



DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

MARCH 1994

FREE!

THE PREZ SEZ:

I want to welcome new members to the premier bike club of the Delaware Valley and Delaware County. Also, I want to thank the members who came to our business meeting one cold night with snow and ice still lingering on the ground. We also had a decent turn-out at our first Monday of the month meeting in freezing February.

Treasurer Frank Havnoonian's talk on his recent trip to Hawaii was interesting and made us snow birds wish for warmer surroundings. Also, his narrative about the hula dance custom was objective and appreciative of the culture, but fortunately Frank spared us all a personal demonstration!

We discussed many possible activities that will make future club outings enjoyable for all our members. This can start the club off with a new outlook on biking for all ages. For our March -- can spring be far behind -- and April meetings, a few good speakers will be on hand. Hopefully, enough people will show up to make it worth their while.

KAREN SHEEL, a certified massage therapist, and longtime friend of Frank's will be the speaker at our March 7 meeting. Karen can competently answer lots of questions on your minds about the aches, etc., you get from riding. So come on out to our new meeting place at the Delaware County Peace Center, Springfield Friends Meeting, Old Marple Road off Springfield Road (and not far from Route 320).

SALLY H. BERRIMAN, our district representative for the League of American Wheelmen, the National Organization of Bicyclists, will be our featured speaker at the April meeting. She will bring you up to date on what is happening in the state and the five-county region. Sally is a very knowledgeable bicycling advocate. If you are concerned about riding safely and the future of our favorite pastime, you won't want to miss our L.A.W.'s representative.

Now's a good time for you winter-weary, cabin-feverish members and non-members with feet itching to go pedaling again to attend one of our meetings or join a weekly club ride. See you 'round. Thanks, ERNIE.

WHEELCOME, NEW MEMBERS!

Ron Siliani, Jackie & Eric Kraeutler, Chuck Weissberg, Greg Kevorkian, John Maloney, Nancy Ellis, Stephen Watson, Michael Cory, Don & Meg Demuth, Mark B. Currod, Glenn Stauffer, Richard Sorensen, Joseph D'Ascenzo Sr., Keith Bowler.

Board of Directors

President

Ernest Munns (610) 259-3327

Vice President

Dan Coraluzzi (610) 789-0187

Treasurer

Frank Havnoonian (610) 449-6154

Secretary

John Roman (610) 853-2915

Members at Large

Gina Bezdziecki (610) 525-0129

Ride Coordinators

A/B Rides: Doug Kennedy

913 Mt. Holyoke Pl.
Swarthmore, PA 19081
(610) 543-4664

C/D Rides: Ira Josephs

10 Applebough La.
Rose Valley, PA 19065
(610) 565-4058

*Please contact the Ride Coordinators
before the 7th of each month.*

DVBC Newsletter Staff

Editors..... Ernie Muns

John Roman

Racing Editors Frank Havnoonian

Rich Patterson

Special Events Rich Patterson

Advertising Richard Hoell

A/B Rides Doug Kennedy

C/D Rides Ira Josephs

Assembly Frank Havnoonian

Mailing Labels Mike Keating

Club Addresses

Editor:

DVBC
P.O. Box 274
Drexel Hill, PA 19026

Membership & Club Box:

DVBC
P.O. Box 274
Drexel Hill, PA 19026

Newsletter/Special Events:

DVBC
P.O. Box 274
Drexel Hill, PA 19026

Items for Sale & Ride Reports:

DVBC

P.O. Box 274

Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.



League of American Wheelmen
The National Organization of Bicyclists
190 W. Ostend St., Suite 120
Baltimore, MD 21230-3731

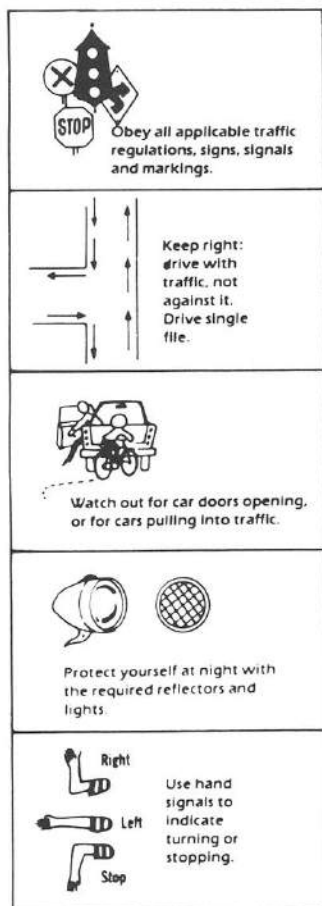
DVBC Meeting Place

Delaware County Peace Center, 1001 Old
Sproul Rd. (near car wash at Rt. 320 &
Old Marple Rd.). First Monday of month.
Doors open at 7:00 p.m. Public welcome.

