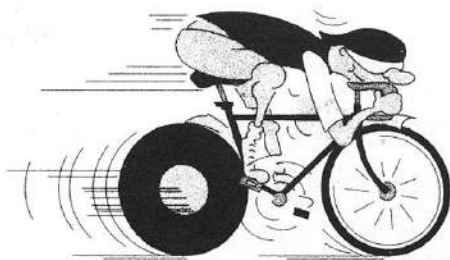


DELAWARE VALLEY BICYCLE CLUB

P.O. Box 156, Woodlyn, PA, 19094-0156

AUGUST 2000

FREE



Bike Dirt

By F.X. Pedrix

"You look like someone mountain biked through your birthday cake," said my ever so cheerful wife Babs, as the sun streamed through our open living room window. "So, Honey, what's the problem?"

"My problem is that I won't get to experience a Bonker Burger." I explained that the organizers of the Bonkers Metric ride had faced that age-old ride leader's conundrum of deciding on canceling the ride and cookout due to the weather. If you cancel the ride the sun will come out regardless of the current weather reports and if you have the ride you can be sure you will ride in floodwaters of Biblical proportion. With all the weather reports indicating rain and thunderstorms and a roiling cloudscape out of a Steven Spielberg movie, they canceled the Bonkers Metric. About an hour later the sun started to come out and the day was relatively nice. Happens every time! Stay tuned next month for the possibility of finding out what a Bonker Burger is, since the ride is being rescheduled for August.

After the past two years of drought and extremely hot weather, this year seems really weird. It's the middle of the summer and my grass is still growing and everywhere I ride it looks like spring. Although I love the green grass and cooler temperatures, it was nice, those past two years, never having to worry about rain on a ride.

One of the club's ride leaders, who leads regular weekly rides on Wednesday and Thursday nights in New Jersey, has started a new series of weekend rides. As was told to me by some of the ride attendees, the series is called the Detour Rides. All the rides have bridges out or roads closed which create an air of excitement as well as extra miles plus the fun of watching the ride leader frantically searching the map for alternate routes (at least he had a map). Keep your eyes on the ride calendar for future excitement from this great series.

I've been quite entertained by the discussion of the design of a club cycling jersey on the club's e-mail list server. It reminds me of that old saw that a camel is a horse designed by a committee. Seems like there is no agreement on anything. As it looks now the club jersey will be multicolored, it will have a strange superman looking logo on the front, and there will be a cartoon of the Bonkers guy on the back. It will also have epaulettes for the club officers (i.e. gold for the President, silver for the Vice President, titanium for the Secretary and green for the Treasurer). All seriousness aside though, the design is far from finalized so get on your computer and put in your two cents.

If I didn't have bad luck I'd have no luck at all Department: I learned that one of the club's members, who is a school teacher, planned a mountain bik-

ing ride in the Pocono's in June to kick off her summer vacation. She had a bad fall and ended up breaking her ankle and having surgery to repair it. Looks like she's out of bike riding till at least September. What a tough break (sorry about the pun). Can you imagine spending a whole summer off your bike? News is that her bike is fine. Get well soon.

One of my loyal readers sent me this closing from one of our club's Secretary's e-mails. He signs himself as Secretary of the Exterior, Intelligence Officer, Commander of the 1st DVBC Cavalry Troop a.k.a. "The Screamin' Queens of Sheba". I don't know about you, but I'd hate to run into "The Screamin' Queens of Sheba" in a bar somewhere - sounds like a really tough bunch (Yeah, right). Maybe we could put a Screamin' Queen of Sheba on our new bike jersey.

If you have any good Bike Dirt, club news, gossip, jokes, quotes, comments or any other info, e-mail me at fxpedrix@juno.com.

All members are invited to
attend the
DVBC CLUB PICNIC
(aka Bonkers Metric),
Sat., Aug. 12
at the LaDrew's home.

Please reserve by Aug. 10.
If you are coming by car and could
bring a side dish, please let us know.
See ride calendar for info.

The Delaware Valley Bicycle Club
P.O. BOX 156
Woodlyn, PA 19094-0156

<http://www.dvbc.org>

DVBC Meeting Place

Delaware County Peace Center,
 Springfield Friends Meeting, 1001
 Old Sproul Road (behind the car
 wash at Rt. 320 and Old Marple
 Road). Meetings are usually held
 the first Monday of most months.

