

Delaware Valley Bicycle Club



P.O. Box 156, Woodlyn, PA, 19094-0156

JUNE 2003

Regime Change in the Bag, Dad!

What I'll miss about the DVBC

by ex-president Jan Chadwick

Okay, so I am a relative newcomer to DVBC. I've only been a member and riding with the club since 1997, but still! After six years, it's going to be so sad to leave you all! Yes, I'll find a club in the DC area, and I'm sure I'll meet some folks to ride with, but it won't be you guys! I've ridden with other clubs in the area and still have to say that DVBC has the greatest group of people around. We have a great mixture of challenge and fun. When I first picked up riding again in 1995, I timidly stuck to the bike paths and was always riding alone. DVBC helped me learn the art of riding on roads with cars, gave me a reason to swap in my hybrid bike for a road bike, and challenged me to train harder so I could keep up and enjoy myself more. I've also seen places in the Delaware Valley that I would have never seen otherwise. I think that our Brandywine Tour is one of the nicest routes around—I love riding around the quiet woods of the Brandywine River Valley.

But mostly, I'm going to miss my biking pals. Without Bob LaDrew, who is going to encourage me to play hooky in order to ride to visit Harrison Ford phone booths in Lancaster? And without Dave Trout, who can I depend on to get me off my couch for afterwork rides (Hey... Wanna ride? Okay...) Do I want good food on a ride? Bob Leon or Bob Martin. Hills? Brian Wade. Good stories about the latest mishap with

Goodbye and thanks, Jan by new president Brian Wade

On behalf of myself, the Board and the whole club, Jan, ex-president-for-life, we wish you great happiness and much success cycling in and around the DC area. Oh yeah, and with your doctorate in public policy at George Washington University.

We will miss your leadership and friendship and all those loaves of banana bread you baked for the Bonkers and Brandywine Rides. Don't worry, club. Jan gave me the recipe

nature or mailboxes? David Cunicelli. Great company? Any ride on the list!! And what will I do now that I won't be able to call Bob (MacGuyver) Martin and say: "Help! It broke! Can you fix it?"

Amazingly enough, I'll even miss being on the Board of Directors. And although I complained a lot, I still really enjoyed my presidential tenure. I'm excited for the club, though, because there is so much energy for new things, and I know Brian will be a wonderful president. My "campaign promise" was club jerseys, and thanks to the help of many people, we've got a cool jersey! Job done! I'll be showing off your colors in DC for you!

Thanks everyone for a great six years! Be watching for me, I'll pop up for rides now and then. If you're ever in the DC area, drop me a line and come over for a piece of blackberry pie and a ride through Rock Creek Park. Don't be strangers!

and the only thing I'm changing is the name. It's now officially called Janana Bread.

In all seriousness, Jan, thank you for many years of service. You have helped make the Delaware Valley Bicycle Club a big success.

Now, knowing Jan, she will quickly



Brian Wade

give credit to the Board, the volunteers, the members and the ride leaders for dedicating their time and energy in making the DVBC such a

good club. And I do, too.

I would not welcome being president if it were not for them and all the good friends and cyclists in the club, for they make it worthwhile and a joy to be a member.

I sincerely thank you all.

WHAT'S COOKIN' IN DELCO....

(Bicycling-wise)

MEMBERSHIP MEETING

Monday, June 9, 7 pm

John Madera

Senior Transportation Planner,
Delaware Valley Regional
Planning Commission

Contact David Bennett, 610-626-1344
<queenofsheba@craftech.com>



The Delaware Valley Bicycle Club
P.O. BOX 156
Woodlyn, PA 19094-0156

<http://www.dvbc.org>

DVBC Meeting Place

Delaware County Peace Center,
Springfield Friends Meeting, 1001
Old Sproul Road (behind the car
wash at Rte. 320 and Old Marple
Road).



DVBC welcomes articles and ride reports for the newsletter. Please submit your proofread materials to the Editor before the 12th of each month.

