

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

JULY 1993

FREE!

From the President

At our last meeting the guest speaker, Harry Havnoonian, came a little late but it was worth the wait. He showed us some amazing materials he puts into making bicycle frames. I think if we could afford some of the beautiful work, we would buy it. I can understand the expertise that goes into this fine work.

I have heard that our meetings are becoming boring. I wish some of you would help by giving me some ideas in writing. It's not easy figuring what will be interesting to the variety of ages and levels of cycling experience that exist in our club. So send me a letter giving me some ideas that could benefit the club. I'm always open for suggestions.

Also I would like to thank the editor of the Delaware County Daily Times for the fine article by John Roman on our bike club. We are grateful for the exposure that resulted in several new members for the club.

July Meeting

Don't miss our July meeting; and don't let your bike miss it either! Frank Havnoonian of Drexel Hill Cyclery will do a workshop on bicycle repair/maintenance. You can work on your bike at the meeting. A bike in good working condition is the most enjoyable way to ride - and to avoid that breakdown 5 miles from nowhere.

BRANDYWINE TOUR: SEPTEMBER 12

Board of Directors

President
Ernest Munns 259-3327
Vice President
Daniel Coraluzzi 789-0187
Treasurer
Frank Havnoonian 449-6154
Secretary
John Roman 853-2915

Members at Large

Gina Bezdziecki 525-0129

League of American Wheelman Rep.

Ernie Munns 259-3327

Ride Coordinators

A/B Rides: Doug Kennedy
913 Mt. Holyoke Pl.
Swarthmore, PA 19081
543-4664

C/D Rides: Ira Josephs
10 Applebough La.
Moylan, PA 19065
565-4058

*Please contact the Ride Coordinators
before the 7th of each month.*

DVBC Newsletter Staff

Editors Dan Coraluzzi
Candi Parente
Tom Parente
Racing Editors . . Frank Havnoonian
Rich Patterson
Special Events . . . Rich Patterson
Advertising Dan Coraluzzi
A/B Rides Doug Kennedy
C/D Rides Ira Josephs
Assembly Frank Havnoonian
*Mailing Labels** . . . Mike Keating

Club Addresses

Editor:

DVBC
P.O. Box 274
Drexel Hill, PA 19026

Membership & Club Box:

DVBC
P.O. Box 274
Drexel Hill, PA 19026

Newsletter/Special Events

DVBC
P.O. Box 274
Drexel Hill, PA 19026

Items for Sale & Ride Reports:

DVBC
P.O. Box 274
Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.



League of American Wheelmen
The National Organization of Bicyclists
190 W. Ostend St., Suite 120
Baltimore, MD 21230-3731

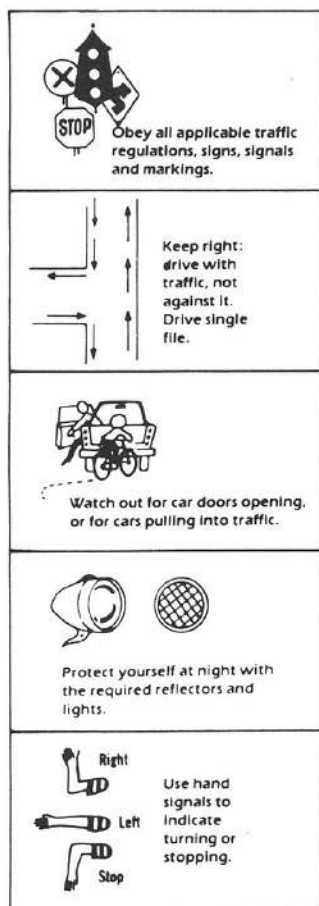
DVBC Meeting Place

Unitarian Universalist Church of Delaware County, 145 W. Rose Tree Road (near the Rt. 252 exit of Rt. 1 & Rose Tree Park). First Monday of each month. Doors open at 7:00 P.M. Public is welcome.

Ride Guidelines

1. **HELMETS ARE MANDATORY ON ALL DVBC RIDES.**
2. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
3. Make sure your bike is in proper working order **BEFORE** you arrive.
4. Carry a spare tube, patch kit, pump and water bottle.
5. Practice safety and obey *all* traffic laws.
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
 - CLASS D:** For new, inexperienced riders or families: speed 5-7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
 - CLASS C -:** For average riders: 7-8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10-30 miles.
 - CLASS C +:** Also average riders: 9-10 mph, rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
 - CLASS B -:** For more experienced riders: 11-12 mph, stops every 15-20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS B +:** For strong riders: 13-15 mph, stops every 20-30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS A:** For very strong riders: 16-20 mph, stops every 30-50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials *and* touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

