

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

MAY 1993

FREE!

Many of you may have seen the political battle about the bike trail in Radnor. Even politicians use bikers for their campaigns. But what they don't realize is this 2.2 bike trail will not be used solely as a bikers' trail but also by joggers, walkers, skaters and mothers and fathers walking their children for exercise. Also, where can senior citizens have a better chance for safe exercise away from traffic. Last but not least, the trails tend to give beauty to the area because they are like parks and are kept up so they enhance the area.

Another subject I would like to bring up is 14.5 million that is given to the State by the federal government for bikers. We are working together with other bike clubs, The Bicycle Foundation and the Coalition to make maps of roads used by bikers. This is being done to make these roads safer by using this money to make bike lanes, finish the berms on rural roads to give more area for bikers and to put signs on these roads for bikers. We are trying to make better and safer conditions for all bikers. As a Club we can join together with other bike clubs giving strength to our cause.

Last note in past currents, I had asked if anyone was interested in CPR or First Aid. These are licensed courses and you will be certified when finished. But to do this we need eight people for CPR and ten for First Aid. If you are interested, send a post card to the Club with your name, address and phone number and if we get enough together, I will send a choice of 2 or 3 dates with my phone number.

Hope everyone enjoys the good riding weather that is now coming up.

Board of Directors

President
Ernest Munns 259-3327

Vice President
Daniel Coraluzzi 789-0187

Treasurer
Frank Havnoonian 449-6154

Secretary
John Roman 853-2915

Members at Large
Gina Bezdziecki 525-0129

League of American Wheelman Rep.
Ernie Munns

Ride Coordinators

A/B Rides: Doug Kennedy
913 Mt. Holyoke Pl.
Swarthmore, PA 19081
543-4664

C/D Rides: Ira Josephs
10 Applebough La.
Moylan, PA 19065
565-4058

*Please contact the Ride Coordinators
before the 7th of each month.*

DVBC Newsletter Staff

Editors Dan Coraluzzi
Candi Parente
Tom Parente

Racing Editors . . Frank Havnoonian
Rich Patterson

Special Events . . . Rich Patterson

Advertising Dan Coraluzzi

A/B Rides Doug Kennedy

C/D Rides Ira Josephs

Assembly Frank Havnoonian

Mailing Labels Mike Keating

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Drexel Hill, PA 19026

Membership & Club Box:
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P.O. Box 274
Drexel Hill, PA 19026

Newsletter/Special Events
DVBC
P.O. Box 274
Drexel Hill, PA 19026

Items for Sale & Ride Reports:

DVBC
P.O. Box 274
Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.

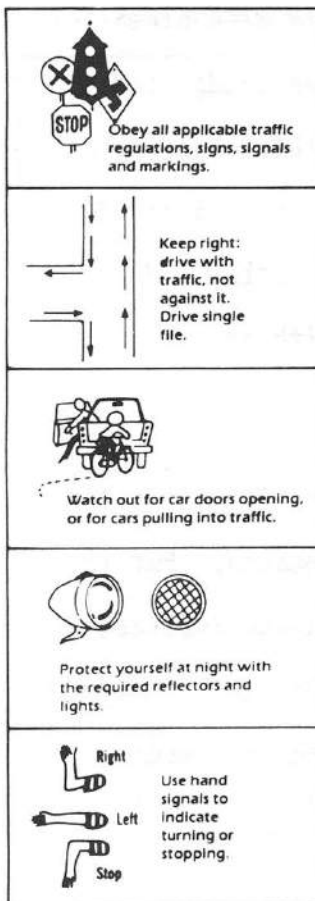
DVBC Meeting Place

Unitarian Universalist Church of Delaware County, 145 W. Rose Tree Road (near Rt. 252 & Rose Tree Park). First Monday of each month. Doors open at 7:00 P.M. Public is welcome.

