

## DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

**MAY 1994**

**FREE!**

**Don't Miss This –**

*Shaklee Professional Racing Team at  
D.V.B.C. Meeting on June 6th, 7:30 p.m.*

### ***From the Prez:***

Tentatively, members of the Shaklee Pro Racing Team plan to come to our June 6th meeting. Shaklee is one of the top racing teams with both men and women competing in this year's Core States U.S. Pro Bicycle Race.

This year we understand Core States will have a woman's division and the Shaklee team will feature Rebecca Twigg, the current world champion in the 3,000 meter pursuit.

The life of a professional racing team is often very hectic and tight on time, but as this article goes to press we have a commitment from the Shaklee people regarding this appearance. It will be a one-time only opportunity for this cycling club to meet, up-close, this kind of talented racers.

There is a chance we will meet Rebecca Twigg—something I wouldn't want to miss if she's able to come.

At our April 4th meeting our guest

speaker was Sally H. Berriman, our district representative for the League of American Bicyclists. Catch the new name now – not the League of American Wheelman anymore.

Sally gave us the up-to-date activities of the League. Also, she showed us a map of all the bike trails in the Commonwealth of Pennsylvania. I want to thank Sally for all the news she gave us. It was very informative to all and all the questions were answered.

Our next meeting on May 2nd, 1994 will also be informative. Rich Hoell will present a video on bicycle repair and maintenance. After the video our own Frank Havnoonian will give us more pointers on repairing our bikes when we're out on the road.

If you want information and enjoyment, come on out to these meetings. You can meet new friends, find out about rides you can do and hear about what we are planning.

***So—come on out and enjoy!***

## Board of Directors

**President**  
Ernest Munns ..... (610) 259-3327  
**Vice President**  
Dan Coraluzzi ..... (610) 789-0187  
**Treasurer**  
Frank Havnoonian ..... (610) 449-6154  
**Secretary**  
John Roman ..... (610) 853-2915  
**Members at Large**  
Gina Bezdziecki ..... (610) 525-0129

## Ride Coordinators

**A/B Rides:** Doug Kennedy  
913 Mt. Holyoke Pl.  
Swarthmore, PA 19081  
(610) 543-4664

**C/D Rides:** Ira Josephs  
10 Applebough La.  
Rose Valley, PA 19065  
(610) 565-4058

*Please contact the Ride Coordinators  
before the 7th of each month.*

## DVBC Newsletter Staff

**Editors** ..... Ernie Muns  
John Roman  
**Racing Editors** ..... Frank Havnoonian  
Rich Patterson  
**Special Events** ..... Rich Patterson  
**Advertising** ..... Richard Hoell  
**A/B Rides** ..... Doug Kennedy  
**C/D Rides** ..... Ira Josephs  
**Assembly** ..... Frank Havnoonian  
**Mailing Labels** ..... Mike Keating

## Club Addresses

**Editor:**  
DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

**Membership & Club Box:**  
DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

**Newsletter/Special Events:**  
DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

## Items for Sale & Ride Reports:

DVBC  
P.O. Box 274  
Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.



**League of American Wheelmen**  
**The National Organization of Bicyclists**  
190 W. Ostend St., Suite 120  
Baltimore, MD 21230-3731

## DVBC Meeting Place

Delaware County Peace Center, 1001 Old Sproul Rd. (near car wash at Rt. 320 & Old Marple Rd.). First Monday of month. Doors open at 7:00 p.m. Public welcome.

## Ride Guidelines

1. Arrive 10 to 15 minutes early and be **READY TO LEAVE ON TIME!** Rides will start no more than 5 to 7 minutes late!
2. Make sure your bike is in proper working order **BEFORE** you arrive.
3. Carry a spare tube, patch kit, pump and water bottle.
4. Practice safety and obey all traffic laws.
5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all rides.)
6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
7. **RIDE CLASSIFICATIONS:**
  - CLASS D:** For new, inexperienced riders or families: speed 5 - 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
  - CLASS C-:** For average riders: 7 - 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 - 30 miles.
  - CLASS C+:** Also average riders: 9 - 10 mph, rest stops every 45 - 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
  - CLASS B-:** For more experienced riders: 11 - 12 mph, stops every 15 - 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
  - CLASS B+:** For strong riders: 13 - 15 mph, stops every 20 - 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
  - CLASS A:** For very strong riders: 16 - 20 mph, stops every 30 - 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL:** Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
8. Each rider assumes his/her own risk on all time trials and touring rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

**NOTE:** In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events organized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!



