

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

WINTER 1998-1999

FREE

WHAT IT'S ALL ABOUT.



October 25, 1998. An army of thirty-seven DVBC riders met fortuitously on separate rides and enjoyed the autumn-Halloween scene at Northbrook Orchards. Bob Leon led a group of twenty-eight (!!!) riders on the "Brandywine 28" C ride and Chris Harendza led nine riders on a 55 mile "Run Doe Run" B/B+ ride. The rides originally crossed paths on Pocopson Road near Brinton's Bridge Road and then again at the above rest stop. Turnouts like this are a great example of the success the club has enjoyed in 1998.

-Christopher Harendza

THE DVBC ANNUAL HOLIDAY CLUB BANQUET

Monday, December 7 at 7:00 PM in the Delaware County Peace Center, Springfield Friends Meeting

1001 Old Sproul Rd. (behind the car wash at Rt. 320 and Old Marple Rd.)

All members are invited: Please share in the holiday festivities as DVBC reflects on a very successful year.

The Club will provide a catered main dish but members are asked to bring a covered side-dish, desert, drinks, etc., if at all possible. Please call Gina Bezdziecki at 610.525.0129 by December 2 so she can coordinate.

The Delaware Valley Bicycle Club
P.O. BOX 156
Woodlyn, PA 19094-0156

[www.netreach.net/people/
elzchris/dvbc/home-page.htm](http://www.netreach.net/people/elzchris/dvbc/home-page.htm)

DVBC Meeting Place

Delaware County Peace Center,
Springfield Friends Meeting, 1001
Old Sproul Road (behind the car
wash at Rt. 320 and Old Marple
Road). Meetings are usually held
the first Monday of the most
months.

DVBC welcomes articles and ride
reports for the newsletter. Please
submit your proofread materials to
the Editors before the 15th of each
month. Articles may be edited for
grammar, brevity, etc.

Board of Directors & Staff

Ira Josephs, *President & Newsletter Co-
editor*, 610.565.4058 or bikeira@juno.com

Gina Bezdziecki, *Vice President & Tour
Coordinator*, 610.525.0129

Bob Leon, *Treasurer*, 610.833.2096

David Bennett, *Secretary*

Jan Chadwick, *Mail Labels & Brochures*,
610.892.0742

Christine Martha, *Regional Events*,
215.548.8482

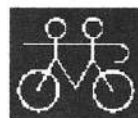
Christopher Harendza, *Newsletter Assembly
& Co-editor, Web Page Guy* 610.449.6456
or elzchris@netreach.net

Katrina Dowidchuk, *Ride Coordinator*,
610.789.4438 or
greeneggsandham3@juno.com
Please submit your rides by the
15th of each month.

Club Affiliations



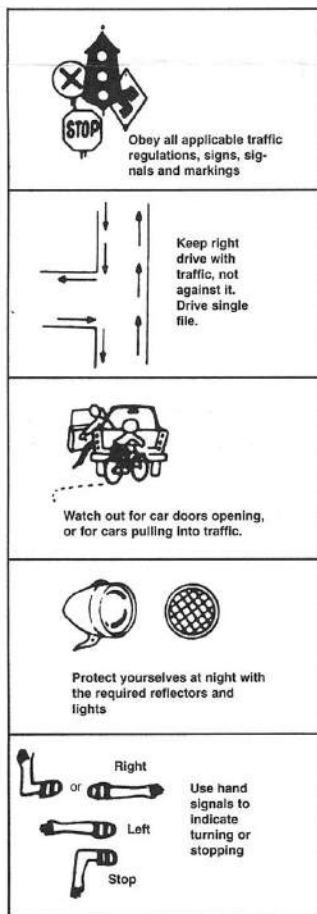
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Bicycle Coalition of the
Delaware Valley

Please note that the views
expressed in this publication are
not necessarily the views of the
DVBC, nor do we endorse
products or services advertised.

Ride Guidelines



1. Arrive early and *be ready to leave on time*. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order *before* you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:
Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.
Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.
Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

THE DVBC SPRING TOUR: MOTHER'S DAY, SUNDAY, MAY 9, 1999.

