



DELAWARE VALLEY BICYCLE CLUB

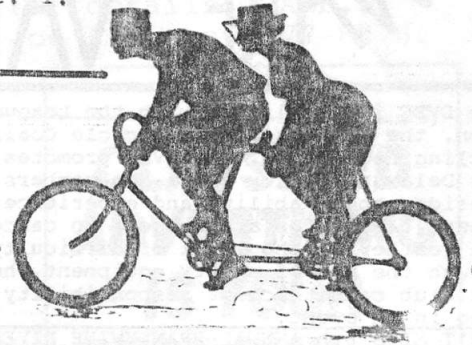
The DVBC is affiliated with the League of American Wheelmen, Pa. Bike Federation, the Greater Phila. Bicycle Coalition, and in '85 the United States Cycling Federation. The DVBC promotes recreational bicycling of all forms in the Delaware Valley area. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or the level of difficulty of the ride, please call the ride leader. Though the use of safety equipment, helmets in particular, is strongly urged, the club cannot accept responsibility for accident or injury while participating in an event.

November
1984

DON'T MISS 8th ANNUAL BRANDYWINE RIVER VALLEY BIKE TOUR- SEPTEMBER 16! (TOBRV)

<p>Date Nov. 3 10:00 Class B 50 mi.</p>	<p>Chester County Challenge Birch Run Village- Bring a lunch and be ready for a good ride. Leave -Paoli Bike Shop Leader - Doug Kennedy 543-4664</p>	
<p>Date Nov. 3 6:00-10:00 Class -All 65 mi.</p>	<p>Hillier Than Thou- Extremely hilly Sponsor- Central Jersey Bike Club- Cost \$5.00 Usual- sag, map, food, etc. Rain date- Nov. 4 Rt. 46 Federal Highway, Belvidere, N.J. A&P Shopping Center More info. call 201-572-6592 or 201-932-2038</p>	
<p>Date Nov. 4-11-18 10:00 Class -All 5 or 10 mi.</p>	<p>DVBC Time Trials- Keep in shape and the Time Trials are a Good way to stay in shape. Leave - Goshen Rd. and Providence Rd. Leader - Rich Patterson - 352-3647</p>	
<p>Date Nov. 4 10:00 Class B 45 mi</p>	<p>Strasburg Railroad- Ride to the Strasburg Railroad and check out the Cho-Chos. A very scenic ride and also a quqlity ride. Leave- Octorago School on Rt.41 in Gap, Pa.(3 mi. south of Gap) Leader - Don Patterson 566-5274</p>	
<p>Date Nov. 4, 11, 18 and 25 Class A 30-40 Miles</p>	<p>EVERY SUNDAY RIDE Helmets requirred - Different rides every Sunday Leave Bond Shopping Center - Lansdowne and State Road Leaders - Bill Baratta - 622-5313 - Joe Pless - 877-8876</p>	
<p>Date Nov. 10 10:00 Class C 30 mi.</p>	<p>Country Cruiser Tour- Joint Club Ride- DVBC and BBC Leave Allens Bike Shop in Frazier. (1 mi. east of Rt.202) Frazier Shopping Center. Leader Rich Patterson -352-3647</p>	
<p>Date Nov. 11 10:00 Class C-B 20 mi.</p>	<p>Figure 8 Ride- Its starting to get cold ,so this is just what you need to warm up. Leave- Media Courthouse Leader - Don Ashbrook 565-0134</p>	
<p>Date Nov. 13 7:45 PM</p>	<p>D.V.B.C. Meeting- Club Officers to Meet at 7:00PM for general club business. Then at 7:45 meeting open to general Public Topic- Biking in Germany, racing and touring Guest speaker- Klaus Markhoff Refreshments to be served.</p>	