# RIDE CALENDAR

*\*Free membership for ride leaders*  
**Helmet use is mandatory on all rides!**

Sat, Apr 30 • 10:00 a.m. Miles: 4 • Class <b>All</b> <i>Tour de Nemours</i>	A family cycling event in Wilmington, DE sponsored by Du Pont promoting the Tour Du Pont. It's a bicycle tour of the Nemours Estate, bicycle rodeo, and safety/skills building for children — with awards and some Tour racers signing autographs. Call Ira: (610) 565-4058 or Du Pont P.R. at 1-800-829-KIDS.
Sun, May 1 • ? Miles: 15-45 • Class <b>B</b> <i>Ride with Racers</i>	The Tour du Pont racers should be in town (Wilmington). Let's ride around Wilmington, see who we can spot, and ride with them. Call Ira at (610) 565-4058 Saturday night (4/30) to plan for Sunday or possibly Monday.
Mon, May 2 • ? Miles: 15-45 • Class <b>B</b> <i>Ride with Racers</i>	The Tour du Pont racers should be in town (Wilmington). Let's ride around Wilmington, see who we can spot, and ride with them. Call Ira at (610) 565-4058 Saturday night (4/30) to plan for Sunday or possibly Monday.
Mon, May 2 • 5:30 a.m. Miles: 20 • Class <b>C</b> <i>Monday After Work</i>	Join Fran after work on Mondays in May for leisurely tours of the West Chester-Cheyney area. Distance will be approximately 20 miles and the starting location may vary. Call Fran at (610) 431-2675 to arrange a starting location and find out about the route.
Sun, May 2 • 7:30 p.m. <i>DVBC Meeting</i>	Rich Hoell will present a video on bicycle repair/maintenance, proper riding position & safety tips. Doors open at 7:00 for 7:30 meeting. Del. Co. Peace Ctr., Springfield Friends Meeting, 1001 Old Sproul Rd.
Fri, May 6 • ? Miles: 20-25 • Class <b>C</b> <i>Tour du Pont</i>	We'll car-pool to the west end of the Conowingo Dam to watch the Tour du Pont coming up from its start at Port Deposit, MD. Afterwards we'll ride approximately 25 miles round trip to Susquehanna State Park to have lunch along the river. Some dirt roads in the park. Bring lunch. Call for time and location of car-pool start or meet us at the Dam before 10:00 a.m. Doug Kennedy: (610) 543-4664.
Sat, May 7 • 10:00 a.m. Miles: 35 • Class <b>C+</b> <i>Show &amp; Go</i>	Meet in the lower parking lot of the Clover store on Baltimore Pike in Springfield (just east of Rt. 420 and Strawbridge & Clothier). For more information call Walter Linton at (610) 328-3494. Bring lunch.
Sun, May 8 • 7:00 a.m. Miles: 20 • Class <b>ATB</b> <i>Pocono ATB #1</i>	<i>Twin Peaks.</i> ATB's only. Leave from in front of Macy's - Springfield Mall (Rt. 320 & Baltimore Pk.) to car-pool to Jim Thorpe train station. An early start to be back in time to take mom out to dinner. Ride includes the summit of Flagstaff Mtn. Park, "Ballroom in the Clouds" observation area and long rides along Mauch Chunk Ridge & Mt. Pisgah. Ride is not flat & the trail is rough in places. For more miles we may ride down along the Lehigh Canal afterwards. Doug Kennedy: (610) 543-4664.