*DVBC welcomes articles and ride
 reports for the newsletter. Please
 submit your proofread materials to
 the Editor before the 15th of each
 month.*

Board of Directors & Staff

Ira Josephs, *President & Newsletter Coeditor*,
 610.565.4058 or ira@dvbc.org

Tony Rocha, *Vice President & Web Page*
 610.416.0514 or tony@craftech.com

Bob Leon, *Treasurer*, 610.833.2096 or
cbleon@bellatlantic.net

David Bennett, *Secretary*, 610.626.1344
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Jan Chadwick, *Mail Labels & Brochures*,
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Bob LaDrew, *Regional Events*,
 610.383.9327 or 2ladrews@netreach.net

Club Affiliations



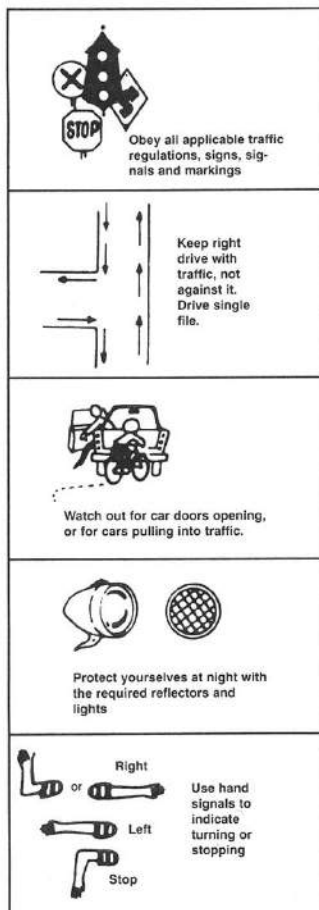
LAB



*Bicycle Coalition of the
 Delaware Valley*

*Please note that the views
 expressed in this publication are
 not necessarily the views of the
 DVBC, nor do we endorse
 products or services advertised.*

Ride Guidelines



1. Arrive early and be ready to leave on time. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order before you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:
Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually are less than 10 miles, but longer distances are permissible.
Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.
Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
Class A: For very strong riders: 19+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Freedom Tour, Brandywine Tour and Club picnic, all club events are free to the general public. The general public is welcome!

DELAWARE VALLEY BICYCLE CLUB

RIDE CALENDAR

Aug. 2000



Various Days All Month, Mornings, - *Summer Sunrise* - Miles: 15 - 40 Class: C/C-

Beat the summer heat and join our joint Sunrise ride with the Brandywine Bicycle Club. We will start at 6:00 a.m. or later depending on when Roz wakes up. Starting points will be from Delaware or Chester counties. To get on the phone list or for more info call Roz at 302-478-1610.

Tuesday, Aug. 1, 6:00 pm - *Vocabulary Ride* - Miles: 15-20 Class: C

Build your ride vocabulary every Tuesday evening with spins through various parts of Ridley, Swarthmore, Wallingford, and surrounding areas. Meet at the Folsom Pathmark on MacDade Blvd. Contact Dave Trout at 610-368-0760 or cyclewithdave@juno.com

Wednesday, Aug. 2, Morning - *Mornin' Ridin'* - Miles: 30-35 Class: C-

Join us retired, part timers, evening workers, etc., for a leisurely morning ride to various places in western Delaware & Chester Counties. Bring money for lunch. Call Fran DeMillion prior to ride for time and meeting place. 610-431-2675.

Wednesday, Aug. 2, 6:00 pm - *Workout* - Miles: 25+ Class: B+

Come and take out your frustrations on the bike with a good after-work workout. Expect a fast pace and hills as we take off from Rose Tree Park (off Rte. 252 just North of Rte. 1). Average ride speed 16+ mph. Route will vary. Contact Tony Rocha at H-610-416-0514 or tony@craftech.com to confirm the ride.

Wednesday, Aug. 2, 6:00 pm - *Ride with Len* - Miles: 20-25 Class: C+/B-

We meet at Kingsway High School, at the intersection of Rte. 322 and Rte. 551 (Kings Highway), New Jersey. Rain cancels. Contact Len at 856-866-1000 ext.3472 or L.zanetich@telesciences.com

Thursday, Aug. 3, 5:45 pm - *Thursday Evening Show & Go* - Miles: 20-25 Class: B

Join me for a fast-paced ride from Rose Tree Park (Rte. 252, just North of Rte. 1) on to Thornbury and various routes back to Rose Tree Park. 20 to 25 miles, expect some hills. Call Bob for details 610-833-2096.