Plans for the annual spring tour were discussed at the November Board Meeting. The board decided to try the Sunday, May 9, 1998 (Mother's Day) date once again (same as last year) so that we do not conflict with tours from other area clubs. We discussed possible new names for the tour, as the old "Freedom Tour" name has lost its original meaning and the conflicts with the newer "Freedom Valley Tour" sponsored by the Bicycle Coalition of the Delaware Valley. Everyone is very appreciative of Gina Bezdziecki and Gordon Lightspeed, who have been busy mapping out a potential new route. While a new name has not been finalized, the theme of the tour may end up being a celebration of the "open space" (and an awareness of its decline) in Delaware and Chester Counties. Please contact Gina at 610.525.0129 if you would like to help in the planning of the tour.

-Christopher Harendza



PRESIDENT'S COLUMN

-by Ira Josephs

Nineteen ninety-eight has been a banner year for the Delaware Valley Bicycle Club. More people have had more fun at more of our events. Join the club and join the fun, or, if you're already a member, check your mailing label and renew so you don't miss out. Thank you everyone, volunteers and participants alike, for making this year so great.

As we look towards a new year, consider doing something new for the club: come to a ride or meeting if you never have; lead a ride or volunteer at the club tours; write an article for the newsletter or join the board of directors. I also urge you to try something new by riding your bike through the winter. Just bundle up and go. Contact me for tips and suggestions for winter riding.

It is also a new year and a new era for bicycle advocacy. New legislation providing federal funds for bicycle related projects was signed into law this summer. TEA-21, the Transportation Equity Act of the 21st Century, replaced the 1991 ISTEA law (Intermodal Surface Transportation Efficiency Act) that provided funding for all the improvements being made recently like the Philadelphia-Valley Forge Bike Trail, "share the road" signs, the bike lanes and bicycle network in Philadelphia,

and the DVRPC's (Delaware Valley Regional Planning Commission) On-road Bicycle Improvements Project. The new law provides even more money than the old one. The only catch is that we, the local cyclists, have to come up with specific projects that can use that money, then submit our requests. There will be lots of competition for the funding.

"Thank you everyone, volunteers and participants alike, for making this year so great" - Ira

We have a very small group actively working on these types of bicycle issues. We are the Delaware County Cycling Committee and we meet the third Tuesday of every month from 7-9 pm at the Furness Library on Providence Road (Route 252) in Wallingford. Please come to our next meeting on December 15 and help shape the future of cycling in our area. Currently, we are working in conjunction with the DelCo. Planning Department to create a bicycle plan for the county. This is an idealized, comprehensive picture of what would make for great cycling all over Delaware County- bike lanes, wide shoulders, signage, and traffic calming methods. We need input from cyclists from all parts of the county. The idea is to get the

county commissioners to approve the plan and then when work is being done to roads that are on the plan, our improvements can be included in the design. It also legitimizes and adds weight to our requests for bicycling improvements and increases our chances of getting bike projects done.

We're also working on the Chester Creek Rail-Trail, which is just beginning a feasibility study and is one of Delaware County's top priority projects. We need more members to really make a difference in DelCo. Now is the time to get involved. There are great opportunities, the money is available, cycling is extremely popular, and improving our environment by using our bikes to reduce polluting car trips is more important than ever.

You can also help by joining the Bicycle Coalition of the Delaware Valley at 215-BICYCLE, the Rails-to-Trails Conservancy, either national or PA chapter, or the League of American Bicyclists, in Washington, D.C. These are all bicycle advocacy organizations.

Keep riding as much as possible and join a group fighting for bicyclist's rights. It's good for you and everyone involved with bicycles. Happy trails.

DELAWARE VALLEY BICYCLE CLUB



WINTER 1998-99 RIDE CALENDAR December, January, February



Winter can be an excellent time to ride, but as our enjoyment is often contingent upon the weather, please call the ride leader first, to ensure that scheduled ride is on. Thanks to all.