Sun, May 8 • 7:45 a.m. Miles: 5 • Class <b>All</b> <i>Goshen Time Trial</i>	Meet at Providence Rd., just north of Goshen Rd., near the Radnor Hunt Club. Test yourself against the clock. Roads are NOT closed to traffic. Helmet required. Timekeeper is Ed Silcox. For more information call Rollin' Rich Patterson at (610) 622-2954.
Mon, May 9 • 5:30 a.m.	<i>Monday After Work.</i> See May 2 for details
Sun, May 15 • 9:00 a.m. Miles: 25 • Class <b>C</b> <i>Gladwyne</i>	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy a hilly, but easy-paced ride to Gladwyne through some very scenic areas. Call ride leader Frank Havnoonian at (610) 449-6154 (evenings) for more information.
Mon, May 16 • 5:30 a.m.	<i>Monday After Work.</i> See May 2 for details.
Sun, May 22 • A.M. Miles: 8-65 • Class <b>All</b> <i>19th Freedom Tour</i>	Five great routes: 8, 18, 35, 50 & 65 miles. The 50-mile route is new this year. Great for riders not yet up for 65 miles. Maps, well-marked routes, portable rest rooms, sag wagon and a lunch stop are provided. <b>Helmets are mandatory.</b> All routes include Chester Creek valley and Glen Mills. Later date improves chances for good weather. <i>Don't miss out on this one.</i> Registration elsewhere in this issue.
Mon, May 23 • 5:30 a.m.	<i>Monday After Work.</i> See May 2 for details
Wed, May 25 • 5:00 p.m. Miles: 30-35 • Class <b>B</b> <i>Show &amp; Go RTP</i>	Enjoy a late afternoon ride in the Ridley Creek State Park area. Meet at Rose Tree Park on Rt. 252 above Rose Tree Rd. (near Rt. 1) in Media. For more information about the ride contact Charlie Stockley at (610) 586-9759.
Sat, May 28 • 10:00 a.m. Miles: 50 • Class <b>B</b> <i>Inner Brandywine 50</i>	Ride the 50-mile Brandywine Tour route and see the great creek-side and horse farm scenery that makes the tour so popular. Meet behind the Wawa in Chadds Ford at Rts. 1 & 100 (South). Bring lunch for a stop along the way. Ride leader is Charlie Stockley: (610) 586-9759.
Sun, May 29 • 8:00 a.m. Miles: 50-70 • Class <b>B</b> <i>Betterton Beach</i>	Both 50- & 70-mile rides. Leave from the Galena School on Rt. 313 in Galena, MD, 1/10 mile south of the only stoplight. Ride to Betterton Beach on the Chesapeake for lunch. Bring lunch, & a swimsuit if you want to go in the water. If you want more after we return to Galena (50 miles), we'll do another 20 miles through the Millington Wildlife Management Area. No hills. Doug Kennedy: (610) 543-4664.
Sun, May 29 • 9:30 a.m. Miles: 20-35 • Class <b>C+/B-</b> <i>Westtown</i>	If it rains, I give up! I tried to do this ride for about 6 months, but I'll try again. A classic ride through Ridley Creek St. Park, the Chester Creek valley, Cheyney & Westtown. Meet at the Moylan-Rose Valley train station: Woodward & Manchester (Rose Valley) Rds. Ira Josephs: (610) 565-4058.
Tue, May 31 • 5:00 p.m. Miles: 30-35 • Class <b>B</b> <i>Show &amp; Go RTP</i>	Enjoy a late afternoon ride in the Ridley Creek State Park area. Meet at Rose Tree Park on Rt. 252 above Rose Tree Rd. (near Rt. 1) in Media. For more information about the ride contact Charlie Stockley at (610) 586-9759.