e Nov. 17 0:00 Class B-C 30 to 40 mi.	Westgrove Ride at High Noon or Showdown at the O.K. Corral. This is a joint ride with another bike club. Meet at the Arcade Tavern at 12:00 noon. Meet up with Pa. Bike Club. Leave - 2 different locations #1- Manoa Shopping Center (rear). From this location its a class C ride. Leader Rich Patterson - 352-3647 #2- Ridley Creek state Park Headquarters. From this location its a class B ride . Leader Patrick O' Donnell 566-7122
Date Nov. 18 10:00 Class B 50 mi.	Westgrove Special -Go west young man or woman Leave -Chadsford Elementary School on Rt. 1. Leader Doug Kennedy 543-4664
Date Nov. 22 9:00 A.M. Class All 10 Miles	Thanksgiving Day Tri-Club Time Trial Dead Flat - level (See ad in this Newsletter) Leave Frazier Road new Glasgow, Delaware Leader - Rich Patterson - 352-3647
Date Nov. 23 Class C- 10:00 A.M. 12 Miles	Friday - Turkey Trot Patch - \$1.00 Time to work off your turkey dinner Leave from Ridley Creek State Park Leaders - Rich and JoAnn Patterson - 352- 3647
Date Nov. 24 10:00 A.M. Class B 30 Miles	Thanksgiving HomeComing Ride Time to work off your Thanksgiving Dinner All turkeys are expected to show Leave from Ridley State Park Headquarters Leader - Ed Sidgna - 583-9390
Date Nov. 25 10:00 A.M. Class C 10 Miles	Thanksgiving Patch Ride -\$1.00 Leave from Ridley Courthouse - Media Leader - Don Ashbrooke - 565-0134
Date Dec. 1 10:00 A.M. Class B 40 Miles	Chestnut Hill Local Lunch at Valley Green Inn Be a Ghostbuster with a framebuster on a one cluster buster hill (can walk if necessary) Leave from Narbeth Cycle Bike Shop Leader - Pat O'Donnell 566-7122 We aint afraid of no hills (Co-rider Ray Parker Jr.)
Date Dec. 2 10:00 A.M. Class B 50 Miles	Glennmore Special (There aint no more after Glennmore) Basically a level ride not many hills - buy lunch Leave from Chadds Ford Elementary School Leader - Doug Kennedy - 543-4664
Date Dec. 4 7:00 P.M.	DVBC Club Banquet and Meeting Joint Banquest with Drexel Hill Bike Club Cover dish and club will provide beverage. Don't Miss the DUBIOUS DISTINCTION AWARDS FOR 1984 Trevoise Savings and Loan - Basement Garrett Road and Shadeland Avenue - Drexel Hill Coordinator Priscilla Bohovic - 284-1043 This will be the December Club Meeting
Date Dec. 8 11:00 A.M. Class C-B 25 Miles	Stay Warm Ride - we'll ride far enough and fast enough to get good and warm. This ride will be in the area of Ridley State Park Leave Ridley State Park Leader - Rich Bernhard - 284-2019
Date Dec. 9 10:00 A.M.	Winter Time Trial Series (Quiver and Shiver Time Trials) Leave Goshen Road and Providence Road Leader - Rich Patterson - 352-3647



ANNUAL BANQUET~Dec. 4th! *****

This year's banquet, which will be a pot luck dinner, will be held at the Trevoise Federal Savings Bank! There will not be a general club business meeting at the Media Main Line Federal Savings & Loan since the Banquet is scheduled that day. The Trevoise Federal Savings Bank is located at Garrett Road and Shadeland Ave. in Drexel Hill. This year's banquet will be a joint affair with the Drexel Hill Bike Club with whom we may be merging. Bring your family, wife, girlfriend, (or both)! We hope that all members will attend. Just bring your favorite dish (casserole or what-have-you) and the club will provide soft drinks and juice, and coffee. Bring your food item in sufficient quantity to feed about 6-12 people. If you are unable to prepare some delicious vittles to bring, then just buy something & bring it along. The bank has an oven & stove for items which need to be warmed up. Entertainment will be provided. Whether you are a brand new member or a 10 year veteran of the club, we hope to see you attend! DON'T MISS THE 1984 AWARDS OF DU- BIOUS DISTINCTION! Don't miss the presentation of the DVBC RIDE LEADER OF THE YEAR AWARD! Come on out and celebrate with your cycling buddies the successful year we've had.

***** Just to make sure everyone doesn't bring the same dish (we don't want to have potato salad coming out of our ears), please call Priscilla Bohovic at 284-1043. She is helping to coordinate this affair.

**** OH! I almost forgot, this extremely informal affair kicks off at 7:00 PM!

ACCOMMODATION OF BICYCLES ON THE PLANNED BLUE ROUTE (I-476):

Blue

***** The Greater Philadelphia Bicycle Coalition (Which DVBC is Affiliated with) has requested the Pa. Dept. of Transportation to include suitable provision for both novice & experienced bicyclists. If you care to express your opinion on this matter write to: Robert H. Rowland, PE, District Engineer, Pa. DOT, 200 Radnor-Chester Rd., St. Davids, Pa. 19087.

Route

VOTE FOR BOB EDGAR - Bob Edgar, who is a bicyclist and a supporter of the bicyclists' cause in Congress, needs your vote this month! Bob Edgar has been endorsed by the League of American Wheelmen (Bicycle USA), the Philadelphia Inquirer, the Greater Philadelphia Bicycle Coalition, & the DVBC Mystery Newsletter Editor. Bob Edgar was the honorary chairman of the "Bicycles as Transportation" parade in Philadelphia on Sept. 29. Remember VOTE FOR BOB EDGAR!

Valley Forge Trail/Bike-a-thon: DVBC member Jim Castellan wishes to report that over the past 4 years the Freedom Valley Bike-a-thon has raised \$16,000 toward the local share for the Trail. More funds are still needed. The Delaware Valley Bicycle Club will again support DVBC member Jim Castellan's effort. We have challenged area bicycle clubs to match or beat our \$25 donation in 1984. Our challenge will again be issued in 1985. All DVBC members are asked to volunteer or ride at the 1985 Bike-a-thon which will be held Sunday, May 19! Jim Castellan has done an incredible job thus far!!!!



NOTICE! NOTICE!
THIS IS A HOLD UP!!!
"If youse guys want more rides in the ride schedule, youse have to volunteer to lead them. NO VOLUNTEERS; NO RIDES. YOUSE GET IT???"