Board of Directors & Staff

Brian Wade, *President*, 610.254.9485 or
<bwadvedvbc@aol.com>

Bob Leon, *Treasurer*, 610.833.2365 or
<bleon@craftech.com>

David Bennett, *Secretary & Advocacy Coordinator*,
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Dominick Zuppo, *Mail Labels*, 610.544.8630 or
<domzuppo@att.net>

Drew Knox, *Brandywine Tour Coordinator*,
<Drew.Knox@Bentley.com>

Doug Bower, *Board member* <dkbower@craftech.com>

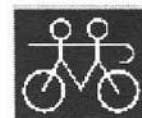
Jan Chadwick, *Past president* <jc@dvbc.org>

Dave Trout, *Director of Publicity*, <dmtrout@usa.net>

Club Affiliations



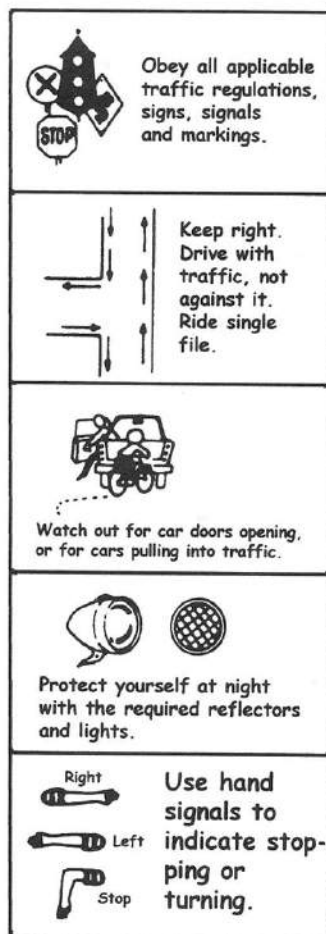
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Bicycle Coalition of the
Delaware Valley

Please note that the views expressed in this publication are not necessarily the views of the DVBC, nor do we endorse products or services advertised.

Ride Guidelines



1. Arrive early and *be ready to leave on time*. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order *before* you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 18+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Bonkers Metric, Brandywine Tour, Club banquet and Bonkers picnic, all club events are free to the general public. The general public is welcome!

Elsewhere....

On May 3, the DVBC's **Katrina Dowidchuk** won the women's **Pine Barrens Spring Duathlon** at Shamong NJ, besting 21 women from five states. The event consisted of a 5-k run, 25-mile bike ride, and a second 5-k run. Katrina averaged 22 mph for the 25-mile biking portion of the competition — *with no drafting!*

Bikejournal.com is a free website for cyclists of all levels to record and track mileage and up to 11 other interesting statistics from their rides. Journal data can also be saved to a spreadsheet file for keeping an offline record of rides. Dynamically updated tables allow members to compare their performance with other riders. The site also helps riders connect with bikers and clubs in their area. The purpose of bikejournal.com is to provide a fun and easy method of tracking rides and to encourage bicycling through the pursuit

of personal goals and friendly competition. Go to www.bikejournal.com.

On April 23rd, **David Bennett**, representing DVBC and Steve Trobovic, DVBC member representing BCP, attended the Southeastern Pa. **Bicycle Issues Task Force Meeting** at PENNDOT headquarters in King of Prussia. They learned that the following projects or events are underway:

The bicycle/pedestrian **Betzwood Bridge** is nearing completion.

A new completed section of the **Perkiomen Trail** is to be dedicated April 26.

The **Radnor trail** project is moving along.

The Alternative Route One route (in DelCo) is in the engineering stage.

The annual **DELCO Bike to Work Day** will be Friday, June 6.

PENNDOT is looking into legal remedies to force communities that have taken down the Route L signs to put them back.

The next meeting will be in July. Also at that meeting, the **Bicycle**



**May 18th
Bonkers Metric
Great Success!**

*Thank you
DVBC volunteers
who worked so hard!*

Council of Greater Philadelphia distributed its new, free, bicycling map of the greater Philadelphia area. Our advocacy chairman David Bennett, along with several of the club Board members, has received a quantity of the maps, which are playing to rave reviews.

DVBC members **Charlie Fitzgerald, Glenn Lyons and Rich Alejandro** were off to Hampton Roads VA late last month for the cycling edition of the **National Senior Olympics**. Each earned a berth by medaling at last season's Pa. Senior Olympics.

HH News:
Andy Lackintosh Silver Jr. Worlds
Steve Lehman Gold Master, Worlds

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801 N. Providence Road "Five Points" Media, PA 19063
Tel: 610-565-9535 Fax: 610-565-6033 E-Mail: cyclesport@verizon.net Web Site: HHRacingGroup.com

E-mail Ride Followup

*Received after one of Tony's
Wednesday night rides:*

I had such an interesting time on the most recent Wednesday night training ride, I thought I'd share my impression, especially since I was rendered speechless immediately afterwards, and during a good part of the ride, too.

