

DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

OCTOBER 1999

FREE

1999 Brandywine Tour Wrap-up

I might sound partial, but I must say that the DVBC ended the 1990's with a perfect Brandywine Tour. Congratulations and many thanks to all of my wonderful volunteers for a job well done. The road markings were excellent; therefore no riders went astray, and there were no accidents (at least none that I heard of). Allelujah! The food stops were well stocked so that no riders rode off hungry, and from what I understand, the SAG wagons were plenty, visible, and there when you needed one. Many ride participants added positive comments to back up my praises of all the volunteers.

However, there is one thing that the tour coordinator and volunteers have no control over as far as the outcome of any given tour, and that is the weather. Because our Brandywine Tour is in September (as are many other clubs' tours during this "Century month"), we have to deal with hurricane season. This year we had to contend with Hurricane Dennis which posed a menacing threat. Dennis gave us an early morning shower,



Volunteers Ride: Standing L to R: Woody Kotch, Mike Scott, David Bennett, Bob Leon, Jan Chadwick, Bill Freeborn. Front L to R: Ira Josephs, Tony Rocha, Chris Harendza.

but stopped awhile before registration to leave the roads slightly damp in some areas at the start of the tour. The remainder of the day was mostly overcast

with roads on the dry side. It wasn't until late afternoon, when all but one or two riders were on the last miles of their route, that Dennis gave us a more steady rain

(Cont. on p. 3)

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DVBC Meeting Place

Delaware County Peace Center,
 Springfield Friends Meeting, 1001
 Old Sproul Road (behind the car
 wash at Rt. 320 and Old Marple
 Road). Meetings are usually held
 the first Monday of most months.

DVBC welcomes articles and ride
 reports for the newsletter. Please
 submit your proofread materials to
 the Editor before the 14th of each
 month.

Board of Directors & Staff

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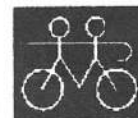
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Christopher Harendza, *Web Page*,
 610.449.6456 or elzchris@netreach.net

Club Affiliations



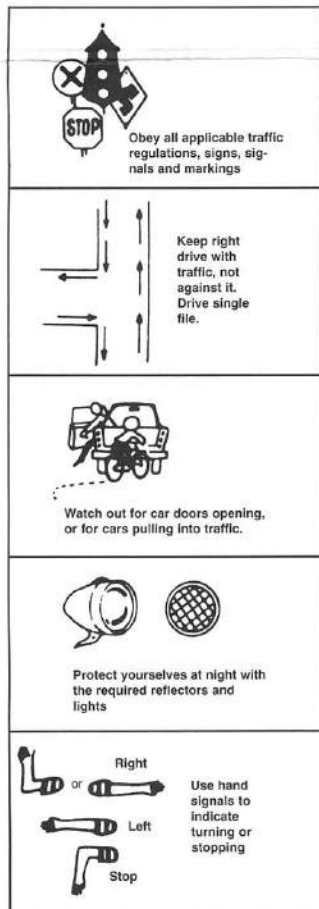
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*Bicycle Coalition of the
 Delaware Valley*

*Please note that the views
 expressed in this publication are
 not necessarily the views of the
 DVBC, nor do we endorse
 products or services advertised.*

Ride Guidelines



1. Arrive early and be ready to leave on time. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order *before* you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:
Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.
Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.
Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

(Tour Wrap-up from p.1)

shower. Those last riders, especially one gentleman, were determined to finish the ride without the help of a SAG no matter how much rain came down. Hurricane Dennis also provided some extra wind, but headwinds on some roads became tailwinds on other roads — thank goodness!

If the weather had cooperated a little better and been as perfect as the rest of our tour, we probably would have had 350-400 riders. As it turned out, there were almost 200 riders that challenged any anticipated rain from Dennis and they were rewarded with a better than expected day. DVBC appreciates and congratulates all those riders who turned out to do our 1999 Brandywine Tour.