Ride Guidelines

1. **HELMETS ARE MANDATORY ON ALL DVBC RIDES.**
2. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
3. Make sure your bike is in proper working order **BEFORE** you arrive.
4. Carry a spare tube, patch kit, pump and water bottle.
5. Practice safety and obey *all* traffic laws.
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
 - CLASS D:** For new, inexperienced riders or families: speed 5-7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
 - CLASS C-** For average riders: 7-8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10-30 miles.
 - CLASS C+** Also average riders: 9-10 mph, rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
 - CLASS B-** For more experienced riders: 11-12 mph, stops every 15-20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS B+** For strong riders: 13-15 mph, stops every 20-30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS A:** For very strong riders: 16-20 mph, stops every 30-50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials and touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

NOTE: Helmets are mandatory on all rides. In case of questionable weather or road conditions, the Ride Leader may cancel the ride. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, *try out a ride one class below the one you're not sure about and then work your way up.* The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of *all* ages, *all* abilities, and *all* interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are *free* to the general public. The general public is *welcome!*



18th Annual Freedom Tour!

May 16, 1993

8, 18, 35 and 65 mile routes

Sponsored by the Delaware Valley Bicycle Club



TIME: 8-9 A.M. for 65-milers; 9-10 A.M. for 35-milers; 10-11 A.M. for 18-milers; 11 A.M.-noon for 8-milers.

PLACE: Ridley Creek State Park (near Media, PA)—parking lot #15

COST: Just \$10 at the gate. Pre-registration, postmarked by May 9, only \$8.00! **Tour will be held rain or shine!**

Expected Attendance: 400-800 riders.

Services Provided by DVBC: Food stop, maps, sag wagon, portable rest rooms and well marked routes.

Routes: Scenic country back roads through the beautiful Brandywine River valley for the 65 and 35-mile routes, which have been changed to avoid some bad hills. All four routes pass through the scenic Chester Creek valley and Glen Mills areas, including the Sweetwater Farm. Most roads are lightly traveled with rolling hills. All routes include a food stop.

Description: You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 8- and 18-mile routes are great opportunities for newer cyclists, leisure riders and families. Meet new biking friends with similar abilities while enjoying an outstanding ride.

Safety: HELMETS ARE MANDATORY. Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws. We recommend carrying a spare tube/patch kit, tire pump & tire irons. Each rider assumes his/her own responsibility.

About DVBC: DVBC promotes all forms of cycling! Total paid membership exceeds 400 cyclists. The club is affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and is a non-profit organization. Our monthly meetings are open to the public. This event is open to all cyclists. Enjoy the spring bicycling season!

More Information: Please call Frank at (215) 449-6154 or Dan (215) 789-0187.

18th Annual Freedom Tour—May 16, 1993

Pre-registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age: _____ Distance: 65 miles ☐ 35 miles ☐ 18 miles ☐ 8 miles ☐

Waiver/Release

In consideration of the acceptance of my application for entry in the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

(Signature—If you are under 18 years of age, then your parent or guardian must sign)

Please send this signed form with a check or money order to: **Freedom Tour**
Delaware Valley Bicycle Club
P.O. Box 274
Drexel Hill, PA 19026

Please postmark pre-registration by May 9, 1993.

L · A · W

The National Organization of Bicyclists

33 E. Lincoln Avenue
Gettysburg, PA 17325
(717) 334-0742
May, 1993

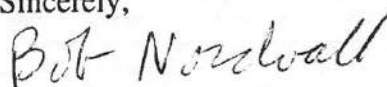
Dear Member of The Delaware Valley Bicycle Club:

The Delaware Valley Bicycle Club is affiliated with and supports the LAW. The League, however, is not primarily an organization of bicycle clubs; it is an organization of individual bicyclists. The benefits to you in joining LAW are outlined in the enclosed membership brochure. When it was founded in 1880, LAW was a leader in a coalition called the Good Roads Movement that sought to get paved roads for bicyclists and other road users. Now the League is sponsoring the Safe Roads Movement. The Safe Roads Movement is a comprehensive program to reduce the number of deaths and injuries to cyclists through activities such as education of cyclists, children, and motorists about the rights and responsibilities of cyclists; improvements in road design and maintenance; and protection of the rights of cyclists in statutes and legal cases. Sometimes we all think "I don't want to bother with all these problems; I just want to ride my bike," but the simple fact is that bicycling is more dangerous and less pleasant in the United States than in many other countries simply because of the attitudes and actions (or lack of actions) of government agencies and non cyclists. When bicycling is more dangerous and less fun, we are the ones who suffer--not the politicians and the non cyclists. Only by working together can we change attitudes and get the actions we need.