DECEMBER

Every Thursday Dec 3 – Feb 25. Early am Miles: 10-25. Class C <i>Pancake Breakfast</i>	Enjoy an easy-paced ride to an area restaurant for a pancake breakfast. This ride will be held most Thursdays throughout the winter and will originate from various locations in Havertown at around 7:30 am. Bring money for breakfast. Call Joel and Kate Perlish at 610.789.7673 on the Wednesday before the ride for the exact time and starting location.
Saturday, Dec 5. 10:00 am Miles: 25. Class C <i>Foot Ride</i>	Get a great start to your weekend with a quiet ramble through Swarthmore, Rose Valley and Ridley Creek. Join Mike Toof and friends by meeting at the Commerce Bank on Baltimore Pike in Springfield. (In front of Borders). If the weather is questionable, please call Mike at 610.543.1160 to confirm ride.
Saturday, Dec 5. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Ridley Creek State Park main headquarters (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) for a show and go ride through Delaware County. Call Bob 610.833.2096, please call ahead to confirm that ride is on.
Sunday, Dec 6. 9:30 am Miles: 35-50+. Class B/B+ <i>Late Autumn Woods</i>	Meet at the main headquarters of Ridley Creek State Park (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) for a ride to the Brandywine Creek Valley and points beyond. The distance and route will vary according to the weather. Expect some hills. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net to confirm the ride.
Sunday, Dec 6. 9:30 am Miles: Approx. 20. Class C <i>Flat Out for Winter</i>	Come and out and enjoy a nice route out the bike path and into Valley Forge State Park. Ride will begin at the bike path entrance in Conshohocken. Call Tony first to confirm 610.265.5455.
Sunday, Dec 6. Call for time Miles: 10+. Class: all <i>Sunday ATB Ride</i>	Greg Cymbala of Cyclefit Bike Shop will be leading All Terrain Bicycle rides for all classes of riders every Sunday. The exact location and time will vary each week so you must call Greg at 610.876.9450 to confirm and to discuss your ride class.
Sunday, Dec 6. 10:00 am Miles: 35. Class C <i>Kountry Kitchen</i>	Meet at the Kingsway High School routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for the last Kountry Kitchen breakfast ride of 1998. Please call Bob at 610.833.2096 to confirm ride.
Monday, Dec 7. 10:00 am <i>Holiday Banquet</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. Come and join the FUN. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Thursday, Dec 10. Early am	<i>Pancake Breakfast.</i> Miles: 10-25. Class C. See December 3 for details.
Saturday, Dec 12. 10:00 am Miles: 35+-. Class B <i>Breakfast Ride</i>	Meet at the Kingsway High School, routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for the Last Breakfast Ride of 1998. Call Bob 610.833.2096 ahead of time to confirm the ride. Please note time.
Sunday, Dec 13. 2:00 pm Miles: 25. Class C <i>After Church Classic</i>	Cheers to Frank Jackson for organizing this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. Meet at the ACME at Rte. 420 & MacDade Blvd. Call Frank at 610.534.3978.
Sunday, Dec 13. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.

Sunday, Dec 13. 10:30 am Miles: 28+-. Class C <i>Valley Road</i>	Meet behind the Dunkin Donuts MacDade Blvd & Fairview Road. We'll ride through Woodlyn, Swarthmore, and Media to Valley Road and back. Call Bob 610.833.2096. Please call ahead to confirm ride.
Sunday, Dec 13. 10:00 am Miles: 40. Class A- <i>Cold is an Illusion</i>	Come and pretend it's warm weather and tropical breezes with me. Fast paced, lots of hills, (I swear they've grown), drink your coffee first, and let's go. Call Katrina, but unless it's a blizzard, we'll ride. 610.789.4438.
Tuesday, Dec 15. 7:00 pm <i>Delco Cycling Committee</i>	Delaware County Cycling Committee Meeting. Get involved in cycling advocacy! Helen Kate Furness Library, Providence Road (Route 252) in Wallingford. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Thursday, Dec 17. Early am	<i>Pancake Breakfast.</i> Miles: 10-25. Class C. See December 3 for details.
Saturday, Dec 19. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Ridley Creek State Park main headquarters for a show and go ride through Delaware County. Bob 610.833.2096, please call ahead to confirm ride.
Sunday, Dec 20. 9:30 am Miles: 25. Class C <i>Gladwyne</i> *	Meet at the Drexel Hill Cyclery, 703 Burmont Road, Drexel Hill for a beautiful ride through the Main Line, Gladwyne, and a snack stop (hot chocolate) in Manayunk. Expect a few hills. Call Bob Martin at 610.352.2114.
Sunday, Dec 20. 10:30 am Miles: 25. Class C <i>Show & Go</i>	Meet at the Kingsway High School routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for a ride to anywhere in South New Jersey. Call Bob 610.833.2096. Please call ahead to confirm ride.
Sunday, Dec 20. 9:00 am Miles: 45-50. Class B+ <i>No Cold Road</i>	Want to ride hard and experience new and different routes and roads throughout Delaware and Chester County? Then get to Chadds Ford Elementary School (located on Route 1 at the first light west of Route 100) for a fast-paced varied route guaranteed to make you forget the cold. Call John at 610.388.7411.
Sunday, Dec 20. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Sunday, Dec 27. 10:00 am Miles: 25-45. Class B <i>Winter Westtown</i>	Meet at the Moylan-Rose Valley train station at Woodward & Manchester Roads and ride through the Glen Mills and Cheyney area to Westtown. There will be an indoor rest stop along the way. Expect some hilly terrain. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com

