

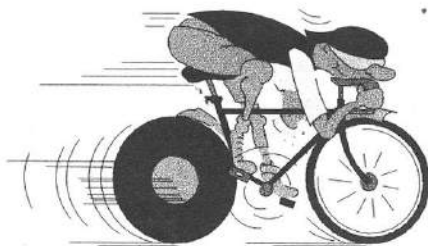


# DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

**NOVEMBER 1999**

**FREE**



## ***Bike Dirt, By F.X. Pedrix***

The month of September was kind to us this year. For the most part, except for a certain someone named Floyd, the weather was superb for those of us riding any of the major centuries in the area. I think the weather even affected my newly athletically inclined wife, Babs (she's been working out at a local health club lately). A few days before the MS 150 she announced that she was going to participate. "How are you going to do that?" I asked. "You haven't been on a bike since the First Union race in June."

"I feel strong," she replied. "Besides, we don't have to race down and back. Do we?"

"No, I guess not," I said, trying not to look totally dejected.

As it worked out (and I loathe admitting this) she dropped me on the way back from Ocean City on Sunday and finished a half-hour before I did and she was riding a Hybrid. When I got to the end she was ecstatic, going on and on about how easy it was. Still, on the ride home she said, "You know, Ped, I still don't see why you guys are so crazy about bike riding." I give up.

The MS 150 had a good contingent of DVBC members participating. By my count at least fifteen members did the ride. Many of the members rode together or got together for the meals in Ocean City. I was told there was a lot of kidding of one of our Board Members on the ride. You know him as the

Club's most prodigious ride leader. They had a different name for him based on his hard riding style. (He was nicknamed after the guy who sold soup on the Seinfeld Show. They substituted "bike" in place of "soup".) It was reported that they were ragging him about not stopping at rest stops and that if it were up to him the ride would have only one rest stop. He said, "Yes, and it would be a feed zone!!"

Since the winds and the cold November weather are upon us again, I was busy the other day rummaging around in my box of winter riding gear when Babs passed by. "Getting out the dorky Ninja suit again?" she asked. "Yeah, but when I wear it I don't feel like a Ninja, I feel like a dorky Michelin Man," I replied. Speaking of cold weather, many club members riding in the Glen Mills, Ridley Creek areas have had the following experience. While riding in very cold weather dressed in dorky ninja suits, a rider is passed on the other side



Babs and FX Pedrix, identity heretofore a secret, pose, along with Larry Fox's camera strap at conclusion of MS-150.

of the street wearing only a tee shirt and shorts. This scantily clad rider has gotten the nickname of the "Mad Russian". One of our club members actually talked to him recently and found he's really not crazy, just hot blooded I guess. He rides the same route every day trying to beat his personal best time. Babs said, "He's no crazier than the rest of you, only more exposed."

If you have any good Bike Dirt, club news, gossip, jokes, quotes, comments or any other info, e-mail me at [fxpedrix@hotmail.com](mailto:fxpedrix@hotmail.com).

### **Mark your calendars now!**

### ***The DVBC Annual Holiday Banquet***

**Monday, December 6, 1999, at 7 pm**

Delaware County Peace Center, Springfield Friends Meeting  
1001 Old Sproul Rd. (behind the car wash at Rte. 320 and Old Marple Rd.)  
All club members are invited to come and share in the holiday festivities!

The club will supply two choices of main dishes and asks members to bring drinks, desserts, salads, or side dishes (to serve at least 4-6).

**RSVP to Gina @ 610.525.0129 or Ira at [bikeira@juno.com](mailto:bikeira@juno.com)  
by Dec. 1, to coordinate the side dishes.**

**The Delaware Valley Bicycle Club**  
**P.O. BOX 156**  
**Woodlyn, PA 19094-0156**  
<http://www.dvbc.org>

### DVBC Meeting Place

Delaware County Peace Center,  
 Springfield Friends Meeting, 1001  
 Old Sproul Road (behind the car  
 wash at Rt. 320 and Old Marple  
 Road). Meetings are usually held  
 the first Monday of most months.