If you would like to share/ lead/ coordinate/ or co-lead a bike ride for the Delaware Valley Bicycle Club, please call Rich Bernhard at 284-2019 or Rich Patterson at 352-3647! HELP FILL THE CLUB'S RIDE SCHEDULE! WE KNOW YOU CAN DO IT!

Ironmaster Metric~ The Ironmaster Metric Century which was hosted by the Tri-County Pedallers was rated highly by DVBC members: Doug Kennedy, Peter Seidel, Pat O'Donnell, and Rolling Rich Patterson!

Officers Elected- BEST OF LUCK! Election Results

President: Rich Patterson, 352-3647
Vice Pres.: Rich Bernhard, 284-2019
Editor: Patrick O'Donnell, 566-7122
Secretary: Reggie Painter, 688-4140
Treasurer: Doug Kennedy, 543-4664
Publicity: Steve Nieman, 566-7927
Membership: John Wehmiller, 544-6136
5-County Rep.: Rich Patterson

Co-Editor: Steve Harad, 356-6068
Safety Advocate: Dave Fleming, 566-0541
LAW Rep.: Don Ashbrook, 565-9217
Tour Director: Anybody & Somebody!
Competition Director: Vince Calkins,
473-7024
Banquet Coord.: Priscilla Bohovic,
284-1043



REVIEW OF MORTON HOMESTEAD 15 mile HISTORIC RIDE: Cherie Justin, Doug Kennedy, Priscilla Bohovic, Kevin Simpson, Vaughn Grody, Pat O'Donnell, and Rickety Rich took a slow & easy ride that went to the Swedish Homestead. Doug & Pat challenged every beer & soda can along the way..... Everyone had fun!

The Wissahickon 35 mi. Autumn Tour included at least 3 DVBC members: Cathy Bradley, Priscilla Bohovic, and Rolling Rich. The food stop was DELICIOUS! Cold cuts, cheese, tomatoes, lettuce, rolls, juice, apples, brownies, etc. Evansburg St. Park was very scenic. Don't miss it next year, folks!

Let's see some of our Class C riders start volunteering to lead club rides! A lot of other club members would like to ride with you. Go for it! To lead a club ride call Rich Bernhard at 284-2019.

JOINT RIDE with BBC! this month.....

One ride that you definitely will not want to miss is the November 10th slow and easy 30 mile ride with the Brandywine Bicycle Club (BBC)! Rich Patterson will be co-leading this ride with Laurie Norman and Marybeth Blaetus of BBC! Let's have a good turn out from the Delaware Valley Bicycle Club. You'll enjoy meeting our good friends to the West.

EXECUTIVE COMMITTEE FORMED & will discuss a possible merger.



DVBC's newly formed Executive Committee, which includes all elected officers, will discuss possibly merging with Team Drexel Hill. The Executive Committee henceforth makes all major decisions concerning club business. Other club members may attend Executive Committee Meetings to voice their opinion, but will not have voting privileges. Officers will have one vote per office held. The club's meeting place will also be discussed.

25 BICYCLE TOURS IN EASTERN PENNSYLVANIA-

A newly published paperback book is out.

Authors: Dale Adams & Dale Speicher.

The 25 tours, chosen after consultation with area bicycle clubs, include both popular historic sites and untouristed backroads, and reflect the cultural diversity of the region. 10 of the tours are within 1 hour of Phila., 7 within 1 hour of Wilmington, & 5 within 1 hour of NYC. They include some circular routes of 1 or 2 days with suggested overnight stops at campgrounds, hostels, & country inns, detailed description of history, architecture, and geology, and explicit directions and clear maps.

The book costs \$6.95 and can be ordered from Backcountry Publications, Inc., P.O. Box 175, Woodstock, Vermont 05091. maps



If you value your brains, wear a helmet! It is your best insurance! Wear one before it is too late!