Thursday, Aug. 3, 6:00 pm - *Ride with Len* - Miles: 20-25 Class: C+/B-

See Aug. 2 for details.

Saturday, August 5, 7:00 am - *Chester County* - Miles: 75+- Class: B

Meet behind the Dunkin' Donuts at the corner of MacDade Blvd. and Fairview Rd. in Woodlyn and ride somewhere in Chester County with a possible stop at Northbrook Orchards. Call Bob at 610-833-2096.

Saturday, Aug. 5, 8:30 am - *Easy Does It* - Miles: 15-20 Class: C-

Meet at the Moylan-Rose Valley train station at Woodward and Manchester Roads in Rose Valley for an easy-paced ride into the surrounding countryside. There will be some hills but we'll take 'em slow. For more info, contact Ira at 610-565-4058 or ira@dvbc.org.

Sunday, Aug. 6, 8:00 am - *Kountry Kitchen* - Miles: 35+- Class: C

Join me for a ride to the Kountry Kitchen. We'll meet at that familiar start, Kingsway High School, routes 322 & 551 in New Jersey. Be there for a relaxing ride to a good breakfast. Call Bob at 610-833-2096.

Sunday, Aug. 6, 8:00 am - *Westtown & Beyond* - Miles: 60 Class: B/B+

Meet at the Moylan-Rose Valley train station, Woodward and Manchester Roads in Rose Valley to ride some of DVBC's classic scenic hills and creek valleys. We will pass the Ridley, Chester, and Brandywine taking us through Delaware and Chester Counties, West Chester, and Delaware. Bring money and/or food for rest stop. Contact Ira at 610-565-4058 or ira@dvbc.org.

Tuesday, Aug. 8, 6:00 pm - *Vocabulary Ride* - Miles: 15-20 Class: C

See Aug. 1 for details.

Wednesday, Aug. 9, 6:00 pm - *Workout* - Miles: 25+ Class: B+

See Aug. 2 for details. I won't be there but someone else will lead the ride.

Wednesday, Aug. 9, 6:00 pm - *Ride with Len* - Miles: 20-25 Class: C+/B-

See Aug. 2 for details.

Thursday, Aug. 10, 7:30 am - *Pancake Breakfast* - Miles: 10-25 Class: C

7:30 a.m. on each Thursday leaving from our Havertown home in the Oakmont section. Weather permitting. This is an easy-paced ride of 10-15 miles with a pancake place in between. Please don't forget money and a helmet. We're generally back to start by 9:45 a.m. Please call the night before to confirm departing place and time. Call Joel at 610-789-7673.

Thursday, Aug. 10, 5:45 pm – Thursday Evening Show & Go – Miles: 20-25 Class: B

See Aug. 3 for Details.

Thursday, Aug. 10, 6:00 pm – Ride with Len – Miles: 20-25 Class: C+/B-

See Aug. 3 for details.

Weekdays, All month starting Aug. 11th, 7:30 am – Weekday Ramble – Miles: 10-20 Class: C

Just about every weekday (Thursday is the Breakfast Ride), weather permitting, we meet for an easy-paced ride. We leave from our Havertown home in the Oakmont Section. Please call the night before, to confirm departing place and time. Call Joel at 610-789-7673.

Saturday, Aug. 12, 9:00 am – Bonkers' Metric – Miles: 70 Class: B

Meet at Ridley Creek State Park Headquarters and ride to the LaDrews' house for a cookout. The ride home will split into a fast group and not-so-fast group. Please make a reservation for cookout by Aug. 10 if possible. Call Bob at 610-383-9327 or 2ladrews@netreach.net. Contact Gina about the ride at 610-525-0129.

Saturday, Aug. 12, 9:00 am – A Little Bonkers – Miles: 50+- Class: C

For all the C riders who would like to go to the LaDrews' cookout (see Bonkers' Metric above). Meet at the Chadds Ford School on Rte. 1 south of Rte. 100 on the right. Please make a reservation for the cookout by Aug. 10 if possible. Call Bob at 610-383-9327. Contact Dave about the ride at 610-368-0760 or cyclewithdave@juno.com.

Sunday, Aug. 13, 9:00 am – Manayunk – Miles: 25 +- Class: C

Meet me at the Valley Forge Trail head for a ride down the Schuylkill Trail to Manayunk. Bring or buy lunch at the FarmersMarket. Call Bob 610-833-2096.