*DVBC welcomes articles and ride  
 reports for the newsletter. Please  
 submit your proofread materials to  
 the Editor before the 14<sup>th</sup> of each  
 month.*

### Board of Directors & Staff

Ira Josephs, *President & Newsletter Coeditor*,  
 610.565.4058 or bikeira@juno.com

Gina Bezdziecki, *Vice President & Tour  
 Coordinator*, 610.525.0129

Bob Leon, *Treasurer*, 610.833.2096 or  
 cbleon@bellatlantic.net

David Bennett, *Secretary*

Judy LaDrew, *Newsletter Assembly &  
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 610.789.4438 or  
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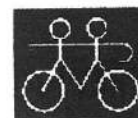
Ann Martha, *Regional Events*, 215.548.8482

Christopher Harendza, *Web Page*,  
 610.449.6456 or elzchris@netreach.net

### Club Affiliations



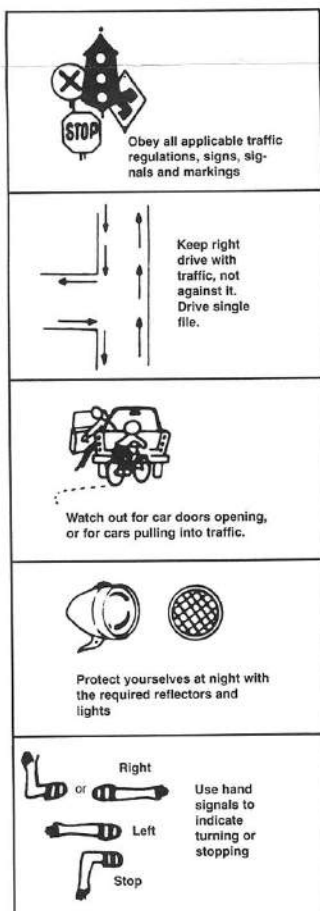
LAB



Bicycle Coalition of the  
 Delaware Valley

*Please note that the views  
 expressed in this publication are  
 not necessarily the views of the  
 DVBC, nor do we endorse  
 products or services advertised.*

## Ride Guidelines



1. Arrive early and be ready to leave on time. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order before you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:  
**Class D:** For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.  
**Class C-:** For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.  
**Class C+:** Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.  
**Class B-:** For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.  
**Class B+:** For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.  
**Class A:** For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

**Note:** In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

## President's Column, by Ira Josephs

The DVBC rolls on... Sadly, we leave behind the warmer weather of another great riding season. But there is much to look forward to in our immediate future: some new territory for our club and some seasonal favorites.

December 6 will be our Annual Holiday Party - a very nice little affair at our regular meeting time and place. Please call Gina @610.525.0129 now, to help with planning. Bring some food or drink to share, and enjoy the company of our club members and families off the bikes.

For our November 1 meeting, we will have a slideshow about a bike trip from Maine to Florida. I hope we get a good turnout after several months without a meeting. Since our attendance has been low, we decided to hold member meetings only about four times a year. If folks don't show up, maybe we will have to discontinue them altogether.

Looking backward for a moment, I first became a member of the DVBC in 1979. The club is much older than that. Anyone know how old? As long as I have belonged, there has never been a club jersey. Now we are working to remedy that. We have made contacts and will be reviewing fabrics and designs over the winter. We are expecting to order them in the spring of 2000.

Don't you think we should have a Y2K theme?

Another recent innovation in the DVBC is the list server that all our computer-savvy members can participate in. I know we didn't have this in 1979. Subscribe and be up on the latest buzz going around in club circles. Also, look for last minute rides or riding partner requests to be posted there.

One subject bandied about recently on the list server was night riding. As a result, several members decided to continue their afterwork riding with lights and have even listed them in the ride calendar. I urge you to get a headlight and rear LED flasher, some reflective clothes, and try this new cycling experience. Don't expect a 70-mile "A" ride into Chester County, but you can enjoy a nice, safe, social jaunt into the night and continue the benefits of some relaxing exercise in the outdoors.