Join Now

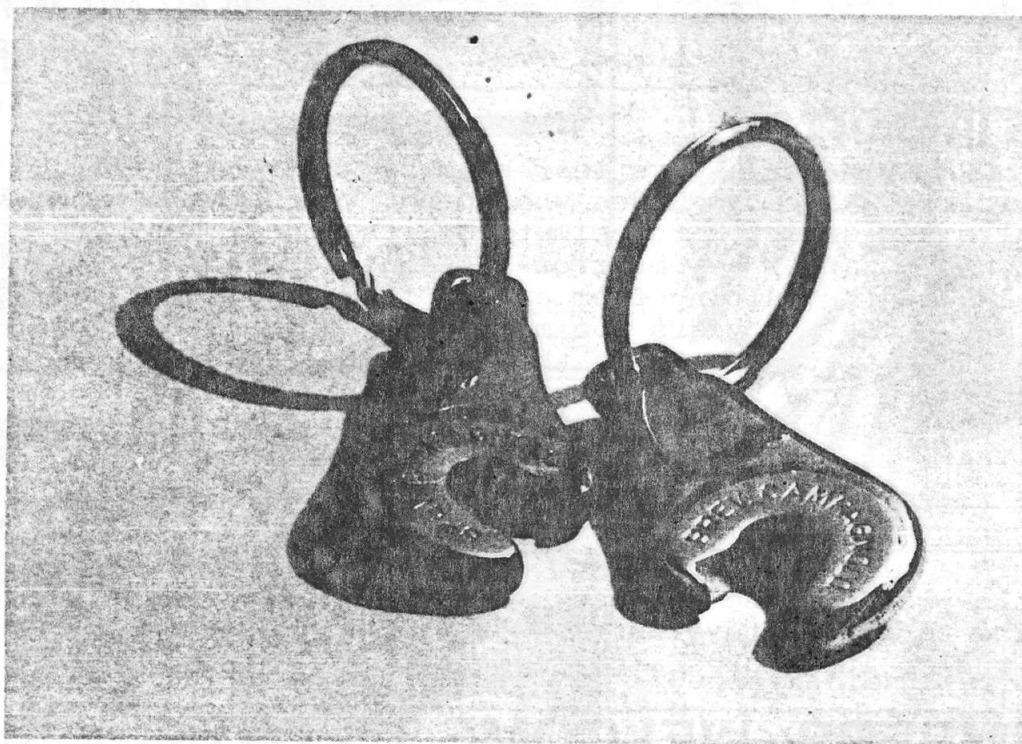
Where safety starts



DESIGNS INC.

P. O. BOX 8
DREXEL HILL, PA.
19026

A GREAT GIFT IDEA



The keyring/bottle opener from HH Designs is manufactured from either a Campagnolo, Suntour, or Shimano fork-end. There are three models.

The first is the polished chrome model. Each drop-out is hand filed, sanded, polished then double nickel plated. Next, it gets polished again, then chrome plated. Its hard to believe that the resulting jewelry quality item was once a crude piece of forged steel. It opens your bottles too!

The second type is the 24 karat gold model. It gets the same treatment as the chrome model except it gets polished three times. Also, the 24 karat gold is three times thicker than it has to be in order to be called gold plated. Finally the pieces are clear coated with Dupont Imron paint.* A beautiful gift item!

The third type is for the true bkie. It is the same as the polished chrome, except it incorporates a screw driver and a spoke wrench. The Campagnolo pieces are serial numbered, showing the location of your keyring in the limited sequence of 1000 pieces. Available in satin chrome.

PRICES

Gifts for the Holidays!

Chrome Key Ring/ Bottle Opener\$12.00
24 Kt. Gold Key Ring/ Bottle Opener ...\$25.00
Swiss Army/ Satin Chrome Opener\$25.00
Wheelwind\$18.00
Shipping & Handling (Any Size Order)...\$ 1.00

Send check or money order to:

H H Designs, P. O. Box 8, Drexel Hill, Pa. 19026

If you have questions, call 626-4477

Don't forget to specify your key ring/ bottle opener desired:

Suntour, Campagnolo, or Shimano Fork-End.



...THERE ARE A FEW DOGS
ON TODAY'S RIDE---" R. PAIVA

Safety is important!

Although most DVBC members always wear helmets when they ride, there are occasional participants at Club Rides who do not wear a helmet. While DVBC does not require the use of hard helmets on its rides, they are strongly recommended. Unfortunately a member of WCBC was recently hospitalized with serious head injuries resulting from a fall from his bicycle while not wearing a helmet. Over the years too many area cyclists have sustained grave head injuries & even death as the result of failure to wear a hard helmet when involved in a bicycle accident. When a new rider shows up at a Club Ride without a helmet, let's not fail to point out the desirability of wearing one. There is a variety of well made, comfortable helmets available now. (Be SMART, don't be a STATISTIC!)

SOME DVBC MEMBERS HAVE ALL THE LUCK! Steve Harad, one of our younger members was involved in a bike-auto accident earlier this year. Then after recuperating from this accident, he injured his ankle playing basketball. After a short healing period, Steve unfortunately reinjured his ankle. Let's hope Steve's run of luck takes a different course soon so Steve can resume his bicycling!

NEW MEMBERS-WELCOME TO DVBC~ 180!

The Delaware Valley Bicycle Club wishes to extend a freewheeling welcome to each of the following new members of Delaware County's FASTEST-GROWING BICYCLE CLUB:

Jim Jackson (Yeadon)	Edie Hartos (Philadelphia)	M. Nasuti (Lansdowne)
Tom Hardie (Havertown)	Joe Tremarelli (Drexel Hill)	Cherie Justin (U. Darby)
Dan Morris(Collingdale)	Ann Morris (Collingdale)	Betsy Wingate (Media)
Paul Bunkin(Turnersville, N.J.)	Priscilla Bohovic (Drexel Hill)	
W. Bernard Bowler (St. Davids)	Pat Colagreco (Newtown Square)	

We hope to meet you at many of our club rides, club meetings, picnics, hikes, and other outings! The Delaware Valley Bicycle Club has doubled its club membership from last year (74 in 1983). The club has a great chance this year to triple the club's membership! We are constantly recruiting bicyclists of all ages, all abilities, and all interests. We now have more than 180 club members. HOORAY! HOORAY! HOORAY!

