# DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

### **APRIL 1996**

FREE!

#### **DVBC PLANS TRIP TO SOMEWHERE?**

At the March 3 General Meeting, president Ernie Munns announced that he's considering suggestions for a future bicycling get-away. Ernie wants to leave the driving to a chartered bus company. So name your destination for enjoying scenic locales, lightly traveled roads and flat terrain.

#### NEWS FROM BONTRAGER AND KLEIN

Barry Ladd, Mid-Atlantic Sales Representative from Intrepid Bicycles, came to DVBC's March meeting to present the latest models from Intrepid's Klein and Bontrager divisions. Previously, Gary Klein and Keith Bontrager had been independent builders who worked to develop stronger and lighter frames -- Bontrager in steel and Klein in aluminum.

Last year, both builders joined Intrepid in an arrangement that allows Gary and Keith to engineer their innovations while enjoying the marketing advantages of big business. Klein and Bontrager along with Intrepid's Lemond and Fisher divisions produce bikes for the serious cyclist. Intrepid's mass market division is the prolific producer -- Trek.

Ladd brought two '96 model front suspension mountain bikes, and he distributed to us each builder's '96 catalog. Both demonstration bikes had Rock Shox forks. The Klein had a uni-pieced aluminum handlebar. Normally, aluminum would not be strong enough to endure the forces of mountain bike racing, but Klein's handlebar and stem system overcame the old weaknesses while offering aluminum's lightness. The Bontrager design featured two-pieced drop-outs that always align the wheel at the correct angle.

Klein is the originator of the fat-tube aluminum frame. Fat tubes stiffen the handling of the bicycle for more control. Cannondale bicycles have copied Klein's frame design, and Ladd reminded us that the big manufacturer from Pennsylvania had mustered its corporate *chutzpah* to fight a three-year's court battle for the marketing privileges.

#### Klein and Bontrager:

In working with steel, Bontrager has succeeded in using improved forging and welding techniques to create thin but strong tubed frames that maintain steel's friendly comfortable ride without the encumbrance of extra weight. To demonstrate the superior quality of Bontrager steel, Ladd allowed us to admire a hand-built frame of superior workmanship.

Now, both manufacturers are focused on the market. Klein has dropped from its lineup those models that appeal to less than 4% of the buying public (including the *Panache* which was designed for smaller riders), while adding those much demanded mountain bikes with suspension systems. Bontrager has plans underway to introduce a dual suspension mountain bike in 1997. -- A. Christine Martha

#### PREVIEW OF CROZER-KEYSTONE'S NEW HEALTHPLEX AT THE APRIL GENERAL MEETING

April's general meeting will feature representatives from Crozer-Keystone's new Healthplex at Springfield Hospital. DVBC members will preview the full featured health club -- a 25 metre pool, a heated therapy pool; an indoor 1/5 mile running track; indoor tennis courts; an aerobics studio; a cardiovascular room with treadmills, stationary bikes and rowers; basketball courts and a children's gymnasium -- all of these features plus a parking garage, a restaurant and the medical scrutiny of a hospital's staff of physicians and licensed therapists for programs in physical rehabilitation and cardiovascular care for people of all ages. -- A. Christine Martha

MAY 19, 1996 DVBC's FREEDOM TOUR RIDLEY PARK, LOT 15

#### **Board of Directors**

 President
 (610) 259-3327

 Vice President
 (610) 789-0187

 Dan Coraluzzi
 (610) 449-6154

 Frank Havnoonian
 (610) 449-6154

 Secretary
 John Roman
 (610) 853-2915

 Members at Large
 Gina Bezdziecki
 (610) 525-0129

#### **DVBC Newsletter Staff**

Editors	Ernie Munns
	Chris Martha
Racing Editors	Frank Havnoonian
	Rich Patterson
Special Events	Rich Patterson
	Richard Hoell
	Ira Josephs
Assembly	Frank Havnoonian
	s Mike Keating

#### **Ride Coordinator**

All Rides: Ira Josephs

10 Applebough La. Rose Valley, PA 19065 (610) 565-4058

Please contact the Ride Coordinator before the 7th of each month.

#### Club Addresses

Editor:

DVBC P.O. Box 274 Drexel Hill, PA 19026

Membership & Club Box: DVBC P.O. Box 274 Drexel Hill, PA 19026

Newsletter/Special Events: DVBC P.O. Box 274 Drexel Hill, PA 19026 Items for Sale & Ride Reports:

DVBC P.O. Box 274 Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.