It is also getting cold as well as dark. You shouldn't let that stop your riding either. The DVBC leads rides straight through the winter months; usually not as long or as fast, and maybe starting a little later. Like riding at night, cycling in winter offers a different experience. You can see your same old routes completely changed without any summer foliage. Also, exercising on a cold, bright winter day can be very dif-

ferent and exhilarating. Try it.

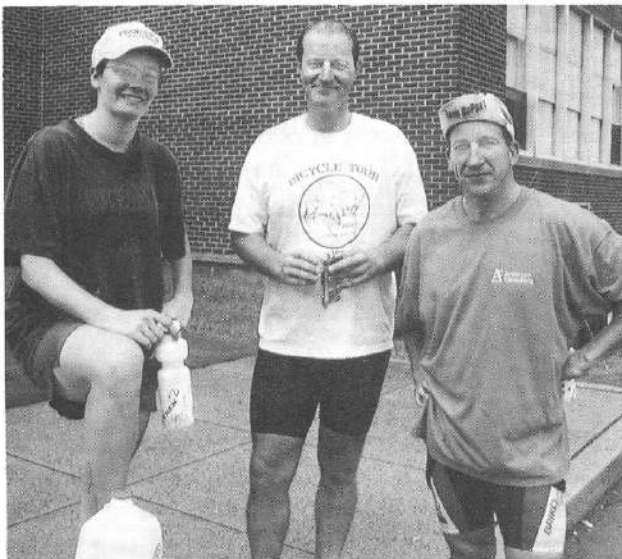
Many people break out their mountain bikes when it gets cold. Try some off-road riding with the DVBC on one of two rides listed in November. Look for more on the list server. There is lots of excellent mountain biking nearby and I know there are many members with ATB's that haven't made it to the trails, yet. It's lots of fun.

As we do every winter, we will be sending a combined December/January/February newsletter at the end of November. If you have articles or rides to submit, please send the three-months-worth by the respective deadlines in November. There will be no members meeting in January or February, but in March, to help get prepared for the cycling season, we will have Bill Hoffman speak on Effective Cycling (he is an instructor and helped write the course).

As you can see, the DVBC is THE place to be for riding out the end of the millenium.



### Remembering The Brandywine Tour...



A group of "A" riders: Katrina, Rich and Stan.

Please come to the  
**DVBC Member's Meeting**  
**Monday, November 1.**

Meeting time is 7:30 pm.

Guest: Bob Neubauer  
has written a book on and will be speaking  
about his bicycle trip from Maine to Florida.

Delaware County Peace Center  
Springfield Friends Meeting  
1001 Old Sproul Road  
Springfield, PA

(Behind the car wash at Rte. 320 & old Marple Road)