Monday, Aug. 14, 7:00 pm – DVBC Board Meeting

Delaware County Peace Center, Springfield Friends' Meeting, 1001 Old Sproul Road, in Springfield. The meeting is open to all club members. Contact Ira Josephs at 610-565-4058 or ira@dvbc.org.

Tuesday, Aug. 15, 6:00 pm – Vocabulary Ride – Miles: 15-20 Class: C

See Aug. 1 for details

Wednesday, Aug. 16, 6:00 pm – Workout – Miles: 25+ Class: B+

See Aug. 2 for details. I won't be there but someone else will lead the ride.

Wednesday, Aug. 16, 6:00 pm – Ride with Len – Miles: 20-25 Class: C+/B-

See Aug. 2 for details.

Thursday, Aug. 17, 7:30 am – Pancake Breakfast – Miles: 10-25 Class: C

See Aug. 10 for details.

Thursday, Aug. 17, 5:45 pm – Thursday Evening Show & Go – Miles: 20-25 Class: B

See Aug. 3 for Details.

Thursday, Aug. 17, 6:00 pm – Ride with Len – Miles: 20-25 Class: C+/B-

See Aug. 3 for details.

Friday, Aug. 18 to Tuesday, Aug. 22 – National Bicycle Greenway / CycleAmerica 2000 – Miles: 275-300 Class: C+/B-

An unsupported 5 day bike trip to Washington, DC for the National Bicycle Greenway Rally leaving from Rose Valley, Fri. a.m. Motels or camping. Contact me for details Ira 610-565-4058 or ira@dvbc.org

Saturday, Aug. 19, 6:45 am – Ocean City, NJ – Miles: 126 Class: B

Join me for a ride to the shore and back. We'll meet at the Kingsway High School on routes 322 and 551. Bring money for food and drink along the way. Call Bob Leon for more details: 610-833-2096.

Sunday, Aug. 20, 8:00 am – Fort Mott – Miles: 45+- Class: C

We'll meet at the Kingsway High School, routes 322 & 551 in New Jersey. We'll stop for lunch and eat at the Fort. Call Bob at 610-833-2096.

Tuesday, Aug. 22, 6:00 pm – Vocabulary Ride – Miles: 15-20 Class: C

See Aug. 1 for details.

Wednesday, Aug. 23, 6:00 pm – Workout – Miles: 25+ Class: B+

See Aug. 2 for details. I won't be there but someone else will lead the ride.

Wednesday, Aug. 23, 6:00 pm – Ride with Len – Miles: 20-25 Class: C+/B-

See Aug. 2 for details.

Thursday, Aug. 24, 7:30 am – Pancake Breakfast – Miles: 10-25 Class: C

See Aug. 10 for details.

Thursday, Aug. 24, 5:45 pm – Thursday Evening Show & Go – Miles: 20-25. Class: B

See Aug. 3 for Details.

Thursday, Aug. 24, 6:00 pm – Ride with Len – Miles: 20-25. Class: C+/B-

See Aug. 3 for details.

Saturday, Aug. 26, 7:00 am – Mays Landing – Miles: 100 Class: B

Meet at the Kingsway High School routes 322 & 551. We'll take a slightly different route than the last time, but we'll make that stop at the Sugar Hill Deli for the best hoagies in South Jersey. Call Bob 610-833-2096.



**Sunday, August 27, 8:00 am - Art Museum -
Miles: 50+ Class: B**

Meet me at Rose Tree Park (off Rte. 252) for a ride to the Art Museum. We'll stop in Manayunk for fuel. Bring money for food and drinks. Expect a fast pace and a few hills. Call Tony Rocha at 610-416-0514 or tony@crafttech.com to confirm the ride.

Sunday, Aug. 27, 8:30 am - Kountry Kitchen MS Ride - Miles: 40 +- Class: All

Please help me raise money for Multiple Sclerosis by joining me for breakfast at the Kountry Kitchen. The cost is \$15.00 per person and includes your breakfast. The proceeds will go to the MS Society. We'll meet at that familiar start, Kingsway High School, routes 322 & 551 in New Jersey. Be there for a relaxing ride to a good breakfast. Call Bob to make your reservations 610-833-2096.

**Tuesday, Aug. 29, 6:00 pm - Vocabulary Ride -
Miles: 15-20 Class: C**

See Aug. 1 for details.

