

Delaware Valley Bicycle Club



P.O. Box 156, Woodlyn, PA, 19094-0156

AUGUST 2003

The Flats Not Taken

By Brian Wade*

Two roads diverged on a bicycle ride,
And sorry I could not cycle both
And be one cyclist, long I sighed
And looked down one with discerning eye
that long flat would be an easy coast;

Then took the other, an uphill climb,
And knowing perhaps I was insane,
For the long and steep would take up time,
More cadence, pumping and stand-up grind
to master the difficult terrain.

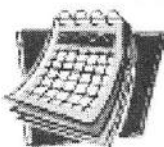
And both routes that morning equally lay
For neither was wheeled with tire track.
Oh, I kept the flat for another day!
Yet knowing me, my challenging way
Doubted- knew I would never turn back.

I tell you this with muscled thigh
Somewhere miles and miles hence
Two roads diverged on a ride and I-
I took the one less cycled by
And that has made all the difference.

*with due/much respect to Robert Frost.

Mark your calendar for the
Brandywine Tour.

August 31, 2003.



See page 3
in this issue
for more information
and registration form.



Don't Forget!

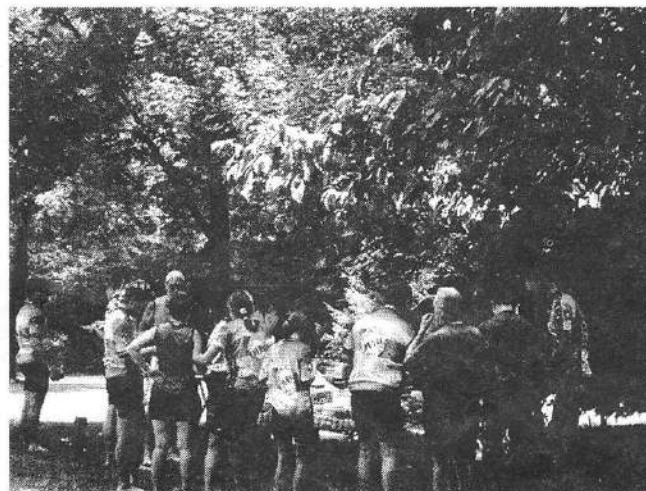
BONKERS CLUB PICNIC

SATURDAY, AUGUST 2

Members and their families free.
Please make reservations by
Thursday, July 31. Bob LaDrew:
610-383-9327 or

2ladrews@netreach.net

See the ride calendar in this issue
for information about rides to
the picnic.



DVBC members put on the feedbag at the 2002 Bonkers Picnic.

The Delaware Valley Bicycle Club
P.O. BOX 156
Woodlyn, PA 19094-0156

<http://www.dvbc.org>

DVBC Meeting Place

Delaware County Peace Center,
Springfield Friends Meeting, 1001
Old Sproul Road (behind the car
wash at Rte. 320 and Old Marple
Road).



DVBC welcomes articles and ride
reports for the newsletter. Please
submit your proofread materials to
the Editor before the 12th of each
month.

Board of Directors & Staff

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<bwadedvbc@aol.com>

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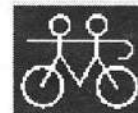
Jan Chadwick, *Past president* <jc@dvbc.org>

Dave Trout, *Director of Publicity*, <davet@dvbc.org>

Club Affiliations



LAB



Bicycle Coalition of the
Delaware Valley

Please note that the views
expressed in this publication are
not necessarily the views of the
DVBC, nor do we endorse
products or services advertised.

Ride Guidelines

Obey all applicable
traffic regulations,
signs, signals
and markings.

Keep right.
Drive with
traffic, not
against it.
Ride single
file.

Watch out for car doors opening,
or for cars pulling into traffic.

Protect yourself at night
with the required reflectors
and lights.

Use hand
signals to
indicate stop-
ping or
turning.

1. Arrive early and *be ready to leave on time*. Rides start no more than 5-7 minutes late.
2. Make sure your bike is in proper working order *before* you arrive.
3. Carry a spare tube, patch kit, and water bottle.
4. Practice safety and obey all traffic laws.
5. A helmet is mandatory for all DVBC rides.
6. All Club rides are rated according to the degree of difficulty. Do not "bike off" more than you can do. Go on rides within your ability, interest and experience. If you're in doubt about your ability, try out a ride one class below the one you're not sure of and work your way up.
7. Ride classifications:

Class D: For new, inexperienced riders or families: 7-9 mph average moving speed with frequent stops and as few hills as possible. The group will wait for all riders. The ride lengths are usually less than 10 miles, but longer distances are permissible.