NOTE: Helmets are mandatory on all rides. In case of questionable weather or road conditions, the Ride Leader may cancel the ride. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of *all* ages, *all* abilities, and *all* interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are *free* to the general public. The general public is *welcome!*



RIDE CALENDAR

**Free membership for ride leaders*
Helmet use is mandatory on all rides!

Mon, Jul 5 · 8:00 a.m. Miles: 45 · Class B <i>5th of July Ride/ Classic Bike Contest</i>	Meet at the Bridgeport School at Barker Ave. & Rt. 44 in Bridgeport, NJ (just across the Commodore Barry Bridge. We'll ride to Fort Mercer on the Delaware River for lunch. The person with the oldest 10-speed or more bike will win a free Cateye Cyclocomputer from Drexel Hill Cyclery. Bring or buy lunch. Doug Kennedy: 543-4664.
Mon, Jul 5 · 7:30 p.m. <i>DVBC Meeting</i>	Doors open at 7:00, meeting starts at 7:30. Bring your bike for a self-maintenance workshop led by Frank Havnoonian of Drexel Hill Cyclery. Unitarian Church, 145 W. Rose Tree Rd., Media.
Sat, Jul 10 · 9:00 a.m. Miles: ? · Class C+ <i>Show & Go</i>	Meet in the lower parking lot of the Clover Store on Baltimore Pk. in Springfield. Moderate paced ride to wherever we decide. For more information, or to suggest a destination, call ride leader Walter Linton at 328-3494.
Sun, Jul 11 · 7:45 a.m. Miles: 5 · Class All <i>Goshen Time Trial</i>	Meet at Providence Rd., just north of Goshen Road, near the Radnor Hunt Club. Test yourself against the clock. Roads are NOT closed to traffic. Helmets, of course, are mandatory. Call Rich Patterson at 622-2954 to verify date and time.
Sun, Jul 11 · 9:00 a.m. Miles: 63 · Class B <i>Robert Fulton Birthplace</i>	Start at the University of Delaware Hollingsworth parking lot in Newark, DE. Lunch is at Robert Fulton's birthplace. Bring lunch or starve. Hilly on the way out, not as hilly on return. Robert Fulton invented the world's first steam-powered bicycle. Rich Bernhard: 284-2019.
Sun, Jul 11 · 9:00 a.m. Miles: 16 · Class C+/B- <i>Pastry/Flat Rock Park</i>	Meet John Roman behind Kline's in the Manoa Shopping Center at West Chester Pk. & Eagle Rd. in Manoa. Ride to Flat Rock Park, a geese haven on the Schuylkill, with a stop at John's favorite pastry shop in Ardmore. Call John at 853-2915 for more information.
Sun, Jul 11 · 2:00 p.m. Miles: 30 · Class C/D <i>Hit the Parks</i>	Meet at the Lawrence Park Shopping Center, behind the Barnes & Noble Bookstore. We'll ride past the Media Courthouse to Ridley Creek State Park & around it's bike path. Rose Tree Park is on the return to Lawrence Park. Some hills, but slow-paced. Joanne Cole-Rosen: 325-0614.
Mon, Jul 12 · 6:00 p.m. Miles: 20 · Class C <i>After Work</i>	Join Fran for an easy-paced, after-work ride in and around the West Chester general area. Call Fran at 431-2675 to find out the starting point, route and exact time of the ride. Mileage may also vary somewhat from the listed mileage.
Sun, Jul 18 · 9:00 a.m. Miles: 24 · Class C <i>Gladwyne</i>	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy a moderate-paced ride, through some very scenic areas, to Gladwyne and back. For more information call ride leader Frank Havnoonian at 449-6154 (evenings).
Sat, Jul 24 · 8:30 a.m. Miles: 30 · Class C <i>Peddle, Paddle the Brandywine</i>	Enjoy a day in the great outdoors, biking along and canoeing in the Brandywine, along with several other bike clubs. Meet at the Northbrook Canoe Co. off Rt. 842 between West Chester and Unionville. Bring lunch. Approximately 30-mile bike ride in the morning and a choice of 1- or 2-hour canoe trip after lunch. If you need info or a canoe partner, call Fran at 431-2675. You can also ride only, canoe only or bring friends. Please call a day ahead for canoe reservations: 793-2279.
Sun, Jul 25 · 9:00 a.m. Miles: 30 · Class C+/B- <i>Sweet Corn</i>	Enjoy this classic ride through Ridley Creek State Park, along Creek Road, past Cheyney College to Pete & Penny's Farm Market. Use of baskets and/or panniers recommended for bringing home some of their famous corn. Call Ira at 565-4058 to find out the starting point.
Mon, Jul 26 · 6:00 p.m. Miles: 20 · Class C <i>After Work</i>	Join Fran for an easy-paced, after-work ride in and around the West Chester general area. Call Fran at 431-2675 to find out the starting point, route and exact time of the ride. Mileage may also vary somewhat from the listed mileage.