At this time, I would again like to extend my thanks and appreciation to all of my volunteers, sponsors, and other support personnel who helped make our tour a success.

This year, our food sponsors were ACME Market of Newtown Square, CLIF BAR Company, Fresh Fields Whole Foods Market of Wynnewood, and Genuardi's Family Market

of Glen Eagle Square. Many thanks for your support.

We thank the various townships for their cooperation, especially Pennsbury Township and Kathleen Howley. Thanks also to the Chadds Ford Elementary School, and Bernie and Claudette Langer for the use of their properties.

All of my other volunteers who helped with the planning, preparation, and/or day-of-event support included our club president, Ira Josephs and his family, treasurer Bob Leon and his wife Cassie, secretary David Bennett and his wife Cynthia, Jan Chadwick, Tony Rocha, Mark Kern, Woody Kotch, Charlie Stockley, Bill Freeborn, Mike Scott, Bonnie Watkins, Len Zanetich, Walt Homan, Elwood Bussom (bless you for cutting the grass at the Embreeville food stop, too!), Fran DeMillion (whose homemade brownies were a big hit!), Katrina Dowidchuk (I gave Katrina the honor of painting the smiley faces on the hills this year to which she added her artistic talents!), Frank Havnoonian for the use of spare tires and tubes, and Chris Harendza (ouch!). I apologize if I forgot to mention anyone who helped this year. If I did, please let me know.



Spriggell Food Stop: L to R DVBC club members Mike Toof, April Kay, Dave Trout, Bob Martin, Steve Bertolini, Eric Valencia.

[Keep your eyes open for more Tour photos in upcoming issues of the newsletter.]



Tour Coordinator
Gina Bezdziecki



Embreeville food stop volunteers:
Elwood Bussom and Fran DeMillion

BIKES FOR SALE

TREK 970 15", 9.0 SL Gripshift 8 SP., V type brakes, Girvin susp. stem, w/o pedals. Better spec than new!! Asking \$400.

TREK 820 18" ATB, 21 SP. R.F., w/rear rack & kickstand. Good cond. Asking \$120.

Specialized Hardrock 21" ATB, 18 SP. R.F., sealed hubs, Deore crank. Asking \$150.

Performance M-106 16" ATB, New condition, gripshift/Shimano, w/o pedals, has short cranks & stem. Asking \$300.

Dyno Nitro 20" BMX, w/3 SP Shimano hub, w/ padset, kickstand & spares. Flyers colors (black/orange/silver). Asking \$75.

Schwinn Mirada 17" Hybrid, 18 SP thumb w/kickstand. Good condition. Asking \$75.

Schwinn High Sierra 18" ATB, 21 SP thumb, street tires 1.50, adj. susp. stem, sealed hubs, rear rack. Asking \$120.

Schwinn Caliente 15" Road (2 bikes) 14 SP D.T. shift, all alloy components, 22 & 23 lb. Exc. mech. cond. Asking \$250 & \$200.

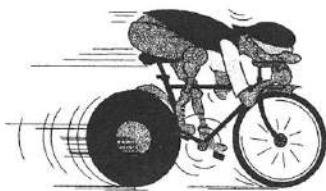
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Bike Dirt By F.X. Pedrix

Early on the morning of the Brandywine Tour found me in front of the TV watching what my wonderful better half, Babs, calls my favorite show - The Weather Channel. The forecast for the day was for rain that was being brought into the area by the remnants of Hurricane Dennis. "Are you still going to ride today?" she asked. "Of course," I replied trying to put some conviction in my voice. "I'll tell you," Babs went on, "You ride in 100-plus degree heat, freezing cold, snow, sleet and now a hurricane. You and your cycling friends are a bunch of, ah, ah, cyclopaths!!" I quickly made a dash for the door even though it was pouring rain. By the time I reached the start of the tour the rain had stopped and the remainder of the day was relatively dry. My hat is off to the Tour Coordinator and all the volunteers. The ride was, as usual, well marked, the food was great and they even took out a few of the more difficult hills. I talked to a few riders that had never been on the Tour before and all were impressed with the ride and the club volunteers.