Ride Guidelines

1. HELMETS ARE MANDATORY ON ALL DVBC RIDES.
2. Arrive 10 to 15 minutes early and be READY TO LEAVE ON TIME! Rides will start no more than 5 to 7 minutes late!
3. Make sure your bike is in proper working order BEFORE you arrive.
4. Carry a spare tube, patch kit, pump and water bottle.
5. Practice safety and obey *all* traffic laws.
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
 - CLASS D:** For new, inexperienced riders or families: speed 5-7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
 - CLASS C-:** For average riders: 7-8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10-30 miles.
 - CLASS C+:** Also average riders: 9-10 mph, rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
 - CLASS B-:** For more experienced riders: 11-12 mph, stops every 15-20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS B+:** For strong riders: 13-15 mph, stops every 20-30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
 - CLASS A:** For very strong riders: 16-20 mph, stops every 30-50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials *and* touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

NOTE: Helmets are mandatory on all rides. In case of questionable weather or road conditions, the Ride Leader may cancel the ride. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, *try out a ride one class below the one you're not sure about and then work your way up.* The general public is invited to *all* events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of *all* ages, *all* abilities, and *all* interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are *free* to the general public. The general public is *welcome!*



RIDE CALENDAR

**Free membership for ride leaders*
Helmet use is mandatory on all rides!

Sun, Mar 6 • 9:30 a.m. Miles: 50-55 • Class B <i>Lunch at Glenmoore</i>	Start from behind the Wawa (and Post Office) at Rts. 1 & 100 (South) in Chadds Ford. Ride along the Brandywine River to Glenmoore. Bring lunch or by in Glenmoore. Ride is mostly flat. Call Doug Kennedy at (610) 543-4664 for more information.
Mon, Mar 7 • 7:30 p.m. <i>DVBC Meeting</i>	Have questions about cycling's effect on your body? Karen Scheel, a certified massage therapist, will be our guest speaker. Doors open at 7:00, meeting begins at 7:30. Delaware County Peace Center, Springfield Friends Meeting, 1001 Old Sproul Rd. (off Old Marple Rd.), Springfield.
Sun, Mar 13 • 7:45 a.m. Miles: 5 • Class All <i>Goshen Time Trial</i>	Meet at Providence Rd., just north of Goshen Rd., near the Radnor Hunt Club. Test yourself against the clock. Roads are NOT closed to traffic. Helmet required. Timekeeper is Ed Silcox. For more information call Rollin' Rich Patterson at (610) 622-2954.
Sun, Mar 13 • 10:00 a.m. Miles: 25-30 • Class B/C <i>Brandywine Valley</i>	Leave from the Chadds Ford Elementary School on Route 1, just past Route 100 (North). Tour the beautiful Brandywine Valley at a leisurely pace. See some of the scenery that makes our Brandywine Tour so popular. Bring along a snack. Please call if you are coming. Fran: (610) 431-2675.
Sun, Mar 13 • 10:00 a.m. Miles: 48 • Class B <i>Penna. Dutch North</i>	Head north for another of Rich Bernhard's Pennsylvania Dutch country tours. Meet at the Pequea Valley School at Rt. 772 & New Holland Rd. A great way to see the sights this area is known for. Shoo-fly pie, anyone? For more info on lunch, the route or directions to the starting point, call Rich at (610) 284-2019.
Sat, Mar 19 • 10:00 a.m. Miles: 25 • Class B/C <i>River Ride</i>	Meet at the Spring Mill train station (east of Conshohocken). Enjoy beautiful Schuylkill River scenery. Ride to Manayunk, Falls Bridge, West River Drive, the Art Museum & back up the river's east side, with a concession stop. Expect to see scullers, roller bladers, etc. Joanne Cole Rosen: (610) 325-0614.
Sun, Mar 20 • 1:00 p.m. Miles: 25 • Class C <i>Gladwyne</i>	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy a hilly, but easy-paced ride to Gladwyne through some very scenic areas. Call ride leader Frank Havnoonian at (610) 449-6154 (evenings) for more information.
Sun, Mar 20 • 9:00 a.m. Miles: 45-50 • Class B <i>Manayunk Wall</i>	ATB's welcome on this mostly flat (one big hill) ride up the Manayunk Wall via a lunch stop at McDonald's in West Conshohocken. Start from the lower parking lot of Springfield Square (Strawbridge's) at Rt. 420 & Baltimore Pike in Springfield. Call Doug Kennedy: (610) 543-4664.
Sun, Mar 27 • 10:00 a.m. Miles: 20-35 • Class C+/B- <i>Westtown</i>	Enjoy this classic ride through Ridley Creek State Park, the Chester Creek valley, Cheyney & Westtown. Meet at the Moylan-Rose Valley train station at Woodward & Manchester (Rose Valley) Rds. For more information call Ira Josephs at (610) 565-4058.
Mon, Apr 7 • 7:30 p.m. <i>DVBC Meeting</i>	Concerned about cycling safety and efforts to improve cycling conditions in the 5-county region? Sally H. Berriman of the League of American Wheelmen (LAW) will be the featured speaker. Doors open at 7:00, meeting begins at 7:30. Delaware County Peace Center, Springfield Friends Meeting, 1001 Old Sproul Rd. (off Old Marple Rd.), Springfield.
Sun, Apr 10 • 7:45 a.m. Miles: 5 • Class All <i>Goshen Time Trial</i>	Meet at Providence Rd., just north of Goshen Rd., near the Radnor Hunt Club. Test yourself against the clock. Roads are NOT closed to traffic. Helmet required. Timekeeper is Ed Silcox. For more information call Rollin' Rich Patterson at (610) 622-2954.
Sun, May 22 • A.M. Miles: 8-65 • Class All <i>19th Freedom Tour</i>	Our biggest ride of the year! Five great routes: 8, 18, 35, 50 & 65 miles. The 50-mile route is new this year and should prove very popular for those who weren't quite up to a 65-mile ride at this point in the season. As always, maps, well-marked routes, portable rest rooms, a sag wagon and a lunch stop are provided. Helmets are mandatory. All routes include the scenic Chester Creek valley and Glen Mills. Chances for good weather are improved with the later date this year. <i>Don't miss out on this one.</i> See page 5 in this issue for registration form.