JANUARY

HAPPY NEW YEAR. RESOLUTION #1: RIDE MORE.

Friday, Jan 1. 10:30 am Miles: 25-50. Class B <i>First Miles of 1999</i>	Put a fresh battery in your trip computer and log your first miles of the last year of the 20th century. Meet at the Park Office of Ridley Creek State Park (off Gradyville Rd. between routes 252 and 352 in Edgemont Township). The distance and route will vary according to the weather. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net.
Saturday, Jan 2. 10:30 am Miles: 30 +-. Class B <i>Show & Go</i>	Meet at the Kingsway High School, routes 322 & 551 (left at the third light after the Commodore Barry Bridge) to explore new roads in south Jersey. Call Bob 610.833.2096, please call ahead to confirm ride is on.
Sunday, Jan 3. 10:30 am Miles: 20 +-. Class C <i>Show & Go</i>	Meet behind the Dunkin Donuts MacDade Blvd & Fairview Road. We'll ride throughout various Delaware County neighborhoods. Call Bob 610.833.2096. Please call ahead to confirm.
Sunday, Jan 3. 9:00 am	<i>No Cold Road.</i> Miles: 45-50. Class B+. See December 20 for details.
Sunday, Jan 3. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Thursday, Jan 7. Early am	<i>Pancake Breakfast.</i> Miles: 10-25. Class C. See December 3 for details.
Saturday, Jan 9. 8:00 am Miles: 30-50. Class B- <i>Excellent Idea</i>	Meet at Bob and Judy LaDrew's house near Coatesville. Enjoy continental breakfast before riding the rolling Lancaster County roads among the Amish. Call for directions and breakfast reservations 610.383.9327. Distance may vary depending upon weather.