Class C-: For average riders: 10-11 mph average moving speed with rest stops as needed. The group will wait for stragglers. The recommended distance is 10-30 miles.

Class C+: Also for average riders: 12-13 mph average moving speed with rest stops every 45-60 minutes. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B-: For more experienced riders: 14-15 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class B+: For strong riders: 16-18 mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.

Class A: For very strong riders: 18+ mph average moving speed with rest stops at the discretion of the ride leader. No obligation to wait for stragglers if cue sheets or maps are provided.
8. Each rider assumes his/her own risk on all rides.
9. Those who ride ahead of the group are on their own ride.
10. Always notify the ride leader before leaving the group.
11. Ride leaders should adhere to the advertised speed of the ride.
12. Ride leaders are not expected to be bike mechanics.

Note: In the case of questionable weather or road conditions, the Ride Leader may decide to cancel the event. Call the ride leader if in doubt. The general public is invited to all events organized by the Delaware Valley Bicycle Club. Except for the Bonkers Metric, Brandywine Tour, Club banquet and Bonkers picnic, all club events are free to the general public. The general public is welcome!

ELSEWHERE....

Congratulations to the **Brandywine Bike Club's Stu Baird**, who just completed a nineteen-year term as that club's newsletter editor. That's right. With one exception, Stu has assembled every BBC newsletter since November, 1984. Those of us who have seen copies of the Brandywine Pedaler have been impressed by its professional-calibre bicycling journalism. Give yourself a well-deserved rest, Stu!

The **House Transportation Appropriations** subcommittee recently stripped funding for the Enhancements program and other vital programs for bicycling for fiscal year 2004. A majority of federal funding for bicycling projects comes from these funds. The full Committee is expected to mark-up this measure soon. Please telephone or EMAIL your Member of Congress TODAY!! Ask them to fully

restore funding for Enhancements for FY 2004!

Congressman James L. Oberstar (D-MN) introduced the **Pedestrian and Cyclist Equity Act of 2003 (PACE)**, a bill to fund Safe Routes to School and create more bikeable and walkable communities, on 6/18. "We want to get kids back into the habit of bicycling and walking for fun and transportation," said Oberstar. "With this bill we can change the lifestyle habits of an entire generation." PACE would create a national Safe Routes to School program providing \$250 million a year to fix unsafe conditions on roads near schools and encourage children to walk and bike to school. Nearly 70% of today's parents biked and walked to school; just 18% of their kids do today. Experts cite the lack of physical activity as a key reason over one-third of American children are overweight or obese. "As a Mom, I view PACE and its support for Safe Routes to School

as a dream come true for parents who wish their children could experience the joys of walking and biking to school," said Elissa Margolin, President of America Bikes and Executive Director of the League.

A majority of Americans want to bicycle more and are prepared to invest tax dollars in better places to bike, according to two new national polls released during National Bike Month™. In a poll conducted last month by Belden Russonello and Stewart, 53% supported increased federal spending on bicycle facilities, even if it means less gas taxes go to construction of new roads. 52% said they would like to ride a bike more often. A Gallup survey just released by federal transportation agencies found the changes Americans believe would most improve bicycling are the installation of more facilities, including bike lanes, new paths, and better lighting and signals.

Brandywine Tour

August 31, 2003, 8 am,
Pocopson Elementary
School, Pocopson PA

\$17 or \$12 pre-registered by 8/23. See dvbc.org for more details.



BRANDYWINE TOUR, August 31, 2003, Pre-Registration Form

Name: _____ Address: _____
City: _____ State: _____ Zip: _____ Phone: _____ Age: _____
Emergency Phone: _____ E-mail address: _____
Intended ride distance (please check one): ☐ 28 miles ☐ 50 miles ☐ 65 miles ☐ 100 miles

Waiver/Release: In consideration of the acceptance of my application for entry into the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the said event. This release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities and their respective agents and employees from and against any and all liability arising out of or connected in any way with my participation in said event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

Signature: _____ Signature of parent or guardian: _____
(If you are under 18 years of age.)

Please send this signed form with a check or money order made out to DVBC, by August 23, to:
Brandywine Tour, Delaware Valley Bicycle Club, PO Box 156, Woodlyn, PA 19094-0156.