*Free 1995 membership for anyone leading 4 or more listed rides in 1994. Call Ira (610-565-4058) or Doug (610-543-4664) for details.

See page 6 for other rides.

Lightning Lube System TM

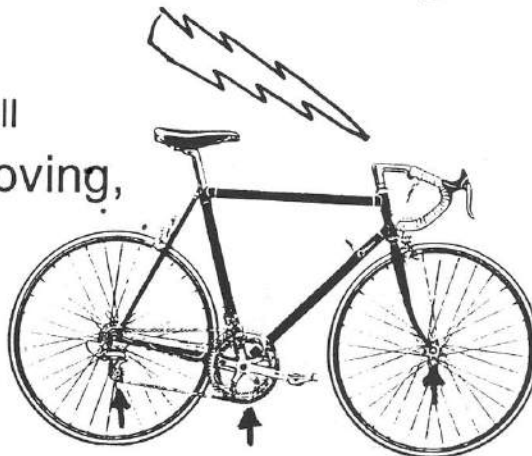
The Exclusive Lube For:

Frank Havnoonian, Drexel Hill

Reduces wear on all Moving,
and Non-Moving parts

Reduces Friction 1

Reduces Effort



Power Train Performance

Phone
(215)-544-7993
Fax
(215)-544-7584

Pangra Entp.
P.O. Box 8417
Phila., Pa, 19101

Outperforms ANY other Lubricant'

LIGHTWEIGHT SALES SERVICE
RALEIGH 'DEALER OF THE YEAR'
WE SUPPLY EVERYTHING
FOR THE CYCLIST -- RACING
OR TOURING

FOR ALL YOUR CYCLING REQUIREMENTS

AUTHORIZED DEALER FOR



RALEIGH
DREXEL
HILL
CYCLERY

Drexel Hill
CYCLERY

CUSTOM FRAMES
BY H.H.

FREE PARKING

EXPERT
REPAIRING

COACHING EXPERTISE BY FRANK HAVNOONIAN

See The Full Range of Aluminum Technium Bikes!