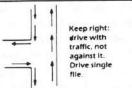


League of American Bicyclists The National Organization of Bicyclists 190 W. Ostend St., Suite 120 Baltimore, MD 21230-3731

#### **DVBC Meeting Place**

Delaware County Peace Center, 1001 Old Sproul Rd. (near car wash at Rt. 320 & Old Marple Rd.). First Monday of month. Doors open at 7:00 p.m. Public welcome.

# STOP Obey all applicable traffic regulations, signs, signals and markings.





Watch out for car doors opening, or for cars pulling into traffic.





Protect yourself at night with the required reflectors and lights.



Use hand signals to indicate turning or stopping.

#### Ride Guidelines

- 1. Arrive 10 to 15 minutes early and be READY TO LEAVE ON TIME! Rides will start no more than 5 to 7 minutes late!
- 2. Make sure your bike is in proper working order BEFORE you arrive.
- 3. Carry a spare tube, patch kit, pump and water bottle.
- 4. Practice safety and obey all traffic laws.
- 5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all rides.)
- 6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.
- 7. RIDE CLASSIFICATIONS:
  - CLASS D: For new, inexperienced riders or families: speed 5 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
  - CLASS C-: For average riders: 7 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 30 miles.
  - CLASS C+: Also average riders: 9 10 mph, rest stops every 45 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
  - CLASS B: For more experienced riders: 11 12 mph, stops every 15 20 miles. No obligation to wait for stragglers
  - if cue sheets or maps are provided.

    CLASS B+: For strong riders: 13 15 mph, stops every 20 30 miles. No obligation to wait for stragglers if cue sheets
  - or maps are provided.

    CLASS A: For very strong riders: 16 20 mph, stops every 30 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
  - TIME TRIAL: Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
- 8. Each rider assumes his/her own risk on all time trials and touring rides.
- 9. Those who ride ahead of the group are on their own ride.
- 10. Always notify the ride leader before leaving the group.
- 11. Ride leaders should adhere to the advertised speed of the ride.
- 12. Ride leaders are not expected to be bike mechanics.

NOTE: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events oprganized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