DVBC SALUTES DON ASHBROOK

This month's spotlight is on Don Ashbrook, a key member of the Delaware Valley Bicycle Club. Whenever you need a volunteer for the Freedom Tour or the Brandywine Tour, Don "the Snackman" is always there. Don has painted routes, directed traffic, served as sweep rider, helped with registration, & always has a smile! Don has attended more club meetings the last 3 years than any other member. He always does a GREAT job leading rides. WE SALUTE YOU!!!

THE NOVEMBER CLUB MEETING WILL BE THE 2nd TUESDAY OF NOVEMBER!!!

IT GETS TOO COLD
 R YOU TO BIKE,
 WHEN STAY IN SHAPE
 BY ICE SKATING!!
 Cross-Training may
 help you improve
 your cycling condi-
 tioning. TRY IT!!!

HAVERFORD TOWNSHIP
 SKATUM
 PUBLIC SESSION HOURS

1:00-3:00* WEDNESDAY 8:00-10:00
 3:00-4:30** FRIDAY 7:45-9:45
 2:30-4:30 SATURDAY 8:00-10:00
 2:30-4:30 SUNDAY 5:00-7:00

* STARTS DECEMBER 11, 1984

** 1/2 PRICE

SKATUM

Darby & Manoa Roads
 Havertown 853-2226



**Special
 Event
 Time
 Trial**

Tri-Club Time Trial- 9AM

Everyone is welcome to this popular annual event which is hosted by WCBC. DVBC & BBC will also be participating in this event! Many of the riders get together afterwards for breakfast in Glasgow.

Directions: Take I-95 South towards Newark then take Route 896 South. Go about 2 mi. on 896, then right turn at Rt. 40. After about 1 mile, Frazer Rd. will be on your left. The course is Frazer Rd. which is dead flat. COME ON OUT!

This space could be
 working for you
 for a very low cost...
 and it reaches a most
 responsive audience.

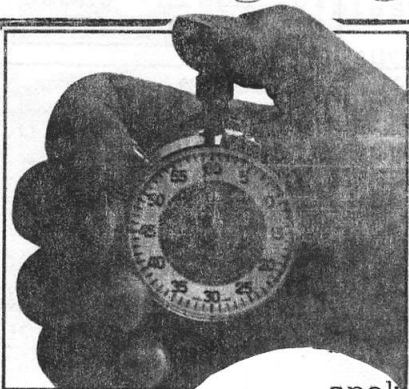


BICYCLING

THE WAY TO GO



**Touring
 Patch Ride
 Thanksgiving**



spok

18-8

FREEDOM (Mega) TOUR

April 28, 1985
18, 35, & 65 miles
**the Spring
 Cycling
 Event!**

Be There.

Sponsored by
 the Delaware
 Valley Bicycle
 Club.

Starts at
 Ridley Creek
 State Park
 Picnic Area
 #15.

RIDE AT YOUR OWN
 PACE ON COUNTRY

ROADS THAT WILL BE MARKED!

Cost: \$5, if pre-registered
 \$6, day of the ride.

DVBC will increase it's
 Registration Staff!

Map, award patch, food stop,
 sag service, & marked route
 are provided by DVBC.

301 riders came to DVBC's 1984
 FREEDOM TOUR. Almost 400 riders
 came to DVBC's 1984 BRANDYWINE
 TOUR. Projected attendance for
 DVBC's 1985 FREEDOM TOUR? 500!



NEW MEMBERS

WELCOME TO YOU ALL!

Mark Stookey (Wilmington)
 Robert J. MCKenney (Media)
 John L. MacIntyre (Chester)
 Teddy Kosoglou (Upper Darby)
 Lisa Falgiano (Kennett Square)
 DVBC is recruiting bicyclists
 of all abilities, all interests,
 and of all ages. JOIN TODAY!!!!



BICYCLE PRO SHOPS
 14 E. Commerce St. Bridgeton 451-0580
 2116 N. Delsea Dr. Millville 825-2825

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TIME TRIAL RESULTS

September 30; Weather: Clear Skies

Top 3 Finishers:

Rich Patterson 13:49 (5 miles)

Klaus Markhoff 13:54 (5 miles)

Rich Bernhard 14:43 (5 miles)

Klaus Markhoff 28:25 (10 miles)

CONGRADULATIONS TO EACH OF YOU!!



Cyclo-Cross Race

November 17 & 18- West Chester, Pa.

Hosted by the Brandywine Bicycle Club

\$2000 prize list. USCF race has 3 stages. Non-USCF Race has a \$100 prize list. Call Dennis Coyne of BBC for all the details, 692-6540.

USCF- 3 Races (2 Sat, 1 Sun.)

Non-USCF- 1 Race (Sun.)

November 4- MOUNTAIN BIKE CLASSIC RACE, Rosendale, NY. Novice & Expert.

9 AM, \$12, 5 km TT for novice & experts.

12 PM, \$12, 10 km. off Road Race for novices.

12:45 PM, \$12, 30 km. off Roar Race for Experts.

Sponsored by Port of Chester Cycles,

146 N. Main, Port of Chester, NY 10573.

Telephone: 914-939-6683.