# DELAWARE VALLEY BICYCLE CLUB

## RIDE CALENDAR

November 1999



### Ride Descriptions

<b>Monday, Nov. 1, 7:00pm</b> <i>General Membership Meeting</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to everyone. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
<b>Tuesday, Nov. 2. Evening</b> Miles: 10-20. Class C <i>NightRiders</i>	We just can't give up riding in the evening. Weather permitting we will continue our evening rides on Tuesday and Thursday into the dark of winter. We will meet at various places and times in the Swarthmore & Ridley areas. You <i>must</i> have lights both front and rear. Call or e-mail ahead of time for arrangements. Dave Trout 610.368.0760 or dtwave@home.com
<b>Thursday, Nov. 4. Early am</b> Miles: 10-25. Class C <i>Pancake Breakfast</i>	7:30 am on each Thursday leaving from our Havertown home in the Oakmont section. Weather permitting. This is an easy-paced ride of 10-15 miles with a pancake place in between. Please don't forget money and a helmet. We're generally back to start by 10:15 am. Please call Joel at 610.789.7673 the night before to confirm departing place and time.
<b>Thursday, Nov. 4. Evening</b>	<b>NightRiders.</b> See November 2 for details. Miles: 10-20. Class C.
<b>Saturday, Nov. 6. 8:00 am</b> Miles: 50. Class B <i>Witness Ride</i>	Remember the movie? Ride among the Amish to see where John Book phoned home, then whacked a tourist. Breakfast at the LaDrews', near Coatesville, a snack stop at Mile 29. Some hills. E-mail or phone for breakfast reservations & directions. 2ladrews@netreach.net or 610.383.9327
<b>Sunday, Nov 7. 10:00 am</b> Miles: 30. Class C+ <i>Valley Forge to Phila</i>	Join me at the Valley Forge Park Trail for a lunch ride to Manayunk. Bring money for food and drink. Call Bob Leon 610.833.2096.
<b>Sunday, Nov. 7. 10:00am</b> Miles: 10-20. All Classes <i>Chumbawumbah</i>	As promised, I am offering to lead a MTB (mountain bike) ride for all interested parties. We'll ride hard, but take into account that most of us are roadies at heart. And, no one will get dropped. The ride will take place at French Creek State Park, which is about a 45-minute drive from the Delco area. Please call Katrina for directions, exact meeting place, and to confirm your attendance. 610.789.4438.
<b>Sunday, Nov. 7. 2:00 pm</b> Miles: Class: <i>Neuman College</i>	Join Frank Jackson on this convenient Sunday afternoon expedition. Stretch out the legs and prepare for the workweek with a meander to Neuman College and back. The ride will begin from the Pathmark parking lot on MacDade Blvd. in Ridley Township. Call Frank @ 610.534.3978
<b>Monday, Nov. 8. 7:00 pm</b> <i>DVBC Board Meeting</i>	Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Rd. in Springfield. The meeting is open to all club members. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
<b>Tuesday, Nov. 9. Evening</b>	<b>NightRiders.</b> See November 2 for details. Miles: 10-20. Class C.
<b>Thursday, Nov. 11. 7:30 am</b>	<b>Pancake Breakfast.</b> See November 4 for details. Miles: 10-25. Class C.
<b>Thursday, Nov. 11. Evening</b>	<b>NightRiders.</b> See November 2 for details. Miles: 10-20. Class C.
<b>Saturday, Nov. 13. 9:00 am</b> Miles: 50 +. Class B <i>Kountry Kitchen</i>	Join me for another great breakfast ride to the Kountry Kitchen. We'll meet at the Kingsway High School on Rtes. 322 & 551 in NJ, stop for pancakes, and then ride into Salem county. Call Bob Leon 610.833.2096.
<b>Sunday, Nov. 14. 10:00 am</b> Miles: 25 +. Class C+ <i>Kingsway Show &amp; Go</i>	Meet at Kingsway High School on Rtes. 322 & 551 in NJ for a SHOW & GO through south Jersey. Call ahead to confirm ride. For more info call Bob 610.833.2096.
<b>Sunday, Nov. 14. 9:30 am</b> Miles: 30. Class C <i>Radnor Ramble</i>	Join Tony Iaccarino for a jaunt through the beautiful rolling hills and countryside in Radnor, Edgemont, and areas west & south. Ride will begin at the Lancaster County Farmer's Market, located at the cross section of Old Eagle Rd. and Lancaster Ave. (Rte. 30) in Wayne. Please call in case of inclement weather. 610.265.5455.

