

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

APRIL 1999

FREE

Walt Rowland's Alaskan Bicycle Adventures

Reviewed by A. Christine Martha

Back in the '70's, Walt Rowland left California to work in the Alaskan oil fields. There, he grew enamored of the wild beauty of America's last wilderness, which inspired him to establish a bicycle touring business, Alaskan Bicycle Adventures.

Walt discovered that folks who go on bike tours once will very likely do more bike tours. So he now promotes his company's excursions with presentations to bicycle clubs hoping that his audiences will put an Alaskan adventure tour on that personal "list of things you must do before you die."

He came to Springfield for the Delaware Valley Bicycle Club's March 1 meeting. Walt kept everyone mesmerized with his homespun tales of Alaskan history and folklore: Gold Rush stories and Aleut legends, while showing spectacular photographic slides of the mountains, glaciers and wildlife that enrapture Alaska's tourists.

For 1999, Alaskan Bicycle Adventures offered a variety of adventure tours, some of which combine bicycling with white water kayaking and hiking.

Walt proudly pointed out that the Breast Cancer Fund has chosen Alaskan Bicycle Adventures to support the "Bike Against the Odds" touring event.

After looking over the slick catalog, I thought these seemed quite expensive, with prices averaging \$2,700. However, several company policies made the expense Whereas worthwhile. other companies cancel for Walt insufficient reservations. insisted that if someone books an Alaskan Bicycle Adventure, the tour goes! Furthermore, Alaskan Bicycle Adventures have been committed to the best: selecting the best roads to ride, finding the best views of the highest mountains in the United States, and knowing the best restaurants with the best food. The has booked company accommodations in hotels rated by AAA with three stars or better, while less expensive tours have camped overnight in gyms or in b&b's of questionable quality.

All incidental transportation -pickups from the Anchorage airport
and all portage -- has always been
included, too. Some ABA tours
needed shuttle flights between
desolate areas, and all the tours
featured a one-day boat cruise to
Prince William Sound.

Although none of the tours included airfare to Anchorage. Alaskan Bicycle Adventures has been able to get the best rates for its customers. Tourists have had the option of bringing their own bikes or just bringing their own saddle to use on a "loaner" bike from the company fleet. Providing bikes for tourists has eliminated airline surcharges and the worries concerning those baggage transfer errors that dispatch bikes to The "loaner" other destinations. bikes were all new hybrid model Cannondales equipped for Alaska -with racks, light touring bags, and fenders. Apparently the only touring accommodation Walt Rowland could not guarantee was the best weather.

Last year's Alaskan Bicycle Adventure participants included New Jersey Governor Christi Whitman and her family. The governor brought along her own Trek Y frame dualie so she could get muddy on the trails.

If a fully supported luxury bike tour is your idea of a vacation, you can get more information about Alaskan Bicycle Adventures by calling 1-800-770-7242 or visiting the webpage at http://www.alaskabike.com to ask for a catalog.

Don't miss the next Member's Meeting! Monday, April 5, 1999, 7:30 P.M.

Harry Havnoonlan, from CycleSport, will talk about frame building.

Meeting to be held at CycleSport, in Media, at the 5 points intersection.

Volunteers are needed to help with the *Open Space Tour* on Sunday, May 9.

Help is needed for food stops, registration, and line painting.
Contact any of the board members if you are able to help.

The Delaware Valley Bicycle Club P.O. BOX 156 Woodlyn, PA 19094-0156

www.netreach.net/people/ elzchris/ dvbc/home-page.htm

DVBC Meeting Place

Delaware County Peace Center, Springfield Friends Meeting, 1001 Old Sproul Road (behind the car wash at Rt. 320 and Old Marple Road). Meetings are usually held the first Monday of most months.

DVBC welcomes articles and ride reports for the newsletter. Please submit your proofread materials to the Editor before the 14th of each month.

Board of Directors & Staff

Ira Josephs, President & Newsletter Coeditor. 610.565.4058 or bikeira@juno.com

Gina Bezdziecki. Vice President & Tour Coordinator, 610.525.0129

Bob Leon, Treasurer, 610.833.2096

David Bennett, Secretary

Judy LaDrew, Newsletter Assembly & Coeditor, 610:383.9327 or 2ladrews@netreach.net

Katrina Dowidchuk, Ride Coordintor, 610,789,4438 or greeneggsandham3@juno.com

Jan Chadwick, Mail Labels & Brochures, 610.892.0742

> Anne Martha, Regional Events, 215.548.8482

Christopher Harendza, Web Page, 610,449,6456 or elzchris@netreach.net

Club Affiliations





Bicycle Coalition of the Delaware Valley

Please note that the views expressed in this publication are not necessarily the views of the DVBC, nor do we endorse products or services advertised.