\*Free 1995 membership for anyone leading 4 or more listed rides in 1994. Call Ira (610-565-4058) or Doug (610-543-4664) for details.



# TEAM Casual April 5-Mile Time Trial Results

## UPCOMING SCHEDULE OPEN TO EVERYONE!

NAME	AGE	FRAME	TIME	PTS
Ken Strack	38	xx	14:26	07
Charles Stockley	56	xxxxx	13:43	09
James Burns	39	xxxxxx	15:47	06
Ron Pierce	29	xxxx	14:03	08
David Bennett	44	xxxxx	15:54	05
Dan Mascioli	27		13:24	10

May	8	7:45 AM
June	12	7:45 AM
July	10	7:45 AM
Aug.	14	7:45 AM
Sep.	11	7:45 AM
Oct.	9	7:45 AM
Nov.	13	7:45 AM
Dec.	11	7:45 AM

Timekeeper: Rollin' Rich Patterson  
(610) 622-2954

\*\*\*\*\*

Course: Goshen, Providence, & Sugartown Rds.  
COURSE IS OPEN TO TRAFFIC!

Time Trials start on  
Providence Road near  
the Radnor Hunt Club!

\*\*\*\*\*

THE DVBC TEAM Casual TIME TRIAL SERIES IS OPEN  
TO EVERYONE! JOIN US! THE TOUGHEST TEST IS THE  
TEST OF TIME!

What do you have to  
lose?

\*\*\*\*\*



**LIGHTWEIGHT SALES SERVICE**  
**RALEIGH 'DEALER OF THE YEAR'**  
WE SUPPLY EVERYTHING  
FOR THE CYCLIST -- RACING  
OR TOURING

**FOR ALL YOUR CYCLING REQUIREMENTS**

# Drexel Hill

## CYCLERY

FREE PARKING

**CUSTOM FRAMES  
BY H.H.**

EXPERT  
REPAIRING

**COACHING EXPERTISE BY FRANK HAVNOONIAN**  
**See The Full Range of Aluminum Technium Bikes!**  
SALES • SERVICE • TRADES  
WE SERVICE WHAT WE SELL  
**626-4477**  
703 BURMONT RD., DREXEL HILL  
CLOSED WEDNESDAY

AUTHORIZED DEALER FOR






5 Core States U.S. Championship Pro Race- Philadelphia, PA

10-12 KAMEL (Kutztown And Millersville Eastern Loop)- sponsored by Harrisburg Bike Club. 190 mi. rolling to very hilly. 8am. Sand Hill Lions Club. \$90 must register by 5/14/94, incl: map, sag, lodging, meals, T-shirt. Info: SASE to HBC, John Donoughe 1554 Locust St., New Cumberland, PA 17070. 717-774-5073.

24-26 Blue and Grey Rally- Gettysburg College- sponsored by Bicycling Federation of PA & LAW. annual event. rides, maps, meals, lodging, entertainment, program: *Pedaling Through History*, Carl Burgwardt of the Burgwardt Bicycle Museum. info: Tom Helm 717-975-0925.

18 Jersey Double Century- sponsored by Western Jersey Wheelmen. 200 mi. 4:45am. start, moderately hilly. T-shirt, map, sag, marked route, snacks. \$15 till 6/1/94 then \$20. Helmets recommended, info: WJW Bruce Thompson, P.O.Box 12, Pottersville, NJ 07979. 908-879-6477.

26 Double or Nothing- 44, 66, or 88 mi. map, sag, marked routes, lunch, patch, Spagetti Dinner at 4PM. Raffle and live entertainment. \$38 per team. Info: Mel Kornbluh 609-451-5104.

26 ~~Raritan Valley Round-Up Century- sponsored by Central Jersey Bike Club. 25, 40, 50, 62, 100 mi. 7am. flat to rolling. map, sag, marked routes, T-shirt, snacks. Helmet req. info: SASE to C.J.B.C., P O Box 2202, Edison, NJ 08818.~~

July

3 Delaware Double Cross- sponsored by White Clay Bike Club. 28 mi. 8:30 am registration, 10 am mass start. map, marked route, snacks, water bottle. info: send S.A.S.E. to: W.C.B.C. Aaron Chen, 446 Haystack Drive, Newark, DE 19711, 302-731-1456.

7-10 1993 L.A.W. National Rally- sponsored by League of American Wheelmen. San Diego University. maps, lodging, meals, workshops, exhibits, entertainment. Helmet req. info: Bob Carson, L.A.W. Rally, 190 W. Ostend St., Suite 120, Baltimore, MD 21230. 410-539-3399.

16 Tour De Lebanon Valley- sponsored by Lebanon Valley Bike Club. 50, 100 km. rolling terrain. 7am. Annville-Cleona H.S. map, sag, marked route, snacks, T-shirt, helmet req. \$10 till 7/4/94 then \$12. info: SASE to LVBC, c/o Jim Deaven, 124 W. Church St, Annville, PA 17003

17 New Jersey Sizzler- 25, 50, 62, & 100 mi. map, sag, marked route, lunch, patch. 8AM, \$12 by 7/12/94 then \$14. Info: Mel Kornbluh, RR #8 Box 319 E, Bridgeton, NJ 609-452-5104.