SALES • SERVICE • TRADES
WE SERVICE WHAT WE SELL

626-4477

703 BURMONT RD., DREXEL HILL
CLOSED WEDNESDAY



19th Annual Freedom Tour!

May 22, 1994

8, 18, 35, 50 and 65 Mile Routes

Sponsored by the Delaware Valley Bicycle Club



TIME: 8-9 A.M. for 65- & 50-milers • 9-10 A.M. for 35-milers • 10-11 A.M. for 18-milers • 11 A.M.-noon for 8-milers.

PLACE: Ridley Creek State Park (near Media, PA)—parking lot #15.

COST: \$7.00 pre-registration (postmarked by May 15, 1994); \$10.00 at the gate. **Tour will be held rain or shine.**

Expected Attendance: 500-800 riders.

Services Provided by DVBC: Food stop, maps, sag wagon, portable rest rooms and well-marked routes.

Routes: Scenic country back roads through the beautiful Brandywine River valley for the 65 and 35-mile routes, which have been changed to avoid some bad hills. All four routes pass through the scenic Chester Creek valley and Glen Mills areas, including the Sweetwater Farm. Most roads are lightly traveled with rolling hills. All routes include a food stop.

Description: You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 8- and 18-mile routes are great opportunities for newer cyclists, leisure riders and families. Meet new biking friends with similar abilities while enjoying an outstanding ride.

Safety: **HELMETS ARE MANDATORY.** Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws.

We recommend carrying a spare tube/patch kit, tire pump & tire irons. Each rider assumes his/her own responsibility.

About DVBC: DVBC promotes all forms of cycling! Total paid membership exceeds 400 cyclists. The club is affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and is a non-profit organization. Our monthly meetings are open to the public. This event is open to all cyclists. Enjoy the spring bicycling season!

More Information: Please call Frank at (610) 449-6154 or Dan (610) 789-0187.

19th Annual Freedom Tour • May 22, 1994

Pre-registration Form

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____ Age: _____ Distance: 65 miles ☐ 50 miles ☐ 35 miles ☐ 18miles ☐ 8 miles ☐

Waiver/Release

In consideration of the acceptance of my application for entry in the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

signature (if you are under 18 years of age, then your parent or guardian must sign)

signature (if you are under 18 years of age, then your parent or guardian must sign)

(Please send this signed form with a check or money order to: **Freedom Tour**
Delaware Valley Bicycle Club
P.O. Box 274
Drexel Hill, PA 19026

Please postmark pre-registration by May 22, 1994.

10 REASONS YOU SHOULD TRY BICYCLE COMMUTING



- * CONSERVES RESOURCES
- * NON-POLLUTING
- * INEXPENSIVE
- * RELIEVES CONGESTION
- * NO PARKING EXPENSES
- * SAVE TIME BY COMBINING EXERCISE AND COMMUTING
- * ARRIVE AT WORK INVIGORATED
- * EVERY SEAT IS A WINDOW SEAT
- * EXPERIENCE NATURE
- * HEALTHY!

TRY BIKING

AS A POLLUTION SOLUTION

- 50% of urban space in the U.S. is devoted to roadways.
- Auto emissions rank #1 among all causes of air pollution.
- Motor vehicles are responsible for 55% of cancer contaminants — greater than any other source.
- 54% of Americans live less than 5 miles from their jobs, a distance easily traveled by bicycle.
- 20% of our (Americans) disposable income is spent on transportation.
- Drivers have to work 1 day per week just to pay for their driving expenses (car, insurance, gas, parking, etc.).
- A ten-mile commute by bicycle requires 350 calories of energy. The same trip in an average American car requires 18,600 calories of energy (about half a gallon of gasoline); 9,200 calories by bus, 8,850 by rail, and 1,000 by foot.
- Motorists could save an average of 150 gallons of gasoline each year if they rode to public transit facilities instead of driving.
- 12 bicycles can be parked in the space of one car.
- Number of lanes a bridge or city street must have to accommodate 40,000 autos per hour: 12
- Number of lanes necessary to accommodate 40,000 bicycles per hour: 1

To purchase additional copies or for information about bicycle education and advocacy, contact:
League of American Wheelmen, 190 W. Ostend Street,
Suite 120, Baltimore, MD 21230-3755/(410) 539-3399.