Ride Guidelines

- Arrive early and be ready to leave on time. Rides start no more than 5-7 minutes late. 1.
- 2. Make sure your bike is in proper working order before you arrive.
- Carry a spare tube, patch kit, and water bottle. 3.
- Practice safety and obey all traffic laws. 4.
- A helmet is mandatory for all DVBC rides. 5.
- All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
- Ride classifications:

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually are less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

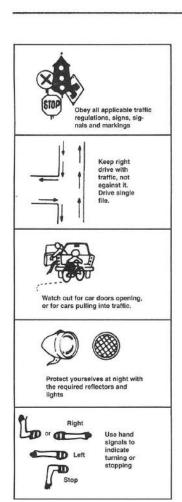
Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided. Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

- 8. Each rider assumes his/her own risk on all rides.
- Those who ride ahead of the group are on their own ride.
- 10. Always notify the ride leader before leaving the group.
- 11. Ride leaders should adhere to the advertised speed of the ride.
- 12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!



PRESIDENT'S COLUMN, by Ira Josephs

HOW many folks rode outdoors all winter? How many rode in the rain? How about the ice and snow? I know we suffered some casualties with some members who did, and I hope they are all healed and ready for the new cycling season. finally spring and the winter, although mostly mild, had many cold and rainy weekends. That's all past history now, and I, for one, am ecstatic.

Now is the time to get out and There are many great opportunities. In addition to the huge calendar of rides we are offering this month, you can also enjoy the Brandywine Bike Club's Taxing Metric Century on the 18th and Mike McGettigan's British Bike Weekend on the 2,3, and 4. There is also the Sierra Club's Earth Day Celebration that includes road and mountain bike rides, live music, natural and organic information tables, foods. giveaways.

Don't forget our own What's Left of Open Space Tour (formerly the Freedom Tour) on May 9 with rides from 8 - 65 miles starting at Ridley Creek State Park. Once again, we are running that in conjunction with Ridley Creek Week.

And you won't want to miss our meeting this month. It's our own Harry Havnoonian who will probably give his finest presentation yet as we meet in his new facility in Media to witness custom frame building.

Now is also the time to get involved with our club. Think about volunteering at the Open Space Tour, or leading a ride, or writing an article for the newsletter, or coming to a meeting.

We have some new volunteers who have recently stepped forward and need to be thanked. They are: the 2 LaDrews, Judy for stepping in as the newsletter editor (good luck) and Bob, for leading rides and spicing up the newsletter with his original cartoons; Dave Alfe for scheduling some rides in a new time Tony Rocha for leading new rides, getting ads for the newsletter, and offering to host our web site, thereby enabling us to change the address to a simple DVBC.com. Thank you Chris Harendza for the fine job you did editing the newsletter and for helping Judy get started. Thanks to all the many volunteers who are helping to make ours a great club.

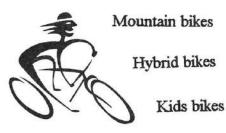
Our numbers are still rapidly on the rise. As we expand our ride calendar and activities, and improve our tours, we need help from everyone. We are only as strong as Contact me to our membership. volunteer or to offer ideas for 610.565.4058 improvements: bikeira@juno.com.

With everyone taking a pull, we will ride into the new season a happy, vital, active Delaware Valley Bicycle Club.

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Sunday April 25. 9:00 am	Meet behind the Dunkin' Donuts in Woodlyn. At the corner of Fairview Road
Miles: 25 + Class C Neighborhood Ride	& MacDade Blvd. The ride will go anywhere and somewhere through the neighborhoods of Delaware County. Call Bob 610.833.2096.
Sunday, April 25. 9:00 am Miles: 50. Class A More Coffee Please	Me again. Once again, looking for those riders ready for a challenge. Meet me at Haverford Middle School, just West of Rte 1, on Darby Road in Havertown. 610.789.4438.
Sunday, April 25. 2:00 pm Miles: 25. Class C After Church Classic	Cheers to Frank Jackson for organizing this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. Meet at the parking lot of the now-closed ACME, across from Nifty Fifty's. (Rte. 420 & MacDade Blvd.) Call Frank at 610.534.3978.
Sunday, May 2. 8:45 am Miles: 54+. Class B/B+ Downingtown	Meet at Rose Tree Park (on Rt. 252 just north of Rt. 1) for a ride to Downingtown. Rest stop there and then return via the same route. This is a gorgeous ride through several creek valleys with a few major climbs. Expect a fast pace. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net.