I'm tired (understatement). A good tired. I had my culo totally kicked on yesterday's ride. Three chicks, including myself, and two guys. The other two chicks were real bad-ass riders, one guy was awesome, and the other guy appeared to hang with the small but intensely talented pack, despite his post-ride humility. Fast as all getup, and chatty as hens.

Cluck cluck cluck. Up the big hill. Cluck Cluck Cluck. Down the hill. Cluck Cluck. Up another hill. Cluck Cluck. Something about yellow played over and over, I think it was singing. Mix in a lot of laughter, constant smiles (I can only imagine; it's not like I could

actually see their blurry faces -- I could never identify them in a police lineup) and you get the picture. Not only were they significantly faster than me, but in a totally different league. I kept up most (but certainly not *all*) of the time, but I had to try about four times as hard as they were trying in order to do it. No clucking or chuckling from me, though I did catch tidbits of a conversation about clothing colors (I should NEVER have chosen three different shades of puke green). When we stopped, 1/4 mile from the end (at the end of a long hard hill, where we always reconnoiter), I had to dismount from my bike and stand next to it, instead of resting in the middle of it, because I knew, beyond a doubt, that I did not have the brain juice left, or the physical energy, to straddle a bike, and evenly distribute my weight between my two cleated bike shoes, without toppling over in a pathetic heap. I didn't know if I would puke or pass out first, but I was hoping that if I

passed out first, someone would think to turn me on my side, just in case. (think drowning victim, turned on their side on the pool deck, to prevent death by aspiration). My car's trunk has never looked so inviting as a daybed, though it made me extremely dizzy (positional vertigo? Should I have folded in half in a different direction?). I had exhaustion flashbacks at work today, whereas I'd put my head in my hands (so it wouldn't disconnect and roll across the floor). I would be suddenly overcome by the sensation of losing nearly all of the energy from my body, and find myself repeating the, "Oh f _____. Oh sh ____." mantra that didn't used to be a common expression of mine. Exiting the grocery store today, the slight incline up to my car was like pushing a wheelbarrow full of bricks up the Manayunk Wall, nearly a dozen times, sans the cheering throngs. Oy.

Can't wait to do it next week. (I admit I hope it rains, so I'll have an excuse to chicken out.....)

--- The dizzy non-blonde on the Celeste Bianchi.

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DelCo Bike-to-Work Day

Friday, June 6, 7:30 am

Delaware County Government Center Plaza

Why participate in Bike-to-Work Day?

Awareness...To promote alternative means of commuting.

It's cheap...No gasoline or parking expense.

It's good for the world...No pollution.

Every seat is a window seat.

Free food and prizes. It's healthy, fun and free.



Bike-to-Work Day includes a set of guided rides from different parts of the County to the Courthouse, where there will be refreshments and a raffle.

Bike-to-Work Day is designed to show people a practical and alternative route from their neighborhood to work.

We need ride leaders from all parts of the County. If you are able to lead a ride to Media on Friday, June 6th, or are interested in more information, please contact Justin Dula at 610-891-5219 or <dulaj@co.delaware.pa.us>.

Ideally rides should arrive in Media at 7:30 for those who have to be at work by 8:00, but later riders or ride leaders can certainly be accommodated.