Sunday, Jan 10. 10:30 am Miles: 20 +-. Class C <i>Show & Go</i>	Meet at the Kingsway High School routes 322 & 551 (left at the third light after the Commodore Barry Bridge) for a ride to anywhere in South New Jersey. Call Bob 610.833.2096. Please call ahead to confirm the ride.
Sunday, Jan 10 . 10:00 am Miles: 25-45. Class B <i>Winter Westtown</i>	Meet at the Moylan-Rose Valley train station at Woodward & Manchester Roads and ride through the Glen Mills and Cheyney area to Westtown. There will be an indoor rest stop along the way. Expect some hilly terrain. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com
Sunday, Jan 10. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Thursday, Jan 14. Early am	<i>Pancake Breakfast</i> *Miles: 10-25. Class C. See December 3 for details.
Saturday, Jan 16. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Kingsway High School, routes 322 & 551 (left at the third light after the Commodore Barry Bridge) to explore new roads in south Jersey. Call Bob 610.833.2096, please call ahead to confirm ride is on.
Sunday, Jan 17. 9:30 am Miles: 25. Class C <i>Gladwyne</i> *	Meet at the Drexel Hill Cyclery, 703 Burmont Road, Drexel Hill for a beautiful ride through the Main Line, Gladwyne, and a snack stop (hot chocolate) in Manayunk. Expect a few hills. Call Bob Martin at 610.352.2114.
Sunday, Jan 17. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Sunday, Jan 17. 10:30 am Miles: 20 +-. Class C <i>Show & Go</i>	Meet at Rose Tree Park, (on Rt. 252 just north of Rt. 1) for a ride through the Ridley Creek Valley. Call Bob 610.833.2096. Please call ahead to confirm ride.
Sunday, Jan 17. 9:00 am	<i>No Cold Road.</i> Miles: 45-50. Class B+. See December 20 for details.
Sunday, Jan 17. 9:00 am Miles: 20. Class C <i>Valley Forge</i>	Come and out and enjoy a nice route throughout Valley Forge. Ride will begin at the bike path entrance in Valley Forge (Betzwood Bridge parking lot). Call Tony first to confirm 610.265.5455.
Tuesday, Jan 19. 7:00 pm <i>Delco Cycling Committee</i>	Delaware County Cycling Committee Meeting. Get involved in cycling advocacy! Helen Kate Furness Library, Providence Road (Route 252) in Wallingford. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Thursday, Jan 21 Early am	Miles: 10-25. Class C. <i>Pancake Breakfast.</i> See December 3 for details.
Saturday, Jan 23. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Ridley Creek Park Office for a show and go ride through Delaware County and beyond. Call Bob 610.833.2096, please call ahead to confirm ride.
Sunday, Jan 24 Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Sunday, Jan 24. 10:30 am Miles: 20 +-. Class C <i>Show & Go</i>	Meet at Rose Tree Park, (on Rt. 252 just north of Rt. 1) for a ride through Ridley Creek Valley. Call Bob 610.833.2096. Please call ahead to confirm ride.
Saturday, Jan 30. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Ridley Creek Park State Park Main Office (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) for a show and go ride through Delaware County and beyond. Call Bob 610.833.2096, please call ahead to confirm ride.
Sunday, Jan 31. 9:00 am	<i>No Cold Road.</i> Miles: 45-50. Class B+. See December 20 for details.

FEBRUARY

Thursday, Feb 4 Early am	Miles: 10-25. Class C <i>Pancake Breakfast.</i> See December 3 for details.
Saturday, Feb 6 . 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Kingsway High School, routes 322 & 551 (left at the third light after the Commodore Barry Bridge) to explore new roads in south Jersey. Call Bob at 610.833.2096, please call ahead to confirm that the ride is on.