Welcome to new members: Paul Brewer, Wayne & Lois Elder, and Jessamyn Lowry

Dust Off Your Bicycles, by Bob Leon

Last month I was hoping for an early spring. As of this writing the weather hasn't been very bicycle friendly; however, April should warm up and drive you out doors for a new two-wheel riding season.

Once again I am planning on doing training rides for the metric century. I hope we'll see some new riders as well as the young group of old. For those new C riders who want to meet a challenge this year, we

encourage you to join our growing group of friendly people.

This year we'll ride new roads and visit new places as we build our endurance towards the metric century ride to the Jersey shore. This will be a one-day, 65-mile ride to the Ocean City boardwalk starting from Buena.

I'll also be looking for someone to sag an overnight ride to the shore, so if you, a friend, or your spouse could sag, I'd like to hear from you. The ride will be scheduled in August or September.

Let's dust off our bicycles and start working on our pedal strokes. There are lots of rides to choose from. You just have to get out and join one of our many ride leaders.

There are miles to go, places to see, and people to meet along the way. So get up off of your butt and get into this stuff 'cause it's beautiful to ride all day.

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Come join the fun at the **Sierra Club Earth Day**, **Sat., April 24**. Blue Bell Meadow in Fairmount Park, Walnut Lane and Park Line Drive. Rides for both road and mountain bikes. There will be bands, food, giveaways, and information tables. For info call Pat at 215.985.1536



The What's Left of Open Space Tour (Formerly the Freedom Tour) Sunday May 9, 1999 65, 50, 35, 18 and 8 mile routes



Sponsored by the Delaware Valley Bicycle Club

Time: 8-9 AM for 65 & 50 milers; 9-10 AM for 35, 18 & 8 milers Place: Ridley Creek State Park, Media, PA Picnic area #15

Cost: \$8 pre-registration (if postmarked by April 30, 1999) \$10 day of Tour

Tour will be held rain or shine

Expected Attendance: 150-250 riders

Services Provided by DVBC: Food & water stops, cue sheets, sag wagon, rest rooms, marked routes Routes: The new theme is a celebration of open space, which is being lost to development at a rate of an acre an hour in the region. The scenic tour will begin at Ridley Creek State Park and will meander up & down through parts of Delaware and Chester counties that are still open spaces, including the 126 acre "Horse Farm" in western Delaware County planned for future development by Toll Brothers. Information will be available at the ride start at how you can become more involved in saving Pennsylvania's Open Spaces. Routes from previous years subject to change based on the availability of open space! As always, there will be plentiful food and rest stops for all riders!

Description: You travel at your own pace, with family or friends, or make new cycling friends along the way. All ages, all abilities and all types of bikes are welcome. The 8-mile route is a great way for beginners and families to experience the fun of a tour ride!

Safety: Helmets are mandatory! Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws. We recommend carrying a spare tube/patch kit, tire pump and tire irons. Each rider assumes his/her own responsibility.

For More Information: Call Ira Josephs at (610) 565-4058 or e-mail at bikeira@juno.com.

The Whats Left of Open Space T	our, May 9, 1999				
Name:			_		
Address:					
City:	State:	Zip:			
Phone:	Age:				
Intended ride distance: 65 mi. 50 mi. 18 mi. 18 mi. 8 mi. Walver/Release In consideration of the acceptance of my application for entry into the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bioycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above. I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.					
Signature	Signature	of parent or guardian (if ri	der under 18 years)		
Please send this signed form with a check or money order made out to DVBC by April 30 to:					
Open Space Tour Delaware Valle	ey Bicycle Club PO	Box 156 Woodlyn, PA	19094-0156		