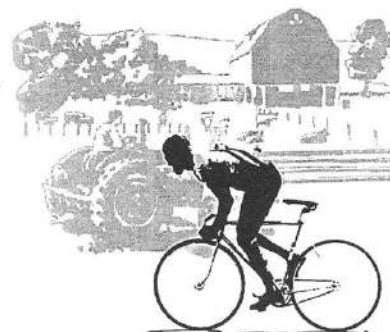
*Free 1994 membership for anyone leading 4 or more listed rides in 1993. Call Ira (565-4058) or Doug (543-4664) for details.

17th Annual Brandywine Tour!

September 12, 1993

28, 50 and 100 mile routes

Sponsored by the Delaware Valley Bicycle Club



TIME: 8-9 A.M. for 100 milers; 9-10 A.M. for 50 milers; 10-11 A.M. for 28 milers.

PLACE: Chadds Ford School on Route 1 (1/2 mile west of Route 100), Chadds Ford, PA.

COST: Just \$10 at the gate. Pre-registration, postmarked by September 5, only \$7.00! **Tour will be held rain or shine!**

Expected Attendance: 350-500 riders.

Services Provided by DVBC: Food stop, maps, sag wagon, portable rest rooms and well marked routes.

Routes: Scenic country back roads through the beautiful Brandywine River Valley. Century route passes through three counties including Lancaster County. Full and Half-Centuries pass through King's Cattle Ranch in Buck and Doe Run. The 28-mile route is mostly flat except for Harmony Hill Road which has a covered bridge. All riders have a food stop in Embreeville. Century riders also have a food stop in Lancaster County.

Description: You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 28-mile route is a great opportunity for newer cyclists and leisure riders. Meet new biking friends with similar abilities while enjoying an outstanding ride.

Safety: HELMETS ARE MANDATORY. Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws. We recommend carrying a spare tube/patch kit, tire pump & tire irons. Each rider assumes his/her own responsibility.

About DVBC: DVBC promotes all forms of cycling! Total paid membership exceeds 400 cyclists. The club is affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and is a non-profit organization. Our monthly meetings are open to the public. This event is open to all cyclists. Enjoy the late summer bicycling season!

More Information: Please call Frank at (215) 449-6154 or Dan at (215) 789-0187.

17th Annual Brandywine Tour (TOBRV) – September 12, 1993

Pre-registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age: _____ Distance: 100 miles ☐ 50 miles ☐ 28 miles ☐

Waiver/Release

In consideration of the acceptance of my application for entry in the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

(signature — If you are under 18 years of age, then your parent or guardian must sign)

Please send this signed form with a check or money order to: **Brandywine Tour
Delaware Valley Bicycle Club**

**P.O. Box 274
Drexel Hill, PA 19026**

Please postmark pre-registration by September 5, 1993.

JULY

2 to 6 Friday-Tuesday

Kutztown, Pa.; 1993 L.A.W. National Rally;
Kutztown University; incl. maps, lodging, meals,
workshops, exhibits, entertainment; helmet req.;
L.A.W. National Rally, Lehigh Wheelmen, P.O.
Box 356, Bethlehem, PA 18016.

- JUL 2-6 FRI-TUE** **PIECES OF PENNSYLVANIA, 1993 L.A.W. NATIONAL RALLY**, Kutztown (PA) Univ., PA Dutch country, Lehigh Co. Velodrome, Hawk Mtn Sanctuary, 2 steam RRs, antiques/farmers markets, rides, workshops, exhibits, demonstrations, entertainment, pre- and post-tours. Host club: Lehigh Wheelmen, Box 356, Bethlehem PA 18016 (215/867-3963 Jane Frounfelker)
- JUL 6-11 TUE-SUN** **SOUTHEASTERN PENNSYLVANIA**, Berks/Bucks/Montgomery/Philadelphia Counties, start/finish in Kutztown, lodging in hostels, adult \$175, under 18 accomp. by adult \$115. Complete info: TOM PENDLETON (202/265-1418)

JULY 4, SUNDAY -- 9th Annual Delaware XX Doublecross. 28 mi.
\$6 SASE to Aaron Chen, 6 East Saint Joseph Court,
Wilmington, DE 19808.

