the next exciting issue of the DVBC Newsletter/Magazine. To keep the cost down, we'll need volunteers to help. Please call me at 215-622-1923 to assist.

Keep Rollin' Ted Kawalski, Prez.

Dear Richard,

Dec 11/86

Thanks for your donation to the Trust Fund and the kind note.

I've been out of Strong Rehabilitation Centre for 4 months now and have felt well enough the last few weeks to help pack posters. I thought you might like one.

Sincerely,
Wayne

Absolutely, Positively, Without a Doubt

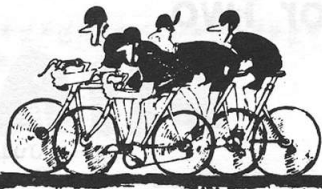
The DVBC Newsletter/Magazine Deadlines are absolutely, unequivocally, undoubtedly FIRM, FIRM, FIRM!

Advertising, General Information, Personal Ads, Special Events, Letters to the Editor: Se info to DVBC Editor, 527 Gainsboro Rd., Drexel Hill, PA 19026. Deadline Dates are as follows: Jan 11, Feb 8, Mar 8, Apr 12, May 10, Jun 14, ...

Racing Pages, Mt. Bike Pages, Ride Schedule are to be submitted by the following dates: Jan 16, Feb 13, Mar 13, Apr 17, May 15, Jun 19, ...



**thrive on
punishment.**



**NEW RACING TEAM
TO FORM**

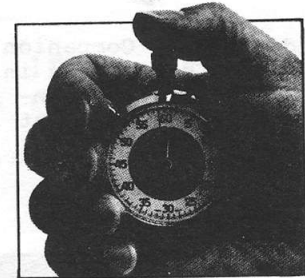
**JOIN
DVBC**



Currently there are discussions with Kevin McQuiston who works at Penny Farthing Bicycles. There is a strong potential for 3 of the fellows there to join DVBC and help form the Delaware Valley Bicycle Club's new road racing team. If you as a prospective new road racer, would like to discuss plans with Kevin, you may reach him at Penny Farthing Bicycles (215-353-6393) or at home 215-446-5259. Or contact Mr. DVBC Time Trials, Rollin' Rich Patterson at 215-622-2954. There is also some hope that perhaps Penny Farthing Bicycles will help sponsor DVBC's new road racing team. In the mean time, consider all options when joining a road racing team this season.

Time Trials

The November through February Time Trial Results will appear in the March issue of the DVBC Newsletter.



NOTE: There will be no time trial on Feb. 22. TT's will be about 5-6 weeks apart.

We also list at the bottom of this page, a guide to other road racing teams in the Delaware Valley Region. Each have their own advantages and disadvantages. It is to your benefit to examine all options. Determine what is expected of you and what your team's sponsor's commitment will be to you.



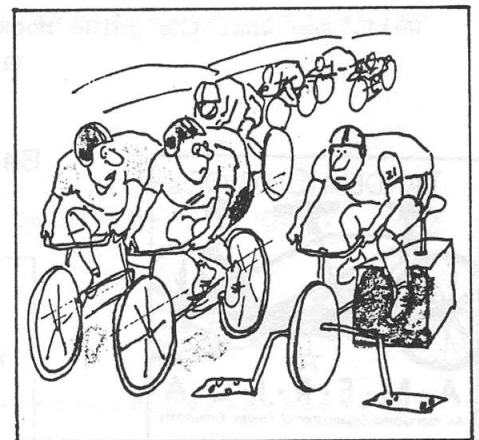
SPECTACULAR EXCELLENCE

PERFORMANCE

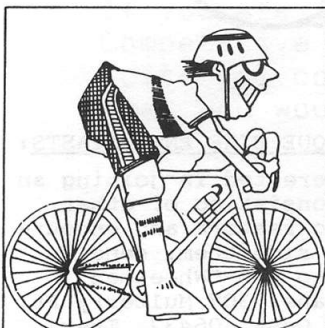
Sign up WE'RE A TEAM NOW.

That's why we're Superior.

Without a shout, without a doubt.



"No wonder that team from the Delaware Valley Bicycle Club never wins!"