**Wednesday, Aug. 30, 6:00 pm - Workout -
Miles: 25+ Class: B+**

See Aug. 2 for details. I won't be there but someone else will lead the ride.

**Wednesday, Aug. 30, 6:00 pm - Ride with Len -
Miles: 20-25 Class: C+/B-**

See Aug. 2 for details.

**Thursday, Aug. 31, 7:30 am - Pancake Breakfast -
Miles: 10-25 Class: C**

See Aug. 10 for details.

Thursday, Aug. 31, 5:45 pm - Thursday Evening Show & Go - Miles: 20-25 Class: B

See Aug. 3 for Details.

**Thursday, Aug. 31, 6:00 pm - Ride with Len -
Miles: 20-25 Class: C+/B-**

See Aug. 3 for details.

Welcome New Members!

Robert Harvey, Nancy Loayza
Karen Osley, Nancy & Coy Purcell
The Stapley's (Bob, Lisa, Justin & Nathan)
Michael Young



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RECORDING HIS EXACT
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ME NUTS!



BUT I DON'T MIND
DRIVING 35 MILES TO
PICK HIM UP WHEN HIS
BIKE BREAKS DOWN.



NO PROBLEM, WALLY.
WHAT PART OF YOUR
BIKE DID YOU BREAK?



THE ODOMETER.



Glenn Lyons in Recital at WCU



Monday, September 25th, 2000, at 7:30pm, Glenn Lyons will be performing on guitar at the 21st annual Faculty Recital at West Chester University. The event will take place at the newly renovated Philips Autograph Library and is free and open to the public.

A program of 20th Century Guitar Music will include, "Quartetto da Camera" for guitar, oboe, clarinet in A, and bassoon by Augustin Kubizek, three guitar trios "Dance of Maya" by McLaughlin/Lyons, "A Cord of Three Strands" by David Brown, and the premiere of "Average Rolling Speed" (Rhythmic Study for Three Guitars) by Glenn Lyons, "Koyunbaba" by Carlo Domeniconi, and solos for seven - string guitar by Lyons, including "Autumn Ride". Glenn would love to see some bikers in the audience.



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24th Annual Brandywine Tour
Sunday September 3, 2000
Sponsored by the Delaware Valley Bicycle Club
28, 50 and 100 mile routes

Time: 8-10 AM for all routes (all support services will end at 5PM. Century riders recommended to arrive promptly at 8 AM)

Place: Chadds Ford Elementary School in Chadds Ford, PA

Directions: From Rte. 476 take exit 3 and follow Rte. 1 South approximately 20 minutes. The School will be on the right approximately 1/4 mile South of Rte. 100. From PA turnpike take Rte. 202 South to Rte. 1 South. The school will be on the right approximately 1/4 mile South of Rte. 100.

Cost: \$8 pre-registration (if postmarked by August 26, 1999) \$10 day of Tour

Tour will be held rain or shine

Expected Attendance: 300-500 riders

Services Provided by DVBC: Food & water stops, cue sheets, sag wagon, rest rooms, marked routes

Routes: Scenic back country roads through the beautiful Brandywine River Valley. Century route passes through three counties, including Lancaster County. The routes range from rolling to hilly.

Description: You travel at your own pace, with family or friends, or make new cycling friends along the way. All ages, all abilities and all types of bikes are welcome. The 28-mile route is a great opportunity for newer cyclists and leisure riders.

Safety: Helmets are mandatory! Make sure your bike is in good condition; use safe cycling habits; obey all traffic laws. We recommend carrying a spare tube/patch kit, tire pump and tire irons. Each rider assumes his/her own responsibility.

For More Information: Ira at (610) 565-4058 or ira@dvbc.org; or Bob at (610) 833-2096.

The 23rd Annual Brandywine Tour September 3, 2000

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age: _____

Intended ride distance: ☐ 28 mi. ☐ 50 mi. ☐ 100 mi.

Waiver/Release

In consideration of the acceptance of my application for entry into the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

Signature _____

Signature of parent or guardian (if rider under 18 years) _____

Please send this signed form with a check or money order made out to **DVBC** by Aug. 25 to:

Brandywine Tour Delaware Valley Bicycle Club PO Box 156 Woodlyn, PA 19094-0156

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REGIONAL EVENTS

Aug 5: 20th Annual Princeton Event.

Princeton NJ Freewheelers. 16-60 mi. Flat to hilly. Good meal. \$22. 609-882-4739. webguy@princetonfreewheelers.com; <http://princetonfreewheelers.com>.