- JUL 11-16 MON-FRI** **BIKE FOR THE HEALTH OF PENNSYLVANIA**, 400+ mi, McKeesport (Allegheny Co.) to Philadelphia, varied terrain, shuttle van will operate from Harrisburg-McKeesport on July 10 and from Phila-Harrisburg on July 16. Ride starts 7:45 AM July 11 from McKeesport Penn State Campus, lodging at colleges/motels, helmets required, sag, baggage van, meals, mechanics, maps/cue sheets, T-shirt, marked rte, awards/prizes, reg \$50, min pledges \$700. BIKE H.O.P., AMER LUNG ASSN, Box 1632, Harrisburg PA 17105-1632 (717/234-5991 or 800/932-0903 Tracy Ingram)
- JUL 17 SAT** **8TH ANNUAL "TOUR de LEBANON VALLEY" METRIC CENTURY**, 31 & 62 mi, rolling, Annville-Cleona HS, 7:30-9 AM, patch, sag, marked rte, snacks, cue sheet, reg \$6 til 7/10, \$8 after. LEBANON VALLEY BC, reg form: SASE to James Deaven, 124 Church St, Annville PA 17003 (717/867-0950)

JULY 18, SUNDAY -- So. Jersey Sizzler 25/50/62/100 mi. \$12 by 7/12 or \$13 day of ride. SASE to Mel Kornbluh, RR8 Box 319 E Gwynwood Dr., Bridgeton, NJ 08302.

- JUL 24-25 SAT-SUN** **"ROUND THE MOUNT" MS 150 BIKE TOUR**, 150 mi, Grantham-Gettysburg-Emmitsburg MD & return, rolling, staggered morning starts, Messiah College, Grantham, helmets required, baggage van, meals, lodging at Mt. St. Marys College, mechanics, medical, map/cue sheet, pin, T-shirt, marked rte, entertainment, apres ride picnic, reg \$35 by 7/9 plus min of \$150 in pledges at reg. NATL MS SOCIETY, CENT PA CHAP, Andrea Ebeling, 2209 Forest Hills Dr #18, Harrisburg PA 17112 (717/652-2108)
- JUL 27-31 TUE-SAT** **PA SENIOR GAMES**, Shippensburg Univ, ages 55+, entry/medical form & \$15 reg due June 18 (no reg during Games), lodging & meals available, 5-mi Cycling Time Trial at 8:30 AM Fri 7/30, T-shirt, helmets required. PA SENIOR GAMES, c/o Keystone State Games, 31 S. Hancock St, Wilkes-Barre PA 18702-5997 (717/823-3164)

Dave & Linda Henricks
1185 Skelp Level Road
Downingtown, PA 19335
215-269-2858

HENRDA01 Exp. 2/28/94
David Henricks
1185 Skelp Level Rd.
Downingtown, PA 19335 P29

Classified Ad:

For Sale - New Thule rain gutter mount rack, \$60; Graber Fork mount Racks, \$20;
New SoftCase Bike Travel Bag, \$60; Misc. Bike Seats, \$5;
Misc. Pedals, \$10. Phone 215-269-2858



ANNUAL RALLY, Kutztown (PA) Univ., PA Dutch country, Lehigh Co. Velodrome, Hawk
markets, rides, workshops, exhibits, demonstrations, entertainment, pre- and post-
Bethlehem PA 18016 (215/867-3963 Jane Frounfelker)
Montgomery/Philadelphia Counties, start/finish in Kutztown, lodging in hostels, adult
info: TOM PENDLETON (202/265-1418)

28 mi.
Court,

McKeesport (Allegheny Co.) to Philadelphia, varied terrain, shuttle van will

FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all rides—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for DVBC Membership (Expires 1 year from date joined/renewed)

Please print clearly and use 9-digit Zipcode, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Membership: _____ (per household) \$15.00

Membership includes: *DVBC Newsletter Magazine* (10 issues per year), discounts at most Club sponsors, Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

INTEREST SURVEY

Ride Pace

- ☐ Class D: *slow*
☐ Class C: *average*
☐ Class B: *brisk*
☐ Class A: *fast*
☐ Off-Road

I'll volunteer for:

- ☐ Ride Leader
☐ Sag Wagon Driver
☐ Tour Food Stop
☐ Newsletter Editor
☐ Newsletter Typist
- ☐ Newsletter Collator
☐ Advertising Coordinator
☐ Newsletter Co-editor
☐ Newsletter Delivery
☐ Triathlon Editor

Please send your check or money order to:

Delaware Valley Bicycle Club
P.O. Box 274
Drexel Hill, PA 19026

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

Membership to DVBC Subdivisions

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)
Drexel Hill Cyclery

☐ \$5.00 Team Delaware Valley Bicycle Club
Team Casual! (Road Racing)

_____ Total Amount Enclosed