Be a Well Dressed Cyclist—

Wear a Helmet

OTHER AREA RACING TEAMS

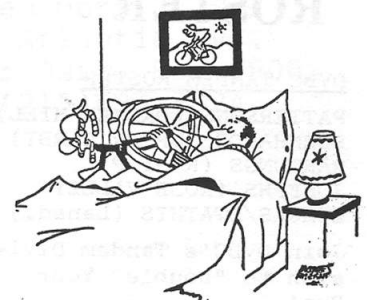
Pennsylvania Bicycle Club Racing Team sponsored by Cycles BiKyle, Scott Oldsmobile, Chuck Carnila, and Atala
Write to: Bob Anthony, 2712 Eldon Ave., Drexel Hill, PA 19026 or call Mark Phinney at 576-8725 or Cycles BiKyle at (215) 525-8442 (Kyle Schmeer)

Brandywine Bicycle Club Racing Team sponsored by Alan's Bicycles (215) 296-7999. Write to: Mike McClure, 208 Norris Ave., Phoenixville, PA. 19460 or call 215-933-2826.

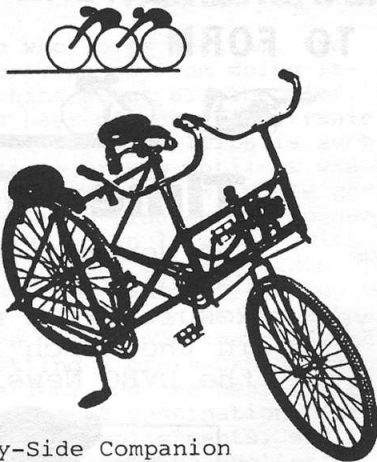
First State Velo Sport sponsored by C&C Cyclery, (215) 444-0399. Write to: WCBC, 4960 Raintree Court, Wilmington, De. 19808. Or call Tom Compton at (302) 731-1860.

Emergency Bicycle Club sponsored by Bike Doctor, 416 Oaklane Rd., Philadelphia, PA 19126 (215) 424-3773.

Quaker City Wheelmen sponsored by Bicycle Technology, 211 South 13th St., Philadelphia, PA 215-735-1503



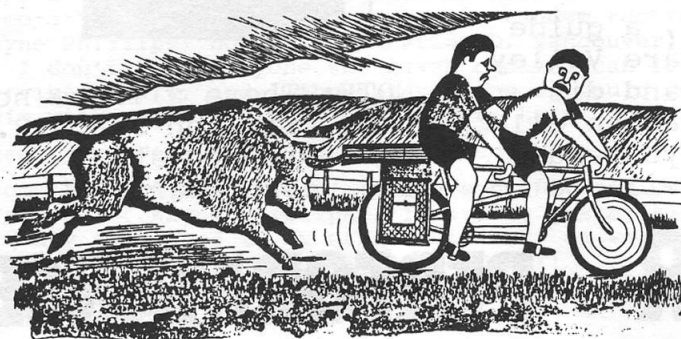
Tandems — Bikes Built for Two



The Side-by-Side Companion was created for couples in the 1890's; both its handlebars steered the front wheel.

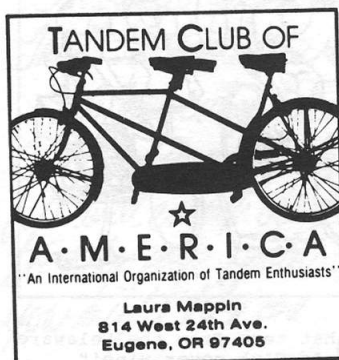
JOIN
DVBC

JOIN
DVBC



Well, see what the guide book recommends!!

(by Jim Robbie)



Be a Well Dressed Cyclist—

Wear a Helmet



ROSTER

DVBC TANDEM ROSTER

PATTERSONS (DREXEL HILL)
BERNHARDS (UPPER DARBY)
HARTUNGS (K of P)
JOSEPHS (ROSE VALLEY)
ECHOLS/STATHIS (Lansd.)

Join DVBC's Tandem Division to "Double" Your Fun!