A nice contingent of DVBC members attended The Covered Bridge Ride in August including Our Most Honorable Club President (OMHCP). It was reported to me that OMHCP seemed to personally know all but a dozen or so of the estimated 2500 participants on the ride. He set about rectifying that situation - not by alienating 2488 people, but by introducing himself to the remaining twelve. I also learned that OMHCP

recently had successful double hernia surgery. It was said that he tried to get the Doctors to put in carbon fiber to shore up his lower abdomen, but he had to settle for polypropylene mesh.

Bicycle riding with a club is a good way for couples to get together. One of our "couples" took getting together a little too far. While out riding they somehow got their bikes together and he went down, but she managed to stay up. He had a concussion and a serious case of road rash, but after a ride in an ambulance and some tender loving care he's back to normal (?). Oh, and the bikes are just fine. Babs told me after she heard about this incident that I should be glad she doesn't ride very often.

There was an announcement that the singing of Happy Birthday to any other rider while on the Sunday "C" rides is now forbidden. One of the riders tried to take out a parked car while singing the Birthday song to a fellow rider. Bike and rider are OK, but it has been reported that he will never sing again.

We have double candidates for the True Bicyclist Award. A female rider whose name is also a month of the year and one of the Club's Board members, both took spills on different rides recently. Both are reported to have said, while sitting on the ground in obvious pain, "How's my bike?" Luckily neither rider had serious injuries.

Although I usually don't use names in this column, one of our long time and valuable members has been out of the saddle for some time because of eye surgery. Hey Charlie, get well soon - we miss ya buddy.

If you have any good Bike Dirt, club news, gossip, jokes, quotes, comments or any other info, e-mail me at fxpedrix@hotmail.com.

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Janet Epstien, Cheryl Freedman, Jean Heim, and Louise Rennie

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DELAWARE VALLEY BICYCLE CLUB

RIDE CALENDAR

October 1999



Ride Descriptions

Saturday, Oct. 2. 7:30 am Miles: 70 +-. Class B <i>Northbrook / Doe Run</i>	Meet behind the Dunkin Donuts on MacDade Blvd & Fairview Roads. We'll enjoy the beginning of the fall season as we travel to Northbrook Orchards for food and water. Expect some hills. Call Bob 610.833.2096.
Sunday, Oct. 3. 9:00 am Miles: 13,30+-. Class C-/C & C+ <i>Take Your Pick</i>	Meet at Rose Tree Park, (on Rt. 252) and come do a few miles with us. The first 13 mile loop is perfect for new riders and I encourage you to come out. We will take a ride to Swarthmore and keep a slow pace. There are no major hills on this ride and no one will get dropped. After this first loop as a good warm-up for the faster riders, we will pick up the pace and take a ride to Ridley Creek State Park. Call Tony Rocha at 610-416-0514 or tony@crafttech.com
Sunday, Oct. 3. 9:00 am Miles: 40. Class A- <i>Radnor Hunt</i>	Join me for a quick jaunt through beautiful roads in Malvern, Radnor, Willistown, and Haverford. (Not necessarily in that order.) Ride will begin in front of Haverford High School located on Darby Rd., just west of Rte. 1 in Havertown. Rain or shine. Call Katrina at 610.789.4438.
Monday, October 4	NO MEETING
Thursday, Oct. 7. Early am Miles: 10-25. Class C <i>Pancake Breakfast</i>	7:30 am on each Thursday leaving from our Havertown home in the Oakmont section. Weather permitting. This is an easy-paced ride of 10-15 miles with a pancake place in between. Please don't forget money and a helmet. We're generally back to start by 10:15 am. Please call Joel at 610.789.7673 the night before to confirm departing place and time.
Saturday, Oct. 9. 7:30 am Miles: 40 +-. Class B <i>Jersey Rambie</i>	Meet at the Kingsway High School on Routes 322 & 551 in NJ, (just over the Commodore Barry Bridge). The route is unknown at this time, but we may leave it up to you. Call Bob 610.833.2096.
Sunday, Oct 10. 9:00 am Miles: 21+. Class C <i>Manayunk</i>	An easy-paced ride starting from the Drexel Hill Cyclery on Burmont Rd. in Drexel Hill. We'll start there and travel to Manayunk with an optional loop to the Art Museum. Expect some hills, but no one will get dropped. Bring money for a snack. Call Bob Martin at 610.352.2114.
Sunday, Oct. 10. 9:00 am Miles: 40-60. Class B <i>Westtown and Beyond</i>	Come check out the changes in this venerable old ride. And, it even features a new snack stop and some new roads. It's still hilly. Meet at the Moylan-Rose Valley train station at Woodward and Manchester Roads in Media. For more info, contact Ira at 610.565.4058 or bikeira@juno.com .
Monday, Oct. 11. 7:00 pm <i>DVBC Board Meeting</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to all club members. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com .
Thursday, Oct. 14. 7:30am	Pancake Breakfast. See October 7 for details. Miles: 10-25. Class C.
Saturday, Oct. 16. 8:00am Miles: 65 or 43. Class B & C <i>Joint Ride:</i> <i>DVBC and Shore Cycle Club</i>	8 am for breakfast at the Salem Oak Diner (Rt. 49, Salem NJ). The ride will start at approx. 9 am. Two flat, scenic rides with cue sheets. 65-mile ride @ (15-17 mph) and 43-miler @ 12-14 mph. Bring money for breakfast and lunch. Bob LaDrew (610.383.9327) or 2ladrews@netreach.net .