10 TERRIBLE, HORRIBLE, NO GOOD, VERY BAD EXCUSES FOR NOT WEARING A BICYCLE HELMET

1. **They're too heavy.**
Not anymore. Today's bicycle helmets only weigh about a half a pound.
2. **I don't need one if I don't ride fast.**
Get this... Even if you were just sitting on your bike talking to friends and you fell and hit your head, your brain could be seriously damaged—Ouch!
3. **They're too expensive.**
Some helmets cost as little as \$20, which is a lot less than the thousands of dollars you'd pay for a visit to the emergency room!
4. **A helmet will mess up my hair.**
Okay, true. But a crash without a helmet can really mess up your head. Your choice: a bad hair day or a bad head life?
5. **I'll look like a geek.**
Wrong. You'll look like a real bicyclist, and car drivers will probably respect you more and give you more room on the road because of it.

6. **They're too hot.**
Because they're so light and have lots of openings for air to pass through, helmets aren't any hotter than having your head exposed to the sun while riding.
7. **I don't need one if I don't ride on busy roads.**
Not true. Cars are involved in only 10% of bike-related injuries. Falls are a much bigger problem, and they can happen on any road or path.
8. **I never fall off my bike.**
Maybe not yet, but everybody falls sometime, and it only takes once to do permanent damage.
9. **They're funny looking.**
Helmets today come in lots of cool colors and designs. Find one that you like so you'll wear it.
10. **None of my friends wear one.**
Maybe they don't know the reasons why a helmet is important. Show them this card and then purchase your helmets together as a group.



To purchase additional copies or for information about bicycle education and advocacy, contact:
League of American Wheelmen, 190 W. Ostend Street,
Suite 120, Baltimore, MD 21230-3755/(410) 539-3399.

Other Rides

Saturday, March 26, 1994
Icicle Metric Century/Half/Quarter
Cost: \$9.00 \$12.00 day of ride
Dave Bundas (215) 255-0799

Saturday, April 16, 1994
Battle Of Gettysburg Weekend Ride
Cost: \$8.00 \$10.00 day of ride
Phone: (717) 334-8151

Sunday, April 24, 1994
Tea Burner Century Ride
Distances: 35, 50, 85, 100 miles
Cost: \$10.00 \$12.00 day of ride
Mel Kornbluh (609) 451-5104 aft. 6:00

Sunday, May 15, 1994
Tri - State Century/Half/Quarter
Distances: 25, 50 100 miles
Cost: \$9.00 \$12.00 aft. 5/10
(302) 738-0458

Sunday, May 15, 1994
John Pixton Memorial "Poker" Ride
Distances: 17, 27, 50, 60 miles
Cost: \$12.00 before 5/8 \$14.00 aft.
Laurama Pixton (215) 646-7879 before 9:00pm.

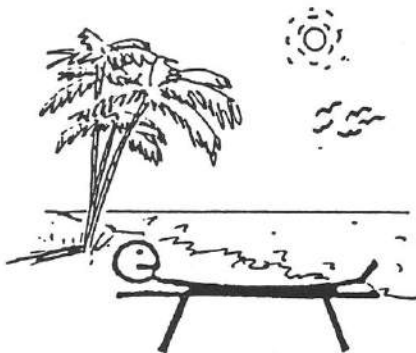
Sunday/Wednesday, May 27-30, 1994
Kent County Spring Fling
Maryland
(410) 484-0306 or (410) 832-2627

Sunday, July 3, 1994
Delaware Doublecross
28 miles
Cost: \$5.00 before 6/30 \$6.00 aft.
(302) 731-1456

Thursday/Sunday, July 21-24, 1994
GEAR
Salisbury, Maryland
Info: (410) 539-3399

Sunday, August 14, 1994
Covered Bridge Metric Century
Lancaster, Pa.
Distances: 25, 50, 100 miles
Cost: \$7.00 advance \$10.00 day of ride
(717) 396-9299

TAKE TIME OUT



EXPERIENCE
THE
STILLNESS
WITHIN

**LEAVE THE BAGGAGE (THE THOUGHTS & WORRIES) BEHIND
RELAX & JOURNEY TO A PLACE THAT WILL RENEW YOUR SPIRIT...**

**KAREN L. SCHEEL - CERTIFIED MASSAGE THERAPIST
MEMBER - ASSOCIATED BODYWORK + MASSAGE PROFESSIONALS**

CRANIOSACRAL THERAPY - SHIATSU - CHAKRA WORK - SWEDISH MASSAGE

TO SCHEDULE AN APPOINTMENT CALL: 353-8765

DUSTY, MUSTY OR OLD RUSTY TRUSTY BICYCLES

Now is the best time of the year to get your trusty "steel" to your nearest, loving, local bicycle shop for that necessary pre-spring tune up.