21-24 1994 GEAR (Great Eastern Rally) sponsored by League of American Wheelmen at Salisbury State University campus in Salisbury MD. numerous rides to choose from, maps, lodging, meals, workshops, exhibits, entertainment. Helmet req. info: L.A.W. 190 W. Ostend St., Suite 120, Baltimore, MD, 21230 410-539-3399.

24-30 Cycle Across Maryland Tour- info: Susan Gossling 401/732-4858.

August

6 Dog Daze Century- sponsored by Brandywine Bike Club. 25, 50, 65, 100 mi. map, sag, marked routes, lunch. Info: Mike Stull, 1549 Rodney Drive, West Chester, PA 19382 215-793-2341.

6 Princeton Event Century- sponsored by Princeton Freewheelers. 10, 25, 50, 100 mi. map, sag, marked routes, snacks. info: Princeton Freewheelers, 459 Walnut Lane, Princeton, NJ 08540.

12-14 Eastern Tandem Rally, Gordon College, Wenham, MA. info: SASE to John Weisgerber, 710 Aubrey Ave, Ardmore, PA 19003.

13 Bridgeton Zoo Ride- sponsored by South Jersey Wheelmen. 25, 50, 75, 100 mi. flat. 8 am. at Schalick H.S., Centerton, NJ. sag, map, marked route, lunch, patch. info: SASE to S.J.W., P O Box 2705, South Vineland, NJ 08360.

21 Covered Bridge Metric Century- sponsored by Lancaster Bike Club, 31, 62 mi. Starts Greenfield Industrial Park, Lancaster. map, sag, lunch, marked routes, patch. \$7 advance, \$10 walk-in. info: SASE to L.B.C. PO Box 535, Lancaster, PA 17603. phone 717-396-9299.

## May

- 1 4th Annual Mexican Metric Century- sponsored by Suburban Cyclists Unlimited. 20, 35, 63 mi. 8:30am (63) 9:30am (35) 10:30 (20). cue sheet, map, sag, marked routes, Mexican Fiesta lunch, massage, pre-registered gets T-shirt. Helmet required. info: send SASE to S.C.U., PO Box 401, Horsham, PA 19044.
- 4-14 Tour DuPont Professional Road Race
- 4 Tour DuPont-Prologue- in Wilmington, DE, starting around 5PM
- 5 Tour DuPont- Stage Race- Dover, DE to Wilmington, DE- afternoon
- 7 Farmlands Flat Tour-sponsored by Central Jersey Bike Club. 25, 40, 50, 62, 100 mi. 7am. Brookdale College. T-shirt, map, sag, marked routes, snacks. Helmet required. info: SASE to C.J.B.C., P.O. Box 2202, Edison, NJ 08818
- 14 Tour De Y- sponsored by Lebanon Valley Bike Club. 20,50, 100 km. moderately hilly. 7:30 - 9:30 am at Optomists Park, Lebanon. \$15 till 5/7/94 then \$18. sag, map,snack, marked route, T-shirt, picnic. helmet req. info: LVBC, 201 N. 7th St. Lebanon, PA 17004. 717-273-2691
- 14 MS Spring Cycling Classic-25 mile loops, various start locations. maps, sag, marked route, T-shirt, Helmet required. \$15 pre-registered,\$20 day of, plus min \$50in pledges. info: Natl MS Society,117 S. 17th St. Suite 500, Phila, PA 19103. 800-445-BIKE
- 15 Pixton Memorial Poker Ride- sponsored by Pennsylvania Bike Club. map, sag, marked routes, snacks, prizes. info: Rick or Nancy Liebert 215/542-7181 or Laurama Pixton 215/646-7879
- 15 Tri- State Century- sponsored by White Clay Bike Club. 10, 25, 50, 100 mi. map, sag, marked route, snacks, water bottle. info: S.A.S.E to Toby Tamblyn, 36 Welsh Tract Rd., Newark, DE 19713 302-738-0458.
- 21-22 Horse Farm Tour- sponsored by Hanover Cyclers. 25, 35, 50 mi. rolling terrain. 7am. South Street Recreation Park, McSherrystown. patch, sag, marked route, snacks, helmet req. info: SASE to Hanover Cyclers,29 Baltimore St. Hanover, PA 17331.
- 21 Pinelands Triple Loop- sponsored by Shore Cycle Club. 30, 60, 100 mi. flat. 8 am. from Batsto State Forest. \$10 till 5/14/, then \$12. Info: SCC, 510 School House Lane, Tuckahoe, NJ 08250.
- 22 Freedom Valley Bike Ride- sponsored by Bicycle Coalition of the Delaware Valley & Hostels International. To support BCDV's advocacy efforts and continue construction of the Phila to Valley Forge Trail. info: 215-BICYCLE.
- 22 Freedom Tour- sponsored by Delaware Valley Bike Club. 8,18,35 & 65 mi. map, sag, marked route,lunch. Moderately hilly. \$7.00 until 5-15-94 \$10.00 day of. Info: Day: Frank Havnoonian, 610-626-3327. Evenings: Ernie Munns: 610-259-3327.
- 22 Columbia County 50- tour sponsored by Susquehanna Valley Bike Club. 8 - 10 AM at Town Park, patch, T-shirt to first 100, sag, marked routes (25 & 50 miles), hilly terrain, helmet req, \$10 by May 15, \$12 after. Info: Bill Frost, 2422 Riverview Ave. Bloomsburg, PA 17815. 717-784-6856.
- 27 Opening Night - Lehigh County Velodrome- Trexlertown, PA