National Senior Games Cycling Events

The DVBC has been well represented at the National Senior Games Cycling Events held in Hampton Roads, VA.

Club members Charlie Fitzgerald, Rich Alejandro, and Glenn Lyons competed against a strong field of cyclists who qualified at their various State Games for the 2003 National Senior Olympics. Charlie Fitzgerald was 7th in the 5K Time Trial (50-54 age division). Rich Alejandro finished 7th in the 20K Road Race (55-59). Glenn Lyons finished 12th in the 20K Road Race (50-54). Charlie was also 12th in the 10K Time Trial (50-54). In all of these events, the field included over 30 riders.



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Cycle Sports welcomes DVBC members in for a free sizing to introduce us to you. Just bring your bike, shorts, and shoes. Appointment preferred.

Special Discounts for DVBC members

801 N. Providence Road "Five Points" Media, PA 19063
Tel: 610-565-9535 Fax: 610-565-6033 E-Mail: cyclesport@verizon.net Web Site: HHRacingGroup.com



DVBC Ride Calendar

August 2003



*****Recurring Weekday Rides*****

Tuesdays 6:00 pm Miles:15-20 Class:C Vocabulary Ride	The days get shorter, we keep ridin'. Join us for a nice evening spin through southern Delaware County. No need to bring a vocabulary word – we supply 'em. Meet at Pathmark on MacDade Blvd in Folsom. Dave Trout at 610-368-0760, Email: dmtrout@usa.net
Wednesdays 6:00 pm Miles:25+ Class:A Workout	Meet at Rose Tree Park on Rte. 252 for our regular Wednesday night workout. Expect a fast pace and some nice hills. Contact Antonio Rocha at 484-802-8374, Email: tony@craftech.com
Wednesdays 6:00 pm Miles:25 Class:C+/B- The Rose Tree Ridley	Start at Rose Tree Park on Rte. 252, go through Ridley State Park and beyond. As day gets shorter, so does the ride... with a hill or two.... Contact Brian Wade at 610-254-9485, Email: bwadedvbc@aol.com
Thursdays 5:45 pm Miles:18-25 Class:B- Show and Go Training Ride	Meet at The Rose Tree Park for a somewhat fast ride through Delaware County. Contact Bob Leon at 610-833-2365 Email: bleon@craftech.com
Saturday, Aug. 2, Rain/Shine Club members and their families Bonkers Picnic	Ride or drive to the LaDrews' house for the Bonkers Picnic. There will be a ride for all levels. See below. Please make a reservation for cookout by July 31 if possible. Call Bob or Judy at 610-383-9327 or 2ladrews@netreach.net
Saturday, Aug. 2, 9:00 am Miles: 68 +/-, Class: C Little Bonkers	Ride to the picnic. Meet at Ridley Creek State Park Headquarters. Contact Bob Leon at 610-833-2365 or <bleon@craftech.com>
Saturday, Aug. 2, 9:00 am Miles: 70 +/-, Class: B Bonkers	Ride to the picnic. Meet at Ridley Creek State Park Headquarters. Contact Bob Martin at 610-352-2114.
Saturday, Aug. 2, 9:00 am Miles: 82 +/-, Class: A Big Bonkers	Ride to the picnic. Meet at Rose Tree Park in Media. Contact Tony at 484-802-8374 or tony@craftech.com
Sunday, Aug 3, 7:00 am Miles:55ish Class:B- B WADE'S R5 RIDE	NOTE TIME CHANGE. Start R5 Wayne Train Station. Ride west into Chester County and return via Montgomery County or versa visa. Never the same ride twice! But always a food stop & hills. Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Aug 3, 8:30 am Miles:50+/- Class:C+ Roaming South Jersey	Start at Kingsway High School Routes 551 and 322 for a ride through South Jersey. We'll have our tandem but all bikes are welcome. Bring money for food and water. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Monday, Aug 4, 7:00 pm BOARD MEETING	Open to all club members. We meet at the Delaware County Peace Center, Springfield Friends Meeting, 1001 Old Sproul Road, in Springfield. Brian Wade 610-254-9485 or bwadedvbc@aol.com
Saturday, Aug 9, 7:30 am Miles:50 Class:B A Different Fifty	Join me at Pocopson Elementary School in Chadds Ford for a ride in the country. There will be a snack stop or two, so please bring food and/or money. Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Saturday, Aug 9, 9:00 am Miles:15-28 Class:C CU at Selene	Start at Selene Whole Foods Co-op, 305 West State St. in Media. Enjoy the scenery, hills and valleys to Ridley Creek State Park and beyond. Free refreshments afterwards inside store. Free parking in lot just west of Co-op. Ira Josephs at 610-565-4058 or ira@dvbc.org
Sunday, Aug 10, 7:00 am Miles:55+ Class:B- LAST CANIS DAY OF SUMMER	NOTE EARLY START 7:00 am! Start and end at the R5 Wayne Train Station with hills in between. Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Aug 10, 8:30 am Miles:50+/- Class:C+/B- Kountry Kitchen	Start at Kingsway High School, Routes 551 and 322 for that familiar ride to a good breakfast. Ride goes rain or shine. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Sunday, Aug 10, 8:30 am Miles:50+ Class:A Art Museum	Meet at Rose Tree Park, for a ride to Manayunk and the Art Museum. Expect a fast pace and lots of nice friendly hills. Contact Antonio Rocha at 484-802-8374 or tony@craftech.com