Sunday, October 17. 8:30am Miles: Up to 55. All Classes Miles: 15+. Class C & D <i>One A-Maiz-ing Ride</i>	One Amaizing Ride. All classes. Ride up to 55 miles. Starting promptly at 8:30 am from the Italian Fountain, we will ride to the Arasapha farm on Route 352 in Gradyville, Pa. where we will spend a few hours walking through the corn maze, visiting the petting zoo and enjoying a great autumn day in the country. Bring a sweater/sweatshirt and a pair of walking shoes (mountain bike shoes will do) for the off bike activities. Call me for a cue sheet if you want to meet us along the route, or for directions to the farm. A shorter 15 mile round trip will also be set up for the C-D riders, starting from Rose Tree Park, located on Route 252 just north of the Route 1 Media by-pass. Starting time for the C-D ride is 10:00 am. Bring enough cash (at least \$15) for the days events, & I also suggest riding your second bike (commuter bike, mtn bike, etc.). Finally, there will be at least two food stops along the way. One going, one returning. Ldr: Rich Wagner, 610.521.4570.
Sunday, Oct. 17. 8:00 am Miles: 30 +-. Class C <i>Delaware County Ramble</i>	Meet behind the Dunkin Donuts on MacDade Blvd & Fairview Roads. Expect some hills as we ride through Swarthmore, Media, Ridley Creek State Park and beyond. Call Bob 610.833.2096.
Sunday, Oct 17. 2:00 pm Miles: 25. Class C <i>After Church Classic</i>	Cheers to Frank Jackson for organizing this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. Meet at the parking lot of the now-closed ACME, across from Nifty Fifty's. (Rte. 420 & MacDade Blvd.) Call Frank at 610.534.3978.
Tuesday, Oct. 19. 7:00 pm <i>DCCC Meeting</i>	Delco Cycling Committee Meeting. At the Furness Library, off of Rte 252 in Wallingford, PA. Everyone is welcome. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
Thursday, Oct. 21. 7:30am	Pancake Breakfast. See October 7 for details. Miles: 10-25. Class C.
Saturday, Oct. 23. 8:00am Miles: 50 +-. Class B <i>Brandywine Outer 50</i>	Meet at the Octarora High School. If you never had the chance to ride our beautiful outer 50 now is the time. Call Bob for directions at 610.833.2096.
Saturday, Oct 23. 9:30am Miles: 20. Class C. <i>West Chester Bicentennial Ride</i>	Come celebrate West Chester's Bicentennial with a historical bicycle ride, meeting at 9:30 at the EO Bull Building on WCU campus. Meeting us at various historical sites in the West Chester countryside, will be our guest, Paul Rodebough, a local historian, who will explore with us the people and places that had an impact on West Chester history. The ride will be hilly, with frequent stops, so plan for a wonderful, long day. Bring LUNCH, DRINKS and water. Maps and cue sheets will be provided. Call Fran DeMillion if weather is questionable or with any questions at 610.431.2675.
Sunday, Oct 24. 8:30am Miles: 65. Class A & B. 8:30am Miles: 50. Class C. 9:45am start <i>Elktoberfest</i>	Elktoberfest. Classes A, B, and C+. 65 and 50 miles. Both distances will start from the Walter S. Carpenter Complex of the White Clay Creek State Park (Route 896 North of Newark, De) with the 65 milers starting at 8:30 am doing an approximately 15 mile loop back to the Park and meeting the 50 milers for their 9:45 am start. All groups then ride together to Elk Neck State Park in Maryland. The ride will stop at a food store about 8 miles from the lunch stop for sandwiches, etc. There is a store in the park, but the pickings are slim. This ride is all rolling hills, with few flat areas. Leader: Rich Wagner 610.521.4570.
Sunday, Oct. 24. 8:1am Miles: 35 +-. Class C <i>Kountry Kitchen</i>	Meet at the Kingsway High School on routes 322 & 551 in NJ. Call Bob at 610.833.2096.
Thursday, Oct. 28. 7:30am	Pancake Breakfast. See October 7 for details. Miles: 10-25. Class C.

