DELAWARE VALLEY BICYCLE CLUB

P.O. Box 274, Drexel Hill, PA 19026

AUGUST 1996

FREE!

General Meeting -- August 5th

DVBC's next general meeting will be Monday night, August 5th at the Delaware County Peace Center, 1001 Old Marple Rd., between Springfield and Sproul Rds. at 7:30 P.M.

Ernie Munns and Ira Josephs have invited Tom Sexton, Pennsylvania Chapter Coordinator for the Rails to Trails Conservancy to talk to us about the Rails to Trails Conversion Projects currently under development in the Delaware Valley.

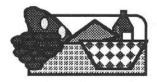
Club Picnic -- August 25th

DVBC returns to Ridley Creek State Park, Area 15 on Sunday, August 25th for the club's annual summer picnic. Hopefully the later date will allow everyone to escape the worst of summer's heat and humidity.

Two rides have been scheduled for the morning. At 9 A.M. Charlie Stockley takes off with the advanced riders for a faster paced (14-16 mph.) challenging ride through the surrounding horse-farm countryside. Then, at 10 A.M., Frank Havnoonian leads the intermediate riders on a slower paced (12-14 mph.) ride around Ridley and Westtown.

The picnic cook-out begins at noon, and the club is providing all the 'dogs, 'burgers, veggies and munchies. This year, the picnic is free. Spouses, kids, and significant others are welcome. Please call Ernie Munns, (610-259-3327) for reservations. Members who wish to contribute salads or desserts should call Gina (610-525-0129).

Come and spend the afternoon playing favorite outdoor games. Charlie is bringing the horseshoes. Frank has found a volleyball, but he is still looking for a volleyball net with standards. Please call Ernie if you can offer the net or equipment for other lawn games such as croquet or badmitten.



July 1 Program -- Harry Havnoonian

This year marks Harry Havnoonian's 20th anniversary in designing, building and marketing custom-made bicycles. Harry made his annual presentation at DVBC's July 1 meeting. This time, he brought along an unfinished tandem frame to explain a new tube design that minimizes frame flex.

Tandems, like touring bicycles, have long wheel bases, which expose the long tubes to the stressful forces of flex whenever the bicycle turns corners. Eventually, the stress makes tubes fail. Taking a cue from those fat-tubed aluminum bikes, Harry has created oval-shaped fat tubes of cro-moly, and he filet-brazes them together to give the tandem stiffness and flex resistance.

Most tandems are built from steel tubes, because steel is the strongest material that best absorbs the stress of frame flex. Steel tandem frames are heavy, but not Harry's. A finished HH racing tandem equipped with Dura-Ace STI components and light wheels tips the scales at merely 38 pounds.

As a testimony to the efficiency of the HH racing tandem, Harry points out that two senior riders with a combined age of 110 years have just recently taken second place in the U. S. Nationals on an HH tandem. The duo "smoked" a humongous196 inch gear (60 x 11) most of the way!

Harry also teasingly points out that the stoker on his tandem doesn't ride with his face pressed into the captain's back side, because the HH tandem has a longer toptube for the stoker's position.

Next year, Harry will be redesigning his steel bicycles with fatter and thicker down tube walls and with round to oval (rather than round to oval to round) chainstays for labor-reducing, and thus cost reducing, pre-assemblies. Harry claims he needs the new design and production techniques to remain competitive in the custom framebuilding business. However, the cost-reducing techniques will not sacrifice the exceptional quality of HH steel bicycles. The overall benefit will be increased fatigue life of the steel and a longer life for the bicycle frame. These future HH steel bicycles could become the collectors' prizes of the twenty-second century! --- Christine Martha

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 (610) 789-0187

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 (610) 449-3305

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Mailing Labels	Mike Keating

Ride Coordinator

All Rides: Ira Josephs

10 Applebough La. Rose Valley, PA 19065 (610) 565-4058

Please contact the Ride Coordinator before the 7th of each month.

Club Addresses

Editor:

DVBC P.O. Box 274 Drexel Hill, PA 19026

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Newsletter/Special Events: DVBC P.O. Box 274 Drexel Hill, PA 19026 Items for Sale & Ride Reports:

DVBC P.O. Box 274 Drexel Hill, PA 19026

The views expressed in this publication are not necessarily the views of the Delaware Valley Bicycle Club, nor do we endorse products or services advertised.

Letters to the Editor must be signed to be considered for publication.



League of American Bicyclists The National Organization of Bicyclists 190 W. Ostend St., Suite 120 Baltimore, MD 21230-3731

DVBC Meeting Place

Delaware County Peace Center, 1001 Old Sproul Rd. (near car wash at Rt. 320 & Old Marple Rd.). First Monday of month. Doors open at 7:00 p.m. Public welcome.





Keep right: drive with traffic, not against it. Drive single file.



Watch out for car doors opening, or for cars pulling into traffic.





Protect yourself at night with the required reflectors and



Use hand signals to indicate turning or stopping.

Ride Guidelines

- 1. Arrive 10 to 15 minutes early and be READY TO LEAVE ON TIME! Rides will start no more than 5 to 7 minutes late!
- 2. Make sure your bike is in proper working order BEFORE you arrive.

3. Carry a spare tube, patch kit, pump and water bottle.

4. Practice safety and obey all traffic laws.

- 5. Wearing a helmet is usually not mandatory, but is encouraged. (A helmet is mandatory for all rides.)
- 6. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience.

7. RIDE CLASSIFICATIONS:

- CLASS D: For new, inexperienced riders or families: speed 5 7 mph, frequent stops, as few hills as possible. Group will wait for all riders. Mileage usually less than 10 miles, but longer distances permissible.
- CLASS C-: For average riders: 7 8 mph, rest stops as needed. Group will wait for stragglers. Distance recommended: 10 - 30 miles.
- CLASS C+: Also average riders: 9 10 mph, rest stops every 45 60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided by the ride leader.
- CLASS B-: For more experienced riders: 11 12 mph, stops every 15 20 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- CLASS B+: For strong riders: 13 15 mph, stops every 20 30 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- CLASS A: For very strong riders: 16 20 mph, stops every 30 50 miles. No obligation to wait for stragglers if cue sheets or maps are provided.
- TIME TRIAL: Timed event. Again, you must obey all traffic laws. A hard helmet is mandatory. You must yield the right of way at all times. Club time trials should not be regarded as races, but as training rides.
- 8. Each rider assumes his/her own risk on all time trials and touring rides.
- 9. Those who ride ahead of the group are on their own ride.
- 10. Always notify the ride leader before leaving the group.
- 11. Ride leaders should adhere to the advertised speed of the ride.
- 12. Ride leaders are not expected to be bike mechanics.

NOTE: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the Ride Leader if in doubt. All Club rides are rated according to degree of difficulty. If you're in doubt about your cycling ability, try out a ride one class below the one you're not sure about and then work your way up. The general public is invited to all events oprganized and conducted by Delaware Valley Bicycle Club. A program is presented by the Club for bicyclists of all ages, all abilities, and all interests. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

RIDE CALENDAR

*Free membership for ride leaders Helmet use is mandatory on all rides!

Thu, Aug 1 • 6:30 a.m. Miles: 15-25 • Class B Daily Pre-Work Ride	Get your day off to an energetic start with various rides out of the Drexel Hill area. Longer rides will be done in other locations on the weekends. Starting time is approximately 6:30 - 7:00 a.m.; call for exact time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187.
Sun, Aug 4 • 8:00 a.m. Miles: 20-40 • Class B Sundays w/ Dan & Tom	Come out for the slightly longer, weekend version of the Pre-work ride. Starting time is around 8 a.m. Call Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187 for strating time, location and ride distance.
Sun, Aug 4 • 9:00 a.m. Miles: 25 • Class C Gladwyne	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy a hilly, but easy-paced ride to Gladwyne through some very scenic areas. Call Saturday night if you are coming. Frank Havnoonian: (610) 449-3305 (evenings) for more information.
Mon, Aug 5 • 6:30 a.m. Miles: 15-25 • Class B Daily Pre-Work Ride	Get your day off to an energetic start with various rides out of the Drexel Hill area. Longer rides will be done in other locations on the weekends. Starting time is approximately 6:30 - 7:00 a.m.; call for exact time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187.
Mon, Aug 5 • 7:30 p.m. DVBC Meeting	Doors open at 7:00, meeting starts at 7:30. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Wed, Aug 7 • ? Miles: 40-45 • Class C The Wed. Group	If interested in riding on Wednesdays at a "C" level, 40-45 miles, with a regular meeting group, call Fran at (610) 431-2675.
Sun, Aug 11 • ? Miles: 30-40 • Class C Bike Camping	Join Ira Josephs and family for the 2nd annual bike/camping trip during the Perseid meteor shower. Includes camping overnight at a nice dark location to view the meteors. Mileage is per day. Get more details from Ira at (610) 565-4058.
Sun, Aug 11 • ? Miles: 20 • Class C Ridley Creek St Park	Meet at the Drexel Hill Cyclery at 703 Burmont Rd., Drexel Hill. Enjoy this leisurely ride to scenic Ridley Creek State Park & back. Expect a few hills. For the starting time, other information, or if the weather is questionable, call Bob Martin at (610) 352-2114.
Sun, Aug 11 • 8:00 a.m. Miles: 20-40 • Class B Sundays w/ Dan & Tom	Come out for the slightly longer, weekend version of the Pre-work ride. Starting time is around 8 a.m. Call Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610)789-0187 for strating time, location and ride distance.
Mon, Aug 12 • 6:30 a.m. Miles: 15-25 • Class B Daily Pre-Work Ride	Get your day off to an energetic start with various rides out of the Drexel Hill area. Longer rides will be done in other locations on the weekends. Starting time is approximately 6:30 - 7:00 a.m.; call for exact time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187.
Mon, Aug 12 • 7:00 p.m. DVBC Board Meeting	DVBC Executive Board Meeting at 7:00 p.m. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd., Springfield.
Wed, Aug 14 • ? Miles: 40-45 • Class C The Wed. Group	If interested in riding on Wednesdays at a "C" level, 40-45 miles, with a regular meeting group, call Fran at (610) 431-2675.
Sun, Aug 18 • 8:00 a.m. Miles: 20-40 • Class B Sundays w/ Dan & Tom	Come out for the slightly longer, weekend version of the Pre-work ride. Starting time is around 8 a.m. Call Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610)789-0187 for strating time, location and ride distance.
Mon, Aug 19 • 6:30 a.m. Miles: 15-25 • Class B Daily Pre-Work Ride	Get your day off to an energetic start with various rides out of the Drexel Hill area. Longer rides will be done in other locations on the weekends. Starting time is approximately 6:30 - 7:00 a.m.; call for exact time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187.
Tue, Aug 20 • 7-9:00 p.m. Delco Cycling Committee	Delaware County Cycling Committee Meeting, Helen Kate Furness Library, Providence Rd., Wallingford, PA. For more info call Ira at (610) 565-4058.
Wed, Aug 21 • ? Miles: 40-45 • Class C The Wed. Group	If interested in riding on Wednesdays at a "C" level, 40-45 miles, with a regular meeting group, call Fran at (610) 431-2675.
Thu, Aug 22 • 7:30 a.m. Miles: 5-30 • Class C Pancake Breakfast	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). Most Thursdays enjoy an easy-paced ride to various restaurants for a pancake breakfast. Bring money for breakfast. Please call if you are coming and get details then. Joel and Kate Perlish: (610) 789-7673.

Ride Calendar, continued

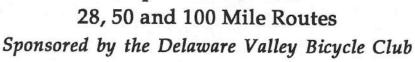
Sat, Aug 24 • 8:00 a.m. Miles: 38 • Class C+/B- Famous 38	Meet at the Springfield Friends Meeting/Delaware County Peace Center, 1001 Old Sproul Rd. (near Rts. 1 & 320), Springfield. Enjoy some of Delaware County's most beautiful scenery at a moderate pace. Expect a few serious hills, though. Call Walt at (610) 543-2608.
Sun, Aug 25 • ? DVBC Picnic	Don't miss our annual club picnic. See elsewhere in this issue for details.
Sun, Aug 25 • 8:00 a.m. Miles: 20-40 • Class B Sundays w/ Dan & Tom	Come out for the slightly longer, weekend version of the Pre-work ride. Starting time is around 8 a.m. Call Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610)789-0187 for strating time, location and ride distance.
Mon, Aug 26 • 6:30 a.m. Miles: 15-25 • Class B Daily Pre-Work Ride	Get your day off to an energetic start with various rides out of the Drexel Hill area. Longer rides will be done in other locations on the weekends. Starting time is approximately 6:30 - 7:00 a.m.; call for exact time and location: Tom Sota at (610) 789-7248 or Dan Coraluzzi at (610) 789-0187.
Wed, Aug 28 • ? Miles: 40-45 • Class C The Wed. Group	If interested in riding on Wednesdays at a "C" level, 40-45 miles, with a regular meeting group, call Fran at (610) 431-2675.
Thu, Aug 29 • 7:30 a.m. Miles: 5-30 • Class C Pancake Breakfast	Meet at Manhattan Bagel in the Manoa Shopping Center (W. Chester Pk. & Eagle Rd., Havertown). Most Thursdays enjoy an easy-paced ride to various restaurants for a pancake breakfast. Bring money for breakfast. Please call if you are coming and get details then. Joel and Kate Perlish: (610) 789-7673.
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^{*}Free 1996 membership for anyone leading 4 or more listed rides in 1995. Call Ira (610-565-4058) or Doug (610-543-4664) for details.



20th Annual Brandywine Tour!

September 8, 1996 28, 50 and 100 Mile Routes





PLACE: Chadds Ford School on Route 1 (1/4 mile west of Route 100), Chadds Ford, PA.

COST: \$8.00 pre-registration (postmarked by September 1, 1996); \$10.00 at the gate. Tour will be held rain or shine!

Expected Attendance: 350-500 riders.

Services Provided by DVBC: Food stop, maps, sag wagon, portable rest rooms and well marked routes.

Routes: Scenic country back roads through the beautiful Brandywine River Valley. Century route passes through three counties including Lancaster County. Full and Half-Centuries pass through King's Cattle Ranch in Buck and Doe Run. The 28-mile route is mostly flat except for Harmony Hill Road which has a covered bridge. All riders have a food stop in Embreeville. Century riders also have a food stop in Lancaster County.

Description: You travel at your own pace, with family or friends, or make new cycling friends. All ages, all abilities and all types of bikes are welcome. The 28-mile route is a great opportunity for newer cyclists and leisure riders. Meet new biking friends with similar abilities while enjoying an outstanding ride.

Safety: HELMETS ARE MANDATORY. Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws.

We recommend carrying a spare tube/patch kit, tire pump & tire irons. Each rider assumes his/her own responsibility.

About DVBC: DVBC promotes all forms of cycling! Paid membership exceeds 200 cyclists. We're affiliated with LAW, Pa. Bike Federation, USCF, and the Bike Coalition of Delaware Valley. DVBC is the premier bike club in Delaware County and a nonprofit organization. We lead several free rides every month for all levels of cyclists. Our monthly meetings are open to the public.

More Information: Please call Frank at (610) 449-3305 or Ernie (610) 259-3327.

	20th Annual Brand	lywine Tour re-registration Fo		nber 8, 19	96	
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Address:						
City:				Zij	p:	
Phone: ()	Age:	Distance: 28	miles 🛘	50 miles	100 miles □	2 0
rising out of or connected in part of the persons mentioned. I further understand that mortal or serious personal injournal to a o assume those risks and to a otherwise be liable to me (or a	rended to discharge in advance the nunicipalities or other public entity any way with my participation in dabove. serious accidents occasionally occuries, and/or property damage, as release and hold harmless all of the my heirs or assigns) for damages. dagreed that this waiver, release,	nes (and their respections and event, even though a cur during bicycle rid is a consequence thereo are persons or entities in	ve agents and gh that liability ing; and that f. Knowing the nentioned abo	employees), from y may arise out of participants in bi e risks of bicycle ri ve who (through)	n and against any and f negligence or careles icycle riding occasion ding, nevertheless, I negligence or careles	l all liabilit sness on th ally sustai
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	s of age, then your parent or guardian must end this signed form with a check		Brandywi	ne Tour Valley Bicycle	then your parent or guardia	n must sign)

August Bicycling Events

- 2-4: Blue & Gray Rally: Bicycle Federation of PA, Gettysburg U. \$50 plus room & board. Register by 6/7. SASE to B&G '96, c/o Tom Helm, 480 Saint Johns Dr., Camp Hill, PA 17011-1331. (717) 975-0888.
- 3: The Princeton Event: Princeton, Rider U. 15-100 mi. Flat to mod hilly. \$15 until 7/19 then no T-shirt; map, sag, marked rte, bike adjustments, T-shirt for pre-registrants. Princeton Freewheelers, Phyllis Suber,, P. O. Box 1204, Princeton, NJ 08542-1204 (609) 921-6685.
- 10: Dog Daze Century: Brandywine Bicycle Club. 25/52/55/107 miles at 7:30 A.M. from Nottingham County Park, U.S. 1 and Route 272. \$10 includes map, marked route, sag wagon, lunch, patch and water bottle. SASE: BBC c/o O'Brien Byrnes, PO Box 3162, W. Chester, PA 19381 or call (610) 363-7743.
- 10: Bridgeton Zoo Ride: Centerton, NJ. Schalick H. S. 25/50/100 mi. Flat to rolling. \$10 until 8/2; then \$15. Patch, sag, route marks, lunch, cue sheets. Helmet req'd. South Jersey Wheelmen, P.O. Box 2705, Vineland, NJ 08366-1076. Call: (609) 848-6123.
- 18: Covered Bridges Metric Century. 100/50/25 km. Lancaster Bicycle Club, P. O. Box 535, Lancaster, PA 17608-0535. 8 A.M. at Greenfield Corporate Center, two miles east of Lancaster off Rte. 30 at Greenfield Rd. exit. \$13 registration after July 27. \$12 for T-shirts.
- 24: Grotto Pizza Great 100: Harvey's Lake, PA. 8 A.M. 25/50/100 rolling mi. \$12 until 8/7; then \$157. Map, sag, rte. marks, snacks, raffle prizes, T-shirt. Wyoming Vslley B C, 428 N. Maple St., Kingston, PA 18704. D. Morgan (717) 287-7245.
- **24-25:** Pocono Challenge: two-day 70+ mile per day ride in the Pocono Mountains to benefit the Cancer Society. Info: Cathy Pelesky, Family Treatment Associates, 1 Washington St., East Stroudsburg, PA 18301.

September Events

2: Labor Day Century: Hanover Cyclers, Mc Sherrystown, PA. 7 A.M. South St. Rec. Park 25/ 50/ 62/ 100 mi. rolling. \$10 map, sag, rte. marks, snacks. T-shirts \$10, patches \$2.50. Hanover Cyclers, 129 Baltimore St., Hanover, PA 17331. R. Snyder (717)258-7387.

- 7: No Baloney Century: 7 A.M. south Hills Park, Lebanon, PA. 25/50/75/100 hilly. \$10 until 9/1; then \$12. Map, sag, rte marks, snacks, patch. Lebanon Valley BC< c/o Jeames Deaven, 124 W. Church St., Annville, PA 17033 (717) 867-0950.
- 7: 10th Annual Amish Country Tour: White Clay BC. 7 A.M. Near Visitor Center, Federal Street, Legislative Mall, Dover, DE. \$15 before 9/2/96; \$20 at start. Painted route, map, sag wagon, food stop, water bottle. SASE: Amish Country Tour, PO Box 1729, Dover, DE (302) 739-BIKE or (302) 697-6400.
- 8: Brandywine Tour: 28, 50, 100 mi., 7 A.M. from Chadds Ford School, Rt. 1 past Rt. 100, Chadds Ford, PA. \$10 includes sag support, marked route, cue sheet with map, and refreshments. SASE to Delaware Valley Bicycle Club, P. O. Box 274 Drexel Hill, PA 19026.
- 8: BCP Rivers' Edge Century: New Routes -- 63/37 mi.! 8 A.M. from Memorial Hall, Phila., Pa. \$17 Sag, T-shirt (if preregistered), cues and post ride pizza party! SASE to BCP Century, P. O. Box 30325, Phila. PA 19103
- 8: Wheels 4 Anne Ride: Full century & shorter rooutes, including a tandems route. Proceeds benefit injured bicyclists. Info: Howie Glick, 3 Tracy Drive, Fords, NJ 08863.
- **8: Gap Gallop Century**. Leigh Wheelmen, P.O. Box 356, Bethlehem, PA 18016-0356. (610) 967-2653.
- 14: Savage Century: White Clay BC. 7 A.M. Hollingsworth Parking Lot, University of DE, North College & Cleveland Avenues, Newark, DE. \$9 before 9/8; \$12 at start. Painted route, map, sAg wagon, food stop, water bottle. SASE: Dave Bundas, 321 Indian Town Road, Landenberg, PA 19350, (610) 255-0799.
- **15: PKD Challenge**: 20/50 Mi. from CoreStates Bank parking lot, St. Asaph's Rd. and Decker Ave., Bala Cynwyd. Info.: Rita Chadwick 215-643-7845.
- 15: Fall '96 Saturn of Jenkintown Bicycle Event: 30/3 mi. 8 A.M. begins from Saturn dealership, Old York Rd. and the Fairway. 215-884-7140.
- 20-22: Dutch Country Meander: 3days /2 nights at Lancaster Ramada. \$99 BBC Members, \$14 extra for non-members. Must reserve by Aug. 25. Info.: Baltimore Bicycling Club, c/o Suzie Knable, 1 Houndstooth Ct., Owings Mills, MD 21117. Tel.: (410) 356-4644.

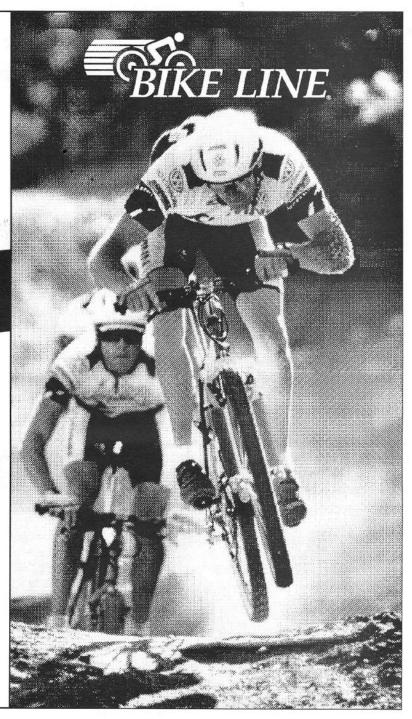
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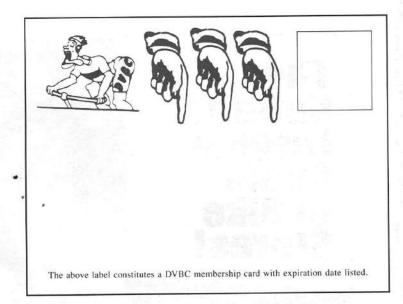
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WEST CHESTER 610-436-8984



FIRST CLASS MAIL

The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation.

Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride. (See Ride Guidelines.) All rides are subject to cancellation due to weather. If in doubt about the weather or level of difficulty of the ride, please call the ride leader. Though the use of safety equipment is strongly urged—and helmets are required on all ridess—the club cannot accept responsibility for accidents or injury while participating in a DVBC event.

Please print clearly Name: Address:		if known.	bicycle safety bumper stick	Safety Foundation is established to promote in the Delaware Valley using posters, flyers ers and rewards. donate to the DVBC Safety Foundation:
	Date of	(per household) \$15.00		
Membership:	norm services and a source for the services	agazine (10 issues per year),	1976	
Touring Newsletter	published quarterly (\$3 and helps influence l	dized events, and free Bicycle value). Your membership local government decisions	Мо	embership to DVBC Subdivisions
Ride Pace	I'll volunteer for:			the main organization (left half of this form
☐ Class D: slow	☐ Ride Leader	☐ Newsletter Collator	in order to b	e able to join a DVBC subdivision.
☐ Class C: average ☐ Class B: brisk ☐ Class A: fast	 □ Sag Wagon Driver □ Tour Food Stop □ Newsletter Editor 	☐ Advertising Coordinator ☐ Newsletter Co-editor ☐ Newsletter Delivery	□ \$7.00	DVBC-Team Drexel Hill (Road Racing Drexel Hill Cycler
☐ Off-Road	☐ Newsletter Typist	☐ Triathlon Editor	□ \$5.00	Team Delaware Valley Bicycle Clul Team Casual! (Road Racing
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