DELAWARE VALLEY BICYCLE CLUB

RIDE CALENDAR APRIL 1999



mid- mi-dia	02 02
Ride Descriptions	Want to get in shape? This ride will do it. Meet everyone else at the start.
Thursday, April 1. Noon	
Miles: 1,000,000 Class: A+++	See you there.
Forever Foolish	This is a will be held as an Thursday throughout the month and will originate
Thursday, April 1. Early am	This ride will be held every Thursday throughout the month and will originate
Miles: 10-25. Class C	from various locations in Havertown at around 7:30 am. Bring money for
Pancake Breakfast	breakfast. Call Joel and Kate Perlish at 610.789.7673 on the Wednesday
	before the ride for the exact time and starting location. (My apologies to the
	Perlishes for inadvertently omitting their rides in March.)
Saturday, April 3. 9:30 am	Don't feel like doing 30 Miles? Come out anyway and do 10 or 30 or
Miles: 10,14,30+. Class C	somewhere in between. Meet at Rose Tree Park, (off Rte. 252) for a ride
Take your Pick	through various neighborhoods and a visit to Ridley Creek StatePark Trail.
	Expect a few hills. Call Tony Rocha at 610.565.0578.
Saturday, April 3. 9:00 am	Getting a later start to your Saturday? Here's the perfect chance to get
Miles: 30 +. Class C+	going. Join Walt Linton for a ride throughout the suburbs, probably
Easter Eve Moming	throughout the picturesque Phoenixville area. Not sure where the exact
	starting location is, so give Walt a call at 610.917.8761.
Saturday, April 3. 9:00 am	Meet at the Kingsway High School, Routes 322 & 551 just over the
Miles: 40+. Class B	Commodore Barry Bridge for a ride to Fort Mott. A scenic destination
Fort Mott	located along the Delaware River. Bring food and plenty of water. For more
	info call Bob 610.833.2096.
SET YOUR	CLOCKS AHEAD AN HOUR! DON'T FORGET
Sunday, April 4. 8:45 am	Enjoy the holiday with a ride out to Unionville, Embreeville and surrounding
Miles: 48+. Class B	areas. Expect some hills. Meet at the Ridley Creek State Park Main Office
Easter Bunny Hop	(off Gradyville Rd. between routes 252 and 352 in Edgemont Township).
	One rest stop in West Chester. Back by 12:30. Contact Christopher
	Harendza at 610.449.6456 or elzchris@netreach.net.
Monday, April 5. 7:30pm	Guest speaker will be Harry Havnoonian presenting a talk about frame
DVBC Members Meeting	building. The meeting will take place at his shop, CycleSport, in Media, at
2 120	the 5 points intersection. Contact Ira at 610.565.4058 or bikeira@juno.com.
Thursday, April 8. Early am	Pancake Breakfast. See April 1 for details. Miles: 10-25. Class C
Thursday, April 8. 5:30pm	Get your spring riding season off to a great start and enjoy the extra daylight
	by joining Fran DeMillion for a ride to celebrate the end of the workweek,
Miles: 10-15. Class C	and get you ready for the weekend. The ride will begin at the Ridley Creek
After Work Spring Special	State Park, but please call Fran first to confirm your attendance and the
	location. 610.431.2675, and day of the ride, call 610.648.1570.
Ostroday April 40, 0-00 am	Join Tony laccarino at the trailhead to the Valley Forge Bike Path, at the
Saturday, April 10. 9:00 am	Betzwood Bridge parking lot for a ride throughout the area. Please call
Miles: 20. Class C	Tenswith any questions 610 265 5/55
Full Circle	Tony with any questions. 610.265.5455.
Saturday, April 10. 9:00 am	Meet at Ridley Creek State Park. The ride will begin from the park office,
Miles: 45+ Class B	and cruise to the Northbrook Orchards, taking a different route than usual to
Northbrook and Beyond	get there. Call Bob 610.833.2096.
Saturday, April 10. 9:00 am	Well, not that new and different, as this event still features travel on two-
Miles: 35. Class B+	wheels. But we've got a new ride leader and a new route. So, don't miss
New and Different	this opportunity. Join Steve Lake for a fast-paced, challenging ride
	throughout the Western Suburbs. Ride will begin at the Bike Line in Paoli,
	which is on Route 30, close to Rte. 252. Call Steve with questions.
	610.647.6269.