Your trusted mechanic has plenty of time during February and March to do a better, more thorough job, paying more attention to details and providing a much needed "bath".

Costs are generally a little less for parts and parts are more readily available. So when you're ready to give that spring ride a try - make sure you've had that tune - up or you'll find a tear in your eye (not to mention your pocketbook!)

SUPPORT YOUR LOCAL BICYCLE SHOP

GET THAT TUNE - UP NOW

1994 MILEAGE CHART

	Mon	Tue	Wed	Thur	Fri	Sat	Sun	Week	Cum
J						1	2		
A	3	4	5	6	7	8	9		
N	10	11	12	13	14	15	16		
	17	18	19	20	21	22	23		
	24	25	26	27	28	29	30		
	31	1	2	3	4	5	6		
F	7	8	9	10	11	12	13		
E	14	15	16	17	18	19	20		
B	21	22	23	24	25	26	27		
	28	1	2	3	4	5	6		
M	7	8	9	10	11	12	13		
A	14	15	16	17	18	19	20		
R	21	22	23	24	25	26	27		
	28	29	30	31	1	2	3		
A	4	5	6	7	8	9	10		
P	11	12	13	14	15	16	17		
R	18	19	20	21	22	23	24		
	25	26	27	28	29	30	1		
M	2	3	4	5	6	7	8		
A	9	10	11	12	13	14	15		
Y	16	17	18	19	20	21	22		
	23	24	25	26	27	28	29		
	30	31	1	2	3	4	5		
J	6	7	8	9	10	11	12		
U	13	14	15	16	17	18	19		
N	20	21	22	23	24	25	26		
	27	28	29	30	1	2	3		
J	4	5	6	7	8	9	10		
U	11	12	13	14	15	16	17		
L	18	19	20	21	22	23	24		
	25	26	27	28	29	30	31		
A	1	2	3	4	5	6	7		
U	8	9	10	11	12	13	14		
G	15	16	17	18	19	20	21		
	22	23	24	25	26	27	28		
	29	30	31	1	2	3	4		
S	5	6	7	8	9	10	11		
E	12	13	14	15	16	17	18		
P	19	20	21	22	23	24	25		
	26	27	28	29	30	1	2		
O	3	4	5	6	7	8	9		
C	10	11	12	13	14	15	16		
T	17	18	19	20	21	22	23		
	24	25	26	27	28	29	30		
	31	1	2	3	4	5	6		
N	7	8	9	10	11	12	13		
O	14	15	16	17	18	19	20		
V	21	22	23	24	25	26	27		
	28	29	30	1	2	3	4		
D	5	6	7	8	9	10	11		
E	12	13	14	15	16	17	18		
C	19	20	21	22	23	24	25		
	26	27	28	29	30	31			

CONTRIBUTED BY WALLY HERTLER



BIKE LINE®



Are you always staring down somebody else's back wheel? Have you heard the expression: If you're not the lead dog, the scenery never changes!! Well now is your chance to team up with the market leaders.....

 **BIKE LINE** & **TREK** USA

Bike Line features the exciting new line of Trek mountain, road, hybrid, and juvenile bikes. And with prices starting at a cool \$259.95 there is now a Trek within everybody's reach! Stop in to any of the 27 Delaware Valley Bike Line locations and see the full line of 1994 Treks including the hot new full suspension mountain bikes. When you visit be sure to join the Bike Line mailing list and apply for your own Bike Line credit card.