EVENTS

SPECIAL EVENTS FOR TANDEM ENTHUSIASTS

July 4-6 TANDEM CANADA, for those hardy souls intrepid enough to venture up to the Great White North. Pack up your tandem, back bacon, and polar bear repellent and head up for the 1st Canadian Tandem Rally. If interested, send SASE to the Toronto Tandem Club, c/o Pat & Gill Maloney, 130 Ashdale Ave., Toronto, ONT M4L 2Y9, Canada. (416) 461-1698.

July 30-August 2, NEAR'87, (New England Area Rally). Ride along the beautiful New Hampshire and Maine coastlines. Historic Portsmouth, NH; Cape Noddick Lighthouse; New England Clambake: "Home-made" Ice Cream Party. Special rides for tandems only, over flat to gently rolling terrain with a few short hills. To be held at the University of New Hampshire, Durham, NH. SASE to Linda Harvey, 16 Clinton St., Salem, NH 03079. (603) 898-5285.

Mid-August, EASTERN TANDEM RALLY, (TANDEM '87). Still in the planning stages. Send a SASE to: Al & Ruth Schaffer, 3212 Midfield Rd., Baltimore, MD 21208.

CLASSIFIEDS

CLASSIFIED

Schwinn Paramount Tandem
22.5/22.5 with custom
wheels, 15 speed. \$975
Call Wally Hertler at
215-388-7115.



NOTICE TO ANTIQUE BIKE ENTHUSIASTS:

If you are interested in joining an organization consisting of other enthusiasts who restore and encourage members to ride them, send a check for \$15 to the "Wheelmen", c/o Mike Spillane, 307 Mulberry Pt. Rd., Guilford, Conn. 06437. They publish a Newsletter. If you have any questions, call the local Capt. Dave Garrettson at 215-247-1075.

MOUNTAIN BIKE!

Sponsored by PJ's Cycle Center (215) 583-4446

MUDFEST III: MARCH 1st. 1987 at 10:00

LOCATION: Contact PJ's Cycle Center for a map or directions.

EVENT: This is going to be a real stage race involving the following:

- 1) Lap Race.
- 2) Observed Trials
- 3) Hill climb time trial

These things are a blast. Come on out and enjoy...if you have never seen a small time ATB race before you are in for a real (muddy) treat.

In many parts of the country, state, county and municipal parks have taken it upon themselves to ban ATB's. There is an undercurrent for this ban in the state of Pennsylvania, and I can tell you why. As a VERY guilty "runner down of hikers" I can see a day when we won't have access to parks that our tax money supports. Being just a little considerate of those not enlightened enough to ride where they can barely walk will keep those nasty reports to a minimum and possibly prolong the time we can access the parks.

Keep this in mind next time you are thinking about playing "bowling for hikers" on your favorite downhill.....

-SHH

TRIALSTRIALSTRIALS:

All trials competitions start at 11:00

Please note that the Observed Trials scheduled for March 1 has been replaced by Mudfest and the schedule has been re-arranged.

FEB: 8,22

MAR: 8,22



If you are joining the Mountain Bike Division and are interested in Competitive ATB riding, please contact me at the address given below. Editorial comments, rides, or any other information involving ATB's that you would like to see here can be sent to: Steven Horn

7017 Atlantic Ave.
Upper Darby Pa. 19082
(215) 623-7024





JOIN
DVBC



JOIN
DVBC



FOLSOM CYCLE

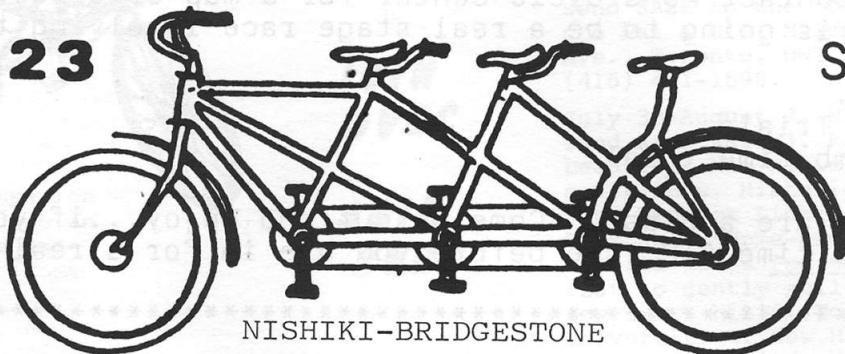
1604 Mac Dade Boulevard Folsom, PA 19033

461-6523

Sales

and

Service



NISHIKI-BRIDGESTONE

Specializing

in

Repairs



PEUGEOT

Discounts to all
DVBC Members!!!!