# RIDECALENDAR

# \*Free membership for ride leaders Helmet use is mandatory on all rides!

Mon, Apr 1 • 7:30 p.m.  DVBC Meeting	Doors open at 7:00, meeting starts at 7:30. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Thu, Apr 4 • 7:30 a.m. Miles: 5-30 • Class ℂ Pancake Breakfast	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). Each Thursday enjoy an easy-paced ride to a different local restaurant for a pancake breakfast. Bring money for breakfast. Please call if you are coming and get details then. Joel and Kate Perlish: (610) 789-7673.
Sat, Apr 6 • 9:30 a.m. Miles: 60-65 • Class B Brandywine & Dutch	Meet at the East Bradford Elementary School on Copeland School Rd., just off the Rt. 322 bypass around W. Chester. We'll ride up one branch of the Brandywine River into Lancaster County, do lunch at a diner in Gap, and return to West Chester along the other branch. Mostly level for the area with some hills. This ride is a good warmup for the BBC's much hillier Taxing Metric next week. Very scenic. For more information call Doug Kennedy at (610) 543-4664 or Rich Bernhard at (610) 284-2019.
Sat, Apr 6 • 9:30 a.m. Miles: 50 • Class <b>B</b> + Media-Northbrook	Meet at Rose Tree Park on Rt. 252 above Rose Tree Rd and Rt. 1 in Media. This will be a brisk ride passing through the Ridley, Chester and Brandywine Creek valleys. Bring money for a snack at Northbrook Orchards. For more information call Charlie Stockley at (610) 586-9759.
Sun, Apr 7 • 10:30 a.m. Miles: 20 • Class C Ridley Creek St Park	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy this leisurely ride to scenic Ridley Creek State Park & back. For more information, or if the weather is questionable, call Bob Martin at (610) 352-2114.
Mon, Apr 8 • 7:00 p.m.  DVBC Board Meeting	DVBC Executive Board Meeting at 7:00 p.m. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Thu, Apr 11 • 5:15 p.m. Miles: 15 • Class C Fran's Thursdays	Meet at Cheyney College for rides in the general Chester Creek valley area. Mileage is approximate. Route and distance will vary depending on weather and participants so be sure to call ahead first. For more info you can reach Fran at (610) 431-2675.
Thu, Apr 11 • 7:30 a.m. Pancake Breakfast	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). See April 4 for details. Joel and Kate Perlish: (610) 789-7673.
Sat, Apr 13 • 9:30 a.m. Miles: 50 • Class B+ RTP Fast Show & Go	Meet at Rose Tree Park on Rt. 252, just north of Rose Tree Rd. and Rt. 1, Media. This ride will be fast, but where it will go will be determined by the group. For more information call Charlie Stockley at (610) 586-9759.
Tue, Apr 16 • 7-9:00 p.m. Delco Cycling Committee	Delaware County Cycling Committee Meeting, Helen Kate Furness Library, Providence Rd., Wallingford, PA. For more info call Ira at (610) 565-4058.
Wed, Apr 17 • 4:30 p.m. Miles: 15-30 • Class C+/B- Chester County I	Meet at the Brandywine Picnic Park, 7-8 miles west of West Chester off Rt. 842. Join us for a late afternoon/early evening ride through scenic Chester County. Ride over rolling hills, past horse farms and old farmhouses. Call DAK Adventures at (610) 384-0134 for directions and more information.
Thu, Apr 18 • 5:15 p.m. Fran's Thursdays	Meet at Cheyney College for rides in the general Chester Creek valley area. Mileage is approximate. Route and distance will vary. Be sure to call ahead first. Fran: (610) 431-2675.
Thu, Apr 18 • 7:30 a.m. Pancake Breakfast	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). See April 4 for details. Joel and Kate Perlish: (610) 789-7673.
Sun, Apr 21 • 1:00 p.m. Miles: 25 • Class C Gladwyne	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy a hilly, but easy-paced ride to Gladwyne through some very scenic areas. Call ride leader Frank Havnoonian at (610) 449-3305 (evenings) for more information.
Wed, Apr 24 • 4:30 p.m. Miles: 15-30 • Class C+/B- Chester County II	Meet at the Brandywine Picnic Park, 7-8 miles west of West Chester off Rt. 842. Join us for a late afternoon/early evening ride along the East branch of the Brandywine Creek. Distance will vary based on daylight & group interest. Call DAK Adventures at (610) 384-0134 for directions and information.
Thu, Apr 25 • 5:15 p.m. Fran's Thursdays	Meet at Cheyney College for rides in the general Chester Creek valley area. Mileage is approximate. Route and distance will vary. Be sure to call ahead first. Fran: (610) 431-2675.
Thu, Apr 25 • 7:30 a.m. Pancake Breakfast	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). See April 4 for details. Joel and Kate Perlish: (610) 789-7673.
Sun, Apr 28 • ? Miles: 40-50 • Class C+/B- BCP Swap Meet Ride	Ride from the Media/Rose Valley area into Phila. for Bicycle Club of Philadelphia's annual Swap Meet at the Phila. Art Museum. Bring lunch & panniers: bargains abound! The hours of the Swap Meet are 11-4. Call Ira Josephs at (610) 565-4058 for starting time and location of the ride.

\*Free 1996 membership for anyone leading 4 or more listed rides in 1995. Call Ira (610-565-4058) or Doug (610-543-4664) for details.

March 20, 1996
Delaware Valley Bicycle Club
P. O. Box 274
Drexel Hill, PA 19026

Citizens to make Delaware County Green Again P. O. Box 1536
Media, PA 19063

#### Dear Sirs:

We are writing to you to express our enthusiastic support for Citizens to Make Delaware County Green Again's proposal to regreen Delaware County's developed communities and to save our vanishing open spaces. We there fore endorse the \$100 million bond referendum appearing on the April 23 ballot. These dollars are needed to fund the proposal's recommended strategies including:

- street tree planting, pocket park development and the regreening of the county's developed communities;
- purchases by townships, boroughs and the county of parkland and the preservation of open space;
- protection of ecologically-sensitive areas and our remaining farms;
- · stream corridor protection to reduce flooding and erosion;
- reclamation and revitalization of riverfront areas.

We agree that this program is a vital part of any strategy to keep Delaware County's communities economically strong and ecologically healthy. We also permit you to list us as endorsers of the April 23 bond referendum in materials supporting its passage.

Sincerely,

## 1996 Bicycling Events Calendar

# **April**

- **14: Taxing Metric Century.** Send SASE to: Brandywine Bicycle Club, P. O. Box 3162, West Chester, PA 19381.
- **21:** Horsham Rotary Ride. 5, 18, 40 miles. Start from College Settlement Camp, 400 Witmer Rd., Call Frank Gerome (215) 542-7974.
- 21: Tea Burner Century: Carmel, NJ. Mel Kornbluh, (609) 451-5104.
- 28: BCP Swap Meet Fairmount Park Waterworks.