LAW does more than advocate the rights of cyclists. It also promote bicycling through events such a large bicycle rallies. Many members of the Delaware Valley Bicycle Club have attended these rallies. They can tell you how enjoyable they are. A nice new membership benefit is free bike passes when you fly USAir, America West. TWA, or Northwest airlines.

The simple fact is that if you are serious about cycling, you should give very strong consideration to joining the largest membership organization in bicycling. Of course, if you have any questions, I would be happy to answer them. Thank you for taking the time to think about joining the League.

Sincerely,



Bob Nordvall
Eastern Regional Director

Founded 1880
League of American Wheelmen
Bicycle Advocacy, Education, and Recreation



190 W. Ostend St., Suite 120
Baltimore, Maryland 21230-3731
Voice (410) 539-3399/Fax (410) 539-3496

RIDE CALENDAR

*Free Membership for Ride Leaders**

Helmets are now mandatory on all rides!

Sat, May 1 · 11:00 a.m. Miles: ? · Class C <i>Show & Go</i>	Meet in the lower parking lot of the Clover Store on Baltimore Pk. in Springfield. Moderate paced ride to wherever we decide. For more information, or to suggest a destination, call ride leader Walter Linton at 328-3494.
Sun, May 2 · 10:00 a.m. Miles: 16 · Class C+/B- <i>Pastry/Flat Rock Park</i>	Meet John Roman behind Kline's in the Manoa Shopping Center at West Chester Pk. & Eagle Rd. in Manoa. Ride to Flat Rock Park, a geese haven on the Schuylkill, with a stop at John's favorite pastry shop in Ardmore. Call John at 853-2915 for more information.
Wed, May 2 · ?? Miles: ?? · Class C+/B- <i>Ride w/ the Stars ...</i>	<i>Stare at the stars.</i> Last year I met someone outside of Wilmington and we rode to the hotel where the Tour duPont racers were staying. We hung out and admired bikes, mechanics at work, and racers getting ready. If this sounds interesting, call Ira at 565-4058.
Mon, May 3 · 7:30 p.m. <i>DVBC Meeting</i>	Doors open at 7:00, meeting starts at 7:30. Come out to hear our guest speaker and to make new cycling friends. Unitarian Church, 145 W. Rose Tree Rd., Media (near the Rt. 252 exit of Rt. 1).
Sun, May 9 · 7:45 a.m. Miles: 5 · Class All <i>Goshen Time Trial</i>	<i>Mother's Day TT.</i> Meet at Providence Rd., just north of Goshen Road, near the Radnor Hunt Club. Test yourself against the clock. Roads are NOT closed to traffic. A good time for all moms. A better time for moms in shape. For more info call Rich Patterson at 622-2954.
Sun, May 9 · 9:00 a.m. Miles: ?? · Class C <i>Roll Your Own</i>	Call ride leader Tom Brennan to find out the starting time, place and route for the ride, or to suggest your own. The starting time, distance and route will be determined by the weather. Modest pace Class C/C+ rides. Tom Brennan: 353-1248.
Sun, May 16 · 8:00-noon Miles: 8-65 · Class All <i>Freedom Tour!</i>	The big ride of the spring! Four great routes, food stops, sag wagon, maps and well-marked routes make this a ride not to be missed. Rides start from parking lot #15 in Ridley Creek State Park. See registration form elsewhere in this issue for complete details.
Sun, May 23 · 2:00 p.m. Miles: 20 · Class C/D <i>Hit the Parks</i>	Meet at the Lawrence Park Shopping Center, behind the Barnes & Noble bookstore. Ride to Rose Tree Park, Ridley Creek State Park and around its bike path, and back. Easy paced ride. For more details call Joanne Cole-Rosen at 325-0614.
Sun, May 30 · 9:30 a.m. Miles: 10 · Class C/D <i>Beginners II</i>	Here's another chance to get in on our beginner's series of developmental rides. Easy-paced, not very hilly. Meet at the Moylan-Rose Valley train station at Manchester (Rose Valley) & Woodward Rds. in Rose Valley. Children welcome. Ira Josephs: 565-4058.
Sun, May 30 · ?? Miles: 30 · Class C <i>Farmers Market</i>	Ride from West Chester to the Downingtown Farmers' Market. Meet at the E. O. Bull Building on High Street on the West Chester University campus. We'll have a stop at the Farmers' Market. Expect a few hills. For starting time and further details call Fran at 431-2675.
Mon, May 31 · 9:00 a.m. Miles: 65 · Class B/B+ <i>Betterton Beach</i>	Leave from the Middle School, 1/10th mile south of the only stoplight in Galena, MD on Rt. 313. Bring lunch. Lunch stop is the community beach at Betterton, MD, with a view of the Chesapeake Bay and the Elk River. Bring a swimsuit if you wish. Pace 15-17 m.p.h., all flat. Doug: 543-4664.