## June

- 4 Get Ready Metric Century- sponsored by South Jersey Wheelmen. 31,62 mi.flat. 8am. from Fort Mott State Park. map,sag, snack, lunch, marked routes. \$10 till5/27/94 then \$12. info: SASE to SJW, P.O. Box 2705, South Vineland, NJ 08360.
- 4 Atlantic City Rescue Mission Ride- sponsored by Shore Cycle Club. 20, 40, 60 flat. \$25. map, sag, marked route, snacks, T-shirt, pasta lunch. Info: SASE to SCC, 510 School House Lane, Tuckahoe, NJ 08250

- 21 Bucks In Heat- sponsored by Central Bucks Bike Club. map, sag, marked routes, snacks. info: SASE to C.B.B.C., P O Box 295, Buckingham, PA 18912.

### September

- 6 Labor Day Century- info: Hanover Cyclists. 25, 50, 62, 100 mi. 7am. South Street Recreation Park, McSherrystown. map, snack, patch, marked route. Info: SASE to HC, RD# 4, Box 4372, Spring Grove, PA 17362.
- 10 No Baloney Century- sponsored by Lebanon Valley Bike Club. 25, 50, 75, 100 mi. rolling terrain. 7am South Hills Park, Lebanon. map, sag, lunch, marked routes, \$10 till 9/3/94 then \$12. info: SASE to LVBC, c/o Jim Deaven, 124 W. Church St, Annville, PA 17003
- 11 River's Edge Century- sponsored by Bicycle Club of Philadelphia. 31, 62, 100 mi flat. 7am from Holy Family College. map, sag, marked routes, snacks, pizza after. info: SASE to B.C.P., P O Box 30235, Philadelphia, PA 19103.
- 11 Brandywine Tour- sponsored by Delaware Valley Bike Club. 28, 50, & 100 mi. Start time 8AM, Chaddsford School, moderately hilly, map, sag, marked routes, lunch. \$7.00 until 9-5-94 then \$10.00. info: Day: Frank Havnoonian-610-626-4477, Evening: Ernie Munns: 610-259-3327.
- 18 Sid Lustig Memorial Century- Harrisburg Bicycle Club. sag, marked route, lunch, snacks. info: SASE to Dave LeRoy, 3722 Old Township Road, Harrisburg, PA 17111.
- 17-18 MS 150 - City To Shore Tour
- 25 16th Annual Lake Nockamixon Century- 20, 35, 40, 50, 62, 100 mi. 7am (100) 8am (62) 9am (all others) from Hatboro-Horsham H.S. map, sag, marked routes, lunch, snacks, massage. Helmet req. \$15 by 9/10 94 gets T-shirt. info: SASE to SCU, PO Box 401, Horsham, PA 19044.
- 25 Jersey Devil Century-sponsored by South Jersey Wheelmen. 25, 50, 75, 100, 125 mi. flat, patch, map, sag, marked route, lunch. \$10 till 9/6/94 then \$12. info: SASE to SJW, PO Box 2705, South Vineland, NJ 08360