Aug. 12: Dog Daze, Nottingham Park.

Travels thru southern Chester County and into MD. Brandywine Bicycle Club, PO Box 3162, West Chester, PA 19381. <http://hometown.aol.com/brandybike>

Aug. 12: Bridgeton Zoo Ride, Centerton, NJ. South Jersey Wheelmen. 25, 50, 100 mi. Reg. \$17. South Jersey Wheelmen, PO Box 2705, Vineland, NJ 08362-2705; 609-848-6123. <biker@cccny.net>. <http://www.sjwheelmen.org>

Aug. 20: Covered Bridge Ride, Lancaster, PA; 15, 31, 62 mi. Lancaster Bicycle Club. www.lancasterbikeclub.org

Aug. 20: National Bike Greenway Rally. Washington DC demonstration for a network of national bicycle "greenways" and safe infrastructure for two-wheel access to them. Thousands pedal to D.C. <http://www.bikeroute.com/NBG2000/transam.html> or contact Ira Josephs at ira@dvbc.org or 610-565-4058.

Aug. 26: Shore Fire Century, White Clay B.C. 35-65-100 miles. Middletown DE. \$14 pre-registered <http://www.delanet.com/~wcbc/shorefire.html> or send SASE to WCBC c/o Frank Warnock, 108 Meriden Drive, Newark, DE 19711-2718. Phone 410-620-0883. E-mail fwarnock@dol.net

Sept. 3: Brandywine Tour, Delaware Valley Bicycle Club, P.O. Box 156, Woodlyn, PA 19094-0156, or call Ira Josephs at 610-565-4058. e-mail: ira@dvbc.org Visit: www.dvbc.org

Sept. 9: No Baloney Century. 62 or 100 mi. Lebanon County. \$10. Lebanon Valley Bicycle Club, c/o Dwayne Gish, 214 Lehman Street, Lebanon, PA 17046. Peg Schott <usgd73a@nbn.net>

Sept. 10: Scenic Schuylkill Century 2000. Bike Club of Phila. 25-115 miles. \$20 includes t-shirt if reg. by 8/31. Breakfast before and pizza after. <http://www.phillybikeclub.org> or send a SASE to BCP Century, P.O. Box 30235, Phila., PA 19103.

Sept. 10: Gap Gallop. Northampton County, PA. 25-100 mi. Many of its miles along the Blue Mountain (Kittatinny Ridge). \$20 pre-reg. by 8/28 includes T-

shirt. Lehigh Wheelmen Association, P.O. Box 356, Bethlehem, PA 18016. <http://www.lehighwheelmen.org>

Sept. 10: Wheels 4 Anne Ride, Somerset County, NJ. A charity ride which raises money for the rehabilitation of those injured in bicycle accidents. Central Jersey Bicycle Club. Howie Glick, 3 Tracy Dr., Fords, NJ 08863; 732-225-4827. or howieg@juno.com www.crosswinds.net/~cjbcb

Sept. 16: Amish Country Tour, Dover, DE. 25, 50, or 100-mi. scenic flat routes. Mass start at 8:15, Visitors Center, Federal Street, Legislative Mall, Dover. Amish Country Tour, PO Box 1729, Dover, DE 19903; 302-760-BIKE or 302-697-6400.

Sept. 16: Jersey Devil Century, Parvin State Park, Centerton, NJ, 25-125 mi. \$14 until 9/8, then \$17. South Jersey Wheelmen, PO Box 2705, Vineland, NJ 08362-2705; 609-848-6123.

<biker@cccny.net> www.sjwheelmen.org/

Sept. 16: Univest Cyclosporitif, 62 mi. Souderton, PA; 8:00 am mass start on same race course on hilly terrain as the Univest Grand Prix, preceding it by a few hours. Riders share same feed zones, course markings and community support as Grand Prix racers. Starts are staggered so that the recreational riders will finish their 100 km loop in time to watch the concluding short laps and finish of Grand Prix road race. \$30 payable to Sparta Cycling. Univest Grand Prix Cyclosporitif 100k, PO Box 385, Harleysville, PA 19438.

www.spartacycling.com

Sept. 17: Lake Nockamixon Century, Horsham, PA. 20-100 mi. Winner of "Best Century" award. Hatboro-Horsham HS. \$15 for SCU members, \$20 for non, includes lunch; T-shirt with pre-reg. by 8/30. Suburban Cyclists Unlimited, SCU Century, Box 401, Horsham, PA 19044. Wendell Gulick, 215-362-2216.