Sunday, Aug 10, 9:30 am Miles:30+/- Class:C Schuykill Trail to Manayunk	Meet at the trailhead at Valley Forge for a flat ride into Manayunk. Bring a lock and some money for food. Contact Steve Bertolini at 302-529-1122 or spbert@yahoo.com
Tuesday, Aug 12, 10:15 am Miles:Old Class:B/B+ Birthday Ride	Join me at the new 320 Market Cafe in Swarthmore as I ride my age. Forget about work. It's my birthday! Rain cancels ride. Contact David Cunicelli at 610-626-9874 or dcunicelli@rcn.com
Saturday, Aug 16, 7:30 am Miles:70+/- Class:B- Northbrook Orchards	Meet behind Dunkin Donuts at Fairview Road and MacDade Blvd for a ride through Swarthmore, Media, Glen Mills, Thornbury and beyond. We'll stop at the Orchard for food and water. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Saturday, Aug 16, 7:45 am Miles:35 Class:C+ Roll Along the Back Roads!	2 start pts -7:45am & 8:00am. Class C++, 12-14 mph, Meet Folsom Path Mark, MacDade Blvd. Ridley Twp at 7:45. From Path Mark, ride to Ridley Park Train Station (8:00am start) & meet those departing 7:58 from Phila. (departs 30th St at 7:34). Next we bike by Neumann Coll., highest pt in DelCo, then thru Glen Mills to Ridley Creek Park. We pedal by Media, & to Smedley Lepier Trail. Ride to be finished by noon. Some hills. Frank Jackson 610-534-3978 fjackson@rohrmhaas.com
Saturday, Aug 16, 8:30 am Miles:35+/- Class:C Philadelphia Old City Ride	Meet at Pathmark parking lot, Folsom & ride into the Art Museum. Head across the city through old parts of town, end up in Queen Village area. Brunch at the Famous Deli on Brainbridge Street and then return home. Contact Dave Trout at 610-368-0760 or dmtrout@usa.net
Sunday, Aug 17, 7:00 am Miles:58 Class:B- Rrrrr...	...because of the hills and it starts at the R5 Wayne Train Station. NOTE THE EARLY START. Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Aug 17, 8:30 am Miles:74 Class:B+/A- Tri-State Journey	Meet at Westtown-Thornbury Elem. Sch. Westbourne Rd. north of 926. Travel scenic roads in PA, DE, and MD. Stop at mile 35 in Elkton, MD. Final avg speed should be around 17 mph. Contact Glenn Lyons at 610-399-0624 or rollingspeed@cs.com
Sunday, Aug 17, 9:00 am Miles:55+/- Class:C+ Mays Landing	Start from Kountry Kitchen on Rte. 40 in Elmer, NJ. Ride to Mays Landing, stopping at the lake before returning to the start point. If you want to eat breakfast, come at 8:00 am. RSVP so I can reserve tables. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Thursday, Aug 21, 9:00 am Miles:52 Class:C+ Mid-week Hiatus	Take a vacation day to tour Amish Country. Meet at Bob and Judy LaDrew's house near Coatesville for bagels & juice before ride. Call first. Contact Bob LaDrew at 610-383-9327 or 2ladrews@netreach.net