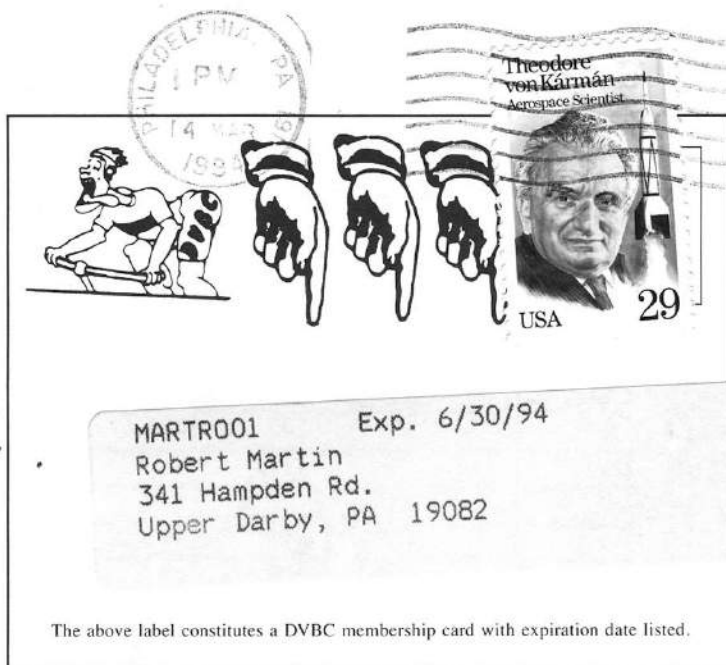
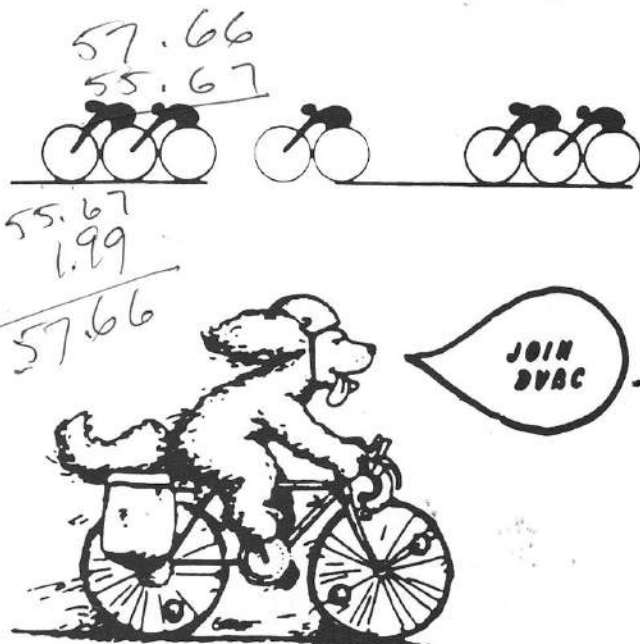
 **BIKE LINE**
Setting the pace for fitness

Joe Cyclist

123456789

TREK USA

IN PENNSYLVANIA: ARDMORE BROOMALL EXTON EXETER GRANITE RUN
MONTGOMERYVILLE OAK LANE OXFORD VALLEY PAOLI PHILADELPHIA:
LOCUST ST., ARCH ST., 40th ST. PHOENIXVILLE POTTSTOWN WARMINSTER
WAYNE WEST CHESTER **IN DELAWARE:** WILMINTON NEWARK
PIKE CREEK DOVER BEAR **IN NEW JERSEY:** BERLIN CHERRY HILL MED-
FORD OLD BRIDGE TURNERSVILLE



FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all rides—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for DVBC Membership (Expires 1 year from date joined/renewed)

Please print clearly and use 9-digit Zipcode, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Membership: _____ (per household) \$15.00

Membership includes: DVBC Newsletter Magazine (10 issues per year), discounts at most Club sponsors, Club subsidized events, and free Bicycle Touring Newsletter published quarterly (\$3 value). Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

INTEREST SURVEY

Ride Pace

- ☐ Class D: slow
☐ Class C: average
☐ Class B: brisk
☐ Class A: fast
☐ Off-Road

I'll volunteer for:

- ☐ Ride Leader
☐ Sag Wagon Driver
☐ Tour Food Stop
☐ Newsletter Editor
☐ Newsletter Typist
- ☐ Newsletter Collator
☐ Advertising Coordinator
☐ Newsletter Co-editor
☐ Newsletter Delivery
☐ Triathlon Editor

Please send your check or money order to:

Delaware Valley Bicycle Club
P.O. Box 274
Drexel Hill, PA 19026

The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.

I wish to donate to the DVBC Safety Foundation:

- ☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

Membership to DVBC Subdivisions

You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.

- ☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)
Drexel Hill Cyclery
- ☐ \$5.00 Team Delaware Valley Bicycle Club
Team Casual! (Road Racing)

Total Amount Enclosed