# May

- 4: Williamsport, PA Spring Fling. 25/50/100 mi. \$10 by 4/27. Grier's House, 1616 Lafayette Parkway, Loyalstock, PA
- 4: Farmlands Flat Tour. Central Jersey. Call Mike Kruimer (908)287-9447.
- 5: Mexican Metric Century. Send SASE to Suburban Cyclists Unlimited, P.O. Box 401, Horsham, PA 19044.
- **11: MS Spring Cycling Classic**. (215) 2711500,(609)858-6900 or (800)445-BIKE
- 18: Pinelands Triple Loop. 18/62/100 beginning at historic Basto Village. Free T shirt to preregistrants before 5/1. Shore Cycle Club, P. O. Box 492, Northfield, NJ 08225, c/o Walter Dickerson (908) 899-8310 or Linda Krass (609)652-0880.
- 19: John Pixton Memorial Poker Ride. ATB 20/50/65 mi. Send SASE to Pennsylvania Bicycle Club, c/o Laurama Pixton, 445 Dreshertown Road, Ft. Washington, PA 19034.

#### May:

**19:** Freedom Tour. 8/ 28/ 35/50/ 65 mi. Send SASE to Delaware Valley Bicycle Club, P. O. Box 274, Drexel Hill, PA 19026.

**24-27: 14th Annual BBC Kent County Spring Fling:** SASE to KCSF 1996 3212 Midfield Road, Baltimore, MD 21208.

#### June

1: Atlantic City Rescue Mission Ride. 20/28/50/62 mi. Start from Marriott

Seaview Golf Club, Absecon, NJ. Ride is a benefit for the homeless. \$25, includes T shirt, map and sag. Prizes for top fund raisers. Shore Cycle Club, P.O. Box 492, Northfield, NJ 08225 c/o Janet Reinhard (609)965-4823.

- 2: Freedom Valley Bike Ride. Bicycle Coalition of Delaware Valley, P. O. Box 8194, Philadelphia, PA 19101.
- 15: Jersey Double: Western Jersey Wheelmen's 200 mi. ride from dawn through dusk. Sag, cue sheets, marked route, T shirt! SASE to: Bruce Thomson, 213 Black River Road, Long Valley, NJ 07853-3067, (210)285-5010 --day; (908) 879-6477 -- eve.
- 21-23: Philadelphia to D.C. AIDS Ride. 250 mi. \$45 to register plus pledges. SASE to Philadelphia-D.C. AIDS Ride, 1215 Connecticut Ave, NW, 3rd Fl., Washington, DC, 20036.

# July

- 7: Delaware Doublecross: White Clay BC. 8 AM, Port Penn, DE. \$8 before 6/30; \$10 at start. SASE; Aaron Chen, 446 Haystack Drive, Newark, DE 19711, (302) 731-1456.
- 14: ACS Bike-a-thon. 215-985-5314.

## August

18: Covered Bridges Metric Century. Lancaster Bicycle Club, P. O. Box 535, Lancaster, PA 17608

# September

8: Brandywine Tour: 28, 50, 100 mi. SASE to Delaware Valley Bicycle Club, P. O. Box 274, Drexel Hill, PA 19026

8: BCP Century: New Routes! Sag, T-shirt if preregistered, cues and fab food! SASE to BCP Century, P. O. Box 30325, Phila. PA 19103

10: 10th Annual Amish Country

**Tour:** White Clay BC. 7 A.M. Near Visitor Center, Federal Street, Legislative Mall, Dover, DE. \$15 before 9/2/96; \$20 at start. Painted route, map, sag wagon, food stop, water bottle. SASE: Amish Country Tour, PO Box 1729, Dover, DE (302) 739-BIKE or (302) 697-6400.

14: Savage Century: White Clay BC. 7
A.M. Hollingsworth Parking Lot, University of DE,
North College & Cleveland Avenues, Newark, DE.
\$9 before 9/8; \$12 at start. Painted route, map,
sAg wagon, food stop, water bottle. SASE: Dave
Bundas, 321 Indian Town Road, Landenberg, PA
19350, (610) 255-0799.

22: Lake Nockamixon Century. Suburban Cyclists Unlimited. 7 AM, Hatboro Horsham High School, Rt. 463 & Babylon Rd., Horsham, PA. SASE to SCU, P. O. Box 401, Horsham, PA 19044.

28-29: MS City to Shore: 1-800-445-BIKE.

28-29: Rehoboth Twin Century: White Clay BC. & A.M., Hollingsworth Parking Lot, University of DE, North College & Cleveland Avenues, Newark, DE. \$22 per person (double occupancy) before 9/20/96. SASE: Don Carbaugh, 49 Marsh Woods Lane, Wilmington, DE 19810, (302) 529-7929.