DVBC Ride Calendar



JUNE 2003

*****Recurring Weekday Rides*****

Tuesdays 6:00 pm Miles:15-20 Class:C Vocabulary Ride	Does your job cause you angst? Is your workplace an imbroglio of Kafkaesque proportions? Join us for a demulcent ride with an air of insouciance as we spin tour southern DelCo at the best time of year. Meet at Pathmark, MacDade Blvd, Folsom. Dave Trout 610-368-0760 dmtrout@usa.net
Wednesdays 6:00 pm Miles:25+ Class:A Workout	Meet at Rose Tree Park on Rte. 252 for our regular Wednesday night workout. Expect a fast pace and some nice hills. Contact Antonio Rocha at 484-802-8374 Email: tony@craftech.com
Wednesdays 6:00 pm Miles:25+ Class:C Rose Tree Ridley	Start at Rose Tree Park on Rt. 252, go thru Ridley State Park & beyond. As day gets longer so does the ride... with a hill or two.... Contact Brian Wade at 610-254-9485 Email: bwadedvbc@aol.com
Thursdays 5:45 pm Miles:18-25 Class:C/C+ Out & Back Workout	Meet at Rose Tree Park for a C/C+ pace weekday workout. A show-and-go ride to stretch your legs before the weekend's big rides. Contact Bob Leon at 610-833-2365 Email: bleon@craftech.com
Sunday, Jun 1 8:00 am Miles:50+- Class:C+/B- Wade's Wide	Start at R5 Wayne Train Station, ride varies. Never same ride twice! West to Kimberton, or north up Lower Perk Trail, or south to Brandywine area! Who cares, we're riding! A few hills. NON-MEMBERS WELCOME. NO ONE DROPPED. Brian Wade 610-254-9485 bwadedvbc@aol.com
Monday, Jun 2 7:00 pm Miles:Lots Class:All June Board Meeting	All are welcome to join the Board as we plan one of the busiest months of club activities. Springfield Peace Center (See p. 2 for directions). Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Saturday, Jun 7 8:30 am Miles:40+- Class:C+ Kountry Kitchen	Meet at the Kingsway High School, Routes 551 and 322, for that unfamiliar ride to the Saturday morning breakfast. I'll mix it up with some new roads. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Sunday, Jun 8 8:00 am Miles:40+- Class:C+ Big Bank Ride	Meet at R5 train station. Probably ride down to Manayunk & catch Wachovia Bike race or whoever merges last. We'll watch & wide as we please! Expect an all day event Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Jun 8 8:30 am Miles:40+ Class:B Larry Will Wachovia	Ride to US Pro Cycling race. Meet 320 Market, Rt. 320, Swarthmore-Springfield. Regroup in pm for return. Rain cancels ride (It never rains for this event). Contact Larry Green at 610-544-5799 or largreen@earthlink.net
Sunday, Jun 8 9:00 am Miles:40+- Class:C Ride to the Pro Race	Pro cycling at it's best - Meet at the Valley Forge trailhead for a ride down the Schuylkill trail to Manayunk to watch how the Pro's do it. Bring money for food and souvenirs. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Monday, Jun 9 7:30 pm Miles:0-100 Class:All June Member Meeting	Springfield Peace Ctr. (See P, 2 for directions) John Madera, Sr. Transportation Planner at DVRPC will speak about what is being planned in DELCO. Contact David Bennett at 610-626-1344 or queenofsheba@craftech.com
Tuesday, Jun 10 9:00 am Miles:51 Class:C+ Weekday Hiatus	Fed up to here with work? Take the day off and join us as we tour Amish country & stop for lunch in Intercourse. Bagels, juice and cereal at start. Leave from my house near Coatesville. Contact Bob LaDrew at 610-383-9327 or 2ladrews@netreach.net
Saturday, Jun 14 8:30 am Miles:83 Class:A-/B+ Cross Country Tour	Meet Westtown-Thornbury Elementary Sch., Westbourne Rd. north of 926. Travel scenic roads from SE Chester County north & west w/ midway stop in Morgantown, Berks County. Final average approx. 17 mph. Contact Glenn Lyons at 610-399-0624 or rollingspeed@cs.com
Saturday, Jun 14 9:00 am Miles:50-60 Class:C/C+ Head for the Hills	Meet at Bike Line (Broomall, Rte. 320 & Rte. 3) Ride the scenic route with Walt to Phoenixville & Kimberton. Bring water & money for snacks Contact Walt Linton at 610-466-7474 or Bycycle971@aol.com
Saturday, Jun 14 9:00 am Miles:65 Class:B Odell/Salem Oak Ride	Meet Salem Oak Diner, Rte. 49, Salem NJ. Come early (8:15) for breakfast. Follow Peter Odell's route along Jersey coast of Delaware Bay at a pace that affords conversation. Contact Bob LaDrew at 610-383-9327 or 2ladrews@netreach.net