ALSO: Complete Line of BMX Models

SCHWINN

OR

PANASONIC BICYCLE

**FREE ASSEMBLY - FREE 30 DAY CHECK. NO TIME LIMIT
-DEFECTIVE PARTS WARRANTY. FACTORY TRAINED
TECHNICIANS.**

STORE HOURS

SUNDAY: CLOSED
MONDAY: CLOSED
TUESDAY: 9-5
WEDNESDAY: 9-8
THURSDAY: 9-5
FRIDAY: 9-8
SATURDAY: 9-5

1985
PANASONIC
TEAMS
56, 58, 64 cm.
\$339.95
REG. \$379.95



20% OFF

**ALL ACCESSORIES
AND
ALL PARTS**

(EXCEPT HELMETS)

with this coupon

M.L.E. Cycle Center

STATE ROAD AT PROVIDENCE
MEDIA, PA.

LO6-4555 OR LO6-9688

LAY AWAY AVAILABLE



CLUB MEMBERS SPECIAL

27x1x1/8 \$3.00 TUBE
27x1x1/4 \$2.00 TUBE
27x1x1.75 \$2.00 TUBE
27x1x1/4 \$6.95 TIRE

PANASONIC SCHWINN TUNTURI

And Other Name Brand
**EXERCISE
EQUIPMENT**

TRIATHLON

DIVISION

JOIN
DVBC



Run

ATTENTION ALL TRIATHLETES AS WELL AS OTHER CYCLISTS WHO WISH TO MAINTAIN A SUPERB CONDITION FOR THEIR RECREATIONAL ACTIVITIES:

Consider jogging or running with the Delco Road Runners Club! Before I became active in bicycling, I was involved in the sport of running. During my running career, I participated in many Delco RRC events and met many of their members. I strongly recommend this organization to any bicyclist or tri-athlete who wants to improve their degree of fitness.

DELCO RRC FUN-RUN SCHEDULE

Aldan.....Mondays at 6:30 PM, meeting at the police station parking lot on the corner of Providence Rd. & Clifton Ave. Leader: Joe Nolan 622-3350.

Collingdale...Saturdays at 9 AM & Wednesdays at 6:30 PM at Harris Elementary School, Sharon Ave. (intersects MacDade Blvd.) by the post office. Fun-Run Leader: Byron Mundy, 534-2833

Prospect Park.Saturdays at 7:30 AM meeting at the pavilion in the "hollow", Moore's Lake Park, 14th Ave., west of Lincoln Ave. Held sporadically. Fun-Run Leader: Joe Freiberg.

Springfield...Sundays at 9 AM; Tuesdays & Thursdays at 7 PM. meeting at the public library on Powell Rd. Fun-Run Leader: Fred Senderoff, 328-2623. Distances: 4+ mi. & 7 mi. runs held on Tues., Thurs., Sun. Also 9 mi. run on Sundays.

Swarthmore....Saturdays at 4 PM & Wednesdays at 6:30 PM, meeting at the parking lot behind the 1st Presbyterian Church on Harvard Ave. This course runs thru the Swarthmore College campus, very scenic! Fun-Run Leader: Helen Senisch Summers only. Distance: 2-3 miles.

Anyone can join the Delco RRC for these Fun-Runs. You do not have to be a Delco RRC member. However, if you would like to join the Delco RRC, write to: Membership Chairman, Delco RRC, P.O. Box 145, Holmes, PA. 19043. Why just run alone? The Delco RRC also publishes a Newsletter featuring articles about their events, members, race announcements & results, training tips, etc. Published approximately 10 times a year. With the Delco RRC, you can run for fun and fitness. Go for it!