#### October

**5: Seagull Classic:** Salisbury State University Bicycle Club, Salisbury, MD.

13: CBBC Covered Bridges Metric Century: Tinicum Park, PA Rt. 32.

#### OCTOBER:

**18-20: 8th Annual Cape May Weekend:** White Clay BC. Symrna High School, Symrna, DE. \$80 per person includes two nights lodging. SASE: Chuck Harris, 10 Stockwell

Road, Wilmington, DE 19809. (302) 764-2644.

#### DVBC TOUR PLANNER

May 25-27: Tour of New England, Difficult trip covering all 6 New England states in 3 days. (140 miles on the first day) \$100 covers 2 nights lodging, meals, and SAG. Contact Charles River Wheelmen c/o Jamie King, 31 pleasantdale Rd., West Roxbury, MA 02132 (617)325-1433 before May 1.

June 7-10: G.E.A.R. Millersville, PA. LAB. 413-288-BIKE.

JUNE 16-23: Pedal Pennsylvania, Great Northern Crossing Erie to Philadelphia. SASE to Bob Ingersoll, 1914 Brandywine Street, Phila., PA 19130.

JUNE 21-26: Bike Virginia Civil War Odyssey. SASE: Bike Virginia, P.O. Box 203, Williamsburg, VA 23187-0203. (804) 229-0507.

JULY 3-7: LAB National Rally, Dayton OH. 1-800-288-BIKE.

JULY 21-27: Pedal Pennsylvania, 7-Day Pittsburgh to Philadelphia. SASE to Bob Ingersoll, 1914 Brandywine St., Philadelphia, PA 19130.

JULY 21-27: CAM Cycle Across
Maryland Tour. SASE to CAM VIII, 7
Church Lane -- Suite 8, Baltimore, MD 21208.
Applications will be sent in March. Limited to 1,500.

July 28-- August 2: Maine Moose Tour: SASE: Maine Wheels Bicycle Club, ic/o Meerle and Molly Glines, 225 Paris Hill Road, South Paris, Maine 04281. (207) 743-2577.



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: PAOLI

610-647-8023

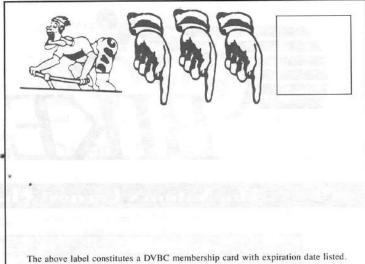
PHOENIXVILLE 610-935-9111 MONTGOMERYVILLE 215-361-7900

> POTTSTOWN 610-970-1866

· WAYNE 610-687-1110

WEST CHESTER 610-436-8984





# FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all ridess—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Application for DVBC Membership (Expires 1 year from date joined/renewed)  Please print clearly and use 9-digit Zipcode, if known.  Name:			The DVBC Safety Foundation is established to promote bicycle safety in the Delaware Valley using posters, flyers, bumper stickers and rewards.					
AD1078890000000000000000000000000000000000		A 11 1	I wis	h to do	onate to the	DVBC Safet	y Foun	dation:
		: Zip:	□ \$1 [	□ \$2	□ \$5 □ \$	10 🗆 \$15	□ \$2	0 🗆 \$25
	Date of							
Membership:		(per household) \$15.00	Min in the Control					
Touring Newsletter	published quarterly (\$ and helps influence	dized events, and free Bicycle 3 value). Your membership local government decisions		Men	nbership to	DVBC Sub	divisio	ns
Ride Pace	I'll volunteer for:		You must join the main organization (left half of this form)					
☐ Class D: slow	☐ Ride Leader ☐ Newsletter Collator		in order to be able to join a DVBC subdivision.					
☐ Class C: average ☐ Class B: brisk ☐ Class A: fast ☐ Off-Road ☐ Sag Wagon Driver ☐ Tour Food Stop ☐ Newsletter Editor ☐ Newsletter Typist	☐ Advertising Coordinator ☐ Newsletter Co-editor ☐ Newsletter Delivery	□ \$7.	00	DVBC-Tear	m Drexel Hi		nd Racing) ill Cyclery	
		☐ Triathlon Editor	□ \$5.	00		Delaware Val Team Casual!		
Please send your	check or money order	to:				cum cumun	(2100	id ridenig/
Delaware Valley Bicycle Club P.O. Box 274		Total Amount Enclosed						
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