Saturday, Oct. 30. 7:00 am Miles: 126 +-. Class B <i>Ocean City, New Jersey</i>	Meet at the Kingsway High School on routes 322 & 551 in NJ. This may be our last trip to the shore for 1999. Call Bob 610.833.2096.
Saturday, Oct. 30. 11:00 am Miles: 15-20. Class C- <i>Easy Does It</i>	Meet at the Moylan-Rose Valley train station at Woodward and Manchester Roads in Media for an easy-paced ride into the surrounding countryside. There will be some hills but we'll take 'em slow. For more info, contact Ira at 610.565.4058 or bikeira@juno.com .
Sunday, Oct. 31. 9:30 am Miles: 35. Class C <i>Twin Towers</i>	Join Tony Iaccarino for a wonderful adventure through Southern & Western PA. Ride will begin from Lower Perkiommen State Park in Oaks, promptly at 9:30am. Ride will travel through Oaks, Collegeville, Limerick, and include a short stop for food and refreshments. Please call Tony with questions and for directions. 610.265.5455.
Sunday, Oct. 31. 8:45 am Miles: 62+. Class B/B+ <i>New Doe Run</i>	Meet at the Ridley Creek State Park Headquarters (off Gradyville Rd. between routes 252 and 352 in Edgemont Township) and ride to South Central Chester County (i.e. Thornbury, Pocopson, Unionville, Springdell, Doe Run, etc.). The route has been revised and improved. Expect a brisk pace (avg. rolling speed between 15.5 and 16.5 mph) and tough climbs. Rest stops at Northbrook Orchards and in West Chester. Contact Christopher Harendza at 610.449.6456 or elzchris@netreach.net .
Sunday, Oct. 31. 8:30 am Miles: 42 +-. Class C <i>Fort Mott</i>	Meet at the Kingsway High School on routes 322 & 551 in NJ. We'll ride into Salem, pick up some food and roll over to the Fort for lunch. Call Bob at 610-833-2096.