### October

- 19 2 Belleplain Beacon Century- sponsored by Shore Cycle Club, 100 mi. flat. sg, map, patch, marked route, snacks. \$10 till 9/6/94 then \$12. Info: SASE to SCC, 510 School House Lane, Tuckahoe, NJ 08250. Bill Lihou, 609-390-9184.
- 8-9 Sea Gull Century Road Trip- info: American Bicycle Club, Mike Abrams 215-886-6927
- 9 Sea Gull Century- map, sag, marked routes, lunch. info: SASE to Salisbury B.C. c/o Ed Payne, 708 Walnut, Pocomoke City, MD 21851
- 10 Covered Bridges Century- sponsored by Central Bucks Bike Club, map, sag, marked routes, lunch. info: SASE to CBBC, P. O. Box 295, Buckingham, PA 18912

72 MILES  
AWAY



# UPDATE

APRIL 11, 1994

SPECIAL EDITION 85



**CoreStates**

*Update Extra* is designed to bring you late-breaking news and will be published as needed between regular issues of *Update*. For further information, contact Dorothy Cauthorn, editor, ext. 32209 or via TOSS.

## CoreStates Boosts Women's Competitive Cycling

### *World's Top Professional and Amateur Women Cyclists Will Race in Conjunction With 10th CoreStates Championship*

We are announcing today that CoreStates will celebrate the 10th annual CoreStates USPRO Cycling Championship on June 5 by sponsoring the CoreStates Liberty Classic, the richest one-day women's cycling event in the world. The race is expected to attract up to 100 of the top professional and amateur women cyclists in the world and will run simultaneously with the CoreStates Championship on the same Philadelphia race course.

CoreStates is pleased to be able to take advantage of the high visibility of the CoreStates Championship to provide instant recognition to this premier women's event. Women's professional cycling worldwide in 1994 is in an early developing state similar to that of men's professional cycling in the U.S. when the CoreStates Championship was introduced in 1985. Providing a high-profile event to showcase emerging women's cycling professionals together with some of the finest amateur women cyclists is consistent with CoreStates' broader desire, in line with our CoreValues, to foster opportunities for women and other groups in fields in which they have had limited past opportunities.

The elite international group of women cyclists will begin the CoreStates Liberty Classic just ten minutes after the CoreStates Championship starts at 9 a.m. on Philadelphia's Benjamin Franklin Parkway. The CoreStates Liberty Classic is a 60-mile race around the same 14.4 mile course that has made the CoreStates Championship world

famous, including four trips up the infamous Manayunk Wall. During the morning, spectators will enjoy watching packs of men and women cyclists alternately pass the prime spectator points at approximate 15-minute intervals.

The CoreStates Liberty Classic is expected to finish at about 11:30 a.m., and the 156-mile CoreStates USPRO Championship will finish at about 3:00 p.m.

The field of cyclists is expected to include the reigning women's world road champion, Leontien VanMoorsel of Holland; Jeannie Ciprelli-Longo, the all-time French cycling legend and past world champion, and such U.S. cycling stars as Laura Charameda, Rebecca Twigg, and Jeanne Golay. VanMoorsel, Ciprelli-Longo and Charameda were the gold, silver and bronze winners in the women's road race in the 1993 World Championships; Twigg took the gold and set a world record in the individual pursuit; and Golay took the silver in the team time trial.

The CoreStates Liberty Classic, like the Championship, will be produced by International Cycling Productions, Inc., Stamford, Connecticut. The CoreStates Liberty Classic will be officially sanctioned by the United States Cycling Federation.

We hope you will join us in celebrating this very special event and the whole CoreStates Championship Festival in honor of the 10th running of the CoreStates Championship. You will be receiving further information about the Championship shortly.





# BIKE LINE®



Are you always staring down somebody else's back wheel? Have you heard the expression: If you're not the lead dog, the scenery never changes!! Well now is your chance to team up with the market leaders.....

 **BIKE LINE** & **TREK USA**

Bike Line features the exciting new line of Trek mountain, road, hybrid, and juvenile bikes. And with prices starting at a cool \$259.95 there is now a Trek within everybody's reach! Stop in to any of the 27 Delaware Valley Bike Line locations and see the full line of 1994 Treks including the hot new full suspension mountain bikes. When you visit be sure to join the Bike Line mailing list and apply for your own Bike Line credit card.