Saturday, Jun 14 9:01 am Miles:54 Class:C Mini-Salem Oak Ride	Same as LaDrew's ride (listed above), only at a pace even more conducive to conversation. For breakfast, arrive at 8:15. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Sunday, Jun 15 8:00 am Miles:50+ Class:C+/B- Support the Coalition	Start at R5 Wayne Train Station & pick up Freedom Valley Ride sponsored by Bicycle Coalition of Philadelphia. SIGN up for it at www.bicyclecoalition.org Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Jun 15 9:00 am Miles:40-50 Class:A- Head for the Hills II	Meet behind Wawa, Chadds Ford (Rte. 1 & Rte. 100) for fun, fast, ride up & down big hills in N. Del. We tackle them all--including Mt. Cuba! (Yes, there are mts. in Del!). Rest for food, oxygen at 20 mi. Katrina Dowidchuk 302-654-7393 katrina_dowidchuk@bankone.com
Saturday, Jun 21 8:30 am Miles:50+- Class:C+ Northbrook Orchards	Meet at Rose Tree Park for a ride out to Chester County. Bring money for food and drink at the Orchards. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Saturday, Jun 21 8:30 am Miles:50 Class:C+ Ridley-ChaddsFord--Meet the Train	We'll meet train from Phila. & ride to Chadds Ford -- expect hills. Meet in parking lot Pathmark on MacDade Blvd, Folsom, Ridley Twp & by 8:30 sharp, to get to Ridley Park station to meet 8:58 train from city. Riders from Phila. take R-2 train (#4207 (leaves Suburban Station 8:34 AM). Bring \$. If using the train call ahead. Dave Trout 610-368-0760 dmtrout@usa.net
Saturday, Jun 21 10:00 am Miles:15-28 Class:C C U at Selene	Start at Selene Whole Foods Co-op, 305 West State St., Media. Enjoy scenery of our hills & valleys to Ridley Creek Park & beyond. Free refreshments afterwards inside store. Free parking in lot just west of Co-op. Contact Ira Josephs at 610-565-4058 or ira@dvbc.org
Sunday, Jun 22 8:00 am Miles:50+- Class:C+/B- Northern Alliance Ride	Start at the R5 Wayne Train Station and ride north and come back. Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Jun 22 9:00 am Miles:40+- Class:C Kountry Kitchen	Meet at Kingsway High School, Routes 551 and 322, for that unfamiliar ride to Saturday morning breakfast. I'll mix it up with some new roads. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Sunday, Jun 22 9:15 am Miles:60 Class:B/B+ Westtown Ride	Start Moylan-Rose Valley Train Station, Manchester & Woodward Rds., Moylan. Ride thru beautiful wooded hills & valleys of W. DelCo., Chester Cty, & Delaware. Food & rest stop midpoint. Contact Ira Josephs at 610-565-4058 or ira@dvbc.org
Saturday, Jun 28 7:00 am Miles:126 Class:B+ Bike to the Boardwalk	Ride Ed's paceline from Kingsway HS (Rtes. 322 & 551) to Ocean City and back. Ed is guaranteeing tailwinds both directions, and plenty of drafting. Bring money for brunch at the shore. Contact Ed Sobolewski at 610-358-3055 or sobolewski3@comcast.net
Saturday, Jun 28 8:30 am Miles:35-40 Class:C/C+ Muscle the Hills!	Meet Folsom PathMark, MacDade Blvd, Ridley Twp, 8:30. We'll ride to Ridley Park Train Station & meet those departing 8:49 train from Phila. (leaves 30th Street 8:29). Next we bike to Neumann Coll., highest point in DelCo, take break, continue thru Glen Mills to lunch near Ridley Cr. Park. Then cut thru park & via Smedley/Lepier Trail return to Ridley Station. Some memorable hills & scenery. Bring \$. No one dropped. Frank Jackson at 610-534-3978 fjackson@rohmmaas.com
Sunday, Jun 29 8:00 am Miles:50+- Class:C+/B- Wade's Wecovery Wide	Start at the R5 Wayne Train Station and ride. Any questions? Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Jun 29 8:30 am Miles:30-40 Class:C/C+ Schuylkill Canal Day	Manhattan Bagels, Chesterbrook Shop. Ctr., @ 202 & 252. Well-traveled bike roads in W. Mont. Cty. to Oaks Reach of historic Schuylkill Canal. Lunch Fitzwater Station Inn, on canal banks, Port Providence for Annual Canal Day events, Mont Clare. More info: www.schuylkillcanal.com . Some hills, cue sheet. Steve Trobovic 610-687-9229 or srtrobovic@juno.com
Sunday, Jun 29 9:00 am Miles:40+- Class:C Jersey Ramble for Tandems	For tandems, but singles welcome. Meet Kingsway H.S., Rtes. 551 & 322, for 1st DVBC tandem ride led by Bob & Cassie Leon. We're beginners so pace will be 13 mph. All riders welcome whether you have 2 seats or 1. Bob Leon 610-833-2365 bleon@craftech.com
Sunday, Jun 29 9:00 am Miles:10-15 Class:B+ Head for Hills - MTB Style	Gang - join me for a little psuedo-cross training. We'll mountain bike thru fabulous dirt trails at Woodlawn Nature Preserve/Brandywine Park (& go for a run post-ride?) Drop-in off Rte.202 just south of PA border. Katrina Dowidchuk 302-654-7393 katrina_dowidchuk@bankone.com