Saturday, Aug 23, 7:00 am Miles:126 Class:B+ Bike to the Boardwalk	Ride Ed's paceline from Kingsway HS (Rtes. 322 & 551) to Ocean City and back. Ed is guaranteeing tailwinds both directions, and plenty of drafting. Bring money for brunch at the shore. Contact Ed Sobolewski at 610-358-3055 or sobolewski3@comcast.net
Saturday, Aug 23, 7:30 am Miles:60 Class:B/B- Hoagies in Buena Vista	Start at Kingsway High School Rtes. 551 and 322. We'll ride to Buena to check out a new hoagie shop along Route 540. Bring money for food and water. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Sunday, Aug 24, 7:00 am Miles:55+/- Class:B- Many a Hill to Climb	Start R5 Wayne Train Station and climb and climb and climb. NOTE THE EARLY 7:00 am START!!! Contact Brian Wade at 610-254-9485 or bwadedvbc@aol.com
Sunday, Aug 24, 8:30 am Miles:50+/- Class:C+ Tandem Outing	Start at Kingsway High School, Rtes. 551 and 322 for a ride to anywhere. Bring money for food and water along the way. Contact Bob Leon at 610-833-2365 or bleon@craftech.com
Sunday, Aug 24, 8:30 am Miles:50+/- Class:C/C+ St. Peters Village	Start Manhattan Bagels in Chesterbrook. C Pace (11+); C+ terrain. Challenging ride to St Peters Village; Alfresco lunch along the French Creek headwaters. Some hills; cue sheets. No one dropped. Bring liquids & money for food. Steve Trobovic at 610-687-9229 or wildyugo@comcast.net
Sunday, Aug 24, 8:45 am Miles:64 Class:B/B+ Westtown and Beyond	Start at Moylan-Rose Valley Train Station at Manchester and Woodward Rds. in Moylan. Ride through the beautiful wooded hills and valleys of western Del. County, Chester County, and Delaware. Food & rest stop at midpoint. Contact Ira Josephs at 610-565-4058 or ira@dvbc.org
Sunday, Aug 24, 1:00 pm Miles:50+/- Class:B/B- Reverse West Chester Loop	Meet at 320 Market parking lot- Out and back to Chaddsford, West Chester, and return to Swarthmore/Springfield. Contact Larry Green at 610-544-5799 or largreen@earthlink.net
Friday, Aug 29, 6:30 pm Miles:Pasta Class:BWTVO Volunteers Dinner	Volunteers dinner & assignment mtg. before Brandywine Tour, Friday 6:30 pm, dinner by 7:30pm. Spag., red sauce, white sauce, vegetarian & meat, salad, dessert, drinks, etc. David Bennett's house, 21 Pennock Terrace, Lansdowne, Pa.19050, committed volunteers only, U No Who U R. Contact David Bennett at 610-626-1344 or queenofsheba@craftech.com
Saturday, Aug 30, 8:00 am Miles:1-100 Class:All Brandywine Tour Volunteer Ride	Ride the beautiful Brandywine Tour course with your fellow DVBC members to check the route the day before you help run the big event. Pick your distance. Contact Bob LaDrew at 610-383-9327 or 2ladrews@netreach.net
Sunday, Aug. 31, 8:00 am	BRANDYWINE TOUR , see page 3 for information.