<wgulick@aol.com>, <http://www.suburbancyclists.org>

Sept. 18 and 19, (Mon. & Tues.): Governor Ridge's Keystone Ride 2000. From Gettysburg to Chadds Ford. Call 717-772-9053 or e-mail keyride@state.pa.us Web site: www.keystone-ride.com

Sept. 24: Hillier Than Thou. Central Jersey Bicycle Club, Phil Apruzzese, 732-873-3987. kchul@hotmail.com www.crosswinds.net/~cjbcb

Sept. 24: Ramapo Rally: Bicycle Touring Club of North Jersey. 20-100 miles. Center for Family Resources, Ringwood, NJ. \$20 prereg. by 9/1 includes baseball cap. \$20 day of event with no cap. Optional pasta dinner available for \$5. Betty Bigonzi 973 744 5924 or Dan O'Rourke at 914 268 0391 or www.btcnj.org.

Sept. 30: Fall Metric Century //Peninsula Road Club's 3rd Annual Queen Anne's County High Sch. Centreville, MD start; Registration-7:30-8:00. Cost \$20 before Aug. 10, \$30 after. 410-758-1262 (sarah or jeff) email: jwp_21666@toad.net.

Oct. 7: Belleplain Fall Century, Woodbine NJ, 30, 65, 100 mi. \$20 (T-shirt if reg. by 9/29). Shore Cycle Club, PO Box 492, Northfield, NJ 08225.

<sundeck@sprynet.com> or 609-296-4726.

Oct. 7-8: Twin Centuries. Newark, DE to Dewey Beach. White Clay Bicycle Club, Jim Montgomery, 108 Meridan Dr., Newark, DE 19711; 302-731-5371.

<wcwc@delanet.com> www.delanet.com/~wcwc/twincenturies.html

Oct. 8: Covered Bridges Ride. Erwinna, PA. 20-63 mi. Central and Upper Bucks County. Up to 8 historic covered bridges. \$18 pre-registration by 9/24 inc. long-sleeve shirt; \$20 after, no shirt. Central Bucks Bicycle Club, PO Box 1648, Doylestown, PA 18901. Wayne Siefert. 215-579-9393. <coveredbridges@att.net> www.cbbikeclub.org

Oct. 8: Pumpkin Patch Pedal. Thompson Park, Jamesburg, NJ. SIBA www.sibike.org/

Oct. 14: Seagull Century, Salisbury State U. Salisbury, Maryland; 64 or 100 mi. Join 7,000 riders on this major end-of-season event. Flat terrain. Advance registration required. 410-548-2772 <seagull@ssu.edu> www.seagullcentury.org

Oct. 21: Savage Century, White Clay B.C. Newark, DE. 40-100 mi. Scenic but demanding. PA Dutch & Amish farmlands along Susquehanna River, thru Chester and Lancaster Counties. White Clay Bicycle Club, Mary Becker, 106 Mill Top Dr, Kennett Square, PA 19348; 610-925-0757. <wcwc@delanet.com> www.delanet.com/~wcwc



Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156



The Delaware Valley Bicycle Club (DVBC) is a non-profit corporation formed to educate the public as to the safe use of the bicycle through lectures, seminars, planned rides, and other activities promoting the bicycle as an efficient and enjoyable means of exercise, recreation, and transportation. Non-members are welcome on rides, but are urged to consider their ability and experience when selecting a ride (see the "Ride Guidelines" on the inside cover). Helmets are mandatory for all rides. The club cannot accept responsibility for accidents or injury when participating in a DVBC event.

Application for DVBC Membership
(Expires 1 year from date joined/renewed)

Please print clearly and use your 9-digit zip code, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

E-mail: _____

Annual Membership: \$15.00 per household.

Check one: ☐ new member or ☐ renewal

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues.

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: _____

Amount enclosed: \$15 (membership) + _____ (safety) = _____

Please send your check or money order to the:

Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156



Interest Survey

Your Ride Pace:
(check one)

- ☐ Class D: *slow* ☐ Class A: *fast*
☐ Class C: *average* ☐ Off-Road
☐ Class B: *brisk*

I'll volunteer for:
(check all interests)

- ☐ Ride Leader ☐ Newsletter
☐ Sag Wagon ☐ Typist
☐ Tour Food Stop ☐ Newsletter
Delivery