Who was Peter Odell?

by Bob LaDrew

One of the more popular DVBC rides in recent years has been the Peter Odell Ride in southwestern New Jersey. In 1999 I went to a BCP ride out of the Salem Oak Diner, in Salem. Bob Paradise, then BCP president, explained to me that we would be riding a route that had been mapped a couple of years earlier by Peter Odell.

Peter was a well-liked, easy-going member of the Bicycle Club of Philadelphia who enjoyed discovering new roads. And this was one of the enthusiast's best routes. Odell had died just a year earlier, at age 56, when he had a massive heart attack during a club bike ride.

I liked the route so much I asked BCP for the cue sheet, which they willingly provided. It seemed clear that it would be appropriate for us to remember when we ride the route that it was his creation. So now when we do this ride, we refer to it as the "Peter Odell Route."

One indication of the Odell whimsy

is at Mile 39.6 when the group is inconveniently taken out of its way onto Lake Street in Bridgeton. This is to view the giant oak tree which stands conspicuously in the roadway. Hammerheads might not appreciate this side trip because it lowers their average speed. But Peter Odell routes were designed for novelty, not for speed.

Here are some of the recollections about Peter that his friend Bob Paradise was kind enough to provide:

"Peter started riding with BCP in the early to mid-nineties. Prior to that he didn't ride with a club as he was spending his time raising his children.

"He was an adventurer in heart and spirit.

"He rode a trek Hybrid bike with 28 cm tires to allow him to vary his rides and include dirt roads.

"He was tall (6'5") and had a thin build.

"He didn't like doing the same rides over and over but rather developing rides that explored the surrounding areas of Philadelphia.

"He developed a very popular ride

from New Hope to NYC, run each Labor Day weekend. BCP has adopted this ride as a memorial to Peter.

"Peter would spend hours developing his rides before finalizing and leading them for BCP. His uniqueness and ingenuity were marvelous and he developed a loyal and growing following over the years he led rides for BCP.

"Peter developed two week-long tours of the Hudson River Valley. The first was attended by 12-15 riders and traced the lower Hudson from Manhattan to near Albany. The second Hudson ride was the upper Hudson and was attended by about 45 cyclists. It started by Lake George and ended in Quebec City. He spent months developing this tour and when it occurred he was really not feeling well.

"Helping to plan the new BCP century, Peter came up with the ingenious idea of going on the north side of the Schuylkill instead of the south. We wanted to be different and we felt that met our objective."

Says Paradise: "I miss Peter and know that he is in a better place."

Next DVBC Odell ride: June 14

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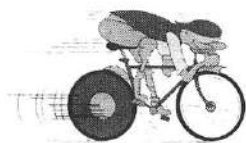
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Bike Dirt

By F.X. Pedrix



I recently returned home from one of the more popular DVBC food orgies, which is disguised as a bike ride to the hinterlands of New Jersey. It was one of the first really nice-weather days of the year so the turnout was prodigious. My ever so wonderful wife, Babs, asked how the ride went. I began to tell her all about the ride and who turned out when she said, "You know, Ped, you are getting me all confused. I swear that with all the guys in your club you only have three or four first names between you all." I thought about it and, although it is not as bad as she makes it out to be, in a way she is correct (as always). I overheard that the club has too many Davids. In fact the rumor is that the Board is thinking about refusing any new members with that name or forcing new Davids to use less popular names like Alfred, Bonzo or Wilfred.

One of our Daves, who used to insist upon being addressed respectfully as "David," has deferred to a new David who joined the club; he has adopted the interim nickname "The D-ster" until a better sobriquet can be found. A contest, complete with lottery-caliber cash prize, is underway to create a more suitable moniker for this "Screaming Queen of Sheba." Send your submission to onelessdavid@dvbc.org.

Not to be outdone, the club's dozens of Bobs are up in arms. They have co-existed amid palpable tension for many years, but are now demanding that the DVBC Security Council resolve their conflicting claims. While the Bobs' differences threaten to result in violence, many say it would be a war in name only.