The following DVBC members were awarded Special DVBC Time Trial Award Patches for their participation or contribution in DVBC club events:

Frank Havnoonian, Mike McClure, Pat Calkins, Rich Bernhard, Pat C.

Pless, Bill Baratta, John Warda, Dr. Ed Sigda, Pat O'Donnell, John Wehmi

Reiner, Bernadette McNulty, and Rich Congradulations for your EFFORTS!

1984 MS/ LOWENBRAU RESULTS

25 Miles

1st Place Men: Rich Patterson 1:09:30.1

6th Place Women: Deborah Wilson 1:52:00.0

50 Miles

2nd Place Men(18-34): Peter Seidel 2:12:27.2

2nd Place Women Open: Patty McClure 2:57:10.0

100 Miles

6th Place: Mike McClure 4:22:51.1

22nd Place: Don Carbaugh 5:37:09.2

Each Participant from DVBC helped raise pledges to help the MS Society! Way to go DVBC members!

TEAM DREXEL HILL took 5th place in the Team Time Trials at Fairmont Park this summer!

Frank Havnoonian took 4th place in the Delaware Valley Racing Association's Race in Ridley Creek State Park (held Sept. 30) Congradulations!

In 1985 the Delaware Valley Bicycle Club will be affiliated with the United States Cycling Federation! DVBC will be promoting a racing team!!!!

DVBC TIME TRIAL RULES

1. A Helmet is MANDATORY!
2. Obey all traffic signals.
3. Roads remain open to traffic & you are expected to yield the right of way to all motorists, pedestrians, & equestrians. BE good neighbors!
4. Remember, time trials are not a race but merely a club ride. Therefore you are requested to stop at all stop signs.
5. You must ride at your own risk.
6. If you are under 18, & plan to ride a T.T., notify R.Patterson beforehand.
7. Ride safely at all times.
8. No drafting is permitted.
9. There are sharp turns with possible gravel & no one is available to monitor them. Potholes may also exist. Be careful at all times.
10. Again, these are not races, but only training aids.



The DVBC Time Trial Series are a year-round event with the Delaware Valley Bicycle Club. Our Time Trialers are rugged breed. The colder the better! Anyone is invited!!

AUTHORIZED DEALER FOR
RALEIGH - COLUMBIA BICYCLES



COME TO

ishes to extend a freewheeling welcome to Delaware Co

DREXEL HILL CYCLERY

BICYCLE SALES - SERVICE

PHONE:
626-4477

703 BURMONT ROAD
DREXEL HILL, PA 19026
HARRY HAVNOONIAN



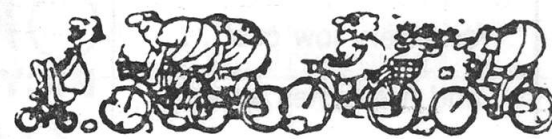
It is illegal to cross in front of (cut off) another rider or to push another cyclist in time trials or individual races.



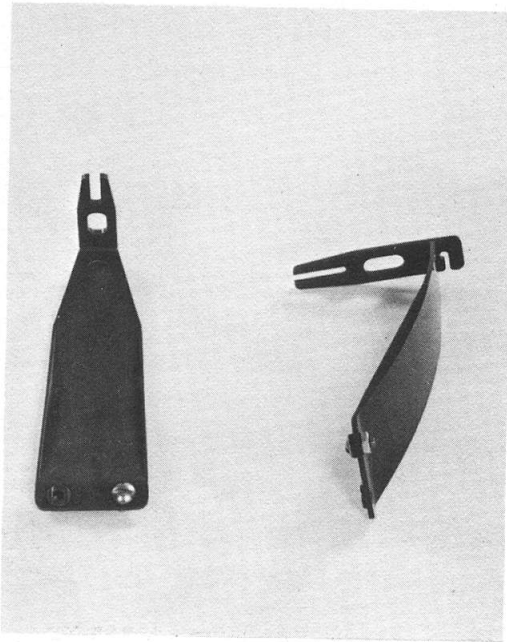
It's illegal to hold on to an opponent's bike or to push a teammate's bike.



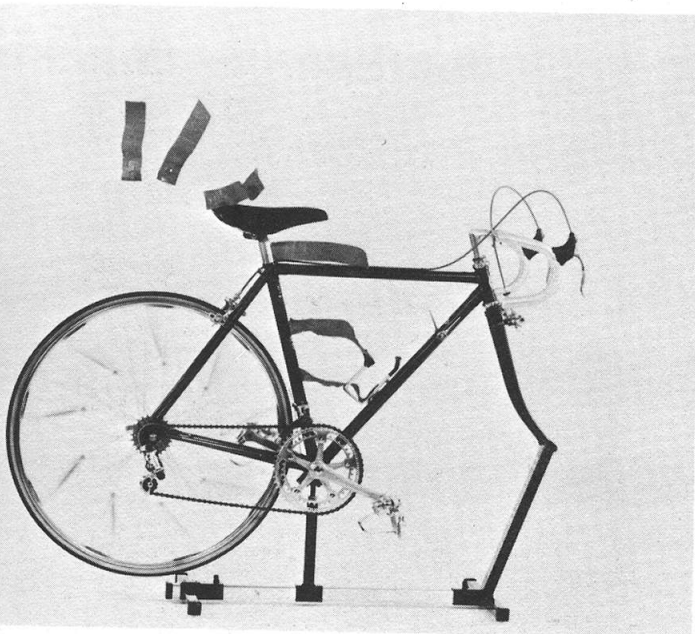
Drafting: Riding close behind another cyclist in order to take advantage of lessened air resistance.