DVBC TRIATHLON DIVISION NEWS

Rich Bernhard, Gene Martenson, Monty Harris, & Rich Patterson met back in December to discuss the formalization of DVBC's Triathlon Division. Present Action plans are as follows. Monty Harris will contact the Foxchasers about any mutual endeavors. Rich Bernhard will be contacting the Lansdowne Y about it's Triathlon Program and pool usage. Gene Martenson will be contacting another local Y as well as Delco RRC about Triathlon activities. Rich Patterson, currently a non-triathlete will continue as the DVBC Triathlon Editor until a DVBC triathlete member volunteers for the position. The Triathlon Division is also in need of a Treasurer. To volunteer for either position, please call either Monty Harris at 215-248-0478 or Rollin' Rich Patterson at 215-622-2954.

Thanks to Gene Martenson for furnishing the Delco RRC Schedule.

BY the DVBC Triathlete Editor Rollin' Rich Patterson.

TRIATHLETE
ON
BOARD!

YOU
DESERVE
THE
RECOGNITION

For your efforts last season and in preparation for the coming season

YOU DESERVE THE RECOGNITION!

This new & durable window sign (includes suction cup) should and can be hung for all to see... after all...

YOU DESERVE THE RECOGNITION!

Only \$3.50

includes shipping

Makes a great
X-mas stocking stuffer

Send check or money order to:

THE RECOGNITION COMPANY
P.O. Box 1632 Barrington, IL 60011

TRIATHLON CALENDAR

Mar 29 **Bonsai Biathlon**, Myron Lehtman, 955 26th St. NW #207, Washington D.C., 20037 (202) 633-4738, **U.S. National Arboretum, Washington D.C.**
R: 5k B: 25k R: 5k

May 2 **GORE-TEX Fabric Triathlon**, Susan Widenor Kreuer, American Heart Assoc. of Del. 4-C Trolley Square, Wilmington, DE 19806. (302) 654-5269, **Brandywine Creek State Park, Delaware**
B: 12m R: 5.5m Canoe: 3m

May 30 **Mercer Triathlon**, S. Mark Courtney, 1295 Butler Pike, Mercer, PA 16137, (412) 458-4435, **Mercer Elementary School, Mercer, Pennsylvania**
R: 5k B: 15m R: 5k

Jun 7 **Oxford International Triathlon**, Fletcher Hanks, P.O. Box 560, Oxford, MD 21654, (301) 226-5494, **Oxford, Maryland**
S: 2.4m R: 18.6m B: 45m

Jun 7 **Oxford Equilateral Triathlon**, Fletcher Hanks, P.O. Box 560, Oxford, MD 21654, (301) 226-5494, **Oxford, Maryland**
S: 5m R: 18.6m B: 45m

Jun 7 **Oxford Founders' Club Triathlon**, Fletcher Hanks, P.O. Box 560, Oxford, MD 21654, (301) 226-5494, **Oxford, Maryland**
S: 1.2m R: 18.6m B: 75m

Jun 20 **Palmetto State Triathlon for The American Lung Association**, Don Player, RM 617-1600 Hampton St., Columbia, SC 29201, (803) 748-8828, **Columbia, South Carolina**
S: 1.5k B: 40k R: 10k

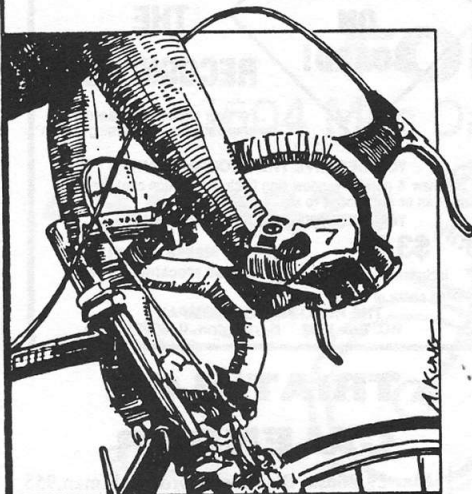
Jun 20 **Montauk Pro-Am Triathlon**, Robert Aaron, P.O. Box 732, Montauk, NY 11954, (516) 668-5441, **Lake Montauk Harbor, Montauk, New York**
S: 1m B: 28m R: 10k

DVBC TRIATHLON ROSTER

Gene Martenson
Rich Bernhard
Monty Harris
Brenda Borgh
Paul Ehrsam
Tom O'Malley
John Radomile Jr.
Mickey Lobb



JOIN DVBC's TRIATHLON DIVISION TODAY! WE ENVITE ALL ABILITY LEVELS.