Speaking of war, well not really war, but a duel, two of the club's Davids are in a heated battle over who is to be the Chief of the Clan of the Davids. One of the Daves proclaimed himself to be Chief and was promptly challenged (in standard clan tradition) by another club Dave. Word is that they are currently discussing the choice of weapons (water bottles or air pumps seem to be leading although water balloons would be good on a hot day) and venue. Stay tuned for further information.

Not More Daves Department:
Competition for this year's Crash and Burn and Road Kill Awards got off to a lightening start this year. In the Crash and Burn Department, one of the club's Daves (oy!) was cutoff by a lady turning into her driveway. In order to avoid smashing into her car he turned and took out her mailbox. Upon picking himself up from the ground he heard her say, "Where did you come from?" Luckily he and his bike only had minor injuries. He hopped back on his bike for the ride home hearing her say as he sped off, "What about my mailbox?" So this Dave recovers from his injuries and while out on an early morning ride runs over a Bat!! The way I figure it, either somebody is trying to tell this Dave something or he is just determined to get an award this year.

I was telling Babs about the latest weird entry in the Road Kill Award and she asked an interesting question, "What if someone killed a Llama?" I said, "What???" She said "A couple of weeks ago we passed a Llama farm. What if one got loose and you hit it with your bike? Would a Llama beat a Bat?" Although I realized that the question was

a little absurd, I did get her point. The awards committee has no official guidelines for the Road Kill Award. For example, does a large cat top a small dog? The combinations are many and none of them clear. I think the Board needs to establish an official panel to codify road kill values and judge conflicting claims.

On a recent cycling excursion, the ride leader got a little turned around (a.k.a. lost) and, sensing a brewing mutiny, stopped and pulled out a map as he asked a local resident, "Where are we?" The local, a woman, responded, "Here," pointing at the intersection of Route 724 and Bethel Church Road. The ride leader, realizing where he was, exclaimed, "Oh, the river's right there." The woman, implying it was so close, proclaimed, "You can jump in it," ... summarizing the sentiment of his riders. To further endear himself to his riders, he proceeded to almost poison one of them, who has a severe allergy to bananas, by feeding her a food bar with banana as one of the ingredients. The really sinister aspect to this whole banana-poisoning episode is the fact that the "poisoner" is the new incoming DVBC President and the "poisonee" is the club's outgoing President. Maybe the new President took the former President's humorous nickname of "President for Life" a little too seriously.

Send your gossip, news, jokes, trivia, rumors or outright lies to fxpedrix@hotmail.com.

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REGIONAL EVENTS

Sat. June 7: Get Ready Metric, Pennsville, NJ. 32 or 64 mi. Flat. Start Fort Mott by Del. River & ride 1st 32-mi. loop. Then lunch & continue 2nd 32-mi. loop. \$14 pre-reg. until 5/31; \$17 day of. South Jersey Wheelmen, P.O. Box 2705, Vineland, NJ 08362-2705; 609-848-6123.

Sat. June 7: Indian Creek Roll & Stroll, Harleysville PA.

Sat. June 7: Pedal for a Purpose, New Freedom PA.

June 7-8: MS150 PA Dutch, Trexlertown to Kutztown. 1-800-445-BIKE. pae@nmss.org

Sun. June 8: First Union USPRO Championship & Liberty Classic pro races, Phila. PA.

June 13-15: Bicycle Access Council weekend rally, Lewisburg PA. John Forester keynote speaker
<www.bicycleaccess-pa.org>

Sat. June 14: Dream Ride, Marietta PA. 15,30,62,100 mi. Thru farmlands of W. Lanc. County. Hilly. \$20 by 4/14, \$25 by 5/14, \$30 on 6/14. Mike Ridgeway, Dream Ride for Lanc. County, P.O. Box 141, Lancaster, PA 17604-0141; 717-397-2503.

Sat. June 14: Flatlands Tour, Chesapeake City MD. Bohemia Manor H.S., Chesapeake City, MD. 31-106 miles, flat. "No frills", Cue sheet but no SAG. Baltimore Bike Club 410-788-4450.