REGIONAL EVENTS

Sat. Aug. 2: Rte. 113 Heritage Corridor River to River Bicycle Tour, 2 locations: Schuylkill Canal Recreation Area, Mont Clare, PA, or Tinicum Park, Erwinna, PA. 40 mi. ea. way, ride 1 way, take bus back to start or ride roundtrip. Benefits Rt. 113 Heritage Corridor Partnership. \$30. Pedal Pennsylvania, P.O. Box 385, Harleysville, PA 19438; 215-513-9577.

Sat. Aug. 2: Princeton Event, West Windsor, NJ. Mercer County Community Coll. 7 routes: 16-100 mi. \$25 reg. Princeton Free Wheelers, P.O. Box 1204, Princeton, NJ 08542-1204; 609-882-4PFW (4739).

Sat. Aug. 9: Bridgeton Zoo Ride, Schalick High School, Centerton, NJ; 25, 50, or 100 mi., 8 AM start. \$17 reg. South Jersey Wheelmen, P.O. Box 2705, Vineland, NJ 08362-2705.

Sat. Aug. 9: Dog Daze Century, West Chester, PA. Brandywine Bicycle Club, Ann Marie Sullivan, 610-644-3792.

Aug. 9-15: Pedal PA. Adirondack & Lake Champlain Tour. Starts & ends Burlington, VT. Ride thru Green Mts. & Adirondacks. Pedal Pennsylvania, P.O. Box 385, Harleysville, PA 19438; 215-513-9577.

Sat. Aug. 16: Cedar Ridge Century, Hagerstown, MD. 62 or 100 mi. thru rolling hills & Civil War areas of W. MD. Beth Schroyer, Cedar Ridge Ministries, P.O. Box 439, Hagerstown, MD 21795; phone 301-582-0282 ext. 122, fax 301-582-2702.

Sun. Aug. 17: Covered Bridge Metric. Lancaster, PA; 15, 31, or 62 mi. \$20 reg. Lancaster Bike Club, P.O. Box 535, Lancaster, PA 17608-0535.

Sat. Aug. 23: Shore Fire Century. 35-65-100 mi. Middletown DE to Clayton. \$15 pre-reg. before 9/9, \$20 day of. SASE to WCBC c/o Don Carbaugh, 49 Marsh Woods Lane, Wilmington, DE, 19810. shorefire@whiteclaybicycleclub.org

Sun. Aug. 31: Brandywine Tour, Pocopson, PA. 28, 50, 65, or 100 mi Delaware Valley Bicycle Club. \$12 pre-reg. by 8/24, \$17 thereafter.



Beautiful rolling scenery. Fully supported w/meals & SAG. Delaware Valley Bicycle Club, PO Box 156, Woodlyn PA 19094-0156. dvbc.org. Brian Wade, bwadedvbc@aol.com

Sat. Sept. 6: Amish Country Tour, Dover, DE. 15, 25, 50, 62, or 100-miles Mass start at 8:15AM near Visitors Center, Federal St, Legislative Mall. Kent County Tourism Convention and Visitors Bureau, 435 North DuPont Highway, Dover, DE 19901; phone 1-800-233-KENT. kctc@visitdover.com

Sun. Sept. 7: Bike4BreastCancer, Havre de Grace, MD; 25, 50, 62, or 100 mi. \$25 pre-reg. by 8/25 incl. T-shirt, \$30 after. Adele Snowman, Bike4BreastCancer Registration, PO Box 117, Cockeysville, MD 21030; phone 1-866-906-BIKE.

Sun. Sept. 7: NYC Century Bike Tour, New York, NY. 12, 35, 55, 75, or 100 mi. The only fully urban century. Transportation Alternatives, Kit Hodge, 115 W. 30th St., #1207, New York, NY 10001; 212-629-8080. info@transalt.org

Sun. Sept. 7: The Art Cycle - Pedaling for the Arts, Doylestown, PA. 20, 35, or 55 mi. Call James A. Michener Art Museum at 215-340-9800 ext. 147.

Sun. Oct 12: Raul Julia Bike Challenge to End Hunger 8:30 a.m. Shipley School (Yarnall Gym), Montgomery Ave., Bryn Mawr. 25, 50 or metric century. \$35. Events to Empower Humanity, 914 Old Lancaster Rd, Bryn Mawr, PA 19010. www.rjbc.org or www.thp.org

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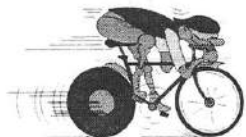
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Bike Dirt

By F.X. Pedrix

DATELINE: SOME BACKWATER ISLAND IN THE ATLANTIC OCEAN. I am writing this month's Bike Filth from a small tropical island somewhere in the Atlantic Ocean. No, my ever-so-tan and lithe wife Babs and I are not on vacation so much as escaping the wrath of various animal protection groups and the tons of irate email and snail mail that last month's "road kill" point system has generated. We almost had to have our phone disconnected due to the number of threatening phone calls. I never knew there was a Persons for the Ethical Treatment of Llamas (PETL). Although Babs has been enjoying our impromptu vacation, she told me in no uncertain terms to tone down the road kill humor or she will see to it that I am road kill.

The Polish Prince likes B riders. For two months he was trying to attract them to his rides. He wrote ride descriptions in every conceivable way to entice them, but when the B riders saw his name, they stayed away. It is not the Prince's deodorant. They just fear he will go too fast.

So last month he conspired to deceive. He had a legitimate B rider "ghost-list" his Mays Landing ride. To avoid detection, Prince stayed out of the email list serve chatter that preceded the ride. When ride day came, the ghost leader stayed home and the Prince's arrival shocked everyone in the parking lot. Were they about to be driven harder than their little B legs could carry them? No. The Prince was a model of restraint. He rode slow, stayed back in the

pack, and socialized with his B buddies. The Polish Prince now has the trust of B riders everywhere.