JOIN
DVACJOIN
DVAC

★ Coming Attractions ★

NEW FOR 1987



PEUGEOT

NEW



PEUGEOT

GALAXIE ★ All Aluminum ★ Shimano 105 SIS
under \$600. !!!

NEW



PEUGEOT

COMETE ★ All Aluminum ★ Mavic rims
Maillard hubs under \$500. !!!RIDE WITH
TREK IN 1987.

"With a string of successes in automation and bonded aluminum, and with carbon fiber composites on the immediate horizon, Trek has secured its place among the true innovators." Ted Costantino

NEW

TREK

2500★ A better design in carbon fiber
Stiffer than Trek's best steel
What a ride! Dura-Ace.

NEW

TREK

1200★ T2 Aluminum featuring
Index shifting. Sprint 9000.

NEW

TREK

330★ Reynolds 531 frame with
Alpha 5000. Under \$400.!

Rx

Dr. C.R. Jacobs

Treat your favorite two
wheeler to a C & C Mid-Winter
Performance Tune-up.

Variety of maintenance
packages available.

Call today for details and
appointment.

C & C CYCLERY

444-0399

KENNETT SQUARE

WINTER HOURS:
TUES. - SAT. 10-6
FRIDAY TIL 8 pm

606 S Union St.
located off Rt. 82
near Kennett H.S.

TREK BRIDGESTONE



ROSS HICYCLES

KLEIN

Glanni Motta

Racing Edge

DVBC TEAM DREXEL HILL TO IMPLEMENT CHANGES

At the December meeting Team Drexel Hill implemented changes which will hopefully improve the overall performance of the team. The following is an account of these changes.

A board of directors has been set up and consists of five team members. The Board is made up of the coach (president), the captain/manager (vice-president), the treasurer and two elected team members. The officers were elected at this meeting with Frank Havnoonian, appointed as coach, Jeff Bleam, team captain, Harry Havnoonian, treasurer, with Tom Crane and Andre Phillips the elected members. Frank Havnoonian will also be coach of the juniors team and Jeff Bleam will manage Team Drexel Hill and will be setting up the '87 race calendar. Send race information to him. Stephen Kelly was appointed editor of the **Racing Edge** and the present format will be used. RJ Cycle Wear will be manufacturing the new team jerseys which will be ready in March.

The main topic of the meeting was a point system which will determine each members' status. This system will be used to determine who are the top and most dedicated riders. The team member who has accumulated the most points by November 1st will receive an HH frame. The frame is a HH design and will be built by Harry Havnoonian, one of the teams sponsors.

Points will be awarded on the basis of distance, the number of entrants in the race and the degree of difficulty. Also team support points will be awarded to a rider who sacrifices or helps another teammate place in a race. The points for this will be determined by the coach, captain, and the team leader present

at the race. Points will also be given for meetings attended and training rides attended. It is also important to note that the only way points will be given is if the team leader submits all the information required. So be sure the leader records your

name and place along with a race description.

A system will be set up for track racers and if you have any suggestions on the point system contact the coach or captain. The following is a rundown of the point system.

DVBC-TEAM DREXEL HILL POINT SYSTEM

One team member (DVBC-Team Drexel Hill) rider will be responsible to obtain the following information in order to collect points for that race.

1. Date of race
2. Race description
3. Distance of the race
4. Number of entrants
5. Drexel Hill rider roster
6. For each rider record:
 - a. distance/laps covered
 - b. "F" behind each rider who finishes
 - c. Place of each rider (if known)

Record this information on a piece of paper or use a Team Racing Form and mail to: Jeff Bleam, 4220-B Ferne Blvd., Drexel Hill, PA 19026 or drop off the results at Drexel Hill Cyclery. See Frank Havnoonia.