Miles: 28 +- Class C Northbrook Orchards Sunday, April 11. 9:30 am Miles: 25. Class C Gladwyne C Sunday, April 11. 9:30 am Miles: 40. Class B Spring Westtown Monday, April 12. 10:30 am Miles: 40. Class B Spring Westtown Monday, April 12. 10:30 am Miles: 40. Class B Spring Westtown Monday, April 12. 10:30 am Miles: 25. Class B Spring Westtown Monday, April 12. 10:30 am Miles: 26. Class B Spring Westtown Monday, April 12. 10:30 am Miles: 26. Class B Spring Westtown Monday, April 12. 10:30 am Miles: 26. Class B April in Ardmore Monday, April 12. 7:00 pm DVBC Board Meeting Thursday, April 15. 5:30pm Saturday, April 16. 5:30pm Saturday, April 17. 7:30 am Saturday, April 17. 7:30 am Saturday, April 18. 9:00 am Miles: 62. Class C Sunday, April 18. 9:00 am Miles: 62. Class C-B-Ide Control of the Class C Sunday, April 18. 9:00 am Miles: 62. Class C-B-Ide Control of the Class C Meet at the Signey High School, (The school is on the left at the first training ride of 1999, on the outside chance that some one your bike. Philadelphia (with a possible food stop at the properties. 32. Philas School. (The school is on the left at the third light after the Communia of the Spring Special. See April 16 for details. Miles: 10-25. Class C Meet at the Salem Oak Direc, Rt. 49, in Salem NJ. Breakfast at the direc. Please cell Bob LaDrew. (610.383.3932 or 2) addrews@neteach.net) Start at the Kingsway High School, 551 (left at the third light after the brist Training ride of 1999, on the outside chance that some of us may be not as in-shape as we could be. Our goal is to build up to the metric century ride. Call Bob Longew. (610.388.5152 or Papaperboy@aol.com Monday, April 19. 10:30 am Mursday, April 22. E:30 om Meet at the Salem Parkfast. See April 16 for details. Miles: 10-25. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C Meet at the Class B-P Mursday, April 22. 9:00 am Miles: 62 Class B-P Mursday, April 23. 9:00 am Miles: 65 Class B-P Mursday, April 24. 9:00 am Miles: 65 Class B-P Mursday	Sunday, April 11. 9:00 am	Most at the Chadde Food Floor I I I I I I I I I I I I I I I I I I
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Sunday, April 11. 9:30 am Miles: 25. Class C Gladwyne Meet at the Drexel Hill Cyclery, 703 Burmont Road, Drexel Hill for a beautiful ride through the Main Line, Gladwyne, and a snack stop (hick chocolate) in Manayunk. Expect a few hills. Call Bob Martin at 610.352.2114. Come check out the changes in this venerable old ride. (Ira changed the route? National news item.) And, it even features a new indoor food stop where you can get hot soup, maybe some candy bars or ice cream, and some new roads. It's still hilly. Meet at the Moylan-Rose Valley in station at Woodward and Manchester Roads in Media. For more info, contact Ira at 610.565.4058 or bikelrai@juno.com. Monday, April 12. 10:30 am Miles: 25. Class B-April in Ardmore Monday, April 12. 7:00 pm DVBC Board Meeting Thursday, April 15. Early am Thursday, April 15. Early am Saturday, April 16. 5:30pm Saturday, April 17. 9:30 am Saturday, April 18. 9:00 am Miles: 25 +. Class C Cla		meandering back to the start. Call Pab 640 833 2000
Miles: 26. Class C Gladwyne beautiful ride through the Main Line, Gladwyne, and a snack stop (not chocolate) in Manayunk. Expect a few hills. Call Bob Martin at 610.352.2114. Come check out the changes in this venerable old ride, (Ira changed the route?) National news item.) And, it even features a new indoor food stop where you can get hot soup, maybe some candy bars or ice cream, and some new roads. It still hilly, Meet at the Moylan-Rose Valley train station at tWoodward and Manchester Roads in Media. For more info, contact fra at 610.565.4058 or bikeira@juno.com. The Monday, April 12. 10:30 am Miles: 25. Class B-Agril a form Ardmore to the west & south. We hope to go longer and pick up the pace a little but no one will be dropped. Maybe a rest or food stop on longer rides. Call for meeting place the day before. Dave 610-649-1927. Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to all cube members. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com. Pancake Breakfast. See April 16 for details. Miles: 10-25. Class C After Work Spring Special. See April 3 for details. Miles: 10-25. Class C Meet at the Salem Oak Diner, Rt. 49, in Salem NJ. Breakfast at the diner, then a fiat, wonderfully scenic metric over a course charted by the late Peter Odell. Province of Bicycle Club of Phila. Lunch at Mile 30. Geared for out-of-shape B rides. 25 +. Class C Hess		Meet at the Dravel Hill Cycles 702 Days at Day 1 Days