Sat. June 14: Ride for Autism, Brookdale College, Lincroft, NJ.
www.ride4autism.org

June 15: 2003: Freedom Valley Bike Ride Start in Phila., Phoenixville or Rosemont. 9, 16, 32, 64 or 72 mi.
<http://www.bicyclecoalition.org>. Benefit Bicycle Coalition of Greater Phila. Alex

I never left but I'm riding more

by Bob Leon

As you may know, I am back in the saddle again. I am feeling good and I have all of you to thank for my recovery. I've led a few rides and I will continue to lead more this year. My rides will be of a C/C+ pace, no one will be dropped, and Cassie and I will lead a few tandem rides.

Yes, you read that right, "TANDEM

Doty, Bicycle Coalition of Greater Phila. 252 S 11th St Phila, PA 19107 215 BICYCLE www.bicyclecoalition.org

Sat. June 21: Pedal to Preserve. Lancaster Farmland Trust. 8 am. \$20 pre-reg. & \$30 day of. 6, 20 & 52-mi. Donegal High Sch., 955 Marietta Av. Mt. Joy PA. T-shirt for pre-reg.

Lancaster Cty. scenery & full support. Phila. 252 S 11th St Phila, PA 19107 215 BICYCLE www.bicyclecoalition.org

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Sun. June 22: French Creek Iron Tour. French Creek Elementary Sch. Coventryville PA. 10, 20 & 60 mi. 7:30 am, (610) 469-0150 or www.frenchandpickering.org. \$25 pre-reg. or \$30 day of incl. T-shirt.

Sun. June 29: Bay to Bay Ride, Betterton Beach, MD. 27-104 mi. flat. \$20 by 6/1, \$25 after. T-shirt \$10. Mug for first 350. Chestertown Lion's Club. Bay to Bay, c/o Jim Gent, 7 Cedar Chase Ct, Chestertown, MD 21620-1665; 410-778-4881.

RIDES." So if you own a tandem come out and teach us a few tricks on riding as a team on one bicycle. Of course, all riders are welcome to join us as long as you have two wheels and pedals.

In June and July I will be leading C/C+ rides on Thursday nights throughout the month. The weekday workout will be a strength-building ride to try and regain my fitness level -- and yours, too, if you need it. I'm also going to ride in the July 13th ACS ride as a cancer survivor and I would like you to ride with me to help form a DVBC team. If you can do the ride please call me for details (See p. 2).

I look forward to riding with old and new cyclists, club members, and just plain fun people who love to ride. Each ride this year has meant great fun for me and a joy I have missed for six months. Riding with the club has been the best part of getting out because we have a lot of good people in our club that make me want to continue riding with them. My routes have been used by many ride leaders during my absence and I hope they continue to use as many of them as they wish. Our club is about having fun, socializing and riding bicycles. For those of you who are thinking about joining the club, come out to our rides and see for yourselves what a joy it is to ride with DVBC members.

Thank you, and I hope to see you on the road. And don't forget, our club t-shirts and jerseys look great on all of the rides. They are priced to sell and they're going fast. Check out our web site for details.

Fax (610) 353-8230

Phone (610) 356-1515

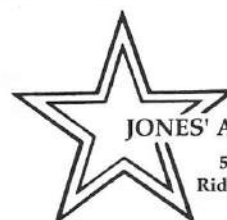
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SATURDAY, AUGUST 2

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Members and their families free. Please make reservations by Thursday, July 31.
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Bob Martin, Dominick Zuppo and Mike Scott laugh it up on a recent Sunday Kountry Kitchen ride while Dave and Fred chat in the background.

BONKERS



CARTOONS
OF THE
DVBC

MOMMY, THIS CORN TASTES LIKE PEE!



URINE, DEAR. AND THAT'S RIDICULOUS. HOW COULD CORN TASTE LIKE URINE?



TELL HER, BONKERS. THERE'S NO WAY CORN COULD TASTE LIKE URINE.



BOB LADREW 2002



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Woodlyn, PA 19094-0156

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Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Annual Membership: \$15.00 per household.

Check one: ☐ new member or ☐ renewal

Please print clearly and use your 9-digit zip code, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

E-mail: _____

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues

The **DVBC Safety Fund** is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: _____

Amount enclosed: \$15 (membership) + _____ (safety) = _____

I'll volunteer for:
(check all interests)

- ☐ Ride Leader
☐ Tour Volunteer
☐ Board Member

Please send your check or money order to the:

Delaware Valley Bicycle Club, P.O. Box 156, Woodlyn, PA 19094-0156

In consideration of the acceptance of my application for entry into the DVBC, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the DVBC. In addition, this release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in any event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

Signature

Signature of parent or guardian (if under 18 years)