POINT BREAKDOWN

1. TRAINING RIDES
Team meetings — 3 pts.
2. PLACE POINTS (PP)
For every 5 entrants in a race there will be one additional place.
Example: 50 entrants = 10 places
1st place will then be worth 10 pts. and 10th place one pt.
3. DISTANCE FACTOR (DF)
 - a. criterium = 0.4
 - b. time trial = 0.53
 - c. road race = 0.4 *
* if the road is less than 31 miles the Distance Factor is 0.3.

4. CATEGORY BONUS (CB) — race difficulty
 - a. Districts or other specified races — CB = 1.5
 - b. Cat 1-2 races — CB = 1.4
 - c. Cat 3 race — CB = 1.3
 - d. Cat 4 race — CB = 1.2
 - e. Cat 5 race (local) — CB = 1.0

Time-Trials: Cat Bonus is of the highest ranking rider.

5. SHOW FACTOR (SF)
 - a. rider completes less than 1/3 of the race — SF = .10
 - b. rider completes more than 1/3 but doesn't finish — SF = .35
 - c. rider finishes the race — SF = 1.0

6. SUPPORT POINTS
(determined by coach, captain, team leader.

7. CALCULATION
TOTAL RACE POINTS = (((race miles x DF) x CB) x SF) + PP

TEAM RACE FORM

Date:
Miles:
Entrants:
Description:

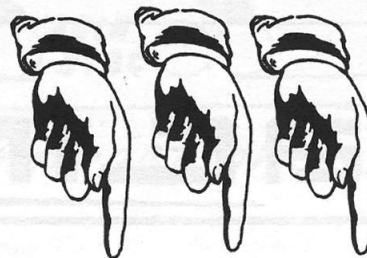
Racing members entered:

- 1.
- 2.
- 3.
- 4.
- 5.

DELAWARE VALLEY BICYCLE CLUB
P.O. Box 497
Media, PA 19063

Dues Are Due FIRST CLASS MAIL

MEETING NOTICE: DO NOT DELAY DELIVERY



AFFIX LABEL

The above mailing label constitutes a DVBC membership card expiring 60 days past postmark.

ADDRESS CORRECTION REQUESTED



The DVBC is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment, particularly helmets, is strongly urged, the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for 1987-88 DVBC Membership (Expires 3/31/88)

Name: _____ Phone: _____

Address: _____ Age: _____

City: _____ State: _____ Zip: _____

Membership Type: New: ☐ Individual - \$10 ☐ Family - \$14
Renewal: ☐ Individual - \$8 ☐ Family - \$12

Membership includes: *DVBC Newsletter Magazine*, discounts at most Club sponsors, free car & bike decal (\$1 value), Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Family membership includes two adults and up to two children.

INTEREST SURVEY

Ride Pace

- ☐ Class D: *slow*
☐ Class C: *average*
☐ Class B: *brisk*
☐ Class A: *fast*

I'll volunteer for:

- ☐ Ride Leader
☐ Sag Wagon Driver
☐ Tour Food Stop
☐ Newsletter Editor
☐ Newsletter Typist
- ☐ Newsletter Collator
☐ Advertising Coordinator
☐ Newsletter Co-editor
☐ Newsletter Delivery
☐ Triathlon Editor

Please send your check or money order to:
Delaware Valley Bicycle Club
c/o John Wehmiller
201 Harvard Ave.
Swarthmore, PA 19081

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

Membership to DVBC Subdivisions

- ☐ \$7.00 Team DVBC-Drexel Hill (Road Racing)
- ☐ \$5.00 DVBC Mountain Bike Div.
PJ's Cycle Center
- ☐ \$5.00 Team Delaware Valley Bicycle Club
(Road Racing)
- ☐ \$5.00 DVBC Triathlon Div.
*Liberty Bike Shop**
- ☐ \$5.00 DVBC Tandem Div. (no sponsor yet)

_____ **Total Amount Enclosed**

* Tentative