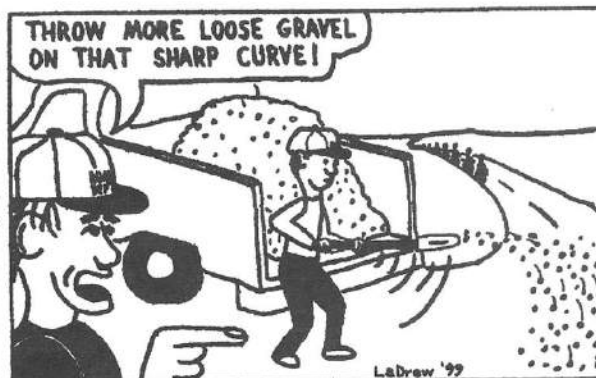
<b>Tuesday, Nov 16. 7:00 pm</b> <i>Delaware County Cycling Committee</i>	Delco Cycling Committee Meeting. At the Furness Library, off of Rte 252 in Wallingford, PA. Everyone is welcome. Contact Ira Josephs at 610.565.4058 or bikeira@juno.com.
<b>Tuesday, Nov. 16. Evening</b>	<b>NightRiders.</b> See November 2 for details. Miles: 10-20. Class C.
<b>Thursday, Nov. 18. 7:30 am</b>	<b>Pancake Breakfast.</b> See November 4 for details. Miles: 10-25. Class C.
<b>Thursday, Nov. 18. Evening</b>	<b>NightRiders.</b> See November 2 for details. Miles: 10-20. Class C.
<b>Saturday, Nov. 20. 9:30 am</b> Miles: 45 +/- Class B <i>Chadds Ford Show &amp; Go</i>	Meet at the Chadds Ford Elementary School for a SHOW and GO ride. The ride will go where our pedals and legs will take us. Call Bob at 610.833.2096.
<b>Saturday, Nov. 21. 10:00 am</b> Miles: 40-60. Class B <i>Westtown &amp; Beyond</i>	The temperature will determine the distance of this ride. A snack stop will be included and many nice hills. Meet at the Moylan-Rose Valley train station at Woodward and Manchester Rds. near Media. For more info, contact Ira at 610.565.4058 or bikeira@juno.com
<b>Sunday, Nov. 21 at 10:00 am</b> Miles 13,30+-. Class C and C+ <i>Take your pick</i>	Meet at Rose Tree Park (off Rte. 252) and come do a few miles with us. We will do our usual loop to Swarthmore and return back to the park to complete our first 13 miles. There are no major hills on this ride and we will keep a slow pace. After this first loop as a good warm-up for the faster riders, we will pick up the pace and take a ride to Ridley Creek State Park and beyond. Call Tony Rocha at 610.416.0514 or tony@craftech.com
<b>Sunday, Nov. 21. 10:00 am</b> Miles: 25+. Class C <i>Chadds Ford Show &amp; Go</i>	Meet at the Chadds Ford Elementary School for a SHOW & GO to nowhere or somewhere, whatever the day may bring. Call Bob to confirm ride 610.833.2096.
<b>Tuesday, Nov. 23. Evening</b>	<b>NightRiders.</b> See November 2 for details. Miles: 10-20. Class C.
<b>Thursday, Nov. 25 ?am</b> Miles: ? Class B-/C+ <i>Thanksgiving Ride</i>	I just can't make up my mind what I want to do this Thanksgiving. I'd like to do a mountain bike ride but if the ground is too wet we'll opt for road bikes. Give me a call ahead of time for the ride type, time and location. Call Ira at 610.565.4058 or bikeira@juno.com and have a Happy Thanksgiving!
<b>Saturday, Nov. 27. 10:30 am</b> Miles: Class C- <i>Easy Does It</i>	Meet at the Moylan-Rose Valley train station at Woodward and Manchester Rds. near Media for an easy-paced ride into the surrounding countryside. There will be some hills but we'll take 'em slow. For more info, contact Ira at 610.565.4058 or bikeira@juno.com.
<b>Sunday, Nov. 28. 10:00 am.</b> Miles: 21+. Class C <i>Manayunk</i>	An easy-paced ride starting from the Drexel Hill Cyclery on Burmont Rd. in Drexel Hill. We'll start there and travel to Manayunk with an optional loop to the Art Museum. Expect some hills, but no one will get dropped. Bring money for a snack. Call Bob Martin at 610.352.2114.
<b>Tuesday, Nov. 30. Evening</b>	<b>NightRiders.</b> See November 2 for details. Miles: 10-20. Class C.

μ Wear a helmet. Dress appropriately. Call the ride leader first to confirm.

μ I tried to make everything accurate as possible. If it's not, I apologize. Just let me know.

μ Email: greeneggsandham3@juno.com

## BONKERS



Just a reminder! The next newsletter will cover information for December, January, and February. Please plan to have all ride information, articles, photos, etc. submitted by November 15<sup>th</sup>. Thanks!