*Free 1994 membership for anyone leading 4 or more listed rides in 1993. Call Ira (565-4058) or Doug (543-4664) for details.

Saturday, May 1: FARMLANDS FLAT TOUR. 25-100 mi. Central Jersey Bicycle Club, PO Box 2202, Edison, NJ 08818.

Sunday, May 2: MEXICAN METRIC, Oaks, PA, Lower Perkiomen Valley Park. 20/35/63 mi, \$15, helmet reqd. Suburban Cyclists Unlimited, Box 401, Horsham, PA 19044; (215) 542-9938.

Sunday, May 2: KING OF PRUSSIA/KIMBERTON BIKE-A-THON. Upper Merion Park & Recreation Department, (215) 265-1071.

Sunday, May 2: HARDLY ABLE RIDE, Palmyra, NJ, Cumberland Farms near Tacky-Palm Bridge. 36 mi, 9 AM. (215) 464-8092.

May 6-16: TOUR DU PONT. Closest stages: May 6, TT in Wilmington, DE; May 7, Dover-Wilmington & TT; May 8, Wilmington-Hagerstown; May 9, Antietam-Hershey.

Saturday, May 8: CRABS, Rehoboth Beach, DE. 25/70 mi. Delaware Inland Bays Estuary, 28 Marshall Rd., Rehoboth, DE 19971.

Saturday, May 15: MS SPRING CYCLING CLASSIC, Bucks, Burlington, or Montgomery County. Natl. MS Society, 117 S. 17th St., Suite 500, Philadelphia, PA 19103.

Saturday, May 15: SPRING BIKE RIDE, Lititz, PA, Lititz Springs Park. 5/10/20/40 mi road and 10 mi off-road rides, 9 AM, \$12. Lititz Lioness Club, Barbara Singer, 35 Troy Dr., Lititz, PA 17543.

May 15-16: CLEAN AIR CHALLENGE BIKE TREK. 1 day (60 mi) or 2 days (130 mi). American Lung Assoc., 1534 McDaniel Dr., West Chester, PA 19380; (215) 692-4233.

Saturday, May 22: HAGERSTOWN JUNIOR COLLEGE SPORTS FESTIVAL, Hagerstown, MD, Greenbriar State Park. Triathlon (.5 mi swim, 20 mi bike, 6.2 mi run). Lino Giannoni, Hagerstown Jr. College, 11400 Robinwood Dr., Hagerstown, MD 21742.

Sunday, May 23: COLUMBIA COUNTY 50. Susquehanna Valley Bicycle Club, Box 63, Berwick, PA 18603; (717) 784-6856.

Sunday, May 23: PEDAL FOR THE PATHS, Philadelphia, Fairmount Waterworks; and Villanova Univ. 9/16/32/64 mi, 9 AM, \$15. Bicycle Coalition of the Delaware Valley, PO Box 8194, Philadelphia, PA 19101.

May 28-31: KENT COUNTY SPRING FLING, Chestertown, MD, Washington College. Baltimore Bicycling Club, Dwight Kitchens, 123 Goucher Way, Churchville, MD 21028.

Sunday, May 30: TRI-STATE CENTURY. White Clay Bicycle Club, Chuck Harris, (302) 764-2644.