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Sunday, April 11. 9:30 am Miles: 40. Class B Spring Westtown Come check out the changes in this venerable old ride. (Ira changed the route? National news intern.) And, it even features a new indoor food stop where you can get hot soup, maybe some candy bars or ice cream, and some new roads. It's still hilly. Meet at the Moylan-Rose Valley train station at Woodward and Manchester Roads in Media. For more info, contact Ira at 610.565.4058 or bikeira@juno.com. Monday, April 12. 10:30 am Miles: 25. Class B-April in Ardmore Monday, April 12. 7:00 pm DVBC Board Meeting Monday, April 15. Early am Thursday, April 15. Early am Thursday, April 16. Early am Thursday, April 17. 9:30 am Miles: 62 (Lass B-Peter Odeli Ride Saunday, April 17. 9:30 am Miles: 25 \times Class B-Peter Odeli Ride Sunday, April 18. 9:00 am Miles: 62 \times Class C-HB-ID CP Swap Meet Sunday, April 18. 9:00 am Miles: 62 \times Class C-HB-ID CP Swap Meet Monday, April 19. 10:30 am Miles: 62 \times Class C-HB-ID CP Swap Meet Monday, April 22. Early am Phursday, April 22. Early am Mursday, April 24. 9:00 am Miles: 62 \times Class B-Peter Nork Spring Special. See April 1 for details. Miles: 10. 14, or 16 contact Ira at the Kingsway High School, 551 (left at the third light after the Commodore Barry Bridge) routes 322 & 551 in New Jersey. This will be the first training ride of 1999, or the outside chance that some of us may be not as in-shape as we could be. Our goal is to build up to the metric century ide. Call Bob Leon at 610.833.2096. Meet at the old Acme site on MacDade Blvd. and Route 420 for a pilgimage to the annual BCP Swap Meet at the Philadelphia Art Museum. Route will take us by way of Lindbergh Blvd., Passyunk Avenue Bridge, and South Philiadelphia (with possible food stop at the Italian Market). Bring money, but remember that whatever you buy you have to carry home on your bike. Philadelphia (with possible food stop at the Italian Market). Bring money at a manual BCP Swap Meet at the Philadelphia Art Museum. Route will light after		
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Contact Ira Josephs at 610.565.4058 or bikeira@juno.com Pancake Breakfast. See April 1 for details. Miles: 10-25. Class C After Work Spring Special. See April 6 for details. Miles: 10-15. Class C After Work Spring Special. See April 6 for details. Miles: 10-15. Class C After Work Spring Special. See April 6 for details. Miles: 10-15. Class C After Work Spring Special. See April 6 for details. Miles: 10-15. Class C After Work Spring Special. See April 7 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 16 for details. Miles: 10-15. Class C After Work Spring Special. See April 16 for details. Miles: 10-15. Class C After Work Spring Special. See April 16 for details. Miles: 10-15. Class C After Work Spring Special. See April 16 for details. Miles: 10-15. Class C After Work Spring Special. See April 16 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C After Work Spring Special. See April 8 for		Sproul Rd in Springfield The mosting is asset to " I the most in t
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After Work Spring Special. See April 8 for details. Miles: 10-15. Class C Take Your Pick. See April 3 for details. Miles: 10, 14, or 30. Class C Saturday, April 17. 7:30 am Meet at the Salem Oak Diner, Rt. 49, in Salem NJ. Breakfast at the diner, then a flat, wonderfully scenic metric over a course charted by the late Peter Odell, of Bicycle Club of Phila. Lunch at Mile 30. Geared for out-of-shape B riders. Please call Bob LaDrew. (610.383.9327 or 2ladrews@netreach.net) Stant at the Kingsway High School, 551 (left at the third light after the Commodore Barry Bridge) routes 322 & 551 in New Jersey. This will be the first training ride of 1999, on the outside chance that some of us may be not as in-shape as we could be. Our goal is to build up to the metric century ride. Call Bob Leon at 610.833.2096. Meet at the old Acme site on MacDade Blvd. and Route 420 for a pilgrimage to the annual BCP Swap Meet at