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## DVBC's New Cyber Community

You've joined the bike club, now join the Internet version of the club - and it's free. All you need is Internet access and you're on your way. Come and join in on intelligent (??) and sometimes funny, bike and club related conversation.

Thanks to the computer geeks in our computer department, DVBC now has a list server. What is a list server, you ask? A list server is similar to an online bulletin board that works using e-mail. Any e-mail message sent to the list server is sent back out to all the people who have subscribed to the list server. It's a place where you can talk about biking or anything else that may be on your mind. Some of the recent topics have been night riding, bike accidents and ride discussions. It's also a great place to post or find impromptu rides or to arrange transportation to existing rides.

So give it a try. You can subscribe easily by going to DVBC's web site at [www.dvbc.org](http://www.dvbc.org) and follow the link to the list server. If you don't have web access, send e-mail to [dvbc@list.dvbc.org](mailto:dvbc@list.dvbc.org) and put the word info in the subject line.

Come and join us on-line. It's almost as good as a bike ride (well not really, but it is fun).



### BIKES FOR SALE

TREK 970 15", 9.0 SL Gripshift 8 SP., V type brakes, Girvin susp. stem, w/o pedals. Better spec than new!! Asking \$400.

TREK 820 18" ATB, 21 SP. R.F., w/rear rack & kickstand. Good cond. Asking \$120.

Specialized Hardrock 21" ATB, 18 SP. R.F., sealed hubs, Deore crank. Asking \$150.

Performance M-106 16" ATB, New condition, gripshift/Shimano, w/o pedals, has short cranks & stem. Asking \$300.

Dyno Nitro 20" BMX, w/3 SP Shimano hub, w/ padset, kickstand & spares. Flyers colors (black/orange/silver). Asking \$75.

Schwinn Mirada 17" Hybrid, 18 SP thumb w/kickstand. Good condition. Asking \$75.

## Joint SCC and DVBC Ride

by Bob LaDrew

The October 16 joint ride between the DVBC and South Jersey's Shore Cycle Club was a hit. Two dozen cyclists from the two clubs shared breakfast at the Salem Oak Diner before shoving off on a perfect fall day.

Judy LaDrew's six-person contingent logged 44 miles at a C pace. Their route took them to the historic sites of Fort Mott and Hancock's Bridge.

The remaining eighteen riders biked 65 miles at a B pace. A route designed by BCP's Peter Odell took them into historic Greenwich, through an interesting neighborhood of Bridgeton, and along Delaware Bay tidal waters.

Other highlights included:

Club President Ira Josephs, arriving ten minutes late, jumped on his bicycle and, by the twelfth mile, had effortlessly caught his startled (and humiliated) fellow B riders.

A summit between DVBC President Ira and SCC President Steve Rulli: The statesmen hashed out a treaty in which the two clubs agreed not to wage war on one another, but no pen could be found for a signing.

Lost/distressed cyclists who called Dave Trout's cell phone for help were told, "Not now—I'm busy riding!" before hearing a click and dial tone.

DVBC riders proved once again they cannot read a cue sheet and chew gum—let alone ride a bicycle—at the same time. How bikers can register 73 miles on a 65-mile course is beyond the imagination of this scribe. Although, to be fair, it must be stated that some who rode more than seventy miles were trying to offset the mega-miles Dave Trout eliminated with his intimate knowledge of short cuts.

Hopefully, The SCC/DVBC Joint Ride will become an annual event.

### Welcome new members!

Kathryn Belville

Peter Jargowsky

Tony LaRosa

Keary Larson

Susan P. McLaughlin

Sandra Rodriguez

Blake Ryan

Bruce Shook

Doris & JuanLuis Vela

Len Zanetich

I am looking to buy dumbbells of various weights or adjustable ones. Please contact Ira at 610.565.4058 or [bikeira@Juno.com](mailto:bikeira@Juno.com).

Schwinn High Sierra 18" ATB, 21 SP thumb, street tires 1.50, adj. susp. stem, sealed hubs, rear rack. Asking \$120.

Schwinn Caliente 15" Road (2 bikes) 14 SP D.T. shift, all alloy components, 22 & 23 lb. Exc. mech. cond. Asking \$250 & \$200.