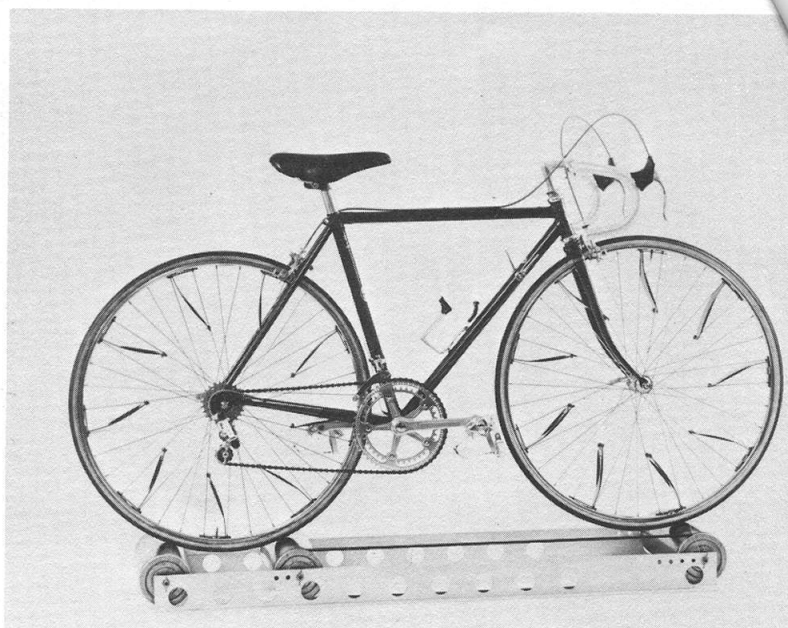
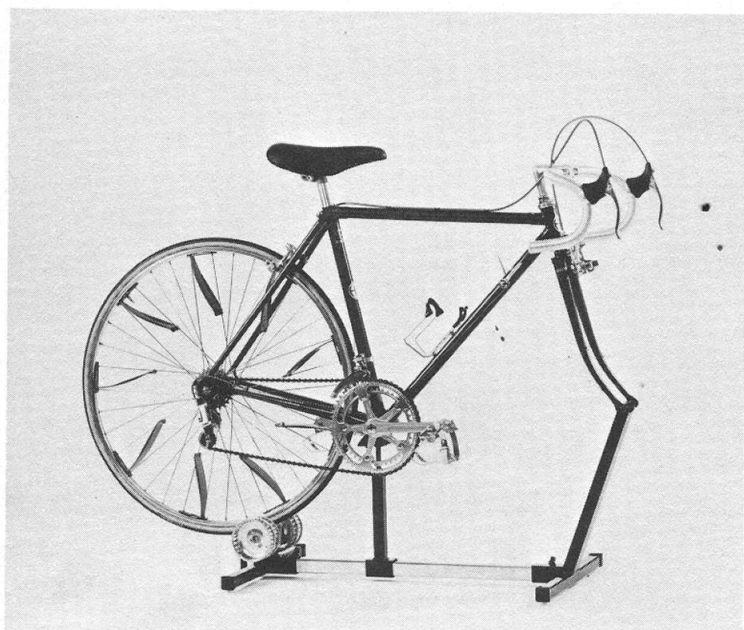
Wheel Wind is a system of individual fan blades which attach quickly and easily to a wheel. The blades increase the load of the workout and at the same time blow air onto the rider.



Wheel Wind blades are manufactured from the finest materials. The actual blade is made from an ABS plastic. ABS is virtually indestructible from an impact. Also, it's very inert--it won't react with oils, sweat, or most cleaners. ABS is the material most telephones are made from. With the exception of our first production run, the bolt which secures the blade to a spoke is made from a high tensile 18-8 grade of stainless steel.



Wheel Wind blades work by causing areas of high and low air pressure to occur as they spin. These pressure differences cause air to flow from the sides and center of the wheel to the outer edge of the wheel. The faster the wheel moves, the more the air flows.



Wheel Wind blades fit 26", 27", 28" and 700 C sized wheels with 32, 36, or 40 spokes--in any standard spoking pattern. For 32 spoke wheels 4, 8, or 16 blades will fit. For 36 spoke wheels 3, 6, 9 or 18 blades will fit. For 40 spoke wheels 5, 10, or 20 spokes will fit. Wheel Wind is sold in sets of 9 blades only. For roller riding, blades can be put in the front wheel also. More than 9 blades may cause excessive belt slippage.

When Wheel Wind is used in a rear wheel, air is blown on the legs, back, and on the back of the arms. When used in a front wheel, air is blown on your torso, legs, arms and face.