Sunday, Feb 7. 9:30 am Miles: 25-40+. Class B <i>Winter Woods</i>	Meet at the Park Office of the Ridley Creek State Park (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) for a ride to the Brandywine Creek Valley and points beyond. The distance and route will vary according to the weather. Expect some hills. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net to confirm the ride.
Sunday, Feb 7. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Monday, Feb 8. 7:00 pm <i>DVBC Board Meeting</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to all club members. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Thursday, Feb 11. Early am	<i>Pancake Breakfast.</i> Miles: 10-25. Class C. See December 3 for details.
Saturday, Feb 13. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Ridley Creek State Park Main Office (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) for a show and go ride through Delaware County and beyond. Call Bob 610.833.2096, please call ahead to confirm ride.
Sunday, Feb 14. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Sunday, Feb 14. 9:00 am	<i>No Cold Road.</i> Miles: 45-50. Class B+ See December 20 for details.
Sunday, Feb 14. 9:00 am Miles: 20. Class C <i>Valley Forge</i>	Come and out and enjoy a nice route throughout Valley Forge. Ride will begin at the bike path entrance in Valley Forge. (Betzwood Bridge parking lot) Call Tony first to confirm 610.265.5455.
Tuesday, Feb 16. 7:00 pm <i>Delco Cycling Committee</i>	Delaware County Cycling Committee Meeting. Get involved in cycling advocacy! Helen Kate Furness Library, Providence Road (Route 252) in Wallingford. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Thursday, Feb 18 Early am	<i>Pancake Breakfast.</i> Miles: 10-25. Class C. See December 3 for details.
Saturday, Feb 20. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Ridley Creek Park Office (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) for a show and go ride through Delaware County and beyond. Call Bob 610.833.2096, please call ahead to confirm ride is on.
Sunday, Feb 21. 9:30 am Miles: 25. Class C <i>Gladwyne</i>	Meet at the Drexel Hill Cyclery, 703 Burmont Road, Drexel Hill for a beautiful ride through the Main Line, Gladwyne, and a snack stop (hot chocolate) in Manayunk. Expect a few hills. Call Bob Martin at 610.352.2114.
Sunday, Feb 21 10:00 am Miles: 25-45. Class B <i>Winter Westtown</i>	Meet at the Moylan-Rose Valley train station at Woodward & Manchester Roads and ride through the Glen Mills and Cheyney area to Westtown. There will be an indoor rest stop along the way. Expect some hilly terrain. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com
Sunday, Feb 21. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Thursday, Feb 25. Early am	<i>Pancake Breakfast.</i> Miles: 10-25. Class C. See December 3 for details.
Saturday, Feb 27. 10:00 am Miles: 30. Class C <i>Schuylkill Trail</i>	Sorry everyone. I'm not sure I ever spell this river correctly. All the more reason to join Mike Toof on this jaunt alongside it, statting from the Betzwood Bridge parking lot, at the entrance to the trail. If the weather is questionable, please call Mike at 610.543.1160 to confirm ride.
Saturday, Feb 27. 10:30 am Miles: 30+-. Class B <i>Show & Go</i>	Meet at the Kingsway High School, routes 322 & 551 (left at the third light after the Commodore Barry Bridge) to explore new roads in south Jersey. Call Bob 610.833.2096, please call ahead to confirm that the ride is on.
Sunday, Feb 28. Call for time	<i>Sunday ATB Ride.</i> Miles: 10+ Class: all. See December 6 for details.
Sunday, Feb 28. 2:00 pm Miles: 25. Class C <i>After Church Classic</i>	Cheers to Frank Jackson for organizing this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. Meet at the ACME at Rt. 420 & MacDade Blvd. Call Frank at 610.534.3978.
Sunday, Feb 28. 9:00 am	<i>No Road Cold.</i> Miles: 45-50. Class B+. See December 20 for details.

MARCH

Sunday, March 7. 9:30 am
Miles: 25-40+. Class B
When Will Spring Arrive?

Meet at the Ridley Creek State Park Main Office (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) for a ride to the Brandywine Creek Valley and beyond. The distance and route will vary according to the weather. Expect some hills. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net to confirm the ride.

- * Wear a helmet. Dress warmly. Call the ride leader first to confirm.
- * I tried to make everything accurate as possible. If it's not, I apologize. Just let me know.
- * Contact Katrina at 610.789.4438 or greeneggsandham3@juno.com by February 15th to list rides for March 1999.

PLEASE SUBMIT YOUR WINTER RIDE REPORTS AND PHOTOGRAPHS FOR THE MARCH '99 NEWSLETTER!

SEASON'S END

-by Cassie Leon

The warm weather-riding season is behind us now and as I reflect back to the beginning of April 98 I begin to realize just how wonderful this season has been. How the hills then are now just inclines to a more scenic level. What power my whole body has now, to do what I could not believe I could do. The warm moist air in my face is so refreshing along with the warm sun glowing from every turn. My friend the wind giving me a push when days are deserving or making me use every bit of power I have to slice

through it, becoming a little weary yet stronger. The joy of it all is letting your eyes see what beauty there is surrounding us. The sound of insects, birds, farm animals, barking dogs, people waving as we go by with wonder of how far or where we are riding to. The turning of our wheels along the hot road surface, shadows of your riding partners, which can be quite amusing, and if you grasp all these special moments and more, you truly have enjoyed the art of riding a bicycle.

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Cycle Fit of Delaware County
320 South Chester rd.
Wallingford, PA 19086
(610) 876-9450



Largest selection of bikes in Delaware County

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Have you ever been stranded on your bike because of something as common as a flat tire? Have you ever cursed into empty air when your brake pads or handlebars went loose sixty miles out on the road? Or, perhaps, you haven't even gone that far and turned back wondering what was making that horrible clanking noise? If you said 'yes' to any of these questions, you may be interested in attending a 'bicycle maintenance class' I am planning to offer throughout this winter at Cycle Fit of Delaware County.