- μ Wear a helmet. Dress appropriately. Call the ride leader first to confirm.
- μ I tried to make everything accurate as possible. If it's not, I apologize. Just let me know.
- μ Email: greeneggsandham3@juno.com

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OCTOBER BICYCLING EVENTS

Compiled by Ann Martha

1-3: Hagerstown Get-away. Bicycle Club of Phila. Limited to 60 participants. Details: Questions to Ray Murtaugh 609-988-0551, raymurt@aol.com.

1-3: 5th Annual Pedro's Mountain Bike Festival. Lanesboro, MA. Ride with Gary Fisher, see the Christini Epic Mud Bog Challenge and enjoy this huge 3 day bike & gear expo. Call the hotline at 781/871-9824.

2: Belleplain Fall Century. Shore Cycle Club. 31/ 50 / 62 / 100 miles. A flat and scenic ride with an 8:00 am start from the Lake Nummy Parking Lot in the Belleplain State Forest near Woodbine, New Jersey on Route 550. Registration fee \$20 includes sag support, cue sheets, drinks and snacks. Preregistered riders receive a long sleeved T-shirt. SASE: c/o Steve Rulli, (609) 296-4726, sundeck@sprynet.com.

2: 2nd Annual Over the River and Through the Woods Mountain Bike Classic. Sponsored by the Marienville & Tionesta Lions Clubs. Various off-road routes with appeal for riders of all abilities. \$15 fee includes t-shirt and barbecue party. Info: 814-927-8692 or e-mail fctour@penn.com.

2: Ride for Research. A benefit for the PKR Foundation for research in polycystic kidney disease. \$15; registration opens at 8 am. Rides of 6 / 23 / 42 mi. starting from Spring Gulch Resort Campground, New Holland, PA. Call 1-800-255-5744. Info: Kris and Brian Kopan, 475 Lynch Road, New Holland, PA 17557.

2-5th Annual Escape From New York. New York Cycle Club. Routes of 50 or 62 or 100 mi. that follow the Hudson River starting from Grant's Tomb in NYC. \$20 until Sept. 24; \$25 after. SASE: P. O. Box 20541, Columbus Circle Station, NYC, NY 10023.

3: 10th Anniversary Fox Chase Cancer Center - Stazi Milano Bike Ride. "Pedal for Prevention" to benefit the Research Institute for Cancer Prevention at FCCC. \$30 registration includes a choice of several town and country routes, T-shirt, and post-ride celebration at Jenkintown's Stazi-Milano Restaurant. c/o Ariel Bateman, 215-728-2531.

3: Pumpkin Patch Pedal and Swap Meet. Staten Island Bicycle Assn. Routes of 25 through 100 mi. starting from Thompson Park, Jamesburg, NJ. Swap Meet from 11 am til 4 pm. Info hotline: 718-605-BIKE.

9: Sea Gull Century. 63/ 100 flat miles along Maryland's Eastern Shore. Salisbury State University Bicycle Club. Call (410) 548-2530 or e-mail Seagull@ssu.edu. Sold out, but cancellations might be available. Nearby camping accommodations at the Salvation Army.

16: Savage Century. Bring your granny gears and prepare to climb for 40 or 100 miles: the choice of routes is yours. The White Clay Bicycle Club challenges you to surmount Bald Eagle Hill, Fishing Creek Hill and Duck Hill! These rides start from Hollingsworth Parking Lot, Univ. of DE, Newark. Registration (\$14 before 9/25; \$18 at start) opens at 7 am. Info: c/o Dave Green, 3 Yale Road, Wilmington, DE 19808 or call 302-994-2990 or e-mail greendne@delanet.com or register online at <www.delanet.com/~wcbc>.

17: 7th Annual Tour de Port: The Baltimore Harbour and city tour now sponsored by Bike Baltimore to benefit BEAM (Bicycle Education Assn. of MD). \$18 adult / \$16 child before Oct. 4. SASE: Bikevents Group, 11620 Reisterstown Road #905, Reisterstown, MD 21136 or call 410-792-8308.