NEW BIKE FAD? A lot of guys are self-conscious about colorful, clingy spandex riding outfits and shaved legs. Many men would not be comfortable enough with their own identity to ride with a burly male stoker on their tandem's rear seat. But a club member recently showed up at Kingsway last month with all of the above and one thing more: painted toenails. This has the makings of a male fad in the DVBC.

It's not just us slow riders who have noticed how much faster the club president is riding. During US Pro Championship week, Cezary Zemana, number one rider for the Polish MROZ team, met up with the prez while out on a training ride. The two rode shoulder to shoulder up the Schuylkill Trail, at a speed of just under 30 mph, for several miles. However, there is probably no truth to the president's claim that the MROZ rider bonked and begged Brian to dial it back. The only downside to Mr. President's new iron-enhanced diet is that he can only ride on fair days; if he gets wet, he will rust.

One cross-dressing member of our club—he is occasionally sighted in BCP garb—told my spy about his first, glorious 69 miles of the Sea Gull Century a few years back. It seems he was barreling along feeling so great he even refused to draft behind anybody. His 69-mile average was over 18 mph and the last

thing he remembered feeling was euphoria. After that, the next thing he remembered was a voice saying, "Can you tell me how many fingers I'm holding up?" His bonk behind him, the final 31 miles of his century were logged ingloriously in an ambulance.

Our club secretary usually confines his activities to DVBC rides, but last month he did another club's tour because their ride simply had too much allure. It was a Bike Tour of Pennsylvania's Great Disaster Areas. Until now, no one knew what it took to motivate "The D'ster" but this ride's theme really got his blood flowing. In his absence, we tapped the club's treasury and commissioned a team of experts to conduct a study. You'll be shocked to read their 400-page "Psychological Profile of Bicyclists Drawn to Disaster Sites", which will be available at the club's next members' meeting.

Send your gossip, news, jokes, trivia, rumors or outright lies to fxpedrix@hotmail.com.



New Members!

Fred Balliet * Ruth Boyle
Mark Burnick
Christie & Kent Dingman
Bob Filipski * Maureen Finney
David Fitzcharles
Arch Gentles * Bob Koch
Richard Martin * Henry Miller
James Powell * Robert Scholz
Maureen Shanahan

BONKERS

CARTOONS
OF THE
DVBC





Delaware Valley Bicycle Club
P.O. Box 156
Woodlyn, PA 19094-0156



Expiration Date: 11/1/05

BOB & JUDY LADREW
139 GABLE RD
COATESVILLE PA 19320-1284

19320-1284 10



Application for DVBC Membership

(Expires 1 year from date joined/renewed)

Annual Membership: \$15.00 per household.

Check one: ☐ new member or ☐ renewal

Please print clearly and use your 9-digit zip code, if known.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Date of Birth: _____

E-mail: _____

Membership includes: DVBC Newsletter (10 issues per year), discounts at most Club sponsors, Club subsidized events. Your membership attracts advertisers and helps influence local government decisions concerning bicycle issues

The DVBC Safety Fund is used to promote issues regarding cycling safety in the Delaware Valley. I wish to contribute:

☐ \$1 ☐ \$5 ☐ \$10 ☐ \$15 ☐ \$20 ☐ \$25 ☐ other: _____

Amount enclosed: \$15 (membership) + _____ (safety) = _____

I'll volunteer for: ☐ Ride Leader
(check all interests) ☐ Tour Volunteer
☐ Board Member

Please send your check or money order to the:

Delaware Valley Bicycle Club, P.O. Box 156, Woodlyn, PA 19094-0156

In consideration of the acceptance of my application for entry into the DVBC, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in the DVBC. In addition, this release is intended to discharge in advance the promoters, the sponsors, the Delaware Valley Bicycle Club, the promoting clubs, the officials, and any involved municipalities or other public entities (and their respective agents and employees) from and against any and all liability arising out of or connected in any way with my participation in any event, even though that liability may arise out of negligence or carelessness on the part of the persons mentioned above.

I further understand that serious accidents occasionally occur during bicycle riding; and that participants in bicycle riding occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of bicycle riding, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding to my heirs and assigns.

Signature

Signature of parent or guardian (if under 18 years)