CLASSIFIED ADS

Wanted: high quality tandem bicycle. Please call Ira at 565-4058.

For Sale: Old Schwinn tandem, CHEAP. 5-Speed gearing, 26" wheels. Very good condition. Kid back option. Please call Ira at 565-4058.

For Sale: Campy Delta brake set complete with levers. Like-new condition since I hardly ever used them. short reach. Call Dan at 789-0187, evenings.

TEAM CASUAL APRIL FIVE MILE TIME TRIAL RESULTS

EASTER

APRIL 11, 1993

7:45am

<u>Name</u>	<u>Age</u>	<u>Frame</u>	<u>Time</u>
Peter Cottontail	100	Hare'o	12:03
Charlie Stockley	55	Cesare	14:14
John Freiberg*	32	HH	14:56
Ed Silcox	46	Bianchi	14:56
Robert Kutzer	27	Specialized	15:09
Chip Richter	29	Trek	15:17
Len Murphy	58	Centurion	15:36
Nelson Dayton**	43	Trek	15:37
James Burns	38	Schwinn	16:23
Dave Pruder***	43	Cannondale	16:42

* Brand new BIKE! A BEAUTIFUL Harry Havnoonian frame!

** Cut off by a horse trailer!!!

*** Chain popped off!!

Course: Goshen, Sugartown and Providence Roads

Conditions: cool, partly cloudy, WINDY!!!!!!

The DVBC Team Casual Time Trial Series is open to everyone!!!

Please join us! May 9, 1993 Mother's Day 7:45 am

June 13, 1993 7:45 am

July 11, 1993 7:45 am

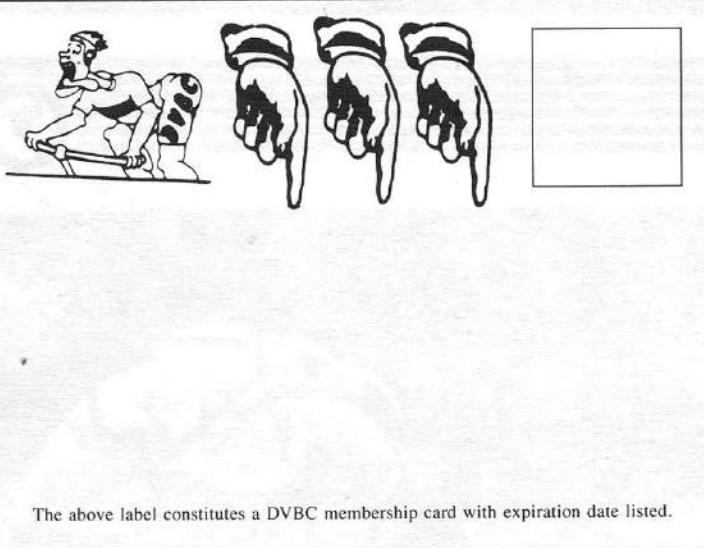
August 1, 1993 7:45 am

Helmets are MANDATORY!!! Safety First!

Join the "Race of Truth"

compete against the clock.





FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all rides—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for 1993 DVBC Membership

Please print clearly and use 9-digit Zipcode, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Membership Type: _____ Individual \$15.00

Membership includes: *DVBC Newsletter Magazine* (10 issues per year), discounts at most Club sponsors, Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

INTEREST SURVEY

Ride Pace

- ☐ Class D: *slow*
☐ Class C: *average*
☐ Class B: *brisk*
☐ Class A: *fast*
☐ Off-Road

I'll volunteer for:

- ☐ Ride Leader
☐ Sag Wagon Driver
☐ Tour Food Stop
☐ Newsletter Editor
☐ Newsletter Typist
- ☐ Newsletter Collator
☐ Advertising Coordinator
☐ Newsletter Co-editor
☐ Newsletter Delivery
☐ Triathlon Editor

Please send your check or money order to:

Delaware Valley Bicycle Club
P.O. Box 274
Drexel Hill, PA 19026

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

- ☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

Membership to DVBC Subdivisions

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

- ☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)
Drexel Hill Cyclery

- ☐ \$5.00 Team Delaware Valley Bicycle Club
Team Casual! (Road Racing)

_____ Total Amount Enclosed