the Philadelphia Art Museum. Route will take us by way of Lindbergh Blvd., Passyunk Avenue Bridge, and South Philadelphia (with a possible food stop at the Italian Market). Bring money, but remember that whatever you buy you have to carry home on your bike. Philadelphia (with a possible food stop at the Italian Market). Bring money, but remember that whatever you buy you have to carry home on your bike. Philadelphia (with a possible food stop at the Italian Market). Bring money, but remember that whatever you buy you have to carry home on your bike. Pancake Breakfast. See April 12 for details. Miles: 10-25. Class B-Pancake Breakfast. See April 15 for details. Miles: 10-15. Class C after Work Spring Special. See April 8 for details. Miles: 10-15. Class C after Work Spring Special. See April 8 for details. Miles: 10-15. Class C after Work Spring Special. See April 8 for details. Miles: 10-15. Class C after Work Spring Special. See April 8 for details. Miles: 10-15. Class C after Work Spring Special. See April 8 for details. Miles: 10-15. Class C after Work Spring Special. See April 8 for details. Miles: 10-15. Cl	Thursday, April 15. Early am	Pancake Breakfast See April 1 for details Miles: 10.35 Class C
Take Your Pick. See April 3 for details. Miles: 10, 14, or 30. Class C Saturday, April 17. 7:30 am Miles: 65 Class B-Peter Odell Ride Sunday, April 18. 9:00 am Miles: 25 + Class C See April 3 for details. Miles: 62 + Class C See April 3 for details. Miles: 10, 14, or 30. Class C Seater Odell, of Bicycle Club of Phila. Lunch at Mile 30. Geared for out-of-shape B riders. Please call Bob LaDrew. (610.383.9327 or 2ladrews@netreach.net) Start at the Kingsway High School, 551 (left at the third light after the Commodore Barry Bridge) routes 322 & 551 in New Jersey. This will be the first training ride of 1999, on the outside chance that some of us may be not as in-shape as we could be. Our goal is to build up to the metric century ride. Call Bob Leon at 610.833.2096. Meet at the old Acme site on MacDade Blvd. and Route 420 for a pilgrimage to the annual BCP Swap Meet at the Philadelphia Art Museum. Route will take us by way of Lindbergh Blvd., Passyunk Avenue Bridge, and South Philadelphia (with a possible food stop at the Italian Market). Bring money, but remember that whatever you buy you have to carry home on your bike. Phil Anderson, 610.328.5152 or Papaperboy@aol.com April in Ardmore. See April 1 for details. Miles: 10-25. Class B-Pancake Breakfast. See April 1 for details. Miles: 10-25. Class C After Work Spring Special. See April 1 for details. Miles: 10-15. Class C Meet at the Kingsway High School. (The school is on the left at the third light after the Commodore Barry Bridge.) Routes 322 & 551. The breakfast that features the ride we all enjoy. We'll have to burn off the food so the return trip will be longer. Bring money & an appetite. Call Bob 610.833.2096. Join Steve Lake for a fast-paced, challenging ride throughout the Western Suburbs. Ride will begin at the Bike Line in Paoli, which is on Route 30, close to Rte. 252. Call Steve with questions. 610.647.6269. This ride will feature a new route and travels through some great roads throughout the seen is suburbs.		After Work Spring Special See April 8 for details Miles: 10-15 Class C
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Thursday, April 22. Early am Thursday, April 22. 5:30pm After Work Spring Special. See April 1 for details. Miles: 10-25. Class C After Work Spring Special. See April 8 for details. Miles: 10-15. Class C Meet at the Kingsway High School. (The school is on the left at the third light after the Commodore Barry Bridge.) Routes 322 & 551. The breakfast that features the ride we all enjoy. We'll have to burn off the food so the return trip will be longer. Bring money & an appetite. Call Bob 610.833.2096. Atturday, April 24. 9:00 am liles: 35. Class B+ Yew and Different Suburbs. Ride will begin at the Bike Line in Paoli, which is on Route 30, close to Rte. 252. Call Steve with questions. 610.647.6269. This ride will feature a new route and travels through some great roads throughout the scenic suburbs.		Phil Anderson, 610.328.5152 or Papaperboy@aol.com
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- Wear a helmet. Dress appropriately. Call the ride leader first to confirm.