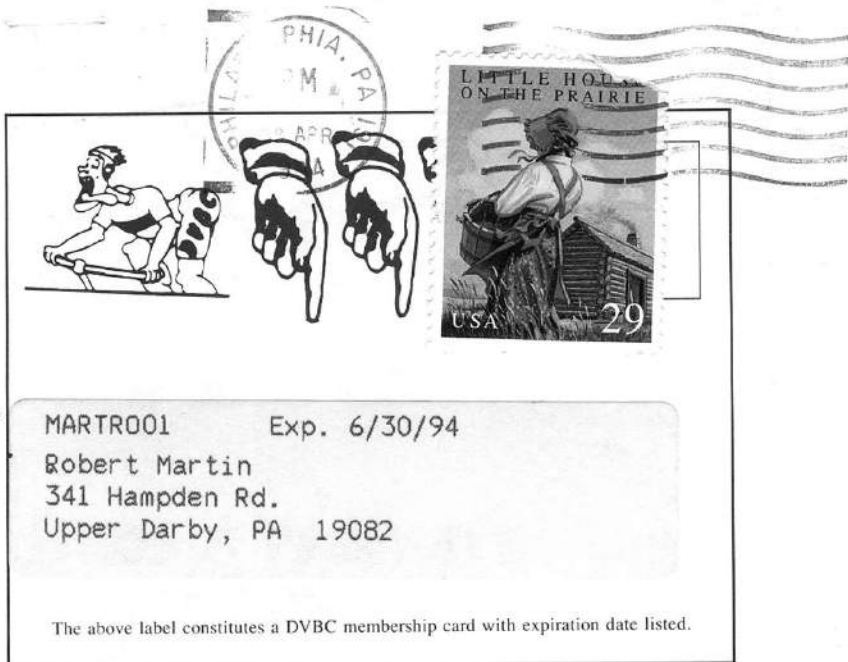
 **BIKE LINE**  
Setting the pace for fitness®

Joe Cyclist

123456789

# TREK USA

**IN PENNSYLVANIA:** ARDMORE BROOMALL EXTON EXETER GRANITE RUN  
MONTGOMERYVILLE OAK LANE OXFORD VALLEY PAOLI PHILADELPHIA:  
LOCUST ST., ARCH ST., 40th ST. PHOENIXVILLE POTTSTOWN WARMINSTER  
WAYNE WEST CHESTER **IN DELAWARE:** WILMINTON NEWARK  
PIKE CREEK DOVER BEAR **IN NEW JERSEY:** BERLIN CHERRY HILL MED-  
FORD OLD BRIDGE TURNERSVILLE



## FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all rides—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

### Application for DVBC Membership (Expires 1 year from date joined/renewed)

Please print clearly and use 9-digit Zipcode, if known.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Membership: \_\_\_\_\_ (per household) \$15.00

Membership includes: *DVBC Newsletter Magazine* (10 issues per year), discounts at most Club sponsors, Club subsidized events, and free *Bicycle Touring Newsletter* published quarterly (\$3 value). Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

### INTEREST SURVEY

I'll volunteer for:

#### Ride Pace

- ☐ Class D: *slow*  
☐ Class C: *average*  
☐ Class B: *brisk*  
☐ Class A: *fast*  
☐ Off-Road

- ☐ Ride Leader  
☐ Sag Wagon Driver  
☐ Tour Food Stop  
☐ Newsletter Editor  
☐ Newsletter Typist  
☐ Newsletter Collator  
☐ Advertising Coordinator  
☐ Newsletter Co-editor  
☐ Newsletter Delivery  
☐ Triathlon Editor

Please send your check or money order to:

**Delaware Valley Bicycle Club**  
P.O. Box 274  
Drexel Hill, PA 19026

*The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.*

I wish to donate to the DVBC Safety Foundation:

- ☐ \$1 ☐ \$2 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25

### Membership to DVBC Subdivisions

*You must join the main organization (left half of this form) in order to be able to join a DVBC subdivision.*

- ☐ \$7.00 DVBC-Team Drexel Hill (Road Racing)  
Drexel Hill Cyclery  
☐ \$5.00 Team Delaware Valley Bicycle Club  
Team Casual! (Road Racing)

Total Amount Enclosed