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## Scenic Pennsylvania, Minnesota, and Washington State Will Lure Cyclists to League's Rallies Next Summer

Flip your calendar to the next millennium and start dreaming of Rallies 2000! Reserve the dates now for another fun-filled summer of League Rallies, and stay tuned for further details.

**Covered Bridge Rally**  
Bloomsburg University  
Bloomsburg, Pennsylvania  
June 2-5, 2000

Join the League in covered bridge country! Madison County has nothing on Columbia County, Pennsylvania. Columbia County, located just north of Harrisburg in Central Pennsylvania, is home to 22 — that's right, 22 — covered bridges, including the nation's only twin span. And as if that's not enough, neighboring Montour County has another two, for a total of 24 covered bridges, many of which are within biking distance. Rumor has it that a certain 50-mile route leads to ten of those picturesque treasures. Come to the Covered Bridge Rally in Bloomsburg and find out for yourself. And who knows? You might find yourself sharing a bridge with an Amish horse & buggy.

**Minnesota Lakes and Rivers Rally**  
University of St. Thomas  
St. Paul, Minnesota

June 30-July 3, 2000

The Twin Cities Bicycling Club invites you to St. Paul for a fabulous Fourth of July Holiday Weekend! Experience an outstanding combination of city and country riding, bicycling along roads or paved trails, or leaving the beaten path entirely. See twenty-five lakes on a 35-mile ride and bike for miles along the Mississippi's green river bluffs and valleys. Visit historic sites such as Fort Snelling and St. Anthony Falls, and marvel at such modern delights as the Minneapolis Sculpture Garden, the Walker Art Center and, of course, the Mall of America. And lest we forget what is most near and dear to the cyclist's heart — each year on the July Fourth weekend, St. Paul plays host to the Taste of Minnesota — a food lover's dream come true!

**Cascades to the Coast Rally**  
Western Washington University  
Bellingham, Washington  
August 18-21, 2000

The Mount Baker Bicycle Club and the Skagit Bicycle Club invite you to their Pacific Northwest paradise. The charming town of Bellingham, known as the Gateway to the San Juan Islands, awaits

discovery. Ride roads, paved trails, and mountain bike trails under the watchful eye of snow-capped Mount Baker.



Pedal on fabulous country roads through farm and forest, along seashores and out to a few islands. Swim in sparkling lakes that are easy rides from town. A weekend isn't long enough to become immersed in this breath-taking scenery, so make it a real vacation and stay for the Cascade Bicycle Club's Ride Around Washington, immediately following the Rally.

Brochures will be available in January 2000. For more information, contact the League of American Bicyclists at 1612 K Street NW, Suite 401, Washington DC 20006. 202-822-1333.  
[bikeleague@bikeleague.org](mailto:bikeleague@bikeleague.org).  
[www.bikeleague.org](http://www.bikeleague.org).



Brandywine Tour lunch stop in Springdell. L to R: Andy Gurwood, Jean Krajewski, Kevin Krajewski, and Jeff Nyman



Delaware Valley Bicycle Club  
P.O. Box 156  
Woodlyn, PA 19094-0156



Exp: 9/30/00

Bob & Judy LaDrew  
139 Gabel Road  
Coatesville, PA 19320

19320X1284 07



The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

### Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Annual Membership: \$15.00 per household.**

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: \_\_\_\_\_

Amount enclosed: \$15 (membership) + \_\_\_\_\_ (safety) = \_\_\_\_\_

### Interest Survey

**Your Ride Pace:**  
(check one)

- ☐ Class D: *slow* ☐ Class A: *fast*  
☐ Class C: *average* ☐ Off-Road  
☐ Class B: *brisk*

**I'll volunteer for:**  
(check all interests)

- ☐ Ride Leader ☐ Newsletter  
☐ Sag Wagon ☐ Typist  
☐ Tour Food Stop ☐ Newsletter  
Delivery



Please send your check or money order to the:

**Delaware Valley Bicycle Club**  
P.O. Box 156  
Woodlyn, PA 19094-0156