 I tried to make everything accurate as possible. If it's not, I apologize. Just let me know.

 Call or email me by April 15th to list rides for May, 1999. 610.789.4438 or greeneggsandham3@juno.com

RIDE TOURS AND EVENTS

APRIL 1999

- 2-4: 3rd Annual British Bike Weekend. Sponsored by Trophy and Via Bikes. \$25 for all rides and party activities. Info: Mike McGettigan, 215.625.7999 or mcget@aol.com.
- 3-4: Women's Cycling Clinic. New England Women's Cycling Club is sponsoring a two-day clinic for women who wish to learn more about road cycling and racing from Karen Bliss Livingston. Costs -- \$35 per day. SASE: P.O. Box 3827, Nashua, NH 03061. Hotline: 603.595.8642.
- 4: Seaford RR. Seaford, DE. Contact Andrew Albright 302.562.2821 or send SASE: 807 W. 32nd St., Wilmington, DE 19802 or e-mail albrigh@mail.med.upenn.edu.
- 10: Safety Rodeo. Suburban Cyclists Unlimited. For children in grades three to six (ages 8 to 12) at Simmons Elementary School, Horsham, PA.
- 17: Ocean to Bay Bike Tour. Bethany-Fenwick, MD Area Chamber of Commerce. Contact Kori L. W. Gassaway, 302.562.2821 or call 1.800.962.7873. or 302.539.2100 or e-mail info @ bethany-fenwick.org. See www.bethany-fenwick.org. SASE: Box 1450, Bethany Beach, DE 19930
- 17: 1999 CAM Bike Rally. aka Subaru's Great Cookie Bike Rally. Harwood, MD. Preregistration \$16; day of event \$21; includes T-shirt, lunch and choice of 15/30/50 mi. rides. SASE: CAM, 7 Church Lane, Suite 8, Baltimore, MD 21208-3710 or call toll free 1.800.CAM.RIDE.
- **18:** Bicycle Swap Meet. Bicycle Club of Philadelphia 10 A.M. at the Waterworks behind the Art Museum. Guided ride to see Phila.'s historical trees. Info: Jennifer Escoria coolgal@integra-net.com or 215.624.9580.
- **18. Taxing Metric.** 32/64 miles. Brandywine Bicycle Club. c/o Louise Rennie. P.O. Box 3162, West Chester, PA 19381. 610.458.8153.
- 23-25: BCP Spring Event. Various rides in Lancaster County Get-away. Reserve by April 10. Cost \$100, includes meals and lodging. Info: 215.PDL.Bike or call Bob Paradise, 610.399.3307.
- 25: Mason Dixon Ride for MS. Contact Susan Kelly, MS, DE Chapter, 2 Mill Rd, Ste. 106, Wilmington, DE 19806 or call 302.655.5610.
- 25: Rotary River Ride. Contact Frank R. Gerome, 600 Witmer Rd., Horsham, PA 19044 or call 215.542.7974, or e-mail: camps@i-bob.com, EHFS@aol.com.

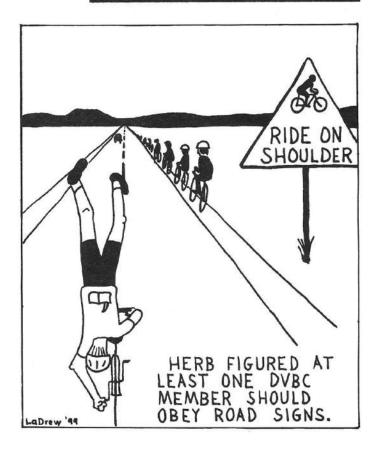
MAY 1999

- 1: Farmlands Flat Tour. Central Jersey Bicycle Club. Various rides from 15 to 100 miles from Brookdale Community College, Lincroft, NJ. Preregistration by April 18 -- \$15 / \$20 for T-shirt; day of event -- \$20 no T-shirt. SASE: Howie Glick, 3 Tracy Drive, Fords, NJ 08863 or call 732,225.HUBS.
- 2: Bike NY, The 5 Boroughs Tour. Five Borough Bicycle Club and American Youth Hostels. Call 212.932.BIKE, or e-mail info@bikenewyork.org or see the web site www.bike.newyork.org. SASE: Five Borough Bicycle Club, 891 Amsterdam Avenue, New York, NY 10025.
- 2: Mexican Metric. Suburban Cyclists Unlimited. 20/56/62 mi. routes and fiesta starting from Lower Perkiomen Park, Egypt and New Mill Roads, Oaks, PA. \$15 for members; \$20 for non-members and day-of. Info: Doug Levy 800.737.9529 or SASE: SCU Century, P.O. Box 401, Horsham, PA 19044.

Chris Martha has compiled these events from various sources. The club does not endorse the events listed but gives contact information as a service.



We would love to print your photos or ride summaries in the newsletter. It's a great way to spread the word about good times.



Delaware Valley Bicycle Club P.O. Box 156 Woodlyn, PA 19094-0156

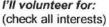


The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

Application for DVBC Membership (Expires 1 year from date joined/renewed)				
Please print clearly and use your 9-digit zip code, if known.				
Name:				
Address:				
1000	State: Zip:			
Phone:	Date of Birth:			
Annual Membership: \$15.00 per household. Check one: new member or renewal Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.				
The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:				
□\$1 □\$5 □\$10 □\$15	□ \$20 □ \$25 □ other:			
Amount enclosed: \$15 (membership) + (safety) =				

Interest Survey

Your Ride Pace: (check one)	Class D: slow Class C: average Class B: brisk	Class A: fast
I'll volunteer for:	☐ Ride Leader	Newsletter



Sag Wagon **Typist** Tour Food Stop Newsletter Delivery



Please send your check or money order to the:

Delaware Valley Bicycle Club P.O. Box 156 Woodlyn, PA 19094-0156