How much does a set of Wheel Wind cost? About $\frac{1}{2}$ as much as a pair of good running shoes. That's not bad for such a useful and efficient training aid that will give many years of service.

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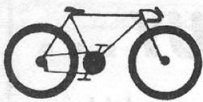


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(EXPIRES 3/31/85) Age _____

Name _____ Phone _____

Address _____ City _____

State _____ Zip _____

Type of Membership: New _____ Renew _____

Individual _____ (\$5.00) Family _____ (\$7.00)

Interest Survey: Slow Riding (Class C) _____

Moderate Riding (Class B) _____ Camping _____

Tubing _____ Newsletter Editor _____

Club Events _____ Time Trials _____ Racing _____

Ride Leader _____ Bicycle Legislation _____

Fast Riding (Class A) _____ Hiking _____

For the DVBC FREEDOM or BRANDYWINE TOUR, I
would like to help with:

Food Stop _____ Sag Wagon _____ Sign In _____

Sign Out _____ Sweep Rider _____ Posters _____

Route Marking _____ First Aid _____ Publicity _____

Club Photographer _____ Award Patch Design _____

None _____ Thank you *****

PLEASE SEND CHECK OR MONEY ORDER TO:

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Box 497, Media, Pennsylvania 19063

Advantages of DVBC Membership: DVBC Newsletter,
discounts at some club sponsors, club subsidi-
zied camping & picnics, safety by riding with
a group, meeting fellow cycling enthusiasts,
and making new freinds. We want people who
enjoy BICYCLING!! JOIN TODAY!!!!!!!!!!!!!!

Call any club officer to find out about club activities. Comments are welcome!

ride guidelines

1. Arrive 10-15 minutes early and be READY TO LEAVE ON TIME! Rides will start no more than 5-7 minutes late!
2. Make sure your bike is in proper working order BEFORE you arrive.
3. Carry a spare tube, patch kit, pump, and water bottle.
4. Practice safety and obey ALL Traffic Laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for time trials and some Class A Rides.)
6. Do NOT "bike off" more than you can do. Go on rides within your ability, interest, and experience.
7. RIDE CLASSIFICATIONS:
 - CLASS D: For new, inexperienced riders or families: speed 5-7 mph, frequent stops, as few hills as possible. Group will wait for all riders. (Mileage usually less than 10 mi., but longer distances permissible.)
 - CLASS C-: For average riders: 7-8 mph, rest stops as needed. Group will wait for stragglers. (Distance recommended: 10-30 mi.)
 - CLASS C+: Also average riders: 9-10 mph, rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
 - CLASS B-: For more experienced riders: 11-12 mph, stops every 15-20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS B+: For strong riders: 13-15 mph, stops every 20-30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS A: For very strong riders: 16-20 mph, stops every 30-50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL: Timed Event, again you must obey all traffic laws. A hard helmet is mandatory at time trials. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides. Each rider assumes his own risk on all time trials AND touring rides.
8. Those who ride ahead of the group are on their own ride.
9. Always notify the ride leader before leaving the group.
10. Ride Leaders should adhere to the advertised speed of the ride.
11. Ride Leaders are not expected to be bike mechanics.

NOTE: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader, if in doubt. All club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up! The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour, and club picnic, all events are free to the general public. The general public is WELCOME!!!!!!



DVBC MEETINGS- DVBC MEETINGS- DVBC MEETINGS- DVBC MEETINGS- DVBC MEETINGS- DVBC MEETINGS

Monthly club meetings are now scheduled for the 1st Tuesday of each month at 7:30 PM.

The club meetings will continue to be held at the Media Main Line Savings & Loan (Lower Level-Basement) at Front & Orange Streets, Media, Pa. nearby the Media Courthouse. Please help the club schedule events that are of interest to you.

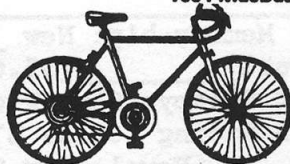
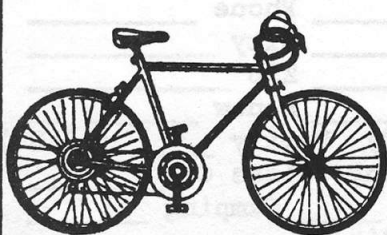
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(Please print or type)

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NAME(S) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____

CHECK TYPE OF MEMBERSHIP DESIRED

- | | |
|--|--|
| <input type="checkbox"/> Individual: \$18 | <input type="checkbox"/> Public or school library subscription \$15 |
| <input type="checkbox"/> Family: \$24 (two adults and unmarried children to age 21 living at same address) | <input type="checkbox"/> Bicycle Dealer: \$40 (Details furnished on request) |
| <input type="checkbox"/> Sustaining: \$40 | |

DELAWARE VALLEY BICYCLE CLUB

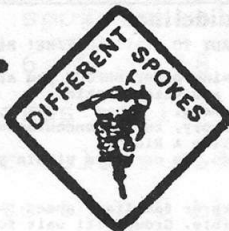
Club supplying this application form

Enclose check or money order payable to:

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To join: see DVBC membership form on
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