17: Raul Julia Ride to End Hunger. 25 / 50 / 62 mile routes from Manayunk to Valley Forge. \$35 to register and a pledge to raise \$300 each for a group of 10 riders (\$400 for 5 and \$500 for individual riders). See www.op.net/~rjbc/ for more info.

17: Covered Bridges Ride 1999. Central Bucks Bicycle Club. 20/32/50/63 mi. routes. Registration opens 7:30 am in Tinicum Park, Rt. 32, Erwinna, PA. \$18. Info: Wayne Siefert, 215-579-9393.

22-24: 11th Annual Cape May Weekend. White Clay Bicycle Club. Info: Sue and Chuck Harris, 10 Stockwell Road, Wilmington, DE 19809 or call 302-764-2644 or register on line at www.delanet.com/~wcbc.

23: Biketoberfest. Bicycle Coalition's annual celebration of cycling, starting around 7:30 pm and going into the night. This year's venue- Vox Populi Gallery 141 N. 2nd Street (next to the Clay Studio). This will be the best ever - over a hundred door prizes, a killer auction, live music, speakers, a recently released film chronicling the history of San Francisco's Critical Mass Rides, bicycle art, free food, cheap beer from local breweries, cycling fun & more!

23-24: River Ramble. Pedal PA's overnight jaunt up the Delaware River, Yardley to Easton. See <pedal-pa.com> or call 215-561-9679.

29-31: 9th Annual Shenandoah Fall Foliage Bike Festival. Bike Virginia. Bicycling Education Assn. 757-229-0507. bikeva@bikevirginia.org or see www.bikevirginia.org or SASE: P. O. Box 203, Williamsburg, VA 23187-0203.

Sunday, October 31, 1999

Noon to 3 p.m. Ride on the banked track at Lehigh Valley Velodrome. Total cost is estimated to be about \$12 per person, which includes track bike rental fee. Last time we had about a half hour of free riding, then a half hour of instruction, followed by several races. Prize for the scariest costume. Bring your pedals, shoes and a wrench if you are inclined. Questions or RSVP to Pete LaVerghetta by email to fixedgear@hotmail.com or call (215) 379-1715.

Volunteers are wanted to help

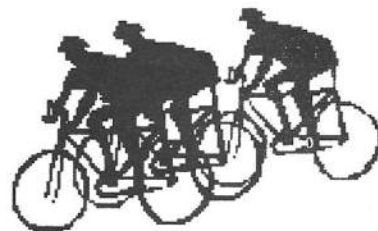
at the *Bike for Heroes*

Police Mountain Bike Competition

Saturday, Oct. 9, 1999, 1 pm.

Upper Darby Township Police Dept. hosts this 6 mile on road/off road race and police obstacle course for full time or part time law enforcement or security bicycle officers. All proceeds donated to the Delaware County Law Enforcement Memorial Foundation, to build a monument honoring all law enforcement officers killed in the line of duty in Delaware County, Pa.

If you would like to volunteer to hand out DVBC literature, promote the bike club, and help Sgt. James Reif as needed at the event, contact him @ 610-734-7695 or udbikesgt@aol.com.



I am looking to buy dumbbells of various weights or adjustable ones. Please contact Ira at 610.565.4058 or bikeira@juno.com

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156



Exp: 9/30/00

Bob & Judy LaDrew
139 Gabel Road
Coatesville, PA 19320

19320-1284 07



The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

Annual Membership: \$15.00 per household.

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The **DVBC Safety Fund** is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: _____

Amount enclosed: \$15 (membership) + _____ (safety) = _____

Interest Survey

Your Ride Pace:
(check one)

- ☐ Class D: *slow* ☐ Class A: *fast*
☐ Class C: *average* ☐ Off-Road
☐ Class B: *brisk*

I'll volunteer for:
(check all interests)

- ☐ Ride Leader ☐ Newsletter
☐ Sag Wagon ☐ Typist
☐ Tour Food Stop ☐ Newsletter
Delivery



Please send your check or money order to the:

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156