The class will cover basic principles of bicycle maintenance

and repair of the most common and easy-to-fix problems that can occur while riding. We will meet through December, January and February, and at the end of the class you will basically walk away with a well-tuned bike, done by yourself, and a know-how to do it at home or even in field conditions.

My initial idea is for us to meet once a week, in the evening, for three months, but the exact scheduling and structure of the course depends on how many people will want to attend and their suggestions. Right now the most convenient day seems to be Sunday at 7PM. There will be a

\$40 fee (a cost of one standard bicycle tune-up) per family for all twelve sessions. Bringing your own bike is optional. Those interested in more advanced skills, i.e. overhauling a bike, may not want to attend every session, so I will provide one advanced class per month in addition to the basic course. This fee will depend on the skills taught individually. A detailed schedule will be distributed during the first session.

If you are interested, please contact Greg Cymbala at Cycle Fit of Delaware County at 610.876.9450, or e-mail Grishenka@juno.com for more details.

Looking for Winter Cyclig Tips?

Check out: <http://www.enteract.com/~icebike/>

Icebike: "Home of the Winter Cyclist & Other Crazy People"

ICEBIKE

REFLECTIONS

-by Bob Leon

The past two seasons have been the most rain free riding weather I've seen in some time. The Sunday group rides missed one day and the Saturday rides have missed twice, not bad! My Sunday group has developed into a C+ , B- riding machine and has grown in numbers reaching 24+ regular riders. I am grateful to all those who return every week. You have made my riding season so enjoyable.

I can't remember a time where I have met so many wonderful people. We not only share in the joy of riding a bicycle we share in the joy of exercise and the outdoors. We have relished The fresh air in our faces, the wind at our backs and those special food stops of ice cream, breakfast buffets, and pastries. The places we've been and the scenery we have seen all make us want more. And those memories of stories told

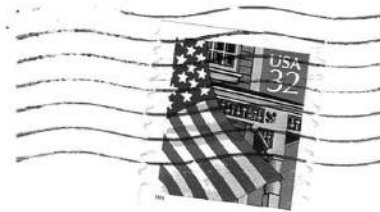
and friendships we have made all add up to a lifetime of recall when we have those days when we can't ride.

The hills were tough at times and the wind held us back but we all gained ground in our strength and abilities to ride. We improved every week and we were 20 strong on the day we rode our metric century. A beautiful day of sun and warmth as we made our way to the shore with the stronger riders leading the way and the slower riders close behind. We did, however, burn out our good friend Joyce and we all apologize for pushing her too hard. After she ate and rested Joyce rode back the rest of the way at a slow but steady pace to complete the metric century - we congratulate you!

The B group needs to be congratulated also for completing the many century plus rides we completed this year. I always

enjoy the long rides to the shore and back or those hilly rides in Chester County where the scenery is breathtaking, the climbs are hard and the downhill are fast. What a thrill it is to know that you and your body powered you every mile, up every hill and through places you've never been to in your car. I love to ride the bicycle; it gives you a sense of freedom unmatched by any other mode of transportation. You move along at speeds that allow you to notice everything around you. You can travel to places and meet wonderful like people along the way. Some days there is no need to rush, go easy and take those roads you always wanted to know where they led. And remember "you never get lost on a bicycle, you only ride farther," don't remember who said that, but they are words I ride by.

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156



PHILA PA 191 20:12 11/28/98 #21

Exp: 2/28/99

Robert Martin
341 Hampden Rd.
Upper Darby, PA 19082

19082-4008 10



The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Annual Membership: \$15.00 per household.

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: _____

Amount enclosed: \$15 (membership) + _____ (safety) = _____

Interest Survey

Your Ride Pace:
(check one)

- ☐ Class D: *slow* ☐ Class A: *fast*
☐ Class C: *average* ☐ Off-Road
☐ Class B: *brisk*

I'll volunteer for:
(check all interests)

- ☐ Ride Leader ☐ Newsletter
☐ Sag Wagon ☐ Typist
☐ Tour Food Stop ☐ Newsletter
Delivery